

Sonshine @Home



Children's Activities & Family Reflections
to support Faith Formation
during Social Distancing

A ministry of
First Presbyterian Church
Sterling, CO

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Thank you God for the blessing of laughter!

"...A cheerful heart is good medicine..." Proverbs 17:22

According to Wikipedia: **April Fools' Day** (sometimes called **All Fools' Day**) is an annual custom on April 1 consisting of practical jokes and hoaxes.

Share some jokes and fun pranks with your family today!!



Q- Why did Noah have to punish the chickens on the ark?



A -For using FOWL language!



Q- What time of day was Adam born?

A - A little before Eve!



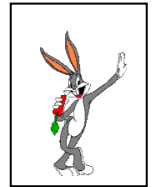
Q- Which animal could Noah not trust on the ark?



A- The CHEETAH!!



Q- What do you call a rabbit with fleas?



A- Bugs Bunny!!



Q - What did the big flower say to the little flower?



A - You're really growing little bud.

How did you share the blessing of laughter today? _____



Do you know that your kids and grandkids will be reading about this time in their history books! YOU are living in historic times! Write yourself a letter below and put it in a safe place to read in the future!

Dear _____

Today I am _____ years old and the year is _____. This is day # _____ of "sheltering in place". Today I am so thankful for _____

We have done some creative things to stay busy while we've been home! One of the best things we've done is _____ Some really funny things have happened too! Here is an example: _____

There are some things that I really miss doing like _____ and playing with _____ I also miss going to _____.

I've spent a lot of time _____ while I've been home and I've learned some new things! One thing I have learned is _____

As soon as we can leave our house, I can't wait to: _____!

Most importantly I know that God has blessed us during this time! I know that blessings are often things that I hear such as: _____.

Blessings are also things that I can see, like _____.

Blessings are even things that I can taste! The tastiest blessing I've had this week is _____!

These are the people and pets that live in my house: _____

These are some things that I will always remember about March, 2020

God says to hide his word in our hearts. This week I am going to memorize a Bible verse that is special to me. Here it is:



God Knows Your Name

“I have called you by name, and you are mine.” Isaiah 43:1

Long ago, shepherds cared for big flocks of sheep. It was their job to take the sheep to pastures where they could eat.

Each morning, the shepherds would call their sheep by name. (Let’s think up names for a few of the sheep!) “Hurry up, _____. Get moving _____.
Good boy, _____. Come eat _____” There were lots of names to remember, but the shepherds knew them all.

God cares for each of us just like a good shepherd. He knows the names of everyone on earth. In fact the Bible tells us that God even knows how many hairs are on our head! Can you imagine that? And God never forgets a name. The Bible also says that God “knit us together” before we were born! He loves us and cares for us because we are his! When you talk to God in prayer, remember that he not only knows your name, he thinks you are PERFECT! You are exactly who God made you to be!

Count how many times you hear your name today. Whenever you hear it, remember that God knows your name and He loves you.

My whole name is _____

Draw a star for every time you hear your name today! How many stars do you have at the end of the day?

PARENT HELP NEEDED WITH THIS ONE!!

Sometimes we face hard and challenging times. When facing tough times ask yourself this question....

Which one are you?



An egg?



A carrot?



Or coffee beans?

With the help of an adult, gather together a raw egg, a carrot and some ground coffee. Put water into two small pans and place the pans on the stove to boil (REMEMBER! An adult needs to be helping you!) Place the egg and the carrot in one pan of water and in the second pan put in the ground coffee. Turn the stove on and boil for about 20 minutes.

Carefully remove the carrot, egg and coffee and put them into separate bowls.

Answer the following questions:

What happened to each one when it sat in boiling water?

Egg _____

Carrot _____

Coffee _____

Talk about it!

The carrot went in strong, hard and unbendable. However, after being in the boiling water, it softened and became weak.

The egg had been fragile. Its thin outer shell had protected the liquid inside. But, after sitting in the boiling water, its inside became hardened.

The ground coffee beans were unique, however. After they were in the boiling water they had changed the water instead of letting the water change them!

When you face difficult times, ask God to help you so that you: do not grow hard like the egg, or weak like the carrot, but do everything you can to be like the coffee beans and make the situation around you better!

Remember:

“I can do all things through Christ who gives me strength”! Philippians 4:13

They shouted: "Hosanna~ Blessed is He who comes in the name of the Lord!"

Palm Sunday Hidden Message Word Search

Find the words on the list that are hidden in the puzzle and circle them. The words can be right to left, up and down. Hidden between, or touching those words, are six more hidden words. Circle those six words in a different color and write them in the correct order at the bottom of the page to unscramble the hidden message.

BRANCHES
COLT
DISCIPLES
DONKEY
JERUSALEM
KING
MOUNT
NAZARETH
OLIVES
PALM

N	I	J	E	R	U	S	A	L	E	M	R	E
O	K	O	M	A	H	O	S	A	N	N	A	R
M	R	D	I	S	C	I	P	L	E	S	L	I
U	T	P	R	A	E	S	O	F	K	I	N	G
D	I	B	R	A	N	C	H	E	S	L	U	P
D	U	E	T	H	E	O	T	O	V	E	N	I
O	L	I	V	E	S	L	M	O	U	N	T	E
N	D	O	S	O	N	T	M	A	L	I	Q	U
K	A	N	A	Z	A	R	E	T	H	Q	U	I
E	V	A	T	N	I	S	S	I	S	M	O	D
Y	I	M	E	U	M	I	P	S	U	S	T	R
M	D	L	U	M	S	A	N	D	I	T	P	R
S	P	A	L	M	S	N	U	L	L	U	M	Q
S	E	N	D	R	E	F	E	U	G	I	A	M

Hidden Message:

I loved our scavenger hunt last week! Let's do another one! If you are able, take a walk around your neighborhood or walk to a park. If not, take a walk around your backyard while we hunt for blessings that are hidden in nature!

1. *An insect with wings* _____ *Found it!*
2. *An animal with spots or stripes* _____ *Found it!*
3. *A cloud that looks like a caterpillar* _____ *Found it!*
4. *Something purple* _____ *Found it!*
5. *Something green* _____ *Found it!*
6. *A cloud that looks like a farm animal* _____ *Found it!*
7. *A smooth rock* _____ *Found it!*
8. *A wild animal* _____ *Found it!*
9. *An animal with paws* _____ *Found it!*
10. *Something that makes you happy* _____ *Found it!*

