



# Life on the Brink: Holding the Center in the Midst of the Whirlwind

*A Spring Silent Retreat\**  
*with Avis Clendenen*

**Monday, May 18 – Friday, May 22**

Mercy Conference and Retreat Center ▪ 2039 N. Geyer Rd 63131 ▪ [mercycenterstl.org](http://mercycenterstl.org)

Check-in: Monday, 10:00-11:30a.m. Retreat concludes with lunch on Friday.

\*There will be conversation at the opening and closing lunches. Outside of those times, this is a silent retreat.

**These retreat days explore our whirlwind of time of magnified uncertainty and shaken faith. We shall dive deep into the great tales from our biblical and spiritual traditions in search of the embrace of a spirituality brave enough to provide substance and sustenance for our journey. Presentations are offered visually with narrative, enhanced by music, art, poetry, prayer, story, symbols, ritual and memoir.**

**Retreat Leader: Avis Clendenen**, Professor Emerita of Religious Studies/Saint Xavier University in Chicago, is retired after 35 years of service. She continues her ministerial life by offering retreats and days of reflection that integrate insights from depth psychology with pathways to spiritual life and growth in every season of living. Avis is the author of *Experiencing Hildegard: Jungian Perspectives* and with Irene Dugan, r.c., *Love is All Around in Disguise: Meditations for Spiritual Seekers*.

♦ **Also...On Friday, May 22, 1:00-3:00pm**, Avis will be facilitating the workshop **“Integrating Technology and the Arts into Reflective Presentations”** to share her wisdom, knowledge and creative process for preparing her retreat presentations. Avis will address her preparation for this silent retreat as an example. This workshop is free to attend for retreat attendees. A separate fee and registration is required for non-retreatants to attend this workshop.

**Resident Registration (by noon, May 4): \$450** (Overnight Mon -Thurs, private room/private bath, all meals)

**Commuter Registration (by noon, May 11): \$290** (lunches included)

**\*\* Note:** Retreatants must be able to navigate long hallways and a self-serve dining room. There is no medical staff available. Certain amenities are available on a first-come, first-served basis. Please refer to [mercycenterstl.org](http://mercycenterstl.org) for mobility/accessibility accommodations.

---✂ ---Please submit **Registration and Full Payment:** Online at [mercycenterstl.org](http://mercycenterstl.org) or with form by dates below----

Name \_\_\_\_\_ Preferred Phone # \_\_\_\_\_

Address \_\_\_\_\_ E-mail \_\_\_\_\_

Check all that apply: ☐ \$450 – “Life on the Brink”, Overnight, Private Room (*Overnight Registration Deadline: Noon, Mon, May 4*)  
☐ \$290 – “Life on the Brink” Commuter (*Commuter Registration Deadline: Noon Mon, May 11*)  
☐ \$0 – “Integrating Technology and the Arts into Reflective Presentations” workshop Fri, May 22 (1:00-3:00pm)

Please list any dietary restrictions: \_\_\_\_\_ How did you find out about this retreat? \_\_\_\_\_

Please list any special needs for accommodations \_\_\_\_\_

*Refund policies may be found on our website. Please make checks payable to Mercy Conference and Retreat Center and submit to:*  
*Mercy Conference and Retreat Center / 2039 North Geyer Rd. / St. Louis, MO 63131*

*Office Use Only “Life on the Brink: Holding the Center in the Midst of the Whirlwind”, May 18-22 - Confirmation sent ☐*

