

JANUARY 2020 ISSUE NO. 10

# IN THE LOOP

THE OFFICIAL NEWSLETTER OF CRAWFORD INTERNATIONAL SCHOOL



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# MESSAGE FROM THE MANAGING DIRECTOR

*By Jenny Coetzee*

Dear Parents and Guardians

It is hard to believe that we are a week away from midterm. Our school is always full of activity and the students have had a host of visitors as guest speakers. It is also very rewarding to see the student leaders taking accountability in their roles. To arrive each day this week and be greeted with a new surprise was an amazing start to each day. The way the Drug awareness campaign was managed was impressive! The peer mentors led to its success under the direction of Ms. Lucy and Ms. Marlene. I was very proud of our senior students this week.

Our sports teams: hockey, swimming and football have performed well and have been rewarded with medals and trophies. We invite parents to attend the fixtures in support of their children, especially when the events are hosted. Just watch the noticeboard for these fixtures.

For the past two weeks our Year 4-11 students have been writing control tests. As I received many requests from parents to see their children's tests the following procedure has been put in place:

Tuesday - Tests are written.

Thursday - Marked tests are handed back to students to take home to parents for signature.

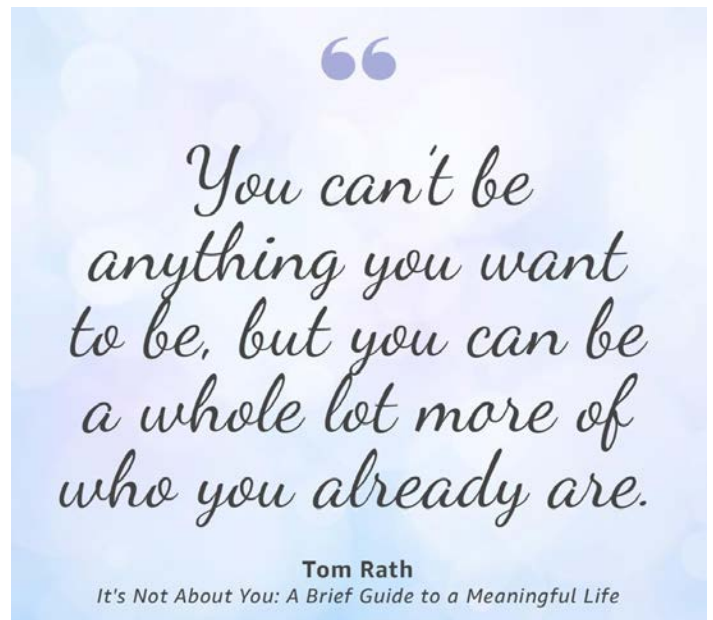
Monday - Signed tests are given to Ms. Jenny for perusal.

Many students are reluctant to take tests home stating that their parents are away. If this is the case kindly give the guardian of the children permission to sign the tests. Hopefully, by following this timeline, parents will be more informed of their child's academic record. If there are any concerns, then the parent is most welcome to contact the subject or class teacher for assistance. Our focus next term will be the midyear exams. Students in year 4-11 will be receiving their exam booklets with the exam information scopes for each subject on Thursday this week.

Please can you assist your child with time-management and the drawing up of a study timetable. They have been taught to do this during their Elevate course, but some may still need assistance with this task.

In our assemblies I have highlighted our school values which form the acronym D.I.V.E.R.S.E. We have covered two values: Dependability and Integrity. Please re-enforce these values at home. Dependability is to ensure that one delivers on promises e.g. doing homework, looking after our environment, being punctual, dressing properly and Integrity is showing kindness, being truthful, fair and honest.

We want to be a school where children feel safe, cared for and learn to live by certain values. Bullying in school is something we are constantly addressing. Bullying of any form is not acceptable, and children will be held accountable if they are involved in any acts of bullying. With your support we can endeavor as much as possible to stamp out this type of behavior.



Our Interhouse events are well supported and on this Friday, February 7, we will be hosting the Cultural Fun Day which the Cultural Department have organized for the children. We cordially invite you, family and friends starting at 8:00am – 11:00am. The CFD is themed – Celebrate Diversity!

This vibrant, colorful and informative event will require active participation from all CIS stakeholders i.e. All our Students, Parents and Teachers. Our objective is to appreciate the cultural uniqueness of our continents, countries and people. It will also mark the beginning of our mid-term break that will last for a week before resuming school on Monday, February 17, 2020.



Kindly take note of the details below in preparation for the CFD:

### **Student Participation**

All students are expected to prepare and participate on CFD in respect to their houses as follows:

- Present a Flag including artifacts/cultural information of the countries they represent.
- Dress up in Cultural outfits/Costumes representing those countries.
- Package Foods/Snacks/Drinks for sale at their country table for NOT more than KES 100 (All proceeds will go to charity).
- Each House/Continent will present a cultural performance of their choice.

### **Parent Participation**

All parents are requested to join us and participate fully with the students in the houses and countries they represent as follows:

- Assist the students in all preparation for the CFD.
- Dress up in Cultural outfits/Costumes representing those countries.
- Actively assist in providing for the Foods/Snacks/Drinks for sale.
- Be fully engaged in CFD brief program.

We look forward to having your color, engagement and support as we celebrate diversity during our Cultural Fun Day!

Please remember that school closes at 11:00am and students will be allowed to go home early on that day. School resumes after Midterm on Monday, 17 February 2020.

We thank you for your ongoing support and wish our families a wonderful mid term break.

Regards

Jenny Coetzee  
Managing Director



# THIS ISSUE'S HIGHLIGHTS





# The Crawford Notice Board



CIS's A Masterpiece: Production Sneak Peek



**A MASTERPIECE**

*A Masterpiece Production*

**Order Your Copy:**

Branded Flash Disk (16gb)

- KES 1 000

Branded DVD - KES 500



Senior Crawford's  
Got Talent  
Auditions  
**Feb 5 & 6**



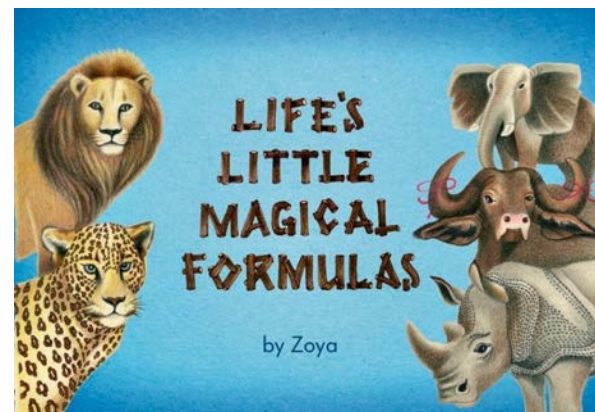
Cultural Fun  
Day  
Friday Feb 7



Visiting Author: **Zoya**

**KG to Year 3**

**Friday Feb 7, 9-11 AM**







## Study Skills through ELEVATE

*by Ms Ruth Michoma*

On January 21-24, Year 4-11 students attended various workshops hosted by Elevate Education, an international organization that helps students improve their academic performance and parents with the skills and tools to best support their children.



Parents attended morning sessions on January 21 and 22. Many felt the sessions were both practical and added valuable pointers in their efforts to support their children. We encourage parents to read through Elevate's e-booklet and print out the helpful posters so that these tips stay fresh in our student's minds and are applied everyday.





## Year 7-11 Interhouse Verse Speaking Contest

by Mr Newton



Our first Inter-house Verse speaking contest happened on 17th January 2020 in the afternoon. The aim of this contest was to:

- Encourage reading, reciting and enjoying poetry.
- Encourage and celebrate individual development of good, clear and audible English.
- Provide an opportunity for friendly Inter-house competition.
- Give students a platform to build confidence and develop their presentation skills.

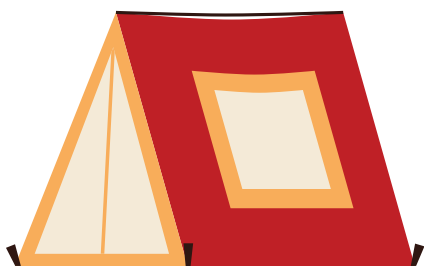
A lot of talent and creativity was on display as contestant after contestant pelted out their lines. Each house was well represented in all four categories: Under 14, Under 16, Over 16 and Own composition. Claudina Nyawira, Michael Kamunyo, Ethan Tumaini and Lamiya Gafur emerged victorious in the respective categories. They will represent the school in the forthcoming Inter-School Verse Speaking Competition to be held at Nairobi Academy.





## Outdoor Enthusiasts Go Camping

*by Mr Martin Milla*



On January 25, the Outdoor Pursuits Club left for the Bantu Lodge in Nanyuki for an overnight camping trip. The students had a memorable experience camping, hiking and to preparing their own food. They also went to one of the Mau Mau caves and were given a good narration of the Kenyan History concerning the fight for Kenyan independence.

Despite the heavy rain experienced, the students' spirits were not dampened. They made the best of the excursion and worked as a team. A big thank you to Ms Shelly and Ms Carol for their great support during the expedition. We are looking forward to the two night camp next term.





## MSMUN Members Attend Annual Conference

*by Mr Mike Lee*



As the advisor of the CIS Middle School Model United Nations, I am pleased to announce the success of the 26th Annual MSMUN Conference. It took place on 21st January to 24th January at the United Nations Headquarters in Gigiri.

The theme of this year was My Vision My mission. Crawford International School was well represented by Precious Njeri who was the press corp in charge of compiling everyday information, writing their newsletter and taking photos.

We had four countries to research on. The students prepared the entire year by writing resolutions and debating during the MSMUN Club meeting every Tuesday in school. This led to very good presentations



from the 17 students who attended conference. The students were actively engaged throughout the session and reported to have had a great opportunity to speak publicly on their opinions to help solve issues affecting the world today. This has made them gain confidence and make friends. The students also enjoyed the prestigious environment at the UN.

MSMUN members urge all students interested to join the club and help solve world problems through this forum. I wish to thank the students who actively participated this year and appreciate the roles played by co-advisors Mr Maurice and Ms Carolyne.

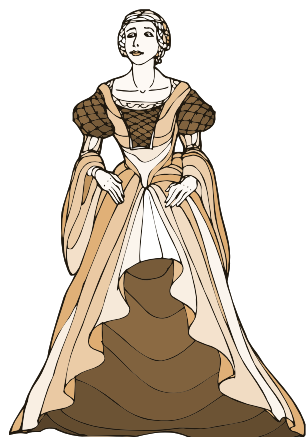






## Watching Braeburn Perform Macbeth

*by Young Journalist Andrew  
Gitonga, Year 10*



On Tuesday, 28 January, Drama students from Year 9 to 11 went on a trip to Braeburn Gitanga Road to watch Shakespeare's Macbeth. This was an educational trip to improve students' understanding of the subject.

Most of the Braeburn Schools, including Braeburn Arusha, performed in the play. It turned out to be a major success and a great opportunity for the students to pick up on a new techniques and to see what the actors and actresses were doing right. According to the students, they loved the play, and the adaptation was refreshing.

The students improved on essential elements in Drama such as emotion, accent (to suit its time period and place) and facial expression. One student commented, "I realised there that there is more to drama and plays than music. The play was fun, I really enjoyed it!"

The play, acted by students from all grades including alums, ended with a huge round of applause from everyone, including schools like St. Andrews Turi and the M-Pesa Foundation School. Students hope that plans may be made in the future for similar trips.





## Special Visitor: Lord Ashcroft

*by Ms Ruth Michoma*

Crawford International School enjoyed a special visit on Thursday, January 30 by Lord Michael Ashcroft KCMG PC. His Lordship was taken on a tour around the school during his Tatu City visit. He had an in depth discussion with Ms Jenny about Crawford and he showed keen interest in how the school has progressed since it was opened 16 months ago.

Lord Ashcroft is a renowned writer, philanthropist, and businessman. He has a passion for education and honoring war heroes. He founded the Lord Ashcroft International Business School and the Ashcroft Technology Academy. You can find out more about him on [www.lordashcroft.com](http://www.lordashcroft.com).



# Love Yourself. Don't Drug Yourself

Drug and Alcohol Facts Week<sup>®</sup>  
January 27-31, 2020



Peer mentors preparing  
materials for the week ahead



# Ms Love Yourself



Students adored  
the week's  
mascot





Celebrating positive  
self image with  
happy stickers



*sticky  
smileys*





# Education



Learning about drug and alcohol addiction from professionals and recovering addict Dennis Omumbwa



# Puppet Show



KG - Yr 3 Students enjoying an educational puppet show



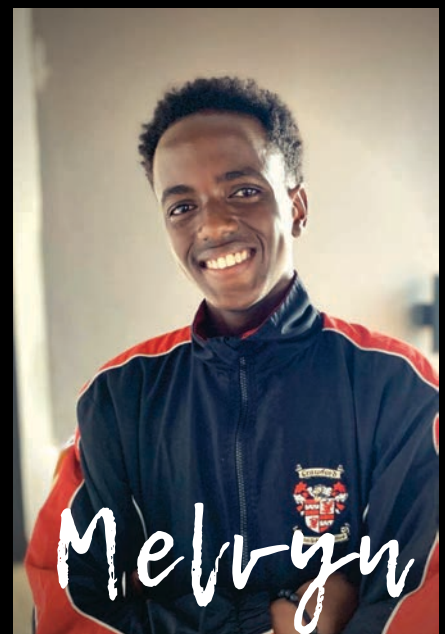
# Meet Your Peer Mentors

Crawfordians who  
strive to make a  
difference





# Meet Your Peer Mentors





# Meet Your Peer Mentors





# Meet Your Peer Mentors



Krishni



Ryan



Munkami



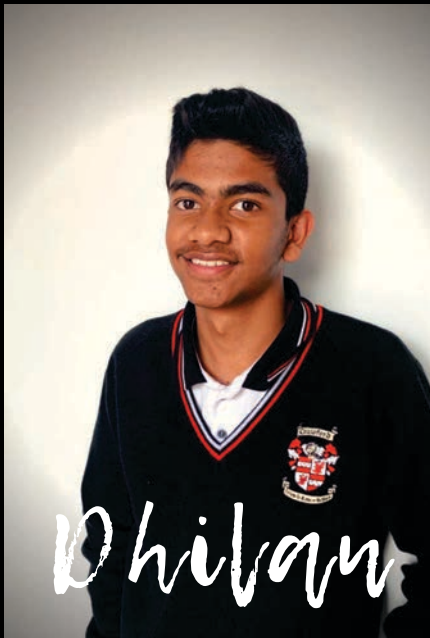
Andrew



Alicia



Tattia



Dhivann



Wema



Mark





# NURSE'S CORNER



## Staff First Aid & Health and Safety Training

*by Ms Joy Njoroge*

We at Crawford desire to provide a safe environment for our students. A health and safety committee was assembled and taken through a 3 day training period to gain knowledge and skill to ensure a healthy and safe climate is constantly maintained for our students.

The training was informative and educative and has improved our vigilance towards safety risks and hazards. Some of our staff members went through First Aid training on Saturday, January 25, and more will be trained in the coming term.



# INFECTION PREVENTION

Reduce your risk of **coronavirus** infection:



Clean hands with soap and water  
or alcohol-based hand rub

Cover nose and mouth when coughing and  
sneezing with tissue or flexed elbow



Avoid close contact with anyone with  
cold or flu-like symptoms

Thoroughly cook meat and eggs



Avoid unprotected contact with live  
wild or farm animals



World Health  
Organization

## Cold & Flu Prevention Tips



Wash Your  
Hands Often



Eat Plenty Of Veggies  
And Fruits That Offer  
Antioxidants



Use Disinfectant  
When You Clean



Cover Your  
Cough And  
Sneeze



Get the  
Flu Vaccine

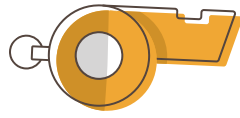


Get Some  
Rest

Avoid Contact  
With Others If You  
Are Sick







# SPORTS



## Crawford Swimmers On A Winning Streak Once Again

*by Coach Malik*

CIS swimmers once again delivered strong results at the Nairobi County Level 1 Swimming Championships held on Jan 25 and 26. Competing with 29 other teams, our swimmers achieved 27 gold, 21 silver and 21 bronze medals.

Boys were clear winners with 46 medals beating our sister school Makini who came distant second at 21 medals. Our girls were second runners up despite some individuals being disqualified. Thank you to all the supportive parents and the staff who were present during the two-day fete: Coach Sammy, Coach Yvonne, Coach Brian, Mr Antony, Ms Tabitha and Ms Ombisi.









## Sports Desk

by Coach Milla



### U7 Football Girls

Crawford vs Swaminarayan 2 – 1

Crawford vs Swaminarayan 1 – 1

### U7 Football Boys

Crawford vs Swaminarayan 1 – 3

Crawford vs Swaminarayan 1 – 1

### U13 Football Boys

Crawford vs Swaminarayan 4 – 8

### U13 Football Girls

Crawford vs Swaminarayan 2 – 1

### U11 Football Boys

Crawford vs Woodcreek 5 – 0

### U11 Football Girls

Crawford vs Woodcreek 5 – 0

Thank you to all the teams for their great sportsmanship and team spirit