Happiness & Sustainability Around the Earth

Examples of how happiness can lead to fulfillment

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Human beings possess Psychological Immune System (PIS) which allows us to find happiness even when things do not go as planned.

The PIS is a system of non-conscious cognitive process that helps change our views of the world.

It is important to note that there are different ways of evaluating life satisfaction.

The Danish Ministry of Environment stated in a report that a future without sustainability in the pursuit of happiness is unrealistic/unimaginable.
It is fitting to note however that life cannot be without a tinge/measure of darkness, and the word ‘happy’ may lose its beauty/value if sadness is non-existent.

If people are more productive at work, perhaps the chances of success and happiness will be greater.