# Dress & Appearance Tips for Legal Proceedings

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Your appearance is very important. The opposing party, judge and jury's first impression of you will be based on your appearance and your attire.

## I. ATTIRE

Please dress in a conservative, business-appropriate manner. Below is a list of appropriate attire for trial.

#### A. DO

## A. WOMAN

- If you wear a dress, it should be no shorter than the bottom touching the top of your knee and no longer than mid-calf.
- Skirt and matching blouse. If you wear a skirt, it should be no shorter than the bottom touching the top of your knee.
- Dress slacks and matching blouse. If you wear dress slacks, they should at least touch your ankles.
- Dress shoes, polished and unscuffed.

#### B. MAN

- Dress slacks with a collared shirt.
- Dress shoes, polished and unscuffed.

## **B. DO NOT**

- Wear any jewelry. The only jewelry that should be considered is conservative earrings, a watch, a conservative necklace, and/or a wedding ring. However, this jewelry is not necessary.
- Wear jeans, leggings, capris, t-shirts (including any shirts that have printed comments or wording), shorts, tennis shoes, thigh high boots, slippers, or flip flops.

# II. APPEARANCE

(Includes hair, makeup, nails, body piercings, tattoos)

# A. DO

- Wear hair clean and pulled back out of your face.
- Wear light makeup.
- Have neatly manicured nails, clean, fully polished, or unpolished.
- Remove body piercings, i.e., nose ring, tongue ring, eyebrow ring. If you have your ears pierced more than once, please only wear one pair of earrings.
- Cover all tattoos, either by wearing long pants, long sleeve shirts, or, if you wear a dress or skirt, wear dark colored pantyhose to match.

## **B. DO NOT**

- Have any visible tattoos or body piercings.
- Wear heavy makeup.