

# Parkwood Newsletter

## January 2020

Thank you to all PARKWOOD residents, and best wishes for 2020. We appreciate so many of you who are so gracious to our family and the onsite team. I certainly look forward to seeing many of you at the "Welcome the New Year" luncheon on the 7<sup>th</sup>. Hosting that luncheon is just one of the ways we like to say thank you.

We know the notice we were required by new laws to send you about the possibility of selling the community was disconcerting. We apologize for that; we were simply complying with the law. Although we are approached several times each month by regional and national institutions desiring to purchase the community, we tell them all, "NO!" We prefer to keep PARKWOOD as a friendly community with affordable rents. Thank you also that your rent allows us to give back to help children in several ways. You can see details at the "giving back" section at [www.parkwoodcommunity.com](http://www.parkwoodcommunity.com)

We pledge in 2020 to continue to work hard to earn your business by keeping all the facilities in great condition, and providing you excellent service. We thank you also for continuing to value PARKWOOD living, by proper care of your homes and safeguarding the friendly ambiance. We especially appreciate your concern for and helpfulness toward your neighbors; it's a big part of what makes PARKWOOD unique and special.

*Jon Gibson, For the Gibson Family*

## New Years Celebration Reminder

### January 7, 2020 at 1pm

*Join us at John Wayne Marina to celebrate the new year and enjoy a delicious catered lunch together.*

### **As we welcome in 2020 we can look back in time at 1920...100 years ago in Sequim.**

In 1920 most roads of Sequim were dirt made by early Native and pioneer trails — and often hub-deep mud — so it was a major improvement for local transportation when the first paved route opened in 1920, now the Old Olympic Highway. This eased the work of transporting milk from the local dairy farms for the daily shipment to Seattle. The population was 402. The downtown core of Sequim grew west on Washington Street. Among the stores were a mercantile, cafe, billiards parlor, drugstore, Ford garage, shoe repair shop, meat market, tire store and gasoline station. The Sequim Prairie Hospital opened on Washington Street and Joe Keeler sold the Keeler Water System to the town in 1922 for \$17,000. A dinner at the Sinclair Hotel cost 35 Cents.





# Community News



## Parkwood Winter Clothing Drive is still accepting items until February!

The Serenity Shop homeless shelters and Port Angeles Clothes Closet are in need of winter donations!

**Needed Items:** Winter hats, coats and gloves-Rain gear, men's jeans and sweatpants-Blankets, Towels and backpacks.

**Please drop off new or gently used donations at the Parkwood Clubhouse.**



## REDUCE YOUR RISK OF FALLS WITH FIT AND FALL PROOF CLASSES AT THE CLUBHOUSE

Fit and Fall Proof is an exercise-based fall prevention program for older adults that focuses on improving strength, mobility, and balance to reduce an older adults' risk of falling. All fitness levels are welcome.

**Come give it a try! Classes are Tuesdays and Fridays at 9am.**



## Old Tyme Fiddlers!

**January's music will be held on Thursday the 2nd at 6pm.**

Come check out "Old Tyme Country" with Les and Shirley Wamboldt. They sing and play old classic country music here at the Parkwood Clubhouse. Bring your own snack or some to share! Coffee and tea available.

**Please join us at the Parkwood Clubhouse on the 1st Wednesday of every month (except January) at 6pm for some good music!**

**Questions call Sharron at 360-683-7730**



## Bird Watching in Parkwood

As avid birdwatchers, we were not happy to learn that feeding birds here attracts rodents. But without a feeder, we've seen 33 species in our immediate neighborhood. We've also realized that feeders can harm birds. A young house finch with a badly deformed bill last summer broke our hearts because it couldn't eat, due to a virus spread where birds congregate. Because Parkwood is so well-landscaped, birds have what they need to thrive here without feeders. What do they need? Birds need food (supplied by native plants), shelter (shrubs and trees) and water.

We'll talk next month about how to attract birds by meeting those needs, but first a quick list of the birds here in winter. Parkwood is probably the Anna's hummingbird capital of the PNW! But we also host, in winter, golden-crowned sparrow, Cooper's hawk, junco, robin, pine siskin, towhee, song sparrow, doves, Townsend's warbler, CA quail, goldfinch, fox sparrow, varied thrush, house and purple finch, Steller's jay, raven, nuthatch, bushtit, and chestnut-backed and black-capped chickadee. We saw even more here on a single day, 12/16/19, when Parkwood was part of the local Christmas Bird Count. We'll put the CBC list on the Facebook page, and all of us can post future sightings there. So with the money you'll save by not buying seed and suet, invest in a good, lightweight pair of binoculars. (Nikon Aculon 8-24 allows a close look at birds thanks to its zoom.) And from the Audubon Center at Railroad Bridge Park, find the little red BIRDS OF THE PUGET SOUND REGION, COAST TO CASCADES guide. Then watch out the window, walk the neighborhood, or hike the brushy Parkwood trails. Listen and learn calls. We suspect you'll find more of our feathered neighbors than you ever imagined were here.

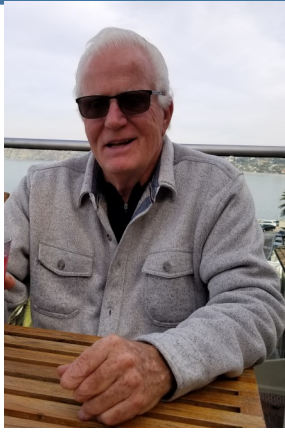


**-Residents Jane Nicholas and Ida Domazlicky**





# Meet Your New Neighbor Wes Goldberg!



Hi, my name is Wes Goldberg and I am proud to be a part of the Parkwood Family. I was born & raised in San Diego County, California. I have 4 brothers and one sister. After High School I was drafted into the Army during the Viet Nam War where I was an infantry combat medic. Following my serving in the military I returned to San Diego where I was a fireman for 13 years and then moved to Bakersfield, CA where I was a Fire Captain and Training officer for 5 years. After leaving the fire department I was an elementary teacher for 12 years, an assistant principal for 3 years and a principal for 1 year. I have 2 daughters, one that works for Cal Trans and the other who works through the UN supervising the resettlement of refugees mostly from Africa.

I was an avid backpacker up to my mid 50's...I've backpacked extensively through Africa, Central America, Mexico, Canada, Alaska, Hawaii, Vancouver

Island, and the continental United States. I also am a current avid bicyclist. While I was in the fire department I rode from Vancouver, Canada to the San Diego Mexican border twice and while I was a teacher I bicycled from Bangor, Maine to Atlanta,

Georgia. During my mid-twenties through my late forties I also ran marathons and half marathons.

I discovered Sequim on my first bicycle trek from Canada to San Diego and fell in love with the area. I have a brother and his wife that live in Sequim and with all of my family gone from SoCal and the heat bothering me more I decided to move up to Sequim to be near family.



## YOUR PARKWOOD EMERGENCY RESPONSE TEAM

PARKWOOD EMERGENCY RESPONSE TEAM (P.E.R.T.) is here for our Community to be prepared for a disaster. C.E.R.T. 19-T-1285

**REMEMBER:** Preparation through Education is Less Costly than Learning through tragedy.

We, your P.E.R. T. wish all of our residents a bright and promising New Year with Peace and Joy and Good Health. Meet your neighbor and wish them a Happy New Year.

In January of 2020 our first Business Meeting of the New Year will be on the Second Friday, the 10<sup>th</sup>. We encourage all Residents to attend. Bring your neighbor. Learn how to be prepared in a disaster. Remember: the second Friday of every month is our P.E.R.T. Business Meeting at our Parkwood Clubhouse.

*Mike Hansen, Commander/Instructor—Peggy Green, Secretary/News Director*

## RESIDENT COMMENTS

Thank you to all the creative, hard-working Parkwood residents who have decorated their homes and yards for the holidays. Extra thanks to all who have the decorations lighted in the early morning for us to enjoy on our daily walk.—*Barbra, Sharron, Sasha*

Thank you for the recent letter on the mail boxes! We appreciate the clarification from the State notices handed out. -*Bob*

### Looking to recycle your live Christmas tree?

- Take it to the Olympic Game Farm, the bears, lions, tigers and cougars love to play with the old trees. Please don't bring any artificial or flocked trees.
  - Lazy J tree farm will take them for their compost and mulch pile.





# January 2020

Sun

Mon

Tue

Wed

Thu

Fri

Sat

Rent day snacks on the second, stop by the clubhouse!



1



Mahjong 1pm

Poker 12:30pm

2

Reserved 8:30 am

Friendly Conversations 2:30

Old Time Country Music 6PM

3

FIT & FALL PROOF 9am

CANASTA 12:00PM

4

Reserved 10-4  
RESIDENT PARTY

5

6

Arts & Crafts 1:30 pm

7

FIT & FALL PROOF 9am

Canasta 11:30 AM

Poker 6pm

8

Mahjong 1pm

Poker 12:30pm

9

Reserved 8:30 am

Friendly Conversations 2:30

10

PERT 10 am

CANASTA 12:00PM

11

Reserved 10-4  
PADGETT

12

13

Arts & Crafts 1:30 pm

14

FIT & FALL PROOF 9am

Canasta 11:30 AM

Poker 6pm

15

Mahjong 1pm

Poker 12:30pm

16

Reserved 8:30 am

Friendly Conversations 2:30

17

FIT & FALL PROOF 9am

CANASTA 12:00PM

18

Reserved 10-4  
PADGETT

19

Hiking Club 12-4

20

Book Club 10am

Arts & Crafts 1:30 pm

21

FIT & FALL PROOF 9am

Canasta 11:30 AM

Poker 6pm

22

Mahjong 1pm

Poker 12:30pm

23

Reserved 8:30 am

Friendly Conversations 2:30

24

FIT & FALL PROOF 9am

CANASTA 12:00PM

25

RESERVED 12pm

26

27

Arts & Crafts 1:30 pm

28

FIT & FALL PROOF 9am

Canasta 11:30 AM

Poker 6pm

29

Mahjong 1pm

Poker 12:30pm

30

Reserved 8:30 am

Friendly Conversations 2:30

31

FIT & FALL PROOF 9am

CANASTA 12:00PM