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Arbonne essential meal

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This nutrition-packed vegan meal replacement shake is designed to support a healthy weight and lean physique with 24g of protein, Avocado Oil, and a robust protein. Formulated without artificial colors, flavors, or sweeteners, and free from high fructose corn syrup, dairy, soy, and gluten, this shake is perfect for those looking to maintain weight or lose weight. With 3.5g of monounsaturated fat from Avocado Oil, it provides a filling and satisfying option. To use, simply add 1/3 cup of EssentialMeal powder to 9fl oz of cold water and shake. Grabbing fast food due to time constraints can be detrimental to one's health consider a better alternative like our vegan protein shake, offering a nutritious and quick solution for lunch or dinner.