Allergies and Allergic Reactions

At Casterton we are aware that children may have or develop an allergy resulting in an allergic reaction. Our aims are to ensure allergic reactions are minimised or, where possible, prevented and that staff are fully aware of how to support a child who may be having an allergic reaction.

**Our procedures**

* Our staff are made aware of the signs and symptoms of a possible allergic reaction in case of an unknown or first reaction in a child. These may include a rash or hives, nausea, stomach pain, diarrhoea, itchy skin, runny eyes, shortness of breath, chest pain, swelling of the mouth or tongue, swelling to the airways to the lungs, wheezing and anaphylaxis
* We ask parents to share all information about allergic reactions and allergies on child’s registration form and to inform staff of any allergies discovered after registration
* We share all information with all staff and information is undated on the rooms medication information
* All food prepared for a child with a specific allergy is prepared in an area where there is no chance of contamination and served on equipment that has not been in contact with this specific food type, e.g. nuts
* The nursery staff and parents will work together to ensure a child with specific food allergies receives no food at nursery that may harm them. This may include designing an appropriate menu or substituting specific meals on the current nursery menu
* Seating will be monitored for children with allergies. Where deemed appropriate, staff will sit with children who have allergies and where age/stage appropriate staff will discuss food allergies and the potential risks
* If a child has an allergic reaction to food, a bee or wasp sting, plant etc. a first-aid trained member of staff will act quickly and administer the appropriate treatment, where necessary. We will inform parents and record the information on an accident form
* If an allergic reaction requires specialist treatment, e.g. an EpiPen, then all members of staff will receive specific medical training to be able to administer the treatment to each individual child.

**Food Information Regulations 2014**

We will display our weekly menus on the Parent Information Board and will identify when the 14 allergens are used as ingredients in any of our dishes.

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| Date Reviewed: September 2018 | J Ward  |
| Update: September 2019 |  |
| Staff Signatures: |  |
| C Howard | Nikki G |
| W Thompson | S Stoyles |
| H Clipston | Kirsty B |
| Rachel Frampton | B Storey |
| A Turner | F Dawson |
| S Clayton | C Rowley |
| Louise P | S Clipston |
| L McMullen-Kennett | J Schroli |
| Kirsty W | C Robinson |
| G Minchell | N Hircock |
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