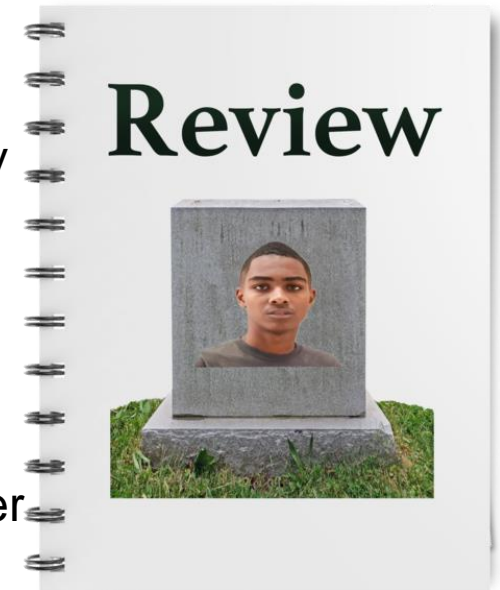# Addressing Health Inequalities

LeDeR in action

Rosi Shepherd

Director of Nursing

LeDeR - Facts and figures

- 176 deaths reported to date

- 56 notifications in 2019 - 120 notifications in 2020

- 18 Covid deaths – March to July 2020, with 2 reported in January 2021

- LD people in BNSSG live 6 years longer than LD national average

- Most people are over 65 – with 29% age 75+

- More men than women

- Most people have a moderate to mild learning disability

- Majority have other co-morbidities

- Most die in hospital – 70%

- 8/10 are rated satisfactory or good care

- Top causes of death; pneumonia (47%) sepsis & cancer

Our findings from local LeDeR reviews

Our learning disability & autism population is approximately 5,000 people across BNSSG based on GP registers.

- People need support for annual health checks & Health Action Plans

- reasonable adjustments require innovative thinking

- Training - staff groups in health, social care, residential settings

- End of life – wraparound service needed to allow person to die at home

- communication between providers could be better

- Repeat admissions for constipation need to be flagged

- People need to drink more water & eat fruit

- Involve respiratory specialists

- Epilepsy review by specialists

How are we learning from this?

- Embed system learning with partners through LeDeR Steering Group

- Developing primary care approach to learning disabilities

- Supporting GP's to improve Annual Health Checks - emphasis on Health Action Plan – not once a year

- Promoting links for social prescribing in Health Action Plans

- Developing specific pathways and resources e.g. constipation, epilepsy

- Training & webinars for GP's on key issues

- Funding specialist LD Liaison Nurses to support people in hospital

- Greater inclusion of people with learning disabilities in our work

Annual Health Checks

- Average completion of last year across GP practices was 57%

- NHSE have set a target of 67% completed AHC by 31st March 2021

- Developed 'Get Ready" checklist with Healthwatch and service users

- Held 90min training session in Dec 2020 – 66 GP's attended

- Practices need help & support with reasonable adjustments

- Rolling out LD champions in every practice

- Support for practice nurses to carry out parts of annual health checks

- Quality audit of annual health checks in April 2021
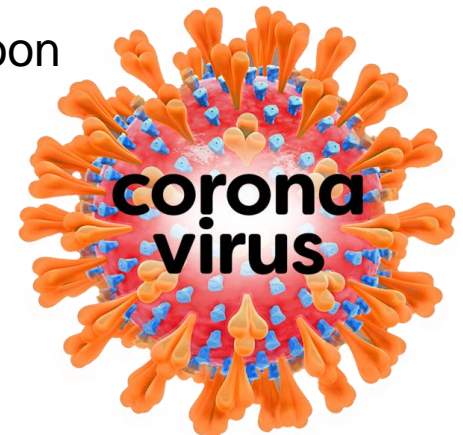
Working with service users

- Asked Healthwatch to find out people's experience of health checks

- Held Zoom sessions with small groups

- From feedback - developed easy read templates to help people prepare

- asked service users & carers to comment

- 'Get Ready' checklist developed

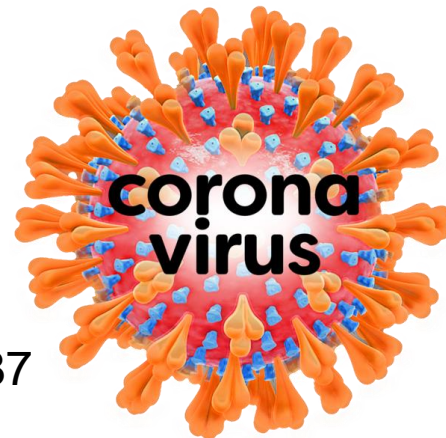- Involved social prescribing service to improve content choices

National picture during Covid

Public Health England and University of Bristol reports

- Concerns with high number of deaths that people with learning disabilities were being treated differently (London/Midlands)

- People four times as likely to die of Covid – multiple co-morbidities

- Mobility impairments indicators of risk – close care needs

- Epilepsy increases risk & people need special attention

- Key symptoms in general population may not be as apparent for people with LD

- Use of DNACPR and End of Life decisions need to be monitored closely

- Close attention for safe discharge or discharging too soon

- Higher rate of deaths in BAME communities

corona virus

Local picture during Covid

- 18 people with learning disabilities died across BNSSG

- 11 people died in hospital, 7 at home, age range – 54 to 87

- We undertook local rapid reviews for 2nd wave lessons

- Found people's symptoms different; loss of appetite, lethargic, sore throat, false negative tests

- No evidence that people with learning disabilities were treated differently

- DNACPR used appropriately – decisions in place before people had Covid

- Close attention; safe discharge/discharging too soon

- No deaths reported from BAME communities

- All learning shared with Care Homes/CLDT etc

- In depth review of all cases completed in January ~ reporting in February to Steering Group

Thank you for listening