A Comprehensive Approach:
Assessment and Therapy for Voice and Upper Airway Disorders
October 4, 2019

Featured speaker
Jackie L. Gartner-Schmidt, Ph.D., CCC-SLP, ASHA Fellow is Co-Director of the University of Pittsburgh Voice Center, Professor of Otolaryngology and Director of Speech-Language Pathology-Voice Division at the University of Pittsburgh Medical Center. Dr. Gartner-Schmidt’s 25-year clinical and research focus specializes on care of the professional voice, as well as clinical effectiveness of voice therapy and psychological considerations in the assessment and management of patients with voice and breathing disorders.

Dr. Gartner-Schmidt has over a decade of NIH-funded clinical research experience as a co-investigator focusing on the development and efficacy of different voice therapy programs. She has published over 39 peer-reviewed papers and presented over 250 lectures nationally and internationally.

Conference overview
Practical knowledge . . . proven approaches! This comprehensive 1-day conference focuses on new advances in therapy by: 1) assessing patient candidacy for therapy; 2) choosing the right therapy for the right patient; 3) describing the component parts and efficacy data on a new voice therapy program, Conversation Training Therapy, 4) describing the hierarchical levels of Flow Phonation; 5) focusing on the language of voice therapy; 6) exploring voice and emotion.

There’s more . . . we'll delve into the specifics of voice therapy, the B.E.S.T care for singers in crisis, respiratory retraining (i.e., EILOBI), cough suppression – with case videos and “How to” demonstrations!

Educational objectives
Following this learning activity, participants will be able to:
- Understand the importance of understanding voice and emotion
- Feel confident in understanding the component parts of many voice and breathing therapy techniques and programs
- Be able to utilize different voice therapy, respiratory retraining and cough suppression techniques (CTT, Flow Phonation, EILOBI) with different voice, breathing and cough disorders
- Understand how to help a singer in “voice” crisis
- Assess patient candidacy for therapy
- Disentangle the “what” (techniques and programs) from the “how” (process of communicating) of voice therapy
Friday, October 4, 2019

7 a.m. Registration
8:00 Welcome and Introductions
8:15 A Framework for Voice Therapy
8:45 Assessing Patient Candidacy for Voice Therapy
9:15 Hierarchical Steps of Flow Phonation into Resonance*
10:00 Break
10:30 Conversation Training Therapy: Why, What and How*
11:15 Efficacy of Conversation Training Therapy (CTT)
11:30 The Language of Voice Therapy: the HOW is as important as the WHAT
Noon Lunch (complementary boxed lunches will be provided)
1 p.m. The Voice Disorder Masquerading as Primary Muscle Tension in Therapy (and it is not Spasmodic Dysphonia)
1:30 Don’t Hold Your Breath: Respiratory Retraining, Olin EILOBI techniques, Cough Suppression Therapy
2:15 Experiential Learning / Questions / Answer
3:00 Break
3:30 B.E.S.T Care for Singers in Crisis
3:45 Voice and Emotion
4:30 Q&A and Wrap-up
5:00 Adjourn
*Live Demonstration and Experiential Learning

Conference location

Formerly known as the Meadowbrook Clinic, the Park Nicollet Specialty Center 3931 is located on the Methodist Hospital campus, 3931 Louisiana Avenue South, St Louis Park, Minnesota 55426.

This activity will be held in the Bud and Ellen Green Conference Room which is located on the first floor.
NOTE: when you enter at street level you come in on the ground floor.

Parking

We are unable to validate parking. Parking options are listed below.

• Valet parking is available from 7 am to 6 pm at the 3931 Building Entrance. Cost is $7; no gratuities please.
• Park in the Orange ramp. Cost is $11 for 7 to 24 hours of parking.
• Free parking and shuttle service to the 3931 Entrance is available in the Red Lot (corner of Louisiana Avenue and Oxford Street), 7:15 am to 6 pm. Two buses run during peak times, one bus runs every 15 minutes mid-day. All buses will return staff and visitors to the Red Lot from the 3931 entrance.

Registration

Registrations can be mailed, emailed or faxed to:
Mail: Dana Bachmeier
Speech Pathology
Park Nicollet Clinic & Specialty Center
3800 Park Nicollet Blvd., St. Louis Park, MN 55416
Email: dana.bachmeier@parknicollet.com
Fax: 952-993-1250

Registration includes lunch and light snacks. Registrants will be contacted via email to pre-order lunches once registration is received. If you have any special needs or dietary requirements, please notify us so we can make arrangements to accommodate you. For additional information, email dana.bachmeier@parknicollet.com or call 952-993-6225.
Registration form
A Comprehensive Approach: Assessment and Therapy for Voice and Upper Airway Disorders
October 4, 2019

Registration fee

<table>
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<tr>
<th>Early bird rate</th>
<th>After August 31, 2019</th>
<th>Student rate</th>
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<tr>
<td>☐ $199</td>
<td>☐ $219</td>
<td>☐ $100</td>
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Payment method*

☐ Check made payable to Park Nicollet Health Services
☐ Charge to  ☑ American Express  ☑ Discover  ☑ MasterCard  ☑ Visa

______________________________________________________________________________________________

  Credit card account number          Expiration date          Signature

*If you would rather provide credit card information by phone, contact Dana Bachmeier at 952-993-6225, however a completed registration form is still required.

Participant information

______________________________________________________________________________________________

  Name           Credentials

______________________________________________________________________________________________

  Email — Confirmation letter and certificate will be sent to this address. Please print clearly.

______________________________________________________________________________________________

  Affiliation

______________________________________________________________________________________________

  Address  ☐ Home or  ☐ Office (Include Mailstop)

______________________________________________________________________________________________

  City       State       Zip       Telephone

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☐ Dietary requirements         ☐ Special needs         ☐ Lactation room

Cancellation and refund policy

Substitutions are accepted at any time. If you cancel your registration at any time prior to midnight on Thursday, September 19, 2019 there will be an administrative charge of $50.00. There will be no refunds after September 19, 2019.

All continuing education activities are subject to cancellation. In the event that this event would have to be cancelled, Park Nicollet is not responsible for any hotel, airfare, or other costs incurred by participants.

Dana Bachmeier, Speech Pathology
Park Nicollet Clinic & Specialty Center
3800 Park Nicollet Blvd., St. Louis Park, MN 55416