

HAIR LOSS

Everyone loses hair. It is normal to lose about 50-100 hairs every day. If you see bald patches or lots of thinning, you may be experiencing hair loss.

There are many causes of hair loss. Women may notice hair loss after giving birth. People under a lot of stress can see noticeable hair loss. Some diseases and medical treatments can cause hair loss.

Even how you style and care for your hair can cause hair loss.

The most common cause of hair loss is a medical condition called hereditary hair loss. About 80 million men and women in the United States have this type of hair loss. Other names for this type of hair loss are:

- Male-pattern baldness
- Female-pattern baldness
- Androgenetic alopecia

Luckily, most causes of hair loss can be stopped or treated. Anyone troubled by hair loss should see a dermatologist. These doctors specialize in treating our skin, hair, and nails.

Source: [American Academy of Dermatology](#)