

# Free and Confidential Sexual Health Service

## Clinic 34 Factsheet

Centre for Disease Control

December 2017

Clinic 34 is a specialist sexual health service for the assessment and treatment of sexually transmitted infections and blood borne viruses, including HIV/AIDS. Testing and treatment for most sexually transmissible infections (STIs) is free.

### Services offered by Clinic 34 include:

- Information and counselling about all STIs
- Testing and treatment for STIs
- Human Immunodeficiency Virus (HIV) information, testing and management
- HIV post-exposure prophylaxis (PEP)
- HIV pre-exposure prophylaxis (PrEP) for people at high risk of acquiring HIV
- Hepatitis B and C testing
- Vaccination for Hepatitis A and B for people at high risk
- Sex workers health care including screening, treatment and vaccination where appropriate
- Needle and Syringe Program (NSP). Distribution of free, sterile injecting equipment. Disposal of used injecting equipment
- Specialist advice and treatment referral service for General Practitioners and other primary carers for sexual health issues

### What to expect when you come to Clinic 34

#### Reception

Our reception staff will ask you to complete a registration form but it is up to you how much information you provide. You do not need a Medicare card or referral to be seen but referral information may assist in your care.

#### Consultation

A healthcare worker (doctor/nurse/Aboriginal Health Practitioner) will ask you some questions to find out what your risk factors are to decide which tests you should have. In most circumstances you can collect your own specimens, but sometimes an examination will be recommended especially if you have symptoms. This will be discussed with you at the time of consultation.

#### Results

Most results are available within 7 days.

## Treatment

If the tests and examination show you need treatment you may be given medicine- tablets or an injection- at the time of consultation or you may need to come back for treatment later. It is very important that you complete the recommended treatment even if you feel better.

## Follow-up

You may be asked to come back to the clinic for more tests or treatment. You may be asked to come back or contact us for your results.

## Privacy and Confidentiality

All information you give is strictly confidential unless there is a legal requirement for us to disclose information. Only Clinic 34 staff has access to the records kept for your care and treatment.

We keep your records so that each health professional involved in your care at Clinic 34 has all the facts needed to provide you with the most suitable and safest treatment.

If you want to access your records at any time, please talk to the staff at the clinic.

## How to tell if you have an STI?

Most people with STIs feel perfectly well and many have no symptoms

Sometimes people notice symptoms such as:

- A discharge (pus, blood or fluid) from the penis, vagina or rectum
- An offensive odour from the vagina or penis
- Pain or burning when passing urine (peeing)
- Sores, blisters or lumps on the penis, vagina, anus or surrounding area.

**REMEMBER: You can have an STI but may not have symptoms.**

## Further information

### Contact Clinic 34 in your region

Alice Springs	8951 7549
Darwin	8999 2678
Katherine	8973 9049
Nhulunbuy	8987 0358
Tennant Creek	8962 4259

or : <https://nt.gov.au/wellbeing/hospitals-health-services/sexual-health-services/clinic-34>