

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast	Baby porridge or Organic Weetabix	Baby porridge or Organic Weetabix	Baby porridge or Organic Weetabix	Baby porridge or Organic Weetabix	Baby porridge or Organic Weetabix
Morning Snack	Organic Sweetcorn Rings	Breadsticks	Organic Carrot Sticks	Rice Cakes	Organic Sweetcorn Rings
Lunch First Stage Of Weaning	Sweet Potato & Baby Rice	Carrot & Baby Rice	Swede & Baby Rice	Pear & Baby Rice	Butternut Squash & Baby Rice
Second Stage Of Weaning	Cod with Sweet Potato (Whizzed)	Cheesy Broccoli	Swede & Butternut Squash	Bolognese and Pasta Stars (whizzed)	Pasta Stars with Cheesy Tomato Sauce (whizzed)
Third Stage Of Weaning	Spaghetti Bolognese	Tuna and Sweetcorn & Pasta Bake	Shepherd's Pie & carrots	Cheese & Ham Quiche, Mashed Potato and Baked Beans	Pasta with homemade tomato sauce & cheese
Dessert	Pear Puree	Melon	Mango Puree	Fromage Frais	Ice Cream
Afternoon Snack	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter
Tea Younger Babies	Mango Puree & Baby Rice	Mashed Banana and Avacodo	Cheesy Cauliflower	Organic Carrot & Swede	Pear Puree & Baby Rice
Older Babies	Pittas with a Selection of fillings & Cucumber Sticks	Jacket Potatoes (No Skin) with Cheese and Beans	Cheesy Beans and Toasty Fingers	Cheese and Tomato Pizza & spaghetti hoops	Sandwiches with a Selection of fillings & Cucumber Sticks
Dessert For Older Babies	Fruit Salad	Banana	Fromage Frais	Melon	Strawberries

Little Stars Menu Week 1

Please note that the babies tea is intended as a light meal and the older babies may need to be offered something additional at home.

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast	Baby porridge or Organic Weetabix	Baby porridge or Organic Weetabix	Baby porridge or Organic Weetabix	Baby porridge or Organic Weetabix	Baby porridge or Organic Weetabix
Morning Snack	Organic Carrot Sticks	Breadsticks	Rice Cakes	Organic Sweetcorn Rings	Cheese Biscuits
Lunch First Stage Of Weaning	Sweet Potato & Baby Rice	Carrot & Baby Rice	Swede & Baby Rice	Pear & Baby Rice	Butternut Squash & Baby Rice
Second Stage Of Weaning	Sweet Potato & Swede	Spaghetti with Chicken, Peas and Tomatoes (whizzed)	Mild Chilli Con Carne (whizzed) with Baby Rice	Peas & Cheesy Mashed Potato	Butternut Squash & Carrot
Third Stage Of Weaning	Risotto with Butternut Squash and Peas	Spaghetti with Chicken, Peas and Tomatoes	Mild Chilli Con Carne with Rice or Baby Rice	Tuna and Cheese Puffs with Mash & Broccoli	Sausage & Carrot with New Potatoes
Dessert	Pear Puree	Fromage Frais	Bananas and Custard	Melon	Vanilla Ice Cream
Afternoon Snack	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter
Tea Younger Babies	Carrot & Swede	Cheesy Broccoli	Mashed Banana & Avocado	Carrot & Baby Rice	Homemade Broccoli Soup (Thickened with baby rice if needed)
Older Babies	Cheesy Beans and Toasty Fingers	Homemade Broccoli Soup With Bread	Cheese & Tomato Pizza & spaghetti hoops	Pitta Bread with a Selection of fillings & Cucumber Sticks	Sandwiches with a Selection of fillings & Cucumber Sticks
Dessert For Older Babies	Banana	Brioche	Fromage Frais	Strawberries	Mango

Little Stars Menu Week 2

Please note that the babies tea is intended as a light meal and the older babies may need to be offered something additional at home.

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast	Baby porridge or Organic Weetabix	Baby porridge or Organic Weetabix	Baby porridge or Organic Weetabix	Baby porridge or Organic Weetabix	Baby porridge or Organic Weetabix
Morning Snack	Rice Cakes	Organic Sweetcorn Rings	Cheese Biscuits	Breadsticks	Organic Carrot Sticks
Lunch First Stage Of Weaning	Sweet Potato & Baby Rice	Carrot & Baby Rice	Organic Swede & Baby Rice	Organic Pear & Baby Rice	Butternut Squash & Baby Rice
Second Stage Of Weaning	Pasta Stars with Cheese Sauce and Whizzed Broccoli	Carrot & Cheesy Broccoli	Cod with Sweet Potato (Whizzed)	Peas & Sweet Potato	Butternut Squash & Carrot
Third Stage Of Weaning	Macaroni Cheese & Broccoli	Spanish Chicken and Chorizo and Cous Cous	Fish Fingers, Potato Wedges & Beans	Homemade Chicken Pie with Mash & Peas	Vegetarian Lasagne
Dessert	Pear Puree	Fromage Frais	Melon	Organic Mashed Banana	Vanilla Ice Cream
Afternoon Snack	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter
Tea Younger Babies	Organic Mango Puree & Baby Rice	Cheesy Cauliflower	Mashed Banana and Avacodo	Cream cheese with Whizzed Peas	Pear Puree & Baby Rice
Older Babies	Soft Rolls with a selection of fillings & cucumber sticks	Cheese and Tomato Pizza & Spaghetti Hoops	Sandwiches with a Selection of fillings & Cucumber Sticks	Jacket Potatoes (No Skin) with Cheese and Beans	Pittas with a Selection of fillings & Cucumber Sticks
Dessert For Older Babies	Banana	Strawberries	Fromage Frais	Brioche	Banana

Little Stars Menu Week 3

Please note that the babies tea is intended as a light meal and the older babies may need to be offered something additional at home.

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast	Baby porridge or Organic Weetabix	Baby porridge or Organic Weetabix	Baby porridge or Organic Weetabix	Baby porridge or Organic Weetabix	Baby porridge or Organic Weetabix
Morning Snack	Cheese Biscuits	Rice Cakes	Organic Carrot Sticks	Breadsticks	Organic Sweetcorn Rings
Lunch First Stage Of Weaning	Sweet Potato & Baby Rice	Carrot & Baby Rice	Swede & Baby Rice	Broccoli & Cauliflower & Baby Rice	Butternut Squash & Baby Rice
Second Stage Of Weaning	Pasta Stars with Cheesy Tomato Sauce (Whizzed)	Bolognese and Baby Pasta	Swede & Butternut Squash	Mild Chicken and Carrot Curry Whizzed Sauce	Cod with Sweet Potato (Whizzed)
Third Stage Of Weaning	Spaghetti Carbonara	Chipolatas, New Potatoes, Green Beans	Egg Noodles with Chicken Peas & Sweetcorn	Mild Chickpea Curry with Rice	Cheesy Marmite Pasta
Dessert	Vanilla Ice Cream	Mango Puree	Raspberries	Melon	Apple & Pear Puree
Afternoon Snack	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter
Tea Younger Babies	Butternut Squash	Pear Puree and Baby Rice	Mashed Banana & Avacado	Sweet Potato	Cheesy Broccoli
Older Babies	Cheesy Beans and Toasty Fingers	Rolls with a Selection of fillings & Cucumber Sticks	Homemade Vegetable Soup	Sandwiches with a Selection of fillings & Cucumber Sticks	Cheese and Tomato Pizza with Spaghetti Rings
Dessert For Older Babies	Banana	Fromage Frais	Brioche	Strawberries	Fairy Cakes

Little Stars Menu Week 4

Please note that the babies tea is intended as a light meal and the older babies may need to be offered something additional at home.

