

## **Lunch and snack guidelines:**

- ❑ **Little Acorns is a peanut free center.**
- ❑ **Please cut all food into pieces no larger than 1/4 inch for infants and 1/2 inch for toddlers and two's.**
- ❑ **We do not allow glass containers in classrooms. If you wish for your child's food to be heated, please send items in approved containers suitable for microwaving.**

### **THE FOLLOWING FOODS ARE NOT BEING SERVED TO CHILDREN UNDER THE AGE OF FOUR:**

Whole raw carrots (sliced is ok, no rounds)

Whole grapes (sliced long ways is ok)

Whole or rounds of hotdog (diced is ok)

Hard candy

Seeds

Whole nuts/seeds

Raw peas

Hard pretzels

Chips

Peanuts

Popcorn

Marshmallows

Chunks of meat larger than 1/2 inch

**Please send a variety of healthy choices for your children. As part of our NAEYC accreditation we are not able to serve these foods.**