



We will always be in the fight to end
HIV and to provide the best care possible
to all those affected by HIV.

That will never change. Ever.

Annual Report 2018

THE **C⁺RES** FOUNDATION

Who We Are

Founded in 2011, the CARES Foundation is a 501(c)3 tax-exempt non-profit foundation that provides grants to organizations in the Greater Sacramento area that directly serve the needs of people living with HIV/AIDS or aid in the prevention of HIV transmission.

The goal in creating the Foundation was to assure that people with HIV/AIDS in our area would always receive medical care and life saving medications regardless of government funding.

Our Vision

A generation free of HIV/AIDS in the Sacramento region.

Our Mission

Support a compassionate community for people living with HIV/AIDS, encourage innovative prevention and research programs, raise awareness to eliminate discrimination and stigma and ensure access to quality care.

Grant Priorities

- **HIV Prevention such as:**
 - Needle exchange and disposal
 - Condom distribution
 - PrEP
- **Filling gaps in supportive services to keep people living with HIV/AIDS in care such as:**
 - Substance Abuse Treatment
 - Transportation
 - Patient Navigation
 - Case Management
 - Housing Assistance
- **HIV Testing with linkage to care**
- **Education and training about HIV**
 - Education to the Community
 - Education to Medical Providers
- **Innovative projects that address the impact of HIV in the Sacramento region**
 - Outreach to underserved populations
 - Youths
 - Latinos
 - African Americans
 - Transgender

2018 Grant Awards

The CARES Foundation is committed to improving the health of the Sacramento region by providing grants to organizations to prevent the spread of HIV and treat people living with HIV/AIDS (PLWH). While the Foundation values innovation, our focus for grant-making is service organizations that are stable, well-managed and have a demonstrated ability to impact HIV. Unlike other chronic diseases, HIV is unique. Not only must we ensure access to care for every patient, but we need to prevent transmission to others. Therefore, HIV testing and education are major focuses for the Foundation too.

In 2018, the CARES Foundation was pleased to provide grant funding to 10 organizations for 14 unique programs aimed at meeting the Foundation's priorities, as well as sponsored two events for a total of \$1,393,001.00 in grant funding. Through increased depth and breadth of funding, projects funded by the Foundation were very impactful to the Sacramento region in 2018, as follows:

AIDS Education and Training Center (AETC) – Enhancing Sacramento HIV Care Continuum

The goal of this project was to improve Sacramento Region's health care providers' knowledge, competency and practice in treating and caring for HIV positive patients with methamphetamine addiction and mental health problems. A regional needs assessment was conducted to gather challenges and practice gaps facing health care providers treating and caring for PLWH regarding meth use and mental problems. They developed key informant interview with 14 participants, 92 completed online surveys and developed "Fact Sheets" that have been disseminated. A training curriculum based on local needs assessment to train health care providers was developed and was presented at 2 separate trainings with a total of 64 health care providers trained.

Community Against Sexual Harm (CASH) – HIV Education, Testing and Outreach

CASH provided street and online outreach, education and HIV/STI (Sexually Transmitted Infection) testing to assist with HIV prevention efforts in Sacramento County. Over 950 contacts were made with sex workers to distribute HIV/STI health information and condoms. Pre-and Post-Exposure Prophylaxis (PrEP) and (PEP) education was provided to 325 women. 173 women were tested for HIV and received peer counseling. Ongoing support was provided to 5 HIV+ women to keep them compliant with medical care and substance abuse treatment. 204 women received classroom training about HIV/STI risk, personal empowerment and negotiation skills.

Gender Health Center (GHC) – HIV Prevention, Intervention, Education and Linkage to Care

Gender Health Center's project goals included creating an insurance billing structure for trans-related medical services, hired one peer advocate/health navigator, establish a relationship with a laboratory to process labs, create procedures and protocols for prior authorizations and connect insurance denials to medical legal partnerships for appeals. In addition, the project provided accessible HIV-related prevention and education services to transgender non-conforming individuals and training for clinicians.

Harm Reduction Services (HRS) – Project Reach

Project Reach provided street outreach to 3,790 individuals, totaling 6,383 direct service client contacts. Project Reach provided HIV testing to 160 Injection Drug Users (IDUs), Sex Workers and Homeless individuals, and 128 Hepatitis C (HCV) tests. In addition, HIV/STI and HCV health education was provided to 678 individuals. Project Reach also distributed 1,635,815 syringes through 28,586 exchange encounters. Of those 509 were first time IDUs served through satellite exchanges. 100% of syringe exchange clients provided with risk reduction materials. 739,242 used syringes disposed of through Medi-Waste.

Life Enriching Communications (LEC) – Heart to Heart Program

The Heart to Heart Program is an HIV/STI education, abuse prevention, skill building, multi-session school-based program for youth, parents and school staff in El Dorado County. 115 educational sessions were conducted, reaching 1,573 students, 178 parents and 284 school staff. Heart to Heart facilitated 42 Gay Straight Alliance (GSA) clubs at 3 high schools to 55 students.

Parents, Families & Friends of Lesbians & Gays (PFLAG) – HIV/AIDS Local Outreach (HALO)

The HALO Project provided critical support services to 43 individuals faced with nutritional, physical, psychological and social challenges of living with HIV/AIDS, including food, health supplements, utility assistance and transportation to medical appointments.

Planned Parenthood Mar Monte (PPMM) – Addressing Sacramento’s HIV Epidemic

In coordination with the Sacramento City Unified School District, PPMM provided HIV/STI prevention, treatment and access to care educational efforts to youth through school and community-based settings. 3,312 students in Sacramento County schools received HIV/STI educational workshops at 11 high schools and 1,008 youth received HIV/STI workshops at community sites. 98% of youth attending workshops reported an increase in knowledge. Outreach was conducted to 2,740 youth outside of educational settings to provide HIV/STI education, referrals and condoms/lube packets.

Sacramento LGBT Center – HIV Prevention and LGBT Health Equity Program

306 HIV tests were conducted in Sacramento, Stanislaus and Yolo Counties. Over 50,000 sexual barriers were distributed through outreach. A social support group was facilitated for PLWH and their allies, with 75 participants attending monthly meetings. 2,000 surveys regarding cultural competency trainings for health professionals were distributed. A Needs Assessment regarding AB-2640, CDC’s recommendations on PrEP, was conducted with a 50% response rate. 150 allied health professionals were educated on how to deliver culturally competent education about HIV, biomedical prevention strategies, testing and risk reduction.

Safer Alternatives thru Networking and Education (SANE)

- **Syringe Access Program (SAP)** worked to slow the spread of HIV/HCV among people who inject drugs (PWID) by providing 2,312 individuals with 1,332,560 clean syringes for distribution throughout the greater Sacramento region. Disposed of 56 forty four gallon containers of used syringes. 1,847 harm reduction trainings and 765 referrals were provided for medical care, drug treatment and support services.
- **Medication Assisted Treatment (MAT) Program** was established by SANE in 2017 to provide a buprenorphine-based MAT program for opioid dependent persons to slow the spread of HIV/HCV and facilitate enhanced quality of life. In July 2018, patients began treatment; 26 patients were enrolled in MAT. All patients received MAT educational materials and referrals to medical, social and other services. SANE provided in-person and electronic-based contacts to patients to support efforts in the MAT program.

Wind Youth Services – HIV Street Education Project

Street-based HIV/AIDS outreach and safer sex and substance use education, supplies and support were provided to 748 homeless youth. 329 homeless youth were provided educational materials and case management assistance regarding medical insurance benefits. 148 youth were provided assistance in accessing medical care; 104 homeless youth engaged in HIV testing.



The CARES Foundation

**Statement of Financial Position At
December 31, 2018**

Total Assets	<u>\$28,004,809</u>
Total Liabilities	1,034,365
Unrestricted Net Assets	<u>26,970,444</u>
Total Liabilities & Net Assets	<u>\$28,004,809</u>

**Statement of Activities
For the year ended, December 31, 2018**

Revenues	
Investments Income & Contributions	6,822,425
Unrealized Net (losses) Gains on Investments	<u>(8,541,467)</u>
Total Revenues	(1,717,650)
Expenses	
Grants & Contributions	1,089,036
Management & General	<u>263,162</u>
Total Expenses	1,352,198
CHANGE IN NET ASSETS	(3,069,848)
UNRESTRICTED NET ASSETS, beginning of year	29,960,928
UNRESTRICTED NET ASSETS, end of year	<u>\$26,891,080</u>

The CARES Foundation Board of Directors

Luann LaMay, RN, MPA – President

Mark Thomas - Secretary

John Kay – Chief Financial Officer

Glennah Trochet, MD – Immediate Past President

Ashley Brand

Olivia Kasirye, M.D.

Michael Martinez

Fred Meyers, M.D.

Richard Pollard, M.D.

Bob Styron

Consultants

Lili Joy

Debbie Bouzard

The CARES Foundation

1500 21st Street
Sacramento, CA 95811
Phone: 916.914.6390
Fax: 916.914.6266

TheCARESFoundation.org

THE  RES FOUNDATION