



THE CARES FOUNDATION

We will always be in the fight
to end HIV and to provide the
best care possible to all those
affected by HIV.

That will never change. Ever.

Annual Report 2015

The CARES Foundation
1500 21st Street
Sacramento, CA 95811
916-914-6390
TheCARESFoundation.org

THE CARES FOUNDATION

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The CARES Foundation would like to thank the following for their support:

Bob Kamrath Bob Styron Janet Parker Debbie Bouzard Lili Joy

* For identification purposes only.

Who We Are

Founded in 2011, the CARES Foundation is a 501(c)3 tax-exempt non-profit that provides grants to organizations in the Greater Sacramento area that directly serve the needs of people with HIV/AIDS or aid in the prevention of HIV transmission.

Our Vision

A generation free of HIV/AIDS in the Sacramento region.

Our Mission

Support a compassionate community for people living with HIV/AIDS, encourage innovative prevention and research programs, raise awareness to eliminate discrimination and stigma and ensure access to quality care.



Board Members bid farewell to Penny Herbert, the first President of the CARES Foundation Board of Directors. Her long service to Cares Community Health and the CARES Foundation is deeply appreciated. Left to right: Mike Evans, Rosemary Younts, Bob Styron (Cares Interim CEO), Luann LaMay, Penny Herbert, Michael Martinez, Richard Pollard, MD and Glennah Trochet, MD.

2015 Grant Awards

The CARES Foundation is committed to improving the health of the Sacramento Region by supporting the work of organizations to prevent the spread of HIV and treat those living with HIV/AIDS. While the Foundation values innovation, our focus for grant-making is on organizations that are stable and well-managed, and have a demonstrated ability to impact HIV. Equal consideration is given to grant requests that address either prevention or care. Unlike other chronic diseases, HIV is unique in the need to not only care for the patient, but to do everything possible to prevent transmission to others. Finding those infected with HIV means that testing also is a prime focus for the Foundation.

In 2015, the CARES Foundation was pleased to authorize grant funding to 10 organizations to support 12 specific projects aimed at meeting the Foundation's priorities. The following are highlights of accomplishments made throughout 2015:

Wind Youth Services

The Street Education Project provided street-based HIV/AIDS outreach, education, safer-sex supplies and support to 1,468 youth experiencing homelessness; educated 1,638 youth on how to use safer sex and substance use supplies; provided HIV testing to 167 youth; and connected 66% of youth testing positive for HIV to healthcare services. Additionally, 121 youth were assisted in Medi-Cal enrollment.

Safer Alternatives thru Networking & Education (SANE)

The HIV Prevention through Expanded Syringe Exchange Project provided services to slow the spread of HIV/HCV among people who inject drugs (PWID); facilitated health improvement for PWID; and enhanced quality of life through effective syringe access and education. Compared to 2014 data, the number of contacts with PWID increased by 181%, to 2,767; contacts with People of Color increased by 188%, to 1,711; contacts with women increased by 151%, to 807; the number of sterile syringes distributed increased by 9.9%, to 493,484; and the number of used syringes returned to SANE increased by 4%, to a 20% return rate.

Parents, Families and Friends of Lesbians and Gays (PFLAG)

The HIV/AIDS Local Outreach (HALO) Project provided critical support services to almost 100 individuals and families in the rural areas of the Sacramento Region faced with the nutritional, physical, psychological, social and spiritual challenges of living with HIV/AIDS, including food supplements, utility assistance and transportation to medical appointments.

Sacramento Lesbian, Gay, Bisexual, Transgender (LGBT) Community Center

The Health Outreach Program provided free sexual health education, outreach, prevention supplies and connection to HIV/STI testing to the LGBT community. Over 11,000 individuals were served and 13 peer groups were provided within the first six months. Planning for three HIV related community events, Red Dress Party, Condoms and Cupcakes and World AIDS Day, were underway.

Cares Community Health

Three specific projects were funded:

- The Condom Finder Project worked to decrease HIV and STI rates throughout the Greater Sacramento Area through widespread distribution of close to 2 million condoms and lube packets, with an expansion from 160 to over 200 distribution sites. Further, the online educational campaign, focusing on safer sex supplies for youth, gays and persons of color, has averaged over 300,000 views monthly.
- The Residential Drug Treatment Program, through a subcontract with Clean and Sober Recovery Services, provides 90-day inpatient substance abuse treatment for high-risk persons living with HIV/AIDS (PLWH) to facilitate major life turnaround. Within the first 9 months of the project, 24 patients began treatment, 13 patients completed the program and 5 patients were still in treatment. In addition, 100% of patients who completed the 90-day treatment program who were homeless prior to treatment, were no longer homeless after successfully completing program.
- The HIV/AIDS Prevention Coalition, a collaborative effort between Cares, Harm Reduction Services, Gender Health Services, Sierra Foothills AIDS Foundation and others, provides services to identify all HIV infected individuals in the region and to keep all people living with HIV/AIDS in medical care. Within the first 9 months of the project, 145 PLWH who had fallen out of medical care were identified, provided outreach, and returned to care. Additionally, through expanded and targeted HIV testing, 50 people were newly tested positive for HIV in the first nine months of the project and were connected to care.

The Regents of the University of California, Davis

The UC Davis Clinical Research Unit's HIV/AIDS and Hepatitis C Project supported clinical trials and expanded research activities involving AIDS malignancies; mucosal immunity and cure agenda research; as well as Hepatitis C treatments. Within the first nine months of the project, 40 new PLWH were enrolled in 6 new clinical trials.

Sacramento Native American Health Center (SNAHC)

The BE SAFE: Providing Culturally Adapted Prevention and Education for Patients Living or At-Risk of HIV/AIDS/STIs Project focuses on prevention efforts for SNAHC patients at risk for contracting HIV/AIDS/STIs and closing gaps in the medical care and support services for patients. Within the first quarter, health education materials were developed; an average of 3,000 condoms were distributed monthly; and a community workshop regarding HIV/AIDS/STI prevention was provided.

Community Against Sexual Harm (CASH)

The Outreach and Education project provided street and online outreach, business cooperation, education and HIV/STD testing to raise awareness and assist with HIV prevention efforts for women in the sex worker business in Sacramento. In 2015, 720 contacts were made with sex workers to distribute condoms and HIV/STD prevention information; 74 women sex workers and 11 high risk men were tested for HIV; 75% of women that had 6 sessions of peer mentoring were tested for HIV; and 85% of women that attended a women's empowerment training session showed an increased in knowledge around HIV risk, personal empowerment strategies and negotiation skills.

Harm Reduction Services (HRS)

The Safe Points Syringe Exchange Project served over 4,000 individuals through 11,507 contacts and provided 700,000 syringes to injection drug users in the greater Sacramento area, while locating 12 new outreach sites. HRS collected over 138,706 used syringes (19.8% of those distributed) and 100% of used collected syringes were disposed of through Medi-Waste. Additionally, 85% of syringe exchange clients were referred to other service providers to meet additional needs such as healthcare, housing and substance abuse treatment.

Gender Health Center (GHC)

The Healthcare Navigation Project was developed to improve access to HIV/AIDS medical care through navigation services; a peer health advocacy program; and provider education aimed at decreasing barriers to providing culturally appropriate care for transgender individuals. CARES Foundation funding began during the last month of 2015 so outcomes have not yet been reported but will be captured in the 2016 CARES Foundation Annual Report.

The CARES Foundation was pleased to sponsor:

Gender Health Center's 5th Annual No Time To Lose Conference

CARES FOUNDATION
STATEMENTS OF FINANCIAL POSITION
December 31, 2015 and 2014

	<u>2015</u>	<u>2014</u>
ASSETS		
Cash and cash equivalents	\$ 678,736	\$ 1,194,105
Receivables	1,650	-
Investments (Notes 2 and 3)	<u>26,292,705</u>	<u>27,963,587</u>
Total assets	<u>\$ 26,973,091</u>	<u>\$ 29,157,692</u>
LIABILITIES AND NET ASSETS		
Accounts payable	\$ 32,209	\$ 7,692
Grants payable	<u>1,117,231</u>	<u>1,377,181</u>
Total liabilities	<u>1,149,440</u>	<u>1,384,873</u>
Contingencies (Note 4)		
Net assets, unrestricted	<u>25,823,651</u>	<u>27,772,819</u>
Total liabilities and net assets	<u>\$ 26,973,091</u>	<u>\$ 29,157,692</u>

The financial information presented is condensed and does not purport to be prepared in accordance with generally accepted accounting principles. A copy of the CARES Foundation audited financials is available by sending a request to CARES Foundation, Attention Finance Department, 1500 21st Street, Sacramento, CA 95811.

A contribution to the CARES Foundation for \$20.00 is suggested to cover the cost of postage and handling.

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