



Annual Report 2017

THE  RES FOUNDATION

Who We Are

Founded in 2011, The CARES Foundation is a 501(c)3 tax-exempt non-profit foundation that provides grants to organizations in the Greater Sacramento area that directly serve the needs of people living with HIV/AIDS or aid in the prevention of HIV transmission.

The goal in creating the Foundation was to assure that people with HIV/AIDS in our area would always receive medical care and life saving medications regardless of government funding.

Our Vision

A generation free of HIV/AIDS in the Sacramento region.

Our Mission

Support a compassionate community for people living with HIV/AIDS, encourage innovative prevention and research programs, raise awareness to eliminate discrimination and stigma and ensure access to quality care.

Grant Priorities

- **HIV Prevention such as:**
 - Needle exchange and disposal
 - Condom distribution
 - PrEP
- **Filling gaps in supportive services to keep people living with HIV/AIDS in care such as:**
 - Substance Abuse Treatment
 - Transportation
 - Patient Navigation
 - Case Management
 - Housing Assistance
- **HIV Testing with linkage to care**
- **Education and training about HIV**
- **Innovative projects that address the impact of HIV in the Sacramento region**

2017 Grant Awards

The CARES Foundation is committed to improving the health of the Sacramento region by providing grants to organizations to prevent the spread of HIV and treat people living with HIV/AIDS. While the Foundation values innovation, our focus for grant-making is service organizations that are stable, well-managed and have a demonstrated ability to impact HIV. Unlike other chronic diseases, HIV is unique. Not only must we ensure access to care for every patient, but we need to prevent transmission to others. Therefore, HIV testing and education are major focuses for the Foundation too.

In 2017, the CARES Foundation was pleased to provide grant funding to 9 organizations for 14 unique programs aimed at meeting the Foundation's priorities, as well as sponsored two events. This was a substantial increase from 2016 with 6 organizations and 9 programs funded. Through increased depth and breadth of funding, projects funded by the Foundation were very impactful to the Sacramento region in 2017, as follows:

Community Against Sexual Harm (CASH) – HIV Education, Testing and Outreach

CASH provided street and online outreach, education and HIV/STI (Sexually Transmitted Infection) testing to assist with HIV prevention efforts in Sacramento County. Close to 900 contacts were made with sex workers to distribute HIV/STI health information and condoms. Pre-and Post-Exposure Prophylaxis (PrEP) and (PEP) education was provided to 90 women. 96 women were tested for HIV and received peer counseling. Ongoing support was provided to 5 HIV+ women to keep them compliant with medical care and substance abuse treatment. 88 women received classroom training about HIV/STI risk, personal empowerment and negotiation skills.

Harm Reduction Services (HRS)

- **Project Reach** provided street outreach to 1,224 individuals, totaling 4,962 direct service client contacts. Health and hygiene supplies were provided to 754 high risk individuals and 590 clients received street survival supplies such as tents, tarps and backpacks. Project Reach provided HIV testing to 302 Injection Drug Users (IDUs), Sex-Workers and Homeless individuals, and 125 Hepatitis C (HCV) tests. In addition, HIV/STI and HCV health education was provided to 123 individuals.
- **Safe Points Syringe Exchange Program** served 3,790 individuals in 2017, a 72% increase over 2015 figures. HRS distributed close to 2 million syringes to IDUs, and the percent of used syringes returned to HRS increased from 11% in 2014 to an impressive 42% in 2017. 100% of used syringes collected were properly disposed of through Medi-Waste. In addition, 85% of HRS syringe exchange clients were referred to other providers for medical care, housing and substance abuse treatment.

Life Enriching Communications (LEC) – Heart to Heart Program

The Heart to Heart Program is an HIV/STI education, abuse prevention, skill building, multi-session school-based program for youth, parents and school staff in El Dorado County. 136 educational sessions were conducted, reaching 2,885 students, 183 parents and 284 school staff. Over 72% of students reported an increase in knowledge about HIV/STIs and health sexual behaviors; 75% demonstrated healthy communication skills and 80% named 3 resources for HIV/STI testing and information.

One Community Health

- **The Condom Finder Project** worked to decrease HIV and STI rates throughout the Sacramento Region by distributing over 1.6 million condoms and lube packets. Distribution expanded from 255 to 276 sites, including 11 sites in 5 counties outside Sacramento County. The online educational campaign, focusing on safer sex supplies for youth, gays and persons of color, resulted in over 2.5 million impressions, with over 12,000 clicks to the Condom Finder website.
- **Preventing HIV with Pre-Exposure Prophylaxis (PrEP) Project** implemented a marketing campaign to educate people about PrEP and increase the number of doctors prescribing PrEP. The campaign targeted the LGBTQ community, reaching over 3.5 million people. PrEP training was provided to 926 African American women, a high-risk target population.
- **The HIV/AIDS Prevention Coalition** where One Community Health and its subcontractors, HRS and Sierra Foothills AIDS Foundation (SFAF), worked to return 475 high risk PLWH who had fallen out of care back into ongoing HIV medical care. Expanded HIV testing efforts targeting gay men and transgender women of color resulted in 2,464 HIV tests, with 66 HIV positives found. At HRS, 140 patients attended biweekly “My Care” groups to learn strategies to remain in care. One Community Health expanded its STI testing program for throat and rectal Chlamydia (CT) and Gonorrhea (CG). During the course of the grant, they provided 1,679 tests to 888 high risk gay men; 198 tests were positive, and One Community Health was able to treat 193 patients. The HIV Viral Suppression Program component of the program is still underway and outcomes will be reported in the Foundation's 2018 Annual Report.
- **Overdose Prevention and Naloxone Access Program** worked to prevent and reverse opioid overdose and deaths through patient and provider education and increased availability of an opioid reversal agent, Naloxone. Six opioid prevention classes were provided to 133 patients with substance abuse disorders, and 5 provider education sessions were provided by clinical pharmacy staff. 53 Naloxone prescriptions were dispensed.

Parents, Families & Friends of Lesbians & Gays (PFLAG) HIV/AIDS Local Outreach (HALO)

The HALO Project provided critical support services to 72 individuals faced with nutritional, physical, psychological and social challenges of living with HIV/AIDS, including food, health supplements, utility assistance and transportation to medical appointments.

Planned Parenthood Mar Monte (PPMM) – Addressing Sacramento Youth’s STI Epidemic

In coordination with the Sacramento City Unified School District, PPMM provided HIV/STI prevention, treatment and access to care educational efforts to youth through school and community-based settings. 3,284 students in Sacramento County Schools received HIV/STI educational workshops at 11 high schools and 537 youth received HIV/STI workshops at community sites. 96% of youth attending workshops reported an increase in knowledge. Outreach was conducted to 1,844 youth outside of educational settings to provide HIV/STI education, referrals and condoms/lube packets.

Safer Alternatives thru Networking & Education (SANE)

- **Syringe Access Program (SAP)** worked to slow the spread of HIV/HCV among people who inject drugs (PWID) by providing 1,920 individuals with 697,620 clean syringes for distribution throughout the greater Sacramento region. Harm reduction trainings were provided to 589 PWID and 470 referrals were provided for medical care, drug treatment and support services.
- **Medication Assisted Treatment (MAT) Program** was established by SANE in 2017 to provide a buprenorphine-based MAT program for opioid dependent persons to slow the spread of HIV/HCV and facilitate enhanced quality of life. In July 2018, patients began treatment and those performance measures will be included in the Foundation's 2018 Annual Report.

Sacramento LGBT Center – HIV Prevention and LGBT Health Equity Program

198 HIV tests were conducted in Sacramento and Yolo Counties. Over 66,000 sexual barriers were distributed and health education participants indicated an 80% increase in HIV/STI knowledge. A social support group was facilitated for PLWH and their allies, with 41 participants averaging 7 meetings each (290 attendees total). 69 attendees participated in the LGBT Center’s support group at Open Arms transitional housing program for PLWH. 260 healthcare providers also were provided training for LGBT cultural competency, with 80% increase in participant knowledge. The Outreach Program provided sexual health education, prevention, and connection to confidential testing, as well as hosted a health fair.

Wind Youth Services – HIV Street Education Project

Street-based HIV/AIDS outreach and safer sex and substance use education, supplies and support were provided to 2,441 homeless youth, twice as many as in 2016. 198 homeless youth participated in HIV/STI education workshops; 2,191 homeless youth received safer substance use supplies, over 5 times that of 2016 figures; 260 homeless youth engaged in HIV testing, twice as many as in 2016; and, 530 homeless youth were assisted with medical benefits enrollment.

The CARES Foundation

**Statement of Financial Position At
December 31, 2017**

Total Assets	<u>\$30,952,758</u>
Total Liabilities	991,830
Unrestricted Net Assets	<u>29,960,928</u>
Total Liabilities & Net Assets	<u>\$30,952,758</u>

**Statement of Activities
For the year ended, December 31, 2017**

Revenues	
Investments Income & Contributions	993,113
Unrealized Net Gains on Investments	<u>3,816,033</u>
Total Revenues	4,809,146
Expenses	
Grants & Contributions	1,402,774
Management & General	<u>128,227</u>
Total Expenses	1,531,001
CHANGE IN NET ASSETS	3,278,145
UNRESTRICTED NET ASSETS, beginning of year	<u>26,682,783</u>
UNRESTRICTED NET ASSETS, end of year	<u>\$29,960,928</u>

The CARES Foundation Board of Directors

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