

Day of Prayer

Our hope is that this experience will be both a stretch and blessing to you. Today may be the longest day spent in prayer yet but we have great expectations about what God may show you today.

Step 1- Introduction

The following steps can be done in any order. Part of today is to take you out of your comfort zone and depend completely on Christ. You may not be comfortable with everything, but we would like to challenge you to walk towards it and see what God does. You may get to something and a door close. Instead of crossing it off the list, ask God how to persevere in spite of that. Ask Him how to adapt and let Him lead. Consider it joy that you faced opposition. We would also like for you to consider skipping lunch today (surprise)! You may say, “Had I known that I would have eaten more earlier.” We want to put you in position of discomfort so that once again you have to lean on the Lord. As you feel hunger pains turn that to God and literally say, “Lord as much as my body longs for food, I want to long for you more. I want to hear you that much more. Lord, give me a passion for those around me that is greater than a hunger pain.”

Step 2- Praying for Campus

We want you to walk around campus. Ask yourself what organizations and ideologies are here? Why is that important to the students? What’s on their minds? What is the history of this school? While observing and considering the answers to these questions- let that prompt you to prayer for the campus. Pray for faculty and administration. Ask for favor within the broader religious organization community. Ask God “what do I need to know about the culture of this campus and what the students care about?”

Step 3- Praying for the Athletic Department

Walk around the athletic portion of campus. As you go, ask God the following questions: What do you want me to see or perceive here? Is there anything in the history of the Athletic Department that opens or shuts doors for You, Lord? How shall I proceed in light of that?

Step 4- Praying for Teams

If you have access to lockerrooms, go to every locker room of teams you work with and pray next to every person’s locker. You may first need to go ask permission from the coach. You can do this by saying, “Coach, once a month we set aside a day just to pray. Though we pray for coaches and athletes continuously, today we would like to pray specifically for each individual. Would you mind if I walked through the locker room and pray next to each locker?” Of course, you wouldn’t do this while they are getting ready for practice, so be aware of their schedule when you do this. What if someone is in the locker room? Pray anyway! They may ask what you are doing and you can tell them. You may also have the opportunity to pray for them personally. What if coach says no? Well, what an opportunity to ask God what to do next! Maybe go to the court or field, the training room, weight room, study spaces? Maybe coach would allow you to pray for him or her before you go. What do you pray for? Salvation. Spiritual growth. Revival on the team. Specific needs of individuals. The season. How God would use this season to draw them to him. How God may use you with them.

Step 5- Praying for Leadership

Find a place to go, a new setting so you can have a new focus. Pray for your leadership team. Pray that the things you do with them will be Spirit led and that the Spirit will lead them! Pray for the specific people God has put on

your heart to pour into and for a clear way to do so. Pray for spiritual growth and depth. Pray that they will develop a passion for their teammates. Pray that if we are to add to our group that He will rise up the right people who desire to serve Him. Pray for the witness and example of our leadership team when they are outside of your ministry.

Step 6- Coaches and Administration

Again – go find a new place to pray.

Pray specifically for each coach in the sports you serve. Pray for their relationship with God – their salvation, their growth, their witness. Pray for their struggles. Pray for wisdom in dealing with their athletes.

Pray for their relationships with our administration. Pray for the Head AD- their leadership, decisions, relationships with coaches, and their family. Pray for assistant AD's, Compliance and SID's you know. Pray for Athletic Trainers, Strength Coaches, Academic Advisors you know. Pray for all the support staff in each sport. Pray that they may be drawn to Christ and ask how He may use you to encourage them.

Step 7- Your ministry's meetings

You may want to try the room where your Bible Study or small/large group meets if it is open. Pray for that group. Pray that your planning be Spirit led. Pray that the gospel be presented clearly and that athletes come to know Christ. Pray that a community of love and grace be built. Pray for athletes to grow deeper. Pray for this week's meeting, for our speakers (any upcoming ones you know are scheduled), the impact it can have on individual lives. Pray for our fellowships and how we may build relationships through them. Pray for people to serve in music, audio visual, websites, greeting and more. Pray that the huddle become the place to be!

Step 8- Any other upcoming events

Go outside if you can. If it's cold- find a new place. Pray for any upcoming retreats, events, etc. Pray for specific people to go. Pray for lives to be transformed. Pray for open, tender hearts. Pray for camp/retreat leadership and those who will be doing music. Think of retreats/events you've been a part of and pray specifically for things you've experienced that you would want others to pray for. Pray that it ignite a movement on our campus as athletes come back on fire for Christ.

Step 9- Training Rooms

Go by a training room if you have access (find a new location if not) and pray that those who come in with injuries be healed. Pray that God would use injuries to draw them to Him. Ask that God would make you sensitive as to how you can minister to the hurting. Pray specifically for trainers who work with your sports. For their salvation, growth, patience, and wisdom.

Step 10- Your Future

Pray that God use this time to shape your character, purge anything that He needs to, mold you more like Christ. Pray that He use these experiences to prepare you. Ask Him to put you in new situations to stretch and teach you. Pray for a teachable spirit. Pray that you will grow in knowledge and wisdom. Pray that you be faithful in what He has given you.

Step 11- Listen

Hopefully you've paused to listen all along. After a long day of requests, it is time to listen. Be still. Find a favorite place- a quiet place and listen to God for an hour! An hour? Yes and hour! Be still. Read Psalm 25, 27. Listen. Listen to Him. Listen. Be still and listen.