THE 4TH WORLD
Moomookwan Martial Arts
Championship Canadian Open

JULY 25 - 28, 2019
AT THE GFL MEMORIAL GARDENS
SAULT STE. MARIE, ON CANADA

High Cat Fall (NAKBEOP)
Long Cat Fall (NAKBEOP)
Breaking
Point Sparring
Open Handed Forms

EVENTS
Self Defense (Hoshin-Dobeop)
Weapons
Group Competition
Precision Kicking (Sujok-Dobeop)

HOST HOTEL
Quattro Hotel and Conference Centre
Toll Free 1-800-563-7262 or Phone 705-942-2500
229 Great Northern Road, Sault Ste Marie, ON P6B 4Z2
Mention 2019 Cornacchio’s Martial Arts Championship for a special group rate.

PETER CORNACCHIO, EXECUTIVE DIRECTOR
TRACEY CORNACCHIO, DIRECTOR

FOR INFORMATION:
CALL 1-705-943-7900 • 1-705-575-4854
EMAIL: DIRECTOR4THWORLDCHAMP@GMAIL.COM
WWW.SOODANHAPKIDO.COM and WWW.4THWORLDCHAMP.COM

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facebook.com/4thWorldChamp
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Welcome Grand Masters, Masters, and Martial Artists

RE: 2019 Canadian Open 4th World Martial Arts Championship, Sault Ste. Marie Canada

We would like to extend a warm invitation to you and your group to participate in the 2019 Canadian Open World Martial Arts Championship, which will be held at the GFL Memorial Gardens Sault Ste. Marie Ontario, Canada on July 25 - 28, 2019.

This is an international tournament where thousands of Martial Artists from around the world and from across Canada will come together to compete and share their passion for the arts.

This Championship will provide Martial Artists of all styles and levels, a state-of-the-art venue to compete and highlight their martial arts style. Our goal is to provide a safe, fair and truly memorable tournament for all competitors and their families.

I encourage all of you to make plans to participate in this amazing event and join us in Sault Ste. Marie where you can enjoy the beautiful sights, culture and weather of Northern Ontario.

On-line registration is available at www.4thworldchamp.com. Please check the website frequently for tournament updates.

For more information, please contact Tracey Cornacchio, Tournament Director at director4thworldchamp@gmail.com.

Sincerely,

Grand Master Peter Cornacchio Jr.
Executive Tournament Director
MooMooKwan Hapkido Association of Canada

Online Participant Registration Deadline: July 24 at 5:00 p.m. EST
Walk-in Participant Registration at GFL Memorial Gardens: July 25 from 10:00 a.m. to 7:00 p.m. EST
GFL Memorial Gardens
269 Street East, Sault Ste. Marie, Ontario
July 25 -28, 2019
Tournament Information

Hosted by: 2019 World Martial Arts Championship Organizing Committee
Soo Dan Hapkido/Cornacchio’s Martial Arts

Sanctioned by: Korea Moo Moo Kwan Hapkido Federation

Organized by: Grand Master Peter A. Cornacchio Jr. of Soo Dan Hapkido
Korea MooMooKwan Hapkido Federation, Canada

Date: July 25 to 28, 2019

Location: GFL Memorial Gardens
269 Queen Street East
Sault Ste. Marie, Ontario, Canada
http://gflgardens.ca/

Registration: Online: www.4thworldchamp.com (available)

Online registration deadline – July 24, 5:00 p.m. EST
Walk-in registration: GFL Memorial Gardens, July 25, 10:00 a.m. - 7:00 p.m.

Fees:
One Event: $110
Each additional event $15
Special Need Division: $50 for Two Events
Pair Form: $80 (2 members)
Team Form: $120 (3 or 4 members)
Demonstration Team: $200 (8 to 20 members)
Coaches: $50 (Only registered Coaches have floor access)

***All fees are non-refundable and non-transferable***

Spectators:
General Admission: $15/day or $25/3 days
Family Admission: $20/day or $35/3 days
Children under 5: Free
Tournament Information

Indemnities
Participant’s without proper participation entry forms and valid Medical Questionnaire Form will not be allowed to compete at the tournament. Liability waivers must be signed by participants (or by parent or legal guardian for athletes ages 18 and under) prior to the release of credentials at check-in.

Photo ID is required to pick up credentials during check-in and weigh-in.

Accommodations
Please visit [www.quattoss.com](http://www.quattoss.com) for tournament discounted hotel information and links.

Ground Transportation
Ground transportation is the responsibility of the individual participants.

Visa Entry
All participants are responsible for their own visas.

An invitation letter will be available upon request. Please fill out the VISA Assistance Form online [www.4thworldchamp.com](http://www.4thworldchamp.com) and email to director4thworldchamp@gmail.com.

*Refund of registration fees will NOT be granted due to VISA or travel arrangement issues or denials.

*Please email director4thworldchamp@gmail.com for all Visa inquiries.
Official Delegate Flight Information

*MUST BE SUMITTED BY JULY 15, 2019*

Name (print) _______________________________ Number of People _____________

Address ___________________________________ City __________________________

Country ____________________________ ZIP/Postal Code _______________________

Martial Art School __________________________ Instructor _______________________

Email ___________________________ Tel: _________________________________

Additional traveler names:

Name (print) _______________________________

Name (print) _______________________________

Name (print) _______________________________

Name (print) _______________________________

Name (print) _______________________________

Arrival Date: ___________________________ Time of Arrival: ______________________

Airline: ________________________________ Flight Number: ______________________

Departure Date: _________________________ Time of Departure: ___________________ 

Airline: ________________________________ Flight Number: ______________________

Ground transportation will be provided

Please complete this form and send it by email to director4thworldchamp@gmail.com on or before June 1, 2019. You will be notified of accommodation & transportation details via email.

*Ground Transportation will not be guaranteed for failure to comply with the aforementioned deadline.
2019 CANADIAN OPEN
World Martial Arts Championship

VISA Assistant Form

*Must be submitted by June 15, 2019*

If you wish to receive an Official Invitation to the 2019 Canada Open World Martial Arts Championship, please provide the following information for each person travelling.

Please fill out a form for each person travelling and email to director4thworldchamp@gmail.com.

When your information is complete, send to the above email and your Official Invitation will be forwarded to your attention.

<table>
<thead>
<tr>
<th>Name (as it appears on Passport)</th>
<th>Passport Number</th>
<th>Date of Birth</th>
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</table>

Country of Birth:
Home Address:
Home Telephone Number:
Club Name and Address:
Club Telephone Number:
Email:

Online Registration Date: _______________________________________________________

Have you booked your Hotel for this event?

Quattro Hotel and Conference Center, Toll Free – 1-800-563-7262

Reservation Date: _____________________________________________________________

*When applying for Visa in Canada, you will be asked to book your hotel rooms. Hotel must be booked by June 25, 2019 for Discount.

Please fill out and send this form with attachment by email to director4thworldchamp@gmail.com.
Tournament Events

**HAP KI DO** 합기도  **TAE KWON DO** 태권도  **KARATE** 공수도  
**KUNGFU** 쿵후  **OTHER MARTIAL ARTS** 기타무술

**Individual Divisions**
- High Cat Fall (Nakbeop)
- Long Cat Fall (Nakbeop)
- Breaking
- Point Sparring
- Self Defense (Hoshin-Dobeop)
- Weapons
- Precision Kicking (Sujok-Dobeop)
- Open Handed Forms

**Special Needs Divisions**
- Open Handed Forms
- Breaking

**Team Divisions**
- Forms: Pair: 2 members  Team: 3–7 members
- Exhibition Team: 8 – 20+ members

**Awards**
- Gold Medals and certificate - 1st place winners
- Silver Medals and certificate - 2nd place winners
- Bronze Medals and certificate - 3rd place winners
- Team Divisions - Trophy and Certificate - 1st, 2nd and 3rd place winners

www.4thworldchamp.com
Contact: director4thworldchamp@gmail.com
Individual Competitor Registration Form

Name (print) ___________________________ Phone ________________________

Address ______________________________ City ______________________________

Country ___________________________ ZIP/Postal Code ______________________

Martial Art School _____________________ Instructor ________________________

Age ________ Weight ________ Belt ________________ Male ________ Female ________

EVENTS

Check the event(s) you would like to attend:

<table>
<thead>
<tr>
<th>High Cat Fall (Nakbeop)</th>
<th>Long Cat Fall (Nakbeop)</th>
<th>Breaking</th>
<th>Free Sparring</th>
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<tbody>
<tr>
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<td>Open Handed Forms</td>
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<tr>
<td>Self Defense (Hoshin-Dobeop)</td>
<td>Weapons</td>
<td>Precision Kicking (Sujok-Dobeop)</td>
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</tbody>
</table>

Check the number of event(s) that you will be participating in:

One Event - $110 ________
Two Events - $125 ________
Three Events - $140 ________
Four Events - $155 ________
Five Events - $170 ________
Six Events - $185 ________
Seven Events - $200 ________
Eight Events - $215 ________

* All fees are non-refundable and non-transferable

* All Competitors must fill in Waiver and Release of Liability, Assumption of Risk, and Parental Consent and Indemnity Agreement, which can be found on page 19.

Online Participant Registration Deadline: July 24 at 5:00 p.m. EST
Walk-in Participant Registration at GFL Memorial Gardens: July 25 from 10:00 a.m. to 7:00 p.m. EST
GFL Memorial Gardens
269 Street East, Sault Ste. Marie, Ontario
July 25 -28, 2019
Team Forms and Pair Forms Registration

Team Lead Name (print) _____________________________________________________________

Martial Art School ____________________ Instructor ________________________________

Martial Arts Style:  Taekwondo ________ Hapkido ________ Karate______ Other ________

**Events** Check the event(s) that you will be participating in:

Term Pair (2 Competitors) $80  __________

Team (up to 4 Competitors) $120 ___________

Team (up to 7 Competitors) $200 ___________

**Name of Competitors:**

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* All fees are non-refundable and non-transferable

* All Competitors must fill in Waiver and Release of Liability, Assumption of Risk, and Parental Consent and Indemnity Agreement, which can be found on page 19.
Demonstration Team Registration

Team Lead Name (print) _____________________________________________________________

Martial Art School ___________________________ Instructor _____________________________

Martial Arts Style:  Taekwondo ________ Hapkido ________ Karate______ Other ________

Demo Team (minimum 8 members) $200
There is no maximum members to Exhibition Team members, however, must pay admission fee of $25 if not competing in Individual events

Name of Competitors:

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* All fees are non-refundable and non-transferable
* All Competitors must fill in Waiver and Release of Liability, Assumption of Risk, and Parental Consent and Indemnity Agreement, which can be found on page 19.
Coach Registration Form

Mandatory Coach Meeting: Saturday, July 27 at 8:00 a.m.

Name (print) __________________________________________ Phone _________________________

Address _________________________________________ City _________________________________

Country ___________________________ ZIP/Postal Code _________________________________

Martial Art School ___________________________ Master Instructor __________________________

Male ________ Female ________

Coach Fee - $50 per coach

# of Coaches __________

Name of Competitor ____________________________

* All fees are non-refundable and non-transferable

* All Coaches must fill in Waiver and Release of Liability, Assumption of Risk, and Parental Consent and Indemnity Agreement, which can be found on page 19.
2019 CANADIAN OPEN
World Martial Arts Championship

Referee Registration

Name (print) __________________________________________ Phone_______________________

Address __________________________________________ City______________________________

Country ___________________________ ZIP/Postal Code______________________________

Martial Art School ______________________ Master Instructor __________________________

Date Certified: ______________________ Rank: __________ Male ________ Female ________

HKD Referee Seminar on Friday, July 26 at 9:00 a.m.

• Lunch will be provided during tournament
• Referees that are selected will be responsible for their own transportation to the
  tournament venue.
• Referees who are interested in officiating for this event must apply by July 15, 2019.
• Roundtrip Airfare shall be borne by each participating International Referee.
• All referees need to attend mandatory referee meeting on Saturday, July 27, 7:30 a.m. , and
  Sunday, July 28, 8:00 a.m. at GFL Memorial Gardens.
• Please dress according to IHF rules & regulations (Black Pants & White Shirts).

* All Referees must fill in Waiver and Release of Liability, Assumption of Risk, and Parental Consent and
  Indemnity Agreement which can be found on page 19
Volunteer Registration

Name:__________________________________________

Last                  First

Phone Number: ___________________________ Email: ___________________________

Drivers License: _______ Yes _______ No

Select the date(s) you are available to volunteer

Thursday, July 25 _______
Friday, July 26 _______
Saturday, July 27 _______
Sunday, July 28 _______
Monday, July 29 _______

Check your Area(s) of Interest

Organizing Committee _______ Transportation _______
Social Media _______ Set Up/Take Down _______
Office Tasks _______ Ring Mgr./Runner _______
Marketing _______ Weigh in _______
Info & Technology _______ Awards _______
Event Coordinator _______ First Aid _______
Communication _______ Holding area _______
Registration _______ No Preference _______

All Volunteers Must attend Mandatory Meeting and wear credentials

* All Volunteers must fill in Waiver and Release of Liability, Assumption of Risk, and Parental Consent and Indemnity Agreement which can be found on page 19
Medical Questionnaire Form

Competitor’s Name: _________________________________

Please circle the (Y) for yes or (N) for no

1. Do you have any allergies to any medications?                    Y / N
   If you answered yes, please indicate which medications.
2. Do you take any medications regularly?                                   Y / N
3. Do you wear contact lenses?                                               Y / N
4. Do you have a history of any of the following conditions?
   a. Epilepsy (seizures)                                                      Y / N
   b. Lung disease                                                             Y / N
   c. Heart disease                                                             Y / N
   d. Diabetes                                                                Y / N
   e. High blood pressure                                                      Y / N

If you answered YES to any part of question 4, please complete question 5.

5. I hereby state that I am under the care of a physician for the treatment of
   _______________________________ and that I have been medically cleared by that physician
   to participate in this tournament.

Please read carefully: I hereby certify that the above information is true and accurate to the best of
my knowledge.

Signature: _________________________________ Date: __________________________

(Parent/Guardian must sign if competitor is under 18 years of age)
Waiver and Release of Liability, Assumption of Risk, and Parental Consent and Indemnity Agreement

In consideration of being allowed to participate in any in the 2019 World MooMooKwan Martial Arts Canadian Open Championship held in Sault Ste. Marie Canada July 25 to 28th or special seminars or related events, the undersigned acknowledges, appreciates and agrees that, for myself and on behalf of my heirs, assignees, personal representatives and the next of kin, hereby release and hold harmless the MMKHF Korea, MMKHA Canada Grand Master Peter A Cornacchio Jr., Soo Dan Hap Ki Do Academy Cornacchio’s Hap Ki Do Centre, 2019 Planning committee, volunteers, referees, GFL Memorial Gardens, its officials, officers, agents and/or employees, other participants, with respect to any injury, disability, death or loss or damage to person or property, whether arising from negligence of the releases or otherwise. The risk of injury from the activities involved at this event is significant, including the potential of permanent paralysis or death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist: and I knowingly and freely assume all such risks, both known and unknown, even if arising from negligence of the releases or others, and assume full responsibility for my participation. I willingly agree to comply with the stated and customary terms and conditions of participation. If however, I observe any unusual, significant risk during my presence or participation, I will remove myself from participation and bring such risk to the attention of the nearest official immediately. This is to certify that I (or parent/guardian with legal responsibilities for this participant) HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT. I do consent and agree to release as provided above all RELEASEES, and for myself, my heirs, assignees, and next of kin, I release and agree to indemnify the RELEASEES from all liabilities provided above, even if arising from their negligence.

_________________________ ______________________________  _______________
Name of Individual    Signature of Individual   Date
(competitor, volunteer, coach)  (or Parent/Legal Guardian)
2019 CANADIAN OPEN
World Martial Arts Championship

Rules and Guidelines

HAPKIDO
Modified Current MMK/IHF Rules and Regulations will govern the Championships for the Hap Ki Do Rolling, High/Long Falling, Precision Kicking, and Sparring divisions rule with few modifications to enhance the competition experience for all participants.

All competitors must bring their own safety gear including chest protector, headgear, shin/instep guards, protective cup, foot and hand, mouthpiece and standard open uniform in good condition.

Color uniforms are allowed.

SPECIAL NEEDS DIVISION RULES
Forms and Board Breaking
Besides age, belt and gender, competition to be divided by the following categories:

Level 1: Competitors perform basic skills such as blocking, striking, kicking techniques, and breaking with direction from an instructor.
Level 2: Competitors perform patterns and breaking with assistance from instructor.
Level 3: Competitors perform patterns and breaking on their own.

Board Breaking Guidelines Boards must be purchased on site.
*All competitors must have their own board holders. Standard demo boards are to be used by all competitors in the competitions.
Boards will be available for purchase for competitors at the time of online registration, or at the door (cash only) $5.00/ea or $25/6pcs. Absolutely NO personal boards will be allowed.

Competitors must select board holders prior to event, as there is only 60 seconds for set up.

Creative Board Breaking
1. Participants have 60 seconds to set up and 60 seconds to execute their breaks.
2. Minimum of 2 board and a maximum of 10 boards. (All boards are 1/4-inch pine boards.)
3. Must provide their own Coach to hold boards up to 10 holders
4. No limit on breaking techniques.
5. Scoring Criteria: Accuracy 20 pts: No of Boards 10pts, Landing 10 pts, Creativity 30 pts: Skills 10 pts, Presentation 10 pts, Transitions 10 pts.

Online Participent Registration Deadline: July 24 at 5:00 p.m. EST
Walk-in Participant Registration at GFL Memorial Gardens: July 25 from 10:00 a.m. to 7:00 p.m. EST
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269 Street East, Sault Ste. Marie, Ontario
July 25 -28, 2019
6. Maximum of TWO attempts on each board break with 1 point deduction. Broken boards may not be replaced on the 2nd attempt.

7. In the event of a tie for 1st place only (If there is a tie for 2nd or 4th place there will be multiple 2nd and 4th places awarded) – participants will perform breaking routine one additional time. Judges will rescore. If there is still a tie, there will be two 1st places awarded.

**Group Competition: Demonstration/Team (ALL STYLES)**

- Maximum set up time is 1 minute & clean up time is 1 minute.
- The maximum time to complete the demonstration is 7 Minutes.
- Minimum of Eight members and no maximum members, including board holders.
- Music and sound system must be provided by the demonstration team.
- No pyrotechnics, fireworks or rockets.
- Weapons, official tables or other accessories shall be provided by the Demonstration team.
- Boards must be purchased at the event.
- Uniforms must be worn by the entire team including board holders.

The score of the demonstration will be based on the following order of superiority in ascending order:

- **Judge 1** - Competitors must execute techniques in synchronization with team mates (20%)
- **Judge 2** - Competitors must exhibit smooth transitions from one direction/technique to the next maintaining excitement on the performance (20%)
  - **Judge 3** - Competitors must maintain balance and center of gravity throughout successful completion of technique. (20%)
- **Judge 4** – Competitors must demonstrate speed and power throughout a highly visible and precise technique. (20%)
- **Judge 5** – Will score the overall creativity and entertainment value of the performance. (20%)
**Self Defense (Hoshin-Dobop)**

The Self Defense competition involves pairs performing choreographed self-defense techniques of the competitors’ choosing. The performance should consist of 6 unique techniques, with one partner attacking for three consecutive techniques (and the defender utilizing any three defensive techniques), followed by the reverse (with the new defender utilizing any three defensive techniques). The performance should be as close to 2 minutes in length as possible.

**Self Defense Divisions**

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<thead>
<tr>
<th>Female</th>
<th>Gup Belts</th>
<th>Male</th>
<th>Male</th>
<th>Female</th>
<th>Black Belts</th>
</tr>
</thead>
<tbody>
<tr>
<td>X</td>
<td>Age 5 and under</td>
<td>X</td>
<td>X</td>
<td>Age 10 and under</td>
<td>X</td>
</tr>
<tr>
<td>X</td>
<td>Age 6 &amp; 7</td>
<td>X</td>
<td>X</td>
<td>Age 11-13</td>
<td>X</td>
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<tr>
<td>X</td>
<td>Age 8 &amp; 9</td>
<td>X</td>
<td>X</td>
<td>Age 14-17</td>
<td>X</td>
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<tr>
<td>X</td>
<td>Age 10 - 11</td>
<td>X</td>
<td>X</td>
<td>Age 18 – 35</td>
<td>X</td>
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<td>X</td>
<td>Age 12 – 13</td>
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<td>X</td>
<td>Age 36 and up</td>
<td>X</td>
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<td>X</td>
<td>Age 14 – 15</td>
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<tr>
<td>X</td>
<td>Age 16 – 17</td>
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<tr>
<td>X</td>
<td>Age 18 and up</td>
<td>X</td>
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Age category will be determined by the eldest member of each team.

Teams competing in the self-defense competition may choose one of two pre-determined combinations of techniques to demonstrate.

**Category A**
- Defense against a wrist grab
- Defense against a punch
- Defense against a weapon

**Category B**
- Defense against a clothing grab
- Defense against a kick
- Defense against a weapon

Each partner will perform one of each of indicated techniques, for a total of six techniques per team. Both members must select the same category of techniques to perform (either A or B).

**Self-Defense Scoring Criteria**
- Demonstrations must be 2 minutes in length or less.
- If a team runs over time, they will be told to stop their performance at 2 minutes and 15 seconds.
- Time will begin when the team begins their demonstration.
- Competitors must approach the judges and introduce themselves with confidence.
• Competitors must display appropriate respect and humility.

Judges’ Scoring Criteria: (40 points possible, each judge controls 10 points)

• **Judge 1** - Competitors technique must be highly visible and precise. Competitors must execute techniques immediately upon being attacked.

• **Judge 2** - Competitors must exhibit smooth transitions from one direction/technique to the next. Competitors must maintain balance and center of gravity throughout demonstration.

• **Judge 3** - Competitors must maintain control of their partner throughout the technique. Competitors must demonstrate proper immobilization / finishing techniques

• **Judge 4** – Competitors must demonstrate speed and power throughout technique.

**Precision Kicking (Sujok-Dobeop)**

This event is intended to test competitors’ control and mastery over kicking techniques. Kicks will be judged based on: balance, stamina, accuracy, speed and power. Kicking progression will be as follows:

• Low, medium, high spinning heel kick (to be done nonstop) followed by a step-change into a 360 degree jump-spinning heel kick. Every kick is executed with the same foot. Age divisions 9 yrs. and under will perform Low front snap, middle side kick, High roundhouse, a spinning sidekick.

• Those competitors that have successfully hit all four targets will continue on to second phase.

• Any additional three kicks, without targets. For these kicks, judges will be scoring the criteria mentioned above as well as difficulty.

<table>
<thead>
<tr>
<th>Male</th>
<th>Female</th>
<th>Male</th>
<th>Black Belts</th>
<th>Female</th>
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<tbody>
<tr>
<td>X</td>
<td>Age 5 and under</td>
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<td>Age 10 &amp; 11</td>
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<td>Age 18 – 35</td>
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<td>Age 12 &amp; 13</td>
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<td>Age 36 and up</td>
<td>X</td>
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<tr>
<td>X</td>
<td>Age 14 &amp; 15</td>
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<td>X</td>
<td>Age 16 &amp; 17</td>
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<td>Age 18 – 25</td>
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<td>X</td>
<td>Age 26 – 35</td>
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<tr>
<td>X</td>
<td>Age 36 and up</td>
<td>X</td>
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</tr>
</tbody>
</table>

www.4thworldchamp.com

Contact: director4thworldchamp@gmail.com
Precision Kicking Scoring Criteria

- Demonstrations must be 2 minutes in length or less.
- If a competitor runs over time, they will be told to stop their performance at 2 minutes and 15 seconds.
- Time includes set-up and execution.
- Time begins when competitor is told to begin.
- Competitors must approach the judges and introduce themselves with confidence.
- Uniforms must be either entirely white or black, belts may be any color.
- Competitors must display appropriate respect and humility.

Judges’ Scoring Criteria: 40 points possible, each judge controls 10 points

- **Judge 1** - Competitors’ technique must be accurate.
  Solid contact with targets will receive more points than — grazing contact.
- **Judge 2** - Competitors must exhibit smooth transitions from one direction / technique to the next.
  Competitors must maintain balance and center of gravity throughout demonstration.
- **Judge 3** - Competitors must maintain stamina and focus throughout performance.
- **Judge 4** - Competitors must demonstrate speed and power of kicking techniques appropriate to their age and rank level.

Falling (Nakbeop)
This event tests competitors’ ability to clear either tall or long objects while landing gracefully. There will be two separate competitions (high cat-fall, long cat-fall) under the category of Falling, but each one counts as one of the Individual Events.

**DISCLAIMER:** LANDINGS MUST BE SOFT!
Reckless jumps with no concern for landing technique will result in disqualification

**High Cat-fall:** Competitors will be attempting to clear a horizontal bar, starting low and progressively gaining height. With each successful falling technique, a competitor will continue to the next level (+2 in. each round). If a competitor dislodges the bar or lands in an unsafe manner, the competitor is out. Competitors will have two attempts at each height. Starting heights and age groups are as follows:
# 2019 CANADIAN OPEN

World Martial Arts Championship

<table>
<thead>
<tr>
<th>Male</th>
<th>Gup Belts</th>
<th>Female</th>
<th>Male</th>
<th>Black Belts</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>X</td>
<td>Age 5 and under</td>
<td>X</td>
<td>X</td>
<td>Age 10 and under</td>
<td>X</td>
</tr>
<tr>
<td>X</td>
<td>Age 6 &amp; 7</td>
<td>X</td>
<td>X</td>
<td>Age 11-13</td>
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</tr>
<tr>
<td>X</td>
<td>Age 8 &amp; 9</td>
<td>X</td>
<td>X</td>
<td>Age 14-17</td>
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<tr>
<td>X</td>
<td>Age 10 &amp; 11</td>
<td>X</td>
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<td>Age 18 – 35</td>
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<tr>
<td>X</td>
<td>Age 12 &amp; 13</td>
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<td>Age 36 and up</td>
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<table>
<thead>
<tr>
<th>Age Group</th>
<th>Starting Height (in)</th>
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</thead>
<tbody>
<tr>
<td>10 and under</td>
<td>24</td>
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<tr>
<td>11-13</td>
<td>36</td>
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<tr>
<td>14-17</td>
<td>48</td>
</tr>
<tr>
<td>18 +</td>
<td>48</td>
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</tbody>
</table>

(Starting height at center judge’s discretion may lower or raise it according to athlete’s ability)
Long Cat-fall: Competitors will be attempting to clear boxes for distance. With each successful jump, the length of the boxes will increase until the competitor cannot safely complete the falling technique, (+1ft each round). Touching any of the boxes also results in a failed jump. Competitors will have two attempts at each distance. Starting distances and age groups are as follows:

<table>
<thead>
<tr>
<th>Age Group</th>
<th>Starting Distance (ft.)</th>
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</thead>
<tbody>
<tr>
<td>10 and under</td>
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<tr>
<td>11-13</td>
<td>4</td>
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<tr>
<td>14-17</td>
<td>7</td>
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<tr>
<td>18 +</td>
<td>7</td>
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</table>

(Starting height at center judge’s discretion may lower or raise it according to athlete’s ability)
All Forms Competitions
The forms competitions are meant to test an individual’s knowledge and mastery of forms, confidence and athleticism. Judging for both empty hand and weapons forms will be based on the criteria outlined below.

Individual Forms: Individual age and belt categories
Group Forms: Pairs/Teams

All Forms Scoring Criteria
- Demonstrations must be 2 minutes in length or less.
- If a competitor runs over time, they will be told to stop their performance at 2 minutes and 15 seconds.
- Time will begin when the competitor begins their demonstration.
- Competitors must approach the judges and introduce themselves with confidence.
- Competitors must display appropriate respect and humility.

Judges’ Scoring Criteria: 40 points possible, each judge controls 10 points
- **Judge 1** - Competitors must demonstrate complete knowledge of their form. Pausing during the demonstration will result in point deductions.
- **Judge 2** - Competitors must exhibit smooth transitions from one direction / technique to the next. Competitors must maintain balance and center of gravity throughout demonstration.
- **Judge 3** - Competitors must maintain stamina and focus throughout performance.
- **Judge 4** Competitors must demonstrate speed and power of all techniques appropriate to their age and rank level.
2019 CANADIAN OPEN
World Martial Arts Championship

Online Participant Registration Deadline: July 24 at 5:00 p.m. EST
Walk-in Participant Registration at GFL Memorial Gardens: July 25 from 10:00 a.m. to 7:00 p.m. EST
GFL Memorial Gardens
269 Street East, Sault Ste. Marie, Ontario
July 25 -28, 2019

<table>
<thead>
<tr>
<th>Male</th>
<th>Female</th>
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<tbody>
<tr>
<td>X</td>
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**Weapons Forms Competition**

The forms competitions are meant to test an individual’s knowledge and mastery of forms, confidence and athleticism. Judging for both empty hand and weapons forms will be based on the criteria outlined below.

- Demonstrations must be 2 minutes in length or less.
- If a competitor runs over time, they will be told to stop their performance at 2 minutes 15 seconds.
- Time will begin when the competitor begins their demonstration.
- Competitors must approach the judges and introduce themselves with confidence, while presenting weapon to be inspected.
- Uniforms must be either entirely white or black, belts may be any color.
- Competitors must display appropriate respect and humility.

**Judges’ Scoring Criteria: 40 points possible, each judge controls 10 points**

- **Judge 1** - Competitors must demonstrate complete knowledge of their form. Pausing during the demonstration will result in point deductions.
- **Judge 2** - Competitors must exhibit smooth transitions from one direction / technique to the next. Competitors must maintain balance and center of gravity throughout demonstration.
- **Judge 3** - Competitors must maintain stamina and focus throughout performance.
• Judge 4 - Competitors must maintain complete control of their weapons throughout performance.

Competitors must demonstrate speed and power of all techniques appropriate to their age and rank level.

Additional Rules for Weapons Forms
• Weapons must not damage ring mats, nor pose a danger to audience members or judges.
• Any violation will result in immediate disqualification

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Welcome to Sault Ste. Marie

On behalf of the City of Sault Ste. Marie and City Council, I would like to welcome all participants, along with their families and friends to the 2019 World Martial Arts Championship Canadian Open.

Sault Ste. Marie has a rich tradition of excellence in sports. The city has produced world renowned athletes in all sports including Olympic Gold athletes and professional athletes in a variety of different leagues. We are home to several sporting clubs that have hosted many national sporting events. This tournament will be a significant addition to the proud history that our city has already established in the sports world.

Thank you to Soo Dan Hap Ki Do for their commitment, time and hard work in organizing this championship. I'm sure the passion members have for martial arts will be on full display and the dedicated volunteer base will ensure a memorable experience for all involved.

To our visitors from out of town, I hope that you will enjoy your stay in our Naturally Gifted community. We have a variety of attractions as well as excellent dining and shopping available for you to experience during your free hours between games.

Best wishes again to all participants. I hope you have a great time and enjoy the competition!

Sincerely,

Christian C. Provenzano, B.A., LL.B., LL.M.
March 26, 2018

Soo Dan Hap Ki Do Cornacchio’s Martial Arts Centre
181 Gore Street
Sault Ste. Marie, Ontario Canada P6A 1M4

RE: Letter of Support for the 2019 World Martial Arts MMK Canadian Open Championship

Dear Master Peter Cornacchio,

On behalf of Tourism Sault Ste. Marie and our private sector partners, please accept this letter of support for our local event organizers of the 2019 Martial Arts MMK Canadian Open Championship- Soo Dan Hap Ki Do Cornacchio’s Martial Arts Centre.

Tourism Sault Ste. Marie recognizes that an event of this magnitude requires multiple partnerships and varying levels of support, and we are most pleased to play a role in the success of this upcoming event relative to our visitor’s experience. We believe that our community will deliver an excellent venue for all competitors and that our guests from out of country will have an opportunity to experience Canada’s magnificent north. Together we will build on the success of successful event hosting of the 2012 Hap Ki Do Canadian Open Championship hosted in Sault Ste. Marie to coordinate an even larger and impressive 2019 event.

There will be plenty to see and do for participants during the MMK Canadian Open Championships and Tourism Sault Ste. Marie is available to assist in making this experience memorable for our guests. We encourage our visitors to explore the fabled Agawa Canyon Tour Train, recently named one of Canada’s Signature Attractions (offering translation in 6 different languages). Sault Ste. Marie is also home to top-notch fishing, hiking and cycling routes as well as the Canadian Heritage Bushplane Centre, Ermitinger* Clergue National Historic Site and the Sault Ste. Marie Canal.

Tourism Sault Ste. Marie proudly supports the efforts the Cornacchio’s Martial Arts Centre and we look forward to welcoming participants to our Naturally Gifted community in 2019: where you they have the opportunity to experience first-hand all the beauty we have to offer!

Best Regards,

Ian McMillan
Executive Director
Tourism Sault Ste. Marie
April 9, 2018

TO WHOM IT MAY CONCERN:

As the Member of Parliament for Sault Ste. Marie, I would like to welcome our community and embrace upcoming 2019 World Martial Arts MooMooKwan Canadian Open Championship to take place from July 25-28, 2019. This partnership with our local Soo Dan Hapkido Cornacchio’s Martial Arts Centre promises to be a very exciting 4 days for Sault Ste. Marie.

Visitors will be well looked after by the host hotel, Quattro Hotel and Conference Centre at 229 Great Northern Road and please visit the link at https://quattrossm.com.

The championship event will take place at the Essar Centre located at 269 Queen Street East with the link at http://essarcentre.ca/.

Sault Ste. Marie was successful in the last International Hapkido Canadian Open held in 2011 which was hosted by Championship Directors, Grand Master Peter Cornacchio and Master Tracey Cornacchio of the Soo Dan Hapkido Cornacchio’s Martial Arts Centre. They look forward to welcoming participants and visitors to this major highpoint for our city.

Our city has the best to offer in accommodations, food and travel. It is easy to get here from the international hubs with partnerships with serving airlines. The event could attract over 800 competitors from around the world, primarily from the U.S.A. and multiple Asian and European countries. Participants are anticipated to travel with family bringing in an estimate visitor count to 2,000 people to our community injecting well over $1.2 million dollars in economic impact into the City of Sault Ste. Marie. Our first time guests to our community have much to explore and lots of recognized attractions, including the Agawa Canyon Tour Train – recently recognized as one of Canada’s Signature attractions.

Our city stands proud and looks forward to hosting this experience!

Sincerely,

Terry Sheehan
Member of Parliament
Sault Ste. Marie

Ottawa | Constituency Office
Room 830, The Valour Building
Ottawa, Ontario K1A 0A6
Tel: 613-992-9723 Fax: 613-992-1954
Terry.Sheehan@parl.gc.ca

369 Queen Street East Suite 102
Sault Ste Marie, Ontario, P6A 1Z4
Tel: 705-941-2900 Fax: 705-941-2903
Terry.Sheehan@parl.gc.ca