

COVID-19 for parents and carers of children in Croydon education

Stop the spread of coronavirus

The most important symptoms of coronavirus (COVID-19)



or



or



new and continuous cough

high temperature

loss of, or change in, your normal sense of taste or smell (anosmia)

Key Actions:
Self isolate,
Test, Inform
school, Share
contacts



If your child has symptoms of COVID-19

1. Keep your child at home for at least 7 days.
2. Everyone else in the household and [social support bubble](#) must self isolate for 14 days
3. Request a COVID-19 test immediately. Contact www.nhs.uk/coronavirus or call 119.
4. Keep your children's school/s informed

If your child has a positive COVID -19 test result

1. Complete the 7-day self-isolation
2. The rest of the household / social support bubble should isolate for 14 days
2. Inform the school /s
3. Share all your child's contacts as requested by the NHS Test and Trace service

If your child's test is negative, and no-one else in the household / social support bubble has symptoms, your child no longer needs to self-isolate.

If you have children in different schools / settings

- Tell each of the schools / child care settings that your children are self isolating with symptoms /have tested positive test, for 7 (the case) or 14 days.

If [NHS Test and Trace](#) tells you that your child is 'a contact' of somebody who tested positive

- Keep your child at home for 14 days from the day they last saw the person who tested positive.

Stop the spread of coronavirus



Wash your hands more often and for 20 seconds



Clean surfaces frequently



REMEMBER!

- Keep 2 metres away from other people when you are out of the house,
- Walk or cycle to school if you can