

HEMORRHOID INTERVIEW

Patient name: _____ Date: _____

1. When diagnosed & by whom: _____
2. What is your pattern of bowel movements? _____
3. Have you noticed a decrease in the size of your BM's: _____
4. Do you pass blood on the stool? _____
5. Do you pass blood into the toilet? _____
6. Do you notice it with wiping? _____
How much & how often? _____
7. Do you have pain with BM's? _____
8. How long does the pain last after your BM? _____
9. Current treatment? _____
10. Diet habits? _____
11. Use of laxatives: _____
12. Symptoms: _____
Constipation: _____

Bloody stools: _____

Pain with defecation: _____

Straining with stool: _____
13. Onset & Duration of symptoms: _____
14. Precipitating & aggravating factors: _____
15. Alleviating factors: _____
16. Frequency of occurrence: _____
17. Related illnesses in the past: _____
Hemorrhoid history: _____

Fissure: _____ Fistula: _____
18. Remarks: _____

Bowel Prep for Hemorrhoid Exam

Day Prior to Exam:

Clear Liquid Diet*

Drink 1 bottle of Magnesium Citrate (which can be purchased without a prescription) at 5:00 p.m.

Stay close to a restroom, as this medication is used to clean solid waste from the colon

Day of Exam:

Remain on Clear Liquid Diet until after the exam has been completed.

*Clear Liquid Diet Includes:

Water, Clear beef, chicken or vegetable broth, juices without pulp, plain Jell-O, clear beverages which include pop, tea and coffee, popsicles or Gatorade (please avoid products which may include red dye)