

TOWNSVILLE GASTROENTEROLOGY PTY LTD

Dr Stephen Fairley MB, BS, FRACP (031623AL)
Dr Crispin Musumba MBChB, MRCP (Gastro) (UK), FRCPE, FRACP, PhD (470122F)

163 Kings Rd, Pimlico, 4812

Telephone: (07) 4725 2855

Facsimile: (07) 4767 7131

A/Hours: 0418 181 338

Website: www.tgenq.com.au

E-mail: reception@tgenq.com.au

ABN: 53 156 584 360

INSTRUCTION FOR DIABETICS - GASTROSCOPY AND COLONOSCOPY

Please bring your medication including insulin with you to your procedure.

GASTROSCOPY

- Normal medication and diet the day before the procedure.
- On the day of the procedure, take 1/3 of your usual morning insulin. Do not take any diabetic tablets.

COLONOSCOPY

1. **DIABETICS ON INSULIN:** Notify our staff and your procedure will be scheduled in the am.

The day before the procedure have a normal breakfast and then clear fluids only. Take your usual tablets in the morning only. Take 1/3 of your usual insulin dose(s) throughout the day.

The day of the procedure take no tablets and take 1/3 of your usual insulin dose.

2. **DIABETICS TREATED WITH TABLETS ONLY:** You do not need a morning procedure appointment.

The day before the procedure take your morning tablets only and take no diabetic medication after this while on clear fluids.

The day of the procedure take no medication before your procedure. Recommence your normal medication following recommencement of a normal diet after your procedure.

3. **DIET CONTROLLED DIABETICS:** Follow the usual preparation instructions.

NOTE:

Type I diabetics - please monitor your blood sugar regularly throughout this time.

Type II diabetics on tablets – some tablets MUST BE STOPPED 2 DAYS before your procedure or the anaesthetist may cancel the procedure. See the list on the other side....

NOTE FOR DIABETICS:

If you take any of the below medication,
PLEASE CEASE THE MEDICATION 2 DAYS PRIOR
to your procedure, or your procedure may be cancelled on the day.

- DAPAGLIFLOZIN (Forxiga)
- EMPAGLIFLOZIN (Jardiance)
- ERTUGLIFLOZIN (Steglatro)

When these are combined with Metformin:

- XIGDUO
- JARDIAMET
- SEGLUROMET

When these are combined with DPP4 inhibitors:

- GLYXAMBI
- QTERN
- STEGLUJAN