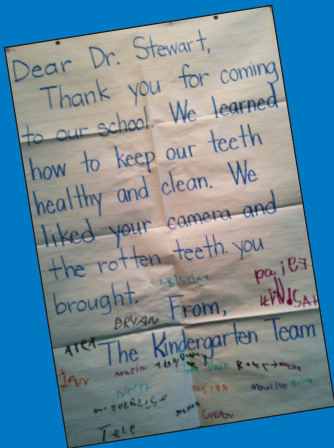


## News to Save Your SMILE



## Useless But Smile Provoking News

- The word "queue" is the only word in the English language that is still pronounced the same way when the last four letters are removed.
- A dime has 118 ridges around the edge.
- 1 in 4 Americans has appeared on TV in some way or another.
- The average person spends 12 weeks a year "looking for things."

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DENTISTRY

smilesaversdentistry.com

**STROKES: Gum Disease More Harmful than Diabetes**

Last month, the British Dental Health Foundation released new research suggesting gum disease carries a *higher* risk of causing a stroke than diabetes, and its impact is *nearly the same* as high blood pressure as a major cause of strokes.

High blood pressure and diabetes are widely recognized as major risks which contribute to non-fatal strokes. In recent years there has been growing evidence of the link between gum disease and strokes. The latest research indicates that people are *twice* as likely to suffer a non-fatal stroke as a result of gum disease, compared to diabetes.

Dr Nigel Carter, Chief Executive of the BDHF, said: "The good news is that poor oral health is nearly always preventable and it is important that people make caring for their teeth a top priority. Regular visits to the dentist and a simple routine of brushing teeth, twice a day for two minutes, will help to remove plaque - the cause of gum disease."

If you, or someone you know, are plagued with gum disease, **Smile Savers** offers a non-surgical option with LANAP. Please visit our website at [marylandlanap.com](http://marylandlanap.com) and more importantly, schedule an appointment for a free consultation on this nearly pain-free alternative to gum surgery.



*"Wrinkles should merely indicate where smiles have been."*

~ Mark Twain

**A WORD FROM DR. STEWART****Need Help with Your Business?**

This month's message is for all small business owners who would like some help with running their business. I am extending an invitation to all of you to join my business club.

We are called the Baltimore Westsiders and we meet every other Thursday evening from 7-9:30PM at Turf Valley Resort. It is comprised of all types of small businesses from car repair to chiropractic. The club has been in existence for over a year now and we currently have around seventeen members who attend regularly.

The club meets for dinner and then we have a seminar on various subjects, such as marketing, public relations, sales, organization, etc. I usually am the speaker, but others in the group have lead from time to time. It is very helpful to have others to bounce ideas off of!

If you would like more information, call the office and ask for me or Summer.

Regards,  
**Dr. Stewart**

**"MY SSD SUCCESS STORY!"**

"I had trouble with my bottom right teeth. Dr. Stewart did laser work on the teeth and now they are strong. I do not have any problems with the teeth, they feel good. I'm very happy with the work that Dr. Stewart did. Thank you very much!" **T.M.**

.....

"My time at Smile Savers has been fantastic. I had put off getting work done for a long time mainly out of comfort, but also because of cost. Dr. Stewart and everyone at Smile Savers talked and worked me through everything I needed and we got all of my work done in two visits. It was a great experience and thank you again!" **S.P.**

.....

"When I came to see Dr. Stewart, I had a big gap between my two front teeth. He suggested Invisalign and I agreed. After a few months of braces, my teeth moved closer together and straightened out entirely. I love the new look. Thank you Dr. Stewart!" **S.B.**



got teeth?

Ask us how to get  
a Smile Savers  
Dentistry

got teeth?  
t-shirt!



## More New Faces at Smile Savers - *Welcome Carmen and Kelly!*

Last month we welcomed Dental Assistant Ashley Likourgos to the office. This month we are happy to introduce you to Carmen Oliva and Kelly Green.

Carmen is our new Accounts Manager and you will see her at the front desk. Carmen started her career ten years ago working for a fast-paced orthodontic office where she received on the job training while also taking night classes at the Maryland Dental Society. After five years Carmen decided it was time for something new and she moved on to work at a general dental practice in the business/front desk position before joining us here at **Smile Savers Dentistry**.



*Ashley, Carmen and Kelly*

Kelly is new to the front office as a receptionist. She is currently in her second year of college at Anne Arundel Community College earning her prerequisites for dental hygiene. Kelly has been a member of the **Smile Savers** team for almost three months and couldn't be more excited about being a part of our practice.

## Mission Statement

At **Smile Savers Dentistry**, we expect all of our patients to be healthier and happier during and after their treatment. We believe that a healthy mouth helps to make a healthy body. We will help you take care of your oral health and keep your teeth looking beautiful and feeling healthy for as long as you are a patient of ours. Our highly educated, competent and caring staff will take part in your oral health by providing you optimal dentistry in an atmosphere like no other dental practice in Howard County. We expect your care to be so good that you will refer family and friends in abundance!