



Useless But Smile Provoking News

- Pirates wore earrings because they believed it improved their eyesight.
- Humans are only second to cats for having the dirtiest mouths.
- If you mouth the word “colorful” to someone, it looks like you are saying “I love you.”
- On average, Americans eat 18 acres of pizza every day.

February Game

Keep your eyes wide open if you have an appointment in February. It's back ... We will be reviving our “Where's Dr. Stewart” game. Details coming soon.



Find Us Online...



HAT, GLOVES, SCARVES AND MORE DRIVE

Smile Savers Patients & Staff Showed Their Kindness Again!

Our patients and staff came through once again. In addition to our food drive this fall, we held a drive for outerwear accessories. Many used and new hats, gloves, scarves and even some coats were collected to be donated to the area's needy families. Thank you once again for your kindness.

STAFF CHRISTMAS COOKIE CONTEST WINNER

And the winning recipe goes to... Smile Saver Dentistry's receptionist Stephanie Hornfeck won this year's staff cookie contest with her Mexican wedding cookies.



CARE TO SHARE THANKS

A special thank you to all of our patients who have referred our practice to your family members, friends and co-workers. Your trust in our practice means the world to us. Make sure you grab our new referral cards at your next appointment.

“A smile is the universal welcome.”

~ Max Eastman

A WORD FROM DR. STEWART

Happy 2012!



At this time of year it is hard not to be reflective. The other morning I was thinking to myself, “Why is it I am still a dentist?” I have asked many of you if you wanted to be a dentist and overwhelmingly the answer has been, “No!” Kind of funny, isn't it?

So why am I still a dentist after 23 years? It is because I have great patients whom I enjoy taking care of; that is why. You all are fun and keep life interesting. Every day I learn something from one of you -- from why the winter months are shorter, to what to expect from teenage daughters. All this information makes even the most mundane days enjoyable. I truly admire you all even if you have overactive salivary glands and an inquisitive tongue.

I guess in an obtuse way, I am saying that I am thankful for all of you and I am wishing you a Happy New Year.

See you at your next appointment.

Regards,
Dr. Stewart

2012 ... ANOTHER YEAR OF RESOLUTIONS

Diet and Exercise are Always at the Top of the List

When considering your resolutions this year, remember that a healthy diet with proper nutrition is necessary for healthy teeth and gums. Eating a well-balanced diet gives your gum tissues and teeth the important nutrients and minerals they need to stay strong and resist infections, which can contribute to gum disease. And gum disease can lead to even worse health issues if left untreated.

Firm, fibrous foods such as fruits and veggies tend to help clean the teeth and tissues. To reduce damage to your tooth enamel, limit the number of between meal snacks and drinks. Avoid soft, sticky foods as they tend to remain between teeth and can cause plaque.



SSD Success Stories - "My Mouth Looks Amazing."

"I needed two old fillings replaced and a third tooth that needed a filling placed near the gum line. I requested that all be done without numbing. Dr. Stewart agreed to do my complete dentistry in one day without numbing and the outcome was terrific. He was amazing in his gentleness with very little pain. Also the color matching to my tooth with the filling along the gum line was great. My mouth looks amazing and the experience even better." **DM, Columbia**

"Dr. Stewart and all of his staff are excellent!! Everyone is very nice, attentive and treats me like family every time I walk in the door to the time I leave." **KJ, Columbia**



New Patient Special Offer - Only \$197

Our New Patient Special Offer includes a dental cleaning and exam, X-rays and consultation. This offer excludes those with gum disease. **Smile Savers Dentistry** offers cleanings, extractions, periodontal treatments, oral cancer screenings, CEREC, tooth-colored composite fillings, crowns, root canals, bridges, dentures, implants, veneers, LANAP, Invisalign, night guards, TMJ treatment, Snore Guards and teeth whitening. Call the office today to schedule an appointment at 410-730-6460.

Mission Statement

At **Smile Savers Dentistry**, we expect all of our patients to be healthier and happier during and after their treatment. We believe that a healthy mouth helps to make a healthy body. We will help you take care of your oral health and keep your teeth looking beautiful and feeling healthy for as long as you are a patient of ours. Our highly educated, competent and caring staff will take part in your oral health by providing you optimal dentistry in an atmosphere like no other dental practice in Howard County. We expect your care to be so good that you will refer family and friends in abundance!

got teeth?

Ask us how to get
a Smile Savers
Dentistry

got teeth?
t-shirt!

