

## Useless But Smile Provoking Facts

- March is the only month with three consecutive consonants in its name in English.
- An old proverb says that “March comes in a like a lion and goes out like a lamb,” which means winter is ending and spring is beginning.
- Each year March and June end on the same day of the week.

## Our Dental Services

Smile Savers Dentistry accepts both new and emergency patients, offering dental services for the entire family. Our dental services include routine dental exams, cleanings, oral cancer screenings, X-rays, laser gum surgery (LANAP), Invisalign, bridges, extractions, tooth-colored composite fillings, dentures, dental implants, root canals, veneers, night guards, snore guards, periodontal treatments, dental crowns, Snap-On Smiles, TMJ treatment and Venus Pro teeth whitening.



*“Sometimes your joy is the source of your smile, but sometimes your smile can be the source of your joy.”*

~ Thích Nhất Hạnh

## A WORD FROM DR. STEWART

### Regular Dental Visits – Why Are They Important?

Why do we want to see you every 6 months? Yes, we truly enjoy catching up with you but more importantly, regular dental visits are important because they help keep your teeth and gums healthy for your lifetime! You should have a regular dental visit at least every 6 months for optimum oral health.

**There are actually two parts to your regular dental visit.**

One part is the check-up, the other is the cleaning. If X-rays are needed, these will be done first. A visual examination doesn't tell us everything we need to know. Our hygienist will then check for cavities and to see if there is plaque or tartar on your teeth. If it's not removed, it can harden and become tartar. You can't remove tartar simply with brushing and flossing. If plaque and tartar are left to build up on your teeth, they can cause oral diseases. The hygienist also checks your gums. With healthy gums, the spaces are shallow. When people have gum disease, the spaces may become deeper.

During the cleaning part of your office visit, your hygienist will use special tools to remove tartar. After your teeth are scaled, they are then polished. In most cases, a gritty paste is used for this. It helps to remove any surface stains on your teeth. Your hygienist will then use floss to make sure the areas between your teeth are clean before I come in for the final check.

We care about your oral and overall health so please be sure to take care of your teeth and gums between your regular dental visits. Plaque is always forming on your teeth, but you can get rid of it by brushing and flossing regularly! If you are overdue for your next dental exam and cleaning, please call the office today at 410-730-6460 and get on our hygiene schedule. You can also request your dental appointment online at [www.smilesaversdentistry.com](http://www.smilesaversdentistry.com).

Regards, **Dr. Stewart**



## Do You Need to Make or Change an Appointment?

Kelly Taylor, our dental assistant, has now taken over the scheduling duties at Smile Savers Dentistry. If you need to make an appointment, or change an existing one, please call the office and speak with Kelly. She will be happy to assist you!



## MARCH MADNESS

Many will shoot, few will score.

Will you be our next winner?

## It's March Madness at Smile Savers Dentistry!

Every patient who comes in to our office during the month of March gets 3 shots to make a basket. If they get it in the hoop, then they will get 5% off their next cleaning!



410-730-6460

[smilesaversdentistry.com](http://smilesaversdentistry.com)



## Smile Savers Dentistry Success Stories

"I absolutely love my new smile! I feel like my smile and bite appears more beautiful and I'm proud of the result! The process took a long time but it was worth it!" - **L.H., Glenelg, MD**

"I came to Smile Savers Dentistry because I was experiencing problems with some teeth being loose. After my evaluation we decided on a solution combining some crowns, some extractions and a partial denture. The results were better than I expected. I now have the smile I have wanted for years."

- **A.C., Elkridge, MD**



### Dentist LOL

What did the dentist say to the golfer?

*You have a hole in one.*



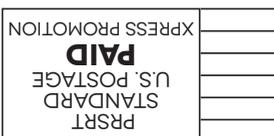
### Mission Statement

At **Smile Savers Dentistry**, we expect all of our patients to be healthier and happier during and after their treatment. We believe that a healthy mouth helps to make a healthy body. We will help you take care of your oral health and keep your teeth looking beautiful and feeling healthy for as long as you are a patient of ours. Our highly educated, competent and caring staff will take part in your oral health by providing you optimal dentistry in an atmosphere like no other dental practice in Howard County. We expect your care to be so good that you will refer family and friends in abundance!



Be entered to win lunch from Smile Savers Dentistry.

**FACEBOOK**  
**LIKE US ON**  
**AND**  
**KEEP CALM**



**Smile Savers DENTISTRY**  
 DR. DANIEL C STEWART  
 9170 ROUTE 108 - SUITE 200  
 COLUMBIA, MARYLAND 21045  
 410-730-6460 ph  
 410-730-1092 fax  
 www.smilesaversdentistry.com