

"Smile! It increases your face value."

~Robert Harling



ISSUE  
**01**

January 2019

## SMILE PROVOKING FUN FACTS

- Nearly three out of four Americans would be more likely to trust someone with a nice smile than someone with a good job, car or outfit.
- January is National Thank You Month, the perfect opportunity to pause and express your gratitude.
- Annapolis was once known as the Athens of America during the 17th century and once served as the capital of the United States.



## A WORD FROM DR. STEWART

### Happy New Year!

It's a new year, so it is once again time to consider New Year's resolutions. Like many people, you may resolve to lead a healthier lifestyle. But have you considered enhancing your dental health as one of your goals? Good dental health habits not only promote healthy teeth and a beautiful smile, but they contribute to your overall health as well.

Eating a healthy diet is important for maintaining good dental health. Nutrients in fruits, veggies and whole grains strengthen teeth and fight bacteria that cause gum disease. Make it a goal this year to limit your intake of sweets. Sugary food and drinks are your teeth's worst enemy because when sugars are broken down in your mouth, they produce acids that wear away your enamel and cause tooth decay.

If you haven't already, quit using tobacco products! Tobacco use can lead to all kinds of oral health problems, like bad breath, stained teeth, gum disease and oral cancer. Commit to quit in 2019.

You hear this over and over from us here at Smile Savers Dentistry: brush and floss your teeth twice daily. Otherwise plaque can develop on and between teeth causing decay and gum disease. Gum disease can lead to other health problems like heart disease. If your dental hygiene habits are lacking, step up your game this year. And unless we have told you we want to see you more often, make sure you come in every six months. It is truly the best way to ensure a clean bill of dental health.

Smile big in 2019 - let's make it a great year!

In Health,  
**Dr. Stewart**



### ★★★★★ Patient Success Stories

"I have loved my experience at Smile Savers Dentistry so far. I came in to see Dr. Stewart about fixing my smile. At the time of my initial visit, I had little knowledge about Invisalign, but Dr. Stewart and CJ really took the time to explain the whole process to me, and made me feel comfortable about the journey I was about to embark on. I am a few weeks away from completing my Invisalign process, and I have already seen a lot of improvement. I'm so happy I chose to come here for my Invisalign. All of the staff here have made me feel really comfortable." - **N.K.**

## OUR DENTAL SERVICES

Smile Savers Dentistry accepts both new and emergency patients, offering dental services for the entire family. Our dental services include routine dental exams, cleanings, oral cancer screenings, X-rays, laser gum surgery (LANAP), Invisalign, bridges, extractions, tooth-colored composite fillings, dentures, dental implants, root canals, Lumineers, veneers, night guards, snore guards, periodontal treatments, dental crowns, Snap-On Smiles, TMJ treatment and Zoom! teeth whitening.

### GET SOCIAL!

Like us on Facebook for your chance to win a free lunch from Smile Savers Dentistry!



## SMILE SAVERS DENTISTRY DENTAL SAVINGS PLAN

Did you know that you can save on dentistry treatments all year long with the **Smile Savers Dentistry Dental Savings Plan**? Designed to provide greater access to quality dental care in our office at an affordable price, the plan also offers a discounted fee for most services. Our savings plan includes 2 exams and cleanings per year (*in absence of gum disease*). You can save on everything from fillings to cosmetic products like Invisalign. We offer three different membership levels based on your individual family needs: Individual, Family of Four and Husband/Wife Memberships. Sign up for autorenewal and save 5% on next year's membership fee. Contact our office for the full details, and to sign up for this great savings plan.

WE DON'T JUDGE.  
WE DON'T LECTURE.  
**WE JUST HELP.**

### APPOINTMENT NEEDED?

Please contact Mya for any scheduling changes or appointment requests at 410-730-6460. She will be happy to assist you!



## SMILE SAVERS DENTISTRY SUCCESS STORY

### "My Dentist is Great!"

At Smile Savers Dentistry, we're proud of the work we do! We understand that coming to the dentist might not always be an easy task for you. We're dedicated to providing compassionate dental care and we love to see you smile.

*"My dentist is great! I feel so good and happy my smile was saved by Smile Savers Dentistry!"*

**- R.M.**



### MISSION STATEMENT

Our mission is to help people put their past bad dental experiences behind them. We accomplish this through care, understanding and knowledge. We strive to make our patients comfortable and relaxed, and free of all excess pain. When a patient comes to us, possibly frightened or embarrassed about dental problems or a lack of regular dental care, our goal is to make them immediately comfortable. Over time, we aim to completely remove their fears of dentistry and to fully restore each of our patients to optimum dental health. We know that in doing so, we are helping each of our patients toward the goal of a healthier and happier life.

SMILE SAVERS DENTISTRY | THE OFFICE OF DR. DANIEL C. STEWART | VOLUME 19 ISSUE 01

410-730-6460 | SMILESAVERSDENTISTRY.COM



*We are always accepting new patients.*

Our oral health plays in to our overall health. The case for good oral hygiene keeps getting stronger and stronger! If you know someone who might be in need of a new dentist, we would love for you to refer them to our office. Just pick up a Care to Share card the next time you are here. The card entitles a new patient to an exam, bite wing and panoramic X-rays, 3D models and consultation for just \$250.

## CARE TO SHARE



DR. DANIEL C STEWART  
9170 ROUTE 108 - SUITE 200  
COLUMBIA, MARYLAND 21045  
410-730-6460 ph  
410-730-1092 fax  
www.smilesaversdentistry.com



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