02February 2018

SMILE PROVOKING FUN FACTS

- February frequently occurs in lists of the most commonly misspelled words in the English language.
- February is National Children's Dental Health Month and National Pet Dental Health month.
- The birthstone for February is amethyst. The ancient Greeks believed that amethyst protected the wearer from drunkenness.

★★★★★ Patient Success Story

"Smile Savers Dentistry is efficient and friendly. They provide recommendations with professionalism that don't make you feel judged or self conscious about your dental habits. Highly recommend!" - T.P.

OUR DENTAL SERVICES

Smile Savers Dentistry accepts both new and emergency patients, offering dental services for the entire family. Our dental services include routine dental exams, cleanings, oral cancer screenings, X-rays, laser gum surgery (LANAP), Invisalign, bridges, extractions, tooth-colored composite fillings, dentures, dental implants, root canals, Lumineers, veneers, night guards, snore guards, periodontal treatments, dental crowns, Snap-On Smiles, TMJ treatment and LumiSmile teeth whitening.

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lunch from Smile
Savers Dentistry!



A WORD FROM DR. STEWART



The Relationship Between Weight and Oral Health

It's that time of year when we all reflect back on last year and check on how our New Years resolutions are going. Many of us have that one resolution every year that we make and often times don't keep... and that is losing weight. As many of you already know, my wife Judy and I have a weight loss clinic in Columbia named **Figure Savers**. It's been in business for over 5 years now! The clinic has been a great success. At this writing it has recorded over 13,991.55 pounds lost.

So why am I writing about this?

Weight and oral health are synonymous. Too many carbohydrates damage both. The average American diet is now loaded with them! Not only have the obesity levels gone from less than 10 percent of the population to 35 percent in less than 3 decades, the tooth decay rate in children has gotten worse in that same time period. On a larger scale, and more concerning, are cancer rates. Cancers linked to type 2 diabetes (caused by too many carbs) such as esophageal, rectal, post-menopausal breast, endometrial and gallbladder are on the rise.

So where should you start? Attend a free workshop on Tuesday nights at **Figure Savers** and learn about how your body uses food for energy .Then with that knowledge, take better control of your diet and your health. It is that easy. You can visit them online at **figuresavers.com**. I'll see you there!

Sincerely in health, Dr. Daniel Stewart

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ONLY \$175 THIS MONTH!

TEETH WHITENING SPECIAL

Whether it's for a special Valentine's Dinner date, an upcoming wedding or graduation, you'll want to show of your brightest smile! Discover the best value in Premium Take-Home Whitening with **LumiSmile White**.

During the month of February, you can take advantage of our 1/2 OFF Special!

LumiSmile White's proprietary formula will whiten your smile in 1-2 weeks, is formulated to minimize sensitivity, and is flavored with real peppermint oil! The kit contains 12 whitening syringes and is easy to use. Call today.

WE DON'T JUDGE. WE DON'T LECTURE. WE JUST HELP.

APPOINTMENT NEEDED?

Please contact Kelly Taylor for any scheduling changes or appointment requests at 410-730-6460. She will be happy to assist you!



NO DENTAL INSURANCE? NO WORRIES!

Take Advantage of the Smile Savers Dentistry Dental Savings Plan

The Smile Savers Dentistry Dental Savings Plan is designed to provide greater access to quality dental care at an affordable price. It's a discounted fee for most services, only good at Smile Savers Dentistry. You can save on everything from regular cleanings and fillings — to cosmetic products and crowns.



- ✓ No Yearly Maximums
- ✓ No Deductibles
- ✓ No Claim Forms
- ✓ No Pre-Authorization Requirements
- ✓ No Health Questions
- ✓ No Pre-Existing Conditions Limitations
- ✓ No Waiting Periods (immediate eligibility)
- ✓ FREE CONSULTATIONS

You will not be singled out for rate increases or appointment cancellations. There's no membership card to carry around — we'll keep your plan's effective date on file. And if you sign up for autorenewal, you'll receive 5% off next year's membership fee! Contact our office today to learn more and to sign up for this great offer.

MISSION STATEMENT

Our mission is to help people put their past bad dental experiences behind them. We accomplish this through care, understanding and knowledge. We strive to make our patients comfortable and relaxed, and free of all excess pain. When a patient comes to us, possibly frightened or embarrassed about dental problems or a lack of regular dental care, our goal is to make them immediately comfortable. Over time, we aim to completely remove their fears of dentistry and to fully restore each of our patients to optimum dental health. We know that in doing so, we are helping each of our patients toward the goal of a healthier and happier life.

SMILE SAVERS DENTISTRY | THE OFFICE OF DR. DANIEL C. STEWART | VOLUME 18 ISSUE 02

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CARE TO SHARE



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