

"Because of your smile, you make life more beautiful."
~ Thich Nhat Hanh

ISSUE
05

May 2019

SMILE PROVOKING FUN FACTS

- The United Kingdom celebrates May as National Smile Month.
- Annapolis was known as the Athens of America during the 17th century and once served as the capital of the U.S.
- At least half of Earth's oxygen comes from the ocean, not trees.
- Playing a *moderate* amount of video games is actually good for you. It boosts your memory and multitasking skills, can help those with dyslexia, increases coordination, and reduces stress.

SMILE SAVERS DENTISTRY DENTAL SAVINGS PLAN

No dental insurance? No problem. We have the answer for affordable dental care with our dental savings plan. We offer three membership levels based on your individual family needs. Contact our office for the full details, and to sign up for this great savings plan.

OUR DENTAL SERVICES

Smile Savers Dentistry accepts both new and emergency patients, offering dental services for the entire family. Our dental services include routine dental exams, cleanings, oral cancer screenings, X-rays, laser gum surgery (LANAP), Invisalign, bridges, extractions, tooth-colored composite fillings, dentures, dental implants, root canals, Lumineers, veneers, night guards, snore guards, periodontal treatments, dental crowns, Snap-On Smiles, TMJ treatment and Zoom! teeth whitening.

GET SOCIAL!

Like us on Facebook for your chance to win a free lunch from Smile Savers Dentistry!



A WORD FROM DR. STEWART

Do You Suffer from Xerostomia?

There has been an alarming increase in the incidence of decay seen in my practice. Not only have I seen it in the younger population but more often I am seeing it in the over 60 population. Admittedly diet plays a large part in this increase. However, more often than that are the side effects of many medications causing the increase. Many of the newer blood pressure meds, antidepressants and cardiac drugs have the common side effect of causing dry mouth (Xerostomia). When ones saliva becomes more sticky and less plentiful its rinsing and protecting powers are lost, and the harmful bacteria become more abundant, thus causing more decay and gum disease.

If you have symptoms of Xerostomia and want answers on how to manage it, there are new topical lozenges and even a 4 hour spray that can help you. Give the office a call and I can show you some new products that may help.

In Health,
Dr. Stewart

STAY HYDRATED - DRINKING WATER IMPROVES YOUR SMILE

Water is by far the healthiest drink available, and unless you are buying it, it's FREE. Staying hydrated helps your system distribute healthy nutrients, gets rid of waste, gives your skin a healthy glow and keeps your muscles moving. And--drinking water really helps your teeth stay healthy. Water cleans your mouth with every sip. It washes away leftover food that cavity-causing bacteria are looking for. Drinking water may also help cut your risk of dry mouth.



BELIEVE IN TOMORROW'S 2019 PORT TO FORT 6K

Thank you for again supporting Team Flossoraptors in this month's Believe in Tomorrow's Port to Fort 6K. Dr. Stewart matched this year's donations which go to the National Childrens Foundation.



MAY SPECIAL

\$30 OFF a Filling.

Expires May 31, 2019.
Must present coupon
at time of purchase.
Cannot be combined
with other offers.



WE DON'T JUDGE.
WE DON'T LECTURE.
WE JUST HELP.

APPOINTMENT NEEDED?

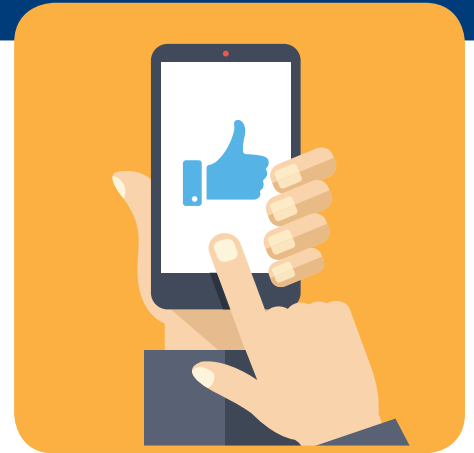
Please contact Mya for any scheduling changes or appointment requests at 410-730-6460. She will be happy to assist you!



SMILE SAVERS SUCCESS STORIES

Actual Patient Reviews

"I was looking for a new dental provider. Not happy with my old one because I always felt they were pushing services and products on me. Came here with the recommendation of my husband. Very happy with them. Able to get in easily, and they were able to see me for an urgent issue even with not having established regular care with them. Very pleased that they are focused on my dental health and not pushing products and services." — L.B.



MISSION STATEMENT

Our mission is to help people put their past bad dental experiences behind them. We accomplish this through care, understanding and knowledge. We strive to make our patients comfortable and relaxed, and free of all excess pain. When a patient comes to us, possibly frightened or embarrassed about dental problems or a lack of regular dental care, our goal is to make them immediately comfortable. Over time, we aim to completely remove their fears of dentistry and to fully restore each of our patients to optimum dental health. We know that in doing so, we are helping each of our patients toward the goal of a healthier and happier life.

SMILE SAVERS DENTISTRY | THE OFFICE OF DR. DANIEL C. STEWART | VOLUME 19 ISSUE 05

410-730-6460 | SMILESAVERSDENTISTRY.COM



We are always accepting new patients.

Our oral health plays in to our overall health. The case for good oral hygiene keeps getting stronger and stronger! If you know someone who might be in need of a new dentist, we would love for you to refer them to our office. Just pick up a Care to Share card the next time you are here. The card entitles a new patient to an exam, bite wing and panoramic X-rays, 3D models and consultation for just \$250.

CARE TO SHARE



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