

"A smile is the best makeup any girl can wear."

~Marilyn Monroe



10

October 2018

## SMILE PROVOKING FUN FACTS

- October received its name from the Latin numeral octo meaning "eight" because in the original Roman calendar it was the eighth month.
- Among other "celebrated" awarenesses, October is Squirrel Awareness & Appreciation Month.
- Rabbits, squirrels and rodents have teeth that never stop growing. This is why they chew on foods like nuts, leaves and bark.

### ★★★★★ Patient Success Stories

"Great day in the dentist chair today!!! Can't believe I actually look forward to coming here!! Crazy right!? Best staff ever!" - J.M.

"Very friendly and professional. They made me feel comfortable right off the bat." - T.R.

## OUR DENTAL SERVICES

Smile Savers Dentistry accepts both new and emergency patients, offering dental services for the entire family. Our dental services include routine dental exams, cleanings, oral cancer screenings, X-rays, laser gum surgery (LANAP), Invisalign, bridges, extractions, tooth-colored composite fillings, dentures, dental implants, root canals, Lumineers, veneers, night guards, snore guards, periodontal treatments, dental crowns, Snap-On Smiles, TMJ treatment and Zoom! teeth whitening.

### GET SOCIAL!

Like us on Facebook for your chance to win a free lunch from Smile Savers Dentistry!



## A WORD FROM DR. STEWART

### Think Moderation this Holiday Season

It's that time of year. The ghosts and goblins come out and the trick or treat bags are filled to their brims. Sugar is everywhere and the kids are showing all its effects!

Did you know that in 1908 the average American only ate 5 pounds of sugar in a year, but in 2009 it was up to 250 pounds? The United States has become an obese nation where over 60 percent of its population is 25 pounds overweight, and that number is growing every year.

Sugar is in everything... *even bacon!* So remember to think moderation during the holidays, a little goes a long way!

In Health,  
Dr. Stewart



## OCTOBER IS NATIONAL DENTAL HYGIENE MONTH

National Dental Hygiene Month is an effort to celebrate the work dental hygienists do and to help raise awareness on the importance of good oral health. If you are overdue for your exam and cleaning, now is a good time to get on our hygiene schedule!

## AN EARLY REMINDER ABOUT YOUR DENTAL BENEFITS

It's a hectic time of the year with the fast approaching holidays, but there's one thing that shouldn't go overlooked during this busy season - your family's dental benefits!

If you have a flexible savings account (FSA), make sure that you don't end up throwing that money down the drain. With many insurance plans, if you don't use the money by the end of your benefits year (*which for most people is December 31st*) you'll lose it.

We want to make sure that you take full advantage of any remaining benefits for the year. Depending on your individual needs, careful calendar planning will allow you to maximize your time and any unused benefits. We can assist you in preparing for your dental care by discussing your treatment needs and reserving convenient appointments well before your benefits expire.

Your health is important to us and we want to make sure you get the care you deserve. Call us today to schedule an appointment for your dental exam, cleaning or any other preventive dental care. As always, if you have any questions about your treatment or need a consultation, please call the office today at 410-730-6460.



WE DON'T JUDGE.  
WE DON'T LECTURE.  
**WE JUST HELP.**

### APPOINTMENT NEEDED?

Please contact Amber Kelly for any scheduling changes or appointment requests at 410-730-6460. She will be happy to assist you!



## SMILE SAVERS DENTISTRY DENTAL SAVINGS PLAN

### Save On Dental Work All Year Long!

The Smile Savers Dentistry Dental Savings Plan is designed to provide greater access to quality dental care in our office at an affordable price, but it also offers a discounted fee for most services. The plan includes 2 exams and cleanings per year (*in absence of gum disease*) and you can save 10% on crowns, LANAP, dental implants, veneers, bridges, dentures, Snap-on Smile and periodontal treatments.

**Save \$500 on Invisalign!** This program is a discount plan, not a dental insurance plan, and it cannot be used in conjunction with any dental insurance plans. We offer three different membership levels based on your individual family needs, so call us today to learn all about the many benefits and savings.

### 5 STAR REVIEW

We appreciate and value your input. Show the front desk your Google or Facebook 5 Star Review and receive a thank you gift!



### MISSION STATEMENT

Our mission is to help people put their past bad dental experiences behind them. We accomplish this through care, understanding and knowledge. We strive to make our patients comfortable and relaxed, and free of all excess pain. When a patient comes to us, possibly frightened or embarrassed about dental problems or a lack of regular dental care, our goal is to make them immediately comfortable. Over time, we aim to completely remove their fears of dentistry and to fully restore each of our patients to optimum dental health. We know that in doing so, we are helping each of our patients toward the goal of a healthier and happier life.



*We are always accepting new patients.*

Our oral health plays in to our overall health. The case for good oral hygiene keeps getting stronger and stronger! If you know someone who might be in need of a new dentist, we would love for you to refer them to our office. Just pick up a Care to Share card the next time you are here. The card entitles a new patient to an exam, bite wing and panoramic X-rays, 3D models and consultation for just \$250.

## CARE TO SHARE



DR. DANIEL C. STEWART  
9170 ROUTE 108 - SUITE 200  
COLUMBIA, MARYLAND 21045  
410-730-6460 ph  
410-730-1092 fax  
www.smilesaversdentistry.com



PRSRPT  
STANDARD  
U.S. POSTAGE  
**PAID**  
XPRESS PROMOTION

