

"Smile – Happiness looks gorgeous on you."

~Unknown



12

December 2018

SMILE PROVOKING FUN FACTS

- No two people have the same set of teeth—your teeth are as unique as your fingerprint.
- "Jingle Bells" was composed in 1857, and was meant to be a Thanksgiving song!
- The term Yuletide is from a Norse tradition of cutting and burning a tree to bring in the Winter Solstice, lasting through 12 days – later known as the 12 Days of Christmas.

★★★★★ Patient Success Stories

"My grandmother came here because of some teeth pain. She said it was the best experience she has ever had in a dentist office and will most definitely be back." - **L.D.**

"I had an amazing experience here. Everyone is so kind and knowledgeable. I will be coming back consistently!" - **C.T.**

OUR DENTAL SERVICES

Smile Savers Dentistry accepts both new and emergency patients, offering dental services for the entire family. Our dental services include routine dental exams, cleanings, oral cancer screenings, X-rays, laser gum surgery (LANAP), Invisalign, bridges, extractions, tooth-colored composite fillings, dentures, dental implants, root canals, Lumineers, veneers, night guards, snore guards, periodontal treatments, dental crowns, Snap-On Smiles, TMJ treatment and Zoom! teeth whitening.

GET SOCIAL!

Like us on Facebook for your chance to win a free lunch from Smile Savers Dentistry!



A WORD FROM DR. STEWART

Goodbye 2018! Hello 2019!

I can't believe another year has gone by. It feels like I just put the ornaments away!

We had a very productive year at Smile Savers. We saw over 400 new patients and treated over 3800 patients this year. We helped so many people and had a lot of fun doing it. That is our mission.

Besides the dentistry and care we provided in the office, we were also able to help others in our community. Earlier this year Smile Savers Dentistry raised over \$5000 for the Believe In Tomorrow Foundation during the Port to Fort Race, and I personally donated another \$15,000 to their 25th anniversary celebration. We also raised donations for those affected by this year's Ellicott City flood.

Here's wishing you and yours a Joyous Holiday Season and a healthy and productive 2019!

In Health,
Dr. Stewart



HOLIDAY OPEN HOUSE • 9AM-1PM

On Monday, December 17th, **Figure Savers Weight Management Center** will be at **Smile Savers Dentistry** with **Ideal Protein** snacks and information about the Ideal Protein weight loss and weight management plans.

Most people gain between 7 and 10 pounds during the holidays. Plan now so it doesn't happen to you... or make a plan for what to do about it in the New Year!

BE NICE TO YOUR TEETH THIS HOLIDAY!

It's not easy to stay healthy during the holidays. Sweets and goodies seem to pop up everywhere you go. And with all the running around and holiday prep, there's not much attention devoted to one's health. Here are a few quick tips for you to keep in mind so that you can try to keep your oral health on track this holiday season. Whether you are staying home or traveling, don't forget your brushing and flossing routine - 2x a day! Make sure you drink plenty of water to counter the sweets and sugary beverages you enjoy. Balance things out by snacking from a veggie platter instead of overindulging on cookies and pies. If you are due for a teeth cleaning or need some work done before the end of the year, don't forget to visit us this month.



WE DON'T JUDGE.
WE DON'T LECTURE.
WE JUST HELP.

SMILE SAVERS DENTISTRY SUCCESS STORY

"I'm Glad to Show My Smile!"

"In the past I had difficult experiences with dentists. In my pre-teen days I had no cavities. When my dentist found my first cavity, he accused me of causing it by eating 'too much bread.' As a teen, my parents decided I needed braces to correct teeth that came in crooked. In those days, metal collars were cemented to the teeth for braces. When my braces were removed, the orthodontist had to chip away the cement from around and on top of my teeth. It didn't take many years before I began to get cavities, usually where the cement had been applied. When I was an adult with a family, including 3 children, I had little money for dental work. If a tooth broke I let it go if I could still eat. After I found a job that paid well and offered dental insurance I was able to make frequent dental visits and had a lot of work done to my teeth. But decay continued, and I stopped regular dental visits unless there was something that had to be addressed; such as pain. When I received the postcard from Smile Savers, I was so grateful. The card said 'No shame, just help.' The staff at Smile Savers are so friendly, helpful, and talented. I have a very strong gag reflex, so dental work is difficult. They were never frustrated with me when my gagging stopped their work. After discussing the need to replace my teeth with dentures to restore my smile and ability to chew with ease, the work began. The staff gave me suggestions to reduce the gagging. I now enjoy comfortable dentures and I am glad to show my smile. I would recommend Smile Savers to any person looking for a talented and friendly dentist, with a great staff!" - J.F.



MISSION STATEMENT

Our mission is to help people put their past bad dental experiences behind them. We accomplish this through care, understanding and knowledge. We strive to make our patients comfortable and relaxed, and free of all excess pain. When a patient comes to us, possibly frightened or embarrassed about dental problems or a lack of regular dental care, our goal is to make them immediately comfortable. Over time, we aim to completely remove their fears of dentistry and to fully restore each of our patients to optimum dental health. We know that in doing so, we are helping each of our patients toward the goal of a healthier and happier life.

APPOINTMENT NEEDED?

Please contact Amber Kelly for any scheduling changes or appointment requests at 410-730-6460. She will be happy to assist you!



SMILE SAVERS DENTISTRY | THE OFFICE OF DR. DANIEL C. STEWART | VOLUME 18 ISSUE 12

410-730-6460 | SMILESAVERSDENTISTRY.COM



We are always accepting new patients.

Our oral health plays in to our overall health. The case for good oral hygiene keeps getting stronger and stronger! If you know someone who might be in need of a new dentist, we would love for you to refer them to our office. Just pick up a Care to Share card the next time you are here. The card entitles a new patient to an exam, bite wing and panoramic X-rays, 3D models and consultation for just \$250.

CARE TO SHARE



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