

"A simple smile. That's the start of opening your heart and being compassionate to others." ~ Dalai Lama

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December 2019

SMILE PROVOKING FUN FACTS

- The average growing time for a Christmas tree is seven years.
- In 1996, the US made up over 66% of the world's online population. Today, it only accounts for about 12%.
- Ancient dental implants go back as far as 600 AD. Pieces of shell were hammered into the jaws of Mayan women and made to look like human teeth.

SMILE SAVERS DENTISTRY DENTAL SAVINGS PLAN

No dental insurance? No problem. We have the answer for affordable dental care with our dental savings plan. We offer three membership levels based on your individual family needs. Contact our office for the full details, and to sign up for this great savings plan.

OUR DENTAL SERVICES

Smile Savers Dentistry accepts new and emergency patients, offering dental services for the entire family. Our dental services include routine dental exams, cleanings, oral cancer screenings, X-rays, laser gum surgery (LANAP), Invisalign, bridges, extractions, tooth-colored composite fillings, dentures, dental implants, root canals, Lumineers, veneers, night guards, snore guards, periodontal treatments, dental crowns, Snap-On Smiles, TMJ treatment and Zoom! teeth whitening.

GET SOCIAL!

Like us on Facebook for your chance to win a free lunch from Smile Savers Dentistry!



A WORD FROM DR. STEWART

30 Years and Counting...

Wow, 30 years since I opened this office! A lot of water has flowed under that proverbial bridge. I remember when I first started, Route 29 was 2 lanes and there were stoplights at the intersection of the roads which now have bridges replacing them. I had lots of hair and only two staff... but I had a vision to be the best, caring dentist in my area.

Through the years I have stuck to that postulate and through years of continuing education, practice and experience I can say that I feel as though I am achieving that goal. I'm very blessed to have such a special staff. They make it fun to come to work. They keep me young and have my back, especially when I have those *extremely rare* senior moments. They are true teammates!

What else can I say? These 30 years have flown by and I really have enjoyed the ride. I'm grateful for all of my patients who have allowed me to help them. I am now gearing up for the next decade. In fact, while I'm writing this article they are installing a state-of-the-art CT scanner that will take our current practice of dentistry to another level.

Have a great holiday season and enjoy your family and friends and give a nod to those who are no longer around. See you next year!

In Health,
Dr. Stewart



PATRICK "SCUNNY" MCCUSKER UNSUNG HERO AWARD



Dr. Stewart received the Patrick "Scunny" McCusker Unsung Hero Award from the Believe in Tomorrow Children's Foundation at the 37th Annual Benefit and Auction last month.

The award recognizes extraordinary efforts that reflect the legendary volunteer and philanthropic spirit of Patrick "Scunny" McCusker. The recipients of this award are living symbols of everything that is good in our community, and reflect the unique and wonderful spirit of "Scunny."

WE DON'T JUDGE.
WE DON'T LECTURE.
WE JUST HELP.

APPOINTMENT NEEDED?

Please contact Amber for any scheduling changes or appointment requests at 410-730-6460. She will be happy to assist you!



WELL, HELLO 2020!

Resolutions for a Healthy Mouth

If you want to resolve to take better care of your teeth and gums in the new year, these five resolutions can help!

- 1) **Schedule your dental appointment ...** Even if your teeth look and feel fine, put a reminder in your phone to call us at the beginning of the year.
- 2) **Dial it back on sugar ...** Cutting back on sugar can cut your risk for tooth decay.
- 3) **Kick the habit ...** Still smoking? Smoking doubles your risk for gum disease, pick a date early in 2020 to kick the habit.
- 4) **Commit to flossing ...** Okay, so you brush 2x a day but to take the best care of your teeth, you also need to floss.
- 5) **Eat more mouth-healthy foods ...** Dairy products, which are high in calcium, are great for your teeth, as are foods high in fiber that call up saliva and scrub away plaque and other bits of food.

MISSION STATEMENT

Our mission is to help people put their past bad dental experiences behind them. We accomplish this through care, understanding and knowledge. We strive to make our patients comfortable and relaxed, and free of all excess pain. When a patient comes to us, possibly frightened or embarrassed about dental problems or a lack of regular dental care, our goal is to make them immediately comfortable. Over time, we aim to completely remove their fears of dentistry and to fully restore each of our patients to optimum dental health. We know that in doing so, we are helping each of our patients toward the goal of a healthier and happier life.

**DECEMBER
SPECIAL
SAVE
\$250
OFF LANAP**

Expires December 31, 2019. Must present coupon at time of purchase. Cannot be combined with other offers.

SMILE SAVERS DENTISTRY | THE OFFICE OF DR. DANIEL C. STEWART | VOLUME 19 ISSUE 12

410-730-6460 | SMILESAVERSDENTISTRY.COM



We are always accepting new patients.



One FREE Child New Patient Exam with a paid Adult New Patient Exam or Current Patient Exam. Offer is for new patients to Smile Savers Dentistry without insurance. Cannot be combined with other offers. Must mention offer when scheduling appointment.)



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