

Communication and stress related behaviours in dementia

This one-day course **aims** to explore the behaviours and communication difficulties that staff might find 'challenging' when supporting individuals living with dementia and to develop strategies for responding to them.

Learning outcomes

- Identify behaviours which are challenging to handle.
- Explore the basics of behaviour and communication.
- Develop strategies and skills for intervening with behaviours that challenge.
- Explore stressors related to caring and recognise responses to better care for oneself.

This course can be redesigned and tailored to meet your specific requirements.

To request further information or to discuss your requirements please [contact sylvia@beechestraining.co.uk](mailto:sylvia@beechestraining.co.uk)