

Meaningful and therapeutic activities

This one-day course **aims** to enable participants to recognise the importance of supporting and enabling people with dementia to continue to live a purposeful and fulfilling life. It will also encourage everyone in the support of people with dementia to use daily living and therapeutic activities to improve the life of a person with dementia.

Learning outcomes

- Demonstrate an understanding of the principles of therapeutic group activities.
- Be able to plan and prepare for therapeutic group activities.
- Be able to support individuals during therapeutic group activities.
- Be able to plan and provide therapeutic one-to-one activities.

This course can be redesigned and tailored to meet your specific requirements.

To request further information or to discuss your requirements please [contact sylvia@beechestraining.co.uk](mailto:sylvia@beechestraining.co.uk)