

Reducing the risk of falls

This one-day course **aims** to give an overview of why falls may occur and provide strategies to reduce the risk of falls in care settings for older people.

Learning outcomes

- Explain why falls occur.
- Identify the hazards.
- Describe the actions to take if a fall occurs.
- Explain how to reduce the risk of falls.

This course can be redesigned and tailored to meet your specific requirements.

To request further information or to discuss your requirements please [contact sylvia@beechestraining.co.uk](mailto:sylvia@beechestraining.co.uk)