## Supervision and reflective practice (for senior staff)

This one-day course **aims** to provide senior staff and managers working in care settings with an overview of supervision and appraisal skills. It will demonstrate how to set boundaries and encourage good practice and explore ways to use supervision meetings as an opportunity to develop an individual and motivate them to do well in the workplace.

## **Learning outcomes**

- Explain the key benefits of effective supervision and appraisals.
- Apply a range of supervision skills.
- Provide effective feedback to supervisee.
- Demonstrate effective verbal and non-verbal communication skills.
- Provide supervision which is supportive and encourages the personal and professional development of the individual.

This course can be redesigned and tailored to meet your individual requirements.

To request further information or to discuss your requirements please <u>contact</u> sylvia@beechestraining.co.uk