



When All Else Fails, Get More Oxygen to the Area!

Every cell in your body needs oxygen to repair itself and function adequately whether it is bone, skin, eye, liver, nerves, brain or other areas. In fact, just about the only cells that won't do better with oxygenation are cancer cells. (Cancer thrives in hypoxic environments.) No element may be more important to the lives of human beings than oxygen.

Hyperbaric Oxygen Therapy

Hyperbaric Oxygen therapy, often called HBO or HBOT is often called a miracle by people that have undergone the treatment. It can be useful in numerous conditions. It can be helpful on its own or in combination with other therapies to make them more effective. It can be given along with chemotherapy or radiation to help make it more effective and lessen the side effects.

Some of the things that can be treated with HBO are wounds, ulcers, diabetes, carbon monoxide poisoning, heart disease, strokes, traumatic head injuries, bone fractures, eye diseases, spinal cord injuries, arthritis, multiple sclerosis, burns, osteomyelitis, sensorineural hearing loss, autism, cerebral palsy, sports injuries, inflammation, Parkinson's and Alzheimer's.

The treatment consists of inhaling pure oxygen at higher than normal pressure while lying in a tank type chamber. Pressure is gradually increased to equal the pressure 30-70 feet below the surface of water. Usually oxygen is transported in the blood only by the hemoglobin in the red blood cells, which is 98 percent saturated with oxygen.

However, red blood cells make up only 45 percent of the blood volume. Plasma which makes up the rest, carries very little

oxygen under normal atmospheric pressure. When pressure is up to three times normal for example, there would be enough oxygen in the plasma alone to sustain life even in the absence of hemoglobin. In most patients we treat the oxygen is increased 5 -10 times normal, by increasing the pressure to 1.5-2 times normal.

When we first began giving the treatments there were only a few places in the country that were using HBOT, and even then, they were just treating a few things. We and another physician in Florida began treating many other things (remember every cell except cancer cells benefit from oxygen) and soon articles in papers and magazines began appearing. Dr. Parker and Dr. Taylor were eventually asked to appear on national T.V shows such as “That’s Incredible” and “The Today Show”. HBOT began to spread and gain more acceptance as more and more studies were done. Now, there are oxygen chambers in almost all major cities. Let me give you some examples of some things that are treated and the results obtained.

Wound's, Diabetic Ulcers and Gangrene

Ruth C. was sent to us by a surgeon in Oklahoma. Ruth was a diabetic who had developed a sore on her foot that had rapidly become worse. Despite high doses of antibiotics and customary treatment her foot began to turn a sickly shade of bluish black. She was eventually told she had osteomyelitis (the infection had spread to the bone) and was developing gangrene. Her prognosis was amputation-eventually up to the mid-thigh to save her life. But, her luck began to change because her family doctor Dr. L.L. Lowery had heard about the incredible results Dr. Parker and Dr. Taylor were getting. He told her that she could travel to Texas and would probably still lose her foot, but it might save her leg. We told her it would take close to 40 treatments. After two treatments the pain began to subside and after 34 treatments all the infection was contained in her middle toe. Dr. Lowery and Dr. Carl Halford removed the toe in a minor operation. Soon she was back managing a Children’s Development Day Care Center and enjoying life again. Dr. James Clark of the Institute for Environmental Medicine at the University of Pennsylvania commented “There is no

doubt of its success with osteomyelitis and gangrene”.

Word Began to Spread

As articles and word of mouth began to spread Dr. Parker and Dr. Taylor's reputation began to spread and soon Dr. Parker was asked to speak to the International Academy of Preventive Medicine. Then the calls and letters from all over the world began. One was from Guyana.

Tropical Ulcers

Wendy F was a beautiful young 26-year-old girl from Guyana who had developed tropical ulcers which had been present for over 4 years and unsuccessfully treated. But with HBOT we were able to heal the ulcers and she was able to return to South America.

Strokes

Stroke is the fourth leading cause of death in the U.S. But most people worry about the after effects of a stroke and being disabled. Not only can HBOT lower your chances of getting a stroke, but it can be dramatic in helping you recover. We have treated patients even 10 years after a stroke and been able to help them, but the sooner after the better the results. We began treating one lady 6 months after her 2nd stroke. After a series of treatments, she no longer used her walker or a cane, had no paralysis and only a slight residual weakness in her left arm. Israeli researchers conducted a trial of patients who had strokes 6 months to 3 years earlier. 40 treatments resulted in remarkable improvements in function and quality of life.

Heart Disease

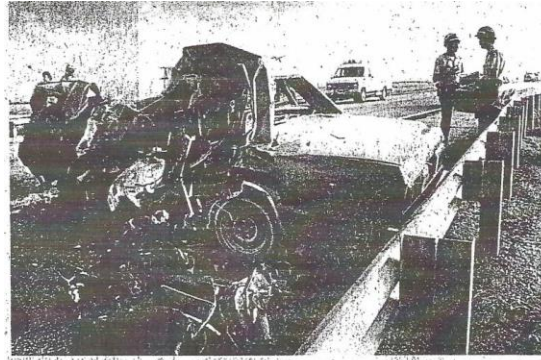
Cardiovascular disease is the leading cause of death in the U.S. We had a man from Wheeler, Texas come to us after suffering a heart attack the day before. His cardiologist insisted he go in the hospital, but he refused. His wife brought him to our office. He was pale gray and looked like he could die anytime. We insisted he call his cardiologist and go in the hospital, but he refused. We told him if

his wife and family went along with it and he continued to see the cardiologist. We would treat him, but that he could die and should be in a hospital. We began treatments even though we thought he wouldn't make it and we spent some restless nights, but he survived and fully recovered. But, we would never do it again, it was too nerve racking. The reason it helped him was it got oxygen to him despite his circulation, and stimulated angiogenesis or the growth of new small blood vessels.

Traumatic Head Injuries

I'm a little prejudiced about HBOT and head injuries. If you will look at the picture below you will see a car with almost nothing left but it's trunk. A driver fell asleep and hit the car head on. My 5-year-old daughter and 1-year old son suffered skull fractures and their grandmother was killed. This happened in Kansas. The doctor called me and said, "Your daughter has a skull fracture and lacerations, but I think your son is just banged up". My other son and I immediately drove to the hospital in Wichita. I took one look at my son and told the doctor to take more x-rays. His head didn't look the same. After more x-rays it was found he also had a skull fracture.

We took my son and daughter home carefully on a mattress in the back of a camper and immediately began HBOT. They gradually recovered completely though my daughter did have to have some plastic surgery for the scars on her forehead. My daughter eventually was one of the most sought-after point guards in the country and signed with Texas Tech the year they won the national championship. She went on to get a degree in Psychology, an RN in nursing, masters in nursing, and eventually became our nurse practitioner. My son went on to seminary and is a Chaplain at a hospital in Dallas. I owe it all to God and HBOT.



This was the scene of Reno County's 16th traffic fatality near Sylvia

One killed, five hurt in collision

Sports Injury

We have used HBOT to heal many sports injuries faster. It has been used for years for what are called non-union fractures to get them to heal, but it will heal all fractures faster. Many people are familiar with some of the professional athletes who have used it, including a local one, Zach Thomas who starred for the Miami Dolphins. Zach says, "It helps you recover a lot faster". And a lot of you are familiar with Terrell Owens. He suffered a broken leg that required surgery just before the 2005 Super Bowl and was not expected to play. He underwent HBOT and ended up playing and caught nine passes for 122 yards.

Hall of Fame quarterback Joe Namath is a fan of HBOT and swears it has helped him dramatically and should be used in football players with traumatic brain injuries.

HBOT speeds recovery from ligament, muscle and bone injury which is why it is popular among athletes ranging from Michael Phelps to Tiger Woods. Many say it reduces post-exercise fatigue and soreness.

If you sprained an ankle, broke a bone, or suffered a head concussion, wouldn't you want it to heal as fast as possible? HBOT accelerates healing by flooding the injured area with oxygen, improving circulation, and enhancing the body's ability to mobilize and dispose of the blood and injured tissue from the site.

Autism Spectrum Disorders

The number of children with this problem has increased from 1 in 150 in 2000 to 1 in 88 by 2008. The parent and child are usually treated together to make it easier on the child. A multi-center study of 40 one-hour sessions showed 80 percent of the children improved in areas such as speech, eye contact, social interaction, and hyperactivity. It is also found to improve sleep and attention span. Kyle Van Dyke M.D states his autistic son spoke his first words, became more social and had improved muscle tone after HBOT.

Cancer

We don't treat cancer at The Doctors Clinic Alternative Center, but we do treat several patients that have cancer and many of them get HBOT in conjunction with their conventional treatments. We have had patients in West Texas and New Mexico that underwent cancer surgery at Baylor Medical Center. They referred them to us for HBOT before and after the surgery, so they would recover better. HBOT also helps decrease radiation and chemotherapy side effects.

Also, cancer thrives in hypoxic environments and between increasing the amount of oxygen and helping all the normal cells in the body function better the people seem to have better immune systems to fight the cancer.

The International Hyperbaric Association states "HBOT is currently being utilized in conjunction with conventional treatments, including radiation and chemotherapy to attain optimal dosages for patients, stimulate tumor regression, and reduce side effects of treatments". In a study, 29 patients with malignant glioma treated with radiotherapy, 15 of them were treated also with HBOT. The average survival rate in the HBOT group was double that in the non-HBOT group, and there were no significant side effects.

Osteomyelitis

Bobby A. was referred to us for HBOT before surgery. He was given 20 treatments for Osteomyelitis before having the surgery. He then

had removal of his jaw bone and grafting of bone from his fibula at Baylor Medical Center. He was then referred back to us for 10 more 2-hour treatments to enhance the healing of the graft.

Why is HBOT able to help so many conditions you may ask. Well, it saturates tissues with oxygen, dissolving in all the body's fluids. This curbs infection, reduces inflammation increases the production and release of your body's own stem cells and growth factors. It also stimulates production of collagen and new blood cells(angiogenesis). So, the next time you have a medical problem develop think about HBOT. You could be like Dr. W.A Miller of Woodward, Oklahoma who told us we saved his life, or one of the many others that say it makes life more livable.

Arthritis

HBOT is not dramatic for mild arthritis. It seems the worse the arthritis is the better the results we have gotten. Donna P from Nebraska had a severe form of Rheumatoid arthritis and had numerous surgeries. She did really well and was one of the people "That's Incredible" TV show came here to film. Like many of the things we treat, it is not curative, but can be life altering.

A teenage girl came to us from Phoenix, Arizona after seeing the TV show. She had a juvenile form of Rheumatoid arthritis so bad that she was in a fetal position. She couldn't sit up to fly, so her mother drove her here in the back of her car. They got an apartment and after 20 treatments went back to school. After 20 more she was able to fly home and walk down the aisle at graduation.

Bedsore and Multiple Sclerosis

A lady came to us from Ontario with a bedsore on her backside that was the size of a fist. It was so bad you could see muscles and ligaments. She had MS and was bedridden, unable to move and the pressure had caused the sore to develop. We began treatments and the sore gradually began to heal, then suddenly stopped. After awhile we finally realized her MS was getting better and she was rolling over on the sore at night. They began using pillows to keep her from rolling over and the sore gradually healed the rest of the way.

Carbon Monoxide Poisoning

A family of 5 were brought to the Northwest Texas Hospital emergency room in 1992. They had suffered from severe carbon monoxide poisoning when their furnace malfunctioned. The resident in the ER had trained at NYU Medical Center and understood they needed HBOT as soon as possible. He asked the nurse to find the nearest HBOT center and make arrangements for transfer. She called a center in Dallas, which told her you have a good one right there in Amarillo. The ER doctor then transferred them to our clinic by ambulance. The father told the Amarillo newspaper when interviewed “They took us over there and put us into these units and our headaches, nausea and confusion were better almost immediately. I’m sure it’s a real lifesaver”. This treatment should be available in every city over 15,000. It would save countless lives of people that die from drownings, carbon monoxide poisoning and smoke inhalation. Thankfully, more and more chambers are becoming available.

Parkinson’s, Alzheimer’s and Dementia

David Perlmutter, M.D. is a prominent neurologist and author of a book on brain recovery. There are two treatments that he uses on almost all his brain disorders ranging from Parkinson’s Disease, Multiple Sclerosis, ALS, Alzheimer’s, Stroke, Cerebral Palsy, Traumatic Brain Injury and Dementia. One is Intravenous Glutathione and the other is HBOT. We have treated all the above conditions and used HBOT and IV therapy with glutathione with good results. It is not a cure but is worth the while.

Neuropathy

Harvey, an 85-year-old man suffered from neuropathy, a painful disease of the nervous system often seen in diabetes, but also occurs in people without diabetes. His feet began to turn dark and his physicians were considering amputation. Harvey said, “I was in bad shape and took treatments twice a week for a while, then just once a month, and now I just go when I feel like it. Dr.

Parker and Dr. Taylor took care of me and my old leg is still hooked on”.

Summary

I could go on and on about many different conditions we have treated. Some were controversial at first, but became more common all over the world as more studies were done. Arthritis was controversial at first, but studies at Loma Linda University in California and other places proved that it decreased inflammation and increased mobility. Multiple Sclerosis was controversial but studies at New York University Medical Center showed good results, and British studies showed improvement in spec scans that proved it worked. Now there are HBOT centers all over and we no longer have patients having to travel long distance for treatments. If you or someone in your family develops a health problem always think about HBOT...available at the Doctors Clinic.

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