New menus debut at Table 1912

Open-to-the-public restaurant features new offerings at lunch, dinner

Maple pecan glazed chicken, asian pork empanadas with plum sauce and beet salad are among new offerings on lunch and dinner menus that started November 29.

The prix fixe (fixed price) menu called Taste of 1912 now includes more entree and side selections, along with a variety of daily desserts, for $18 at dinner; the new menu adds a lunch-sized version for $11.

“Taste of 1912 has been wildly popular,” explains general manager Meena Reisetter. “We’re excited to offer it every day at lunch.”

The new menus also emphasize producers of the food served at Table 1912, many from Iowa and all selected for their commitment to quality and sustainable practices.

“Our menus will continue to evolve as Chef Brice and his team practice their creativity,” says Reisetter. “We’re excited about the direction we’re going. It feels good.”

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Hours
Lunch Monday - Saturday 11 a.m. - 2 p.m.
Dinner Thursday - Saturday 5 - 9 p.m.
www.Table1912.com
Santa helpers needed!

Santa needs helpers to respond to letters he receives from Cedar Valley children via the Santa 50613 mailbox in downtown Cedar Falls, part of Holiday Hoopla festivities. Several hundred letters pour in each Christmas season.

Santa provides the stationery and stamps. Volunteers write short responses to the wish lists. They also answer questions about Santa’s workshop and the Christmas Eve journey. Western Home Communities residents and employees have stepped up to help with this cherished tradition for several years.

Feel free to join any of the letter-writing parties at right and enjoy socializing as you complete this task together. Letter writing parties are open to any resident, no matter where you make your home at Western Home Communities.

If you’d prefer to answer letters from your own living room, contact your resident coordinator or lead resident coordinator Lisa Haugen at (319) 859-9352 or lisa.haugen@westernhome.org. She’ll deliver letters and supplies to you.

Thursday, December 6
1-2:30 p.m. Prairie Wind breakfast cafe

Monday, December 10
10-11:30 a.m. Windcove dining room
1-2:30 p.m. Windridge patio cafe

Tuesday, December 11
10 a.m.–noon Diamond Event Center
1-2:30 p.m. Windgrace dining room

Wednesday, December 12
1-3 p.m. Diamond Event Center
1-2:30 p.m. Windermere dining room

Thursday, December 13
1-2:30 p.m. Willowwood dining room

Friday, December 14
10 a.m.–noon Prairie Wind breakfast cafe

Monday, December 17
10 a.m.–noon Diamond Event Center

Tuesday, December 18
10-11:30 a.m. Windridge patio cafe

Wednesday, December 19
1-2:30 p.m. Windcove dining room

Thursday, December 20
10 a.m.–2 p.m. Diamond Event Center

Friday, December 21
10-11:30 a.m. Willowwood dining room
10 a.m.–noon Windgrace dining room
10 a.m.–noon Windermere dining room
Villa residents Donna and Gary Brown led participants at the October 10 Friends program on a vicarious replay of their two-week cruise of the Baltic Sea countries in 2017. Three sovereign countries are known as the Baltic States: Estonia, Latvia and Lithuania. Donna and Gary’s adventure included those three countries and others adjacent to the Baltic Sea -- Denmark, Finland, Russia and Sweden. The Browns also made stops in England, The Netherlands and Belgium.

The program included the couple’s photographs plus information on historic places and events, regional food, arts and crafts. Highlights included background information on Brugge chocolate, medieval buildings, the Hague as a center for international justice, Copenhagen bicycling, livestock management on micro-plots of land and the origin of Faberge eggs. It was fun, educational and interesting.

For Friends, Mike Seavey

Grout Museum District takes show on the road

A spotlight was on the Grout Museum District at the November Friends program. Grout representatives Christy Decker and Sam Mensinger presented highlights and updates on the museum campus and programming -- impressive local resources for education, historic preservation, science outreach and social connection.

Christy went over the history of the District from its beginnings in 1932. The Grout Museum of History and Science opened in 1956 thanks to the worldwide travel of Henry Grout. He created the museum to share the wonders he had seen. From philanthropic beginnings, the Grout Museum District, west of downtown Waterloo, has grown to include the Bluedorn Science Imaginarium (added 1993), the Victorian Italianate Snowden House, the Rensselaer Russell House Museum and the Sullivan Brothers Iowa Veterans Museum (added in 2008).

Sam impressed participants with an assortment of science demonstrations that are popular with Imaginarium guests. "Kitchen Science" is a fun way to experience chemistry and physics principles. Sam encouraged participants to use their imagination for potential use of museum facilities and programming. The museum staff fulfills a wide variety of requests from visitors, museum members, families, students, organizations, Cedar Valley Historical Society, private parties, weddings or celebrations of life.

The Grout Museum District facilities are open to the public 9 a.m. to 5 p.m. Tuesdays to Saturdays plus special event hours. Individual and group admission rates apply. Or plan to attend the free admission day on Saturday, January 19, 2019. There are two gift shops open during museum hours. The planetarium offers weekly shows Saturday at 11 a.m. and 1:30 and 3 p.m. (more in the summer).

You may contact the museum if you have something to be considered for the collection. Volunteer opportunities are also numerous and varied. Contact museum staff through the website: GMDistrict.org or phone 319-234-6357.

For Friends, Mike Seavey
Western Home Foundation and Western Home Communities appreciate being honored through estate gifts, memorials and other donations. We list donor names each month as one way of thanking donors for their generosity. This list reflects gifts received through Nov. 15. If you would like to make a gift or investigate estate planning and other gift opportunities, please contact Mary Taylor, director of development, at 859-9338.

**In memory of:**
- Judy Degenstein  
  Judy Staff
- Lonnie Harris  
  Gene & LaVerne Puetz
- Betty Newport  
  Gene & LaVerne Puetz
- Virginia Sachow & Cindy Sachow Van Nice  
  Sue Meier
- Arlene Samuelson  
  Nancy Libke
- Dick VandeKieft  
  Larry & Sharon Petersen
- Earl Will  
  Dick & Bev Michael
- **Employee Appreciation Fund**  
  Winston Burt
- **Fresh Wind Ministries**  
  Shirley Ackerman  
  Bob & Sandra Atherton  
  Coralie Becker  
  Randall & Patty Berning  
  Margaret Bettis  
  Lorna Blohn
  - Tim & Kris Boettger
  - Howard Braden
  - Deane & Connie Bradfield
  - Lois DeBerg
  - Robert & Norma Emmert
  - Darlene Engen
  - Bev Fish
  - Stan & Ginny Garrison
  - Dianna Geiger
  - Judy Gillespie
  - Phyllis Green
  - Margaret Grimm
  - Bob & Donna Grosse
  - Dorothy Guldner
  - Lloyd & Norma Hager
  - Butch & Sherry Hammer
  - Helen Hannan
  - Curt & Alice Hansen
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  - Marvin & Mary Hudwalker
  - Betty Hunck
  - Harris Jorgensen
  - Lela Kabele
  - Theresa Kindig
  - John & Pam Kragt
  - Don Krull
  - Lillian Marks
  - Iva Meany
  - LaVerne & Pat Middleswart
  - Bev Murphy
  - Roger & Vicki Neessen
  - Jean Oleson
  - Bob & Rhoda Olson
  - Glenda Potratz
  - Betty Schoeberl
  - Terry & Janet Simcox
  - Grace Sindlinger
  - Richard and Martha Stanford
  - Lois Stork
  - Phyllis Swanson
  - Robert & Barbara Thalman
  - Tom & Kathy Thompson
  - Lura Treloar
  - Don & Miriam Walker
  - Bob & Dee Way
  - Carol Will
  - Lois Wishmeyer

- **Thalman Square Pet Care**  
  Roger & Vicki Neessen

- **Other Gifts**  
  John Bartling
  Jerry Dumke
  Jerry & Marian Larson
  John and Diane McCarty
  Roger & Vicki Neessen

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Christmas is forever, not for just one day, for loving, sharing, giving, are not to put away like bells and lights and tinsel, in some box upon a shelf. The good you do for others is good you do yourself.

- Norman Wesley Brooks
The Market to host holiday open house

Thursday, December 6  10 a.m. to 4 p.m.

Bring your shopping list and peruse the unique selection of toys, puzzles, greeting cards and local food.

Plus, sample a variety of products available for sale:

- Hot apple cider from Wilson's Orchard, Iowa City
- Amish candy from Independence
- Pepparkakor (Swedish Gingersnaps) from Nyaker, Sweden
- Hansen's Cheese Curds from Hudson

In need of new knees?

You’re invited to attend an informational session at Diamond Event Center with Dr. Christopher Eagen, local orthopedic surgeon who practices at Covenant Medical Center.

Find out what your knee pain indicates, what treatments or therapies might help, and what new partial replacement and less-invasive options have become available.

Thursday, December 13  12:45-1:45 p.m.
Diamond Event Center

RSVP to Rochelle Kane at (319) 222-2119. Lunch will be provided.
Open to anyone in the Cedar Valley.
Chaplain’s Corner: Hope in changing times
by Chaplain Byron Simar

“Life is moving faster than it ever has before.

What tomorrow brings us isn’t certain anymore.
So many paths from which to choose, don’t know which way to run,
’cause every road leads nowhere, every road except for one.”

The lyrics of this song have meant a lot to me over the years. They describe our world AND our personal lives. We live in changing times. We may feel like our world is out of control.

Recent events and circumstances have brought enormous changes. Some of us have experienced happy jubilation and celebration while others have faced hardship, disappointment and loss. Where do we turn during these times? To an object, a philosophy, a tradition - or to an unchanging, unshakable God who is our hope? The song writer continues and points us to the “one road”.

“Praise the Lord, He never changes. I come to Him, He’s always there.

He comforts me on every level, takes the burdens that I bear.
Praise the Lord, He never changes. He’s never any other way.
And He’ll be the same tomorrow as He was and is today.”

Soon Christmas will be here and we'll be celebrating the birth of our Lord and Savior, Jesus Christ. On that first Christmas more than 2,000 years ago, the world faced its own great challenges. Conflict, turmoil, gloom and hopelessness marked this period of time. Nations were expecting someone to deliver them. But who? How?

Galatians 4:4 says, “But when the time had fully come, God sent His Son, born of a woman…”

“He came down from His glory, taking on the form of a servant, being made in human likeness, giving up his rights,” the Bible records in Philippians 2:7.

The songwriter penned these words:

"Down from his glory, ever living story,
My God and Savior came, and Jesus was His name.
Born in a manger, to His own a stranger,
A man of sorrows, tears and agony."

But what does that have to do with you and me?

Since God became flesh and walked among mankind, he knows what we are going through. He can understand despair and sorrow. He stores our grieving tears. He feels our deepest pain. Just as the appearing of Christ brought hope to the people then, so He gives us hope today.

The second stanza captures this truth:

"What condescension, bringing us redemption.
That in the dead of night, not one faint hope in sight.
God, gracious tender, laid aside His splendor,
Stooping to woo, to win, to save my soul."

He gave Himself for us to redeem us for a people that are His very own. Oh, how He loves us and in return we say, “Oh how I love Him! How I adore Him! My breath, my sunshine, my all in all!”

No matter the time in which we live, Jesus Christ is our eternal Hope.

Worship with us this month
SFAL Chapel 9 a.m.
December 2 Garry Moore
December 9 Tim Boettger
December 16 Garry Moore
December 23 Garry Moore
December 30 Garry Moore
January 6 Tim Boettger (communion)

Fresh Wind at Diamond Event Center 10:30 a.m.
December 2 Garry Moore
December 9 Tim Boettger
December 16 Tim Boettger
December 23 Tim Boettger and all staff
December 30 Garry Moore
January 6 Tim Boettger (communion)
Save the date

WHC Night at UNI Men’s Basketball

Wednesday, February 27, 2019

7 p.m. game time
6 p.m. reception in the Alumni Suite at McLeod Center

Mark your calendar; ticket & transportation details will come in the new year.

St. Louis in spring: Make your travel plans now!

Organizers are already building the reservation list for a five-day, four-night trip to St. Louis, Missouri, April 29 - May 3, 2019. Trip highlights include the Gateway Arch, St. Louis city tour, Anheuser Busch Brewery, glass blowing factory, Grant’s Farm, historic mansion murder mystery dinner, Hermann living history farm, winery visits and much more. Your tour includes:

- Admission to listed attractions and tours as shown in the day-by-day itinerary
- Local guides including tips
- 14 meals
- 4 nights lodging
- Luggage handling
- Luxury motorcoach and professional driver

Tour prices are $1,099 – $1,499. A $200 deposit is due with the reservation. For a complete itinerary, contact tour host Carolyn Martin at (319) 222-2048 or carolyn.martin@westernhome.org.

The Gateway Arch opened its new museum and visitor center in July 2018.

The National Churchill Museum at Westminster College in Fulton, Mo.
The 2019 Western Home Communities wall calendar features makers who add to the beauty that surrounds us.

We live among makers who are turning paper, fiber and wood into objects of beauty and utility; makers who are using photographic talents to capture landscapes, wildlife and memories; and a baker who can make a cinnamon roll that will become your new standard against which all cinnamon rolls will be measured.

Our featured makers nurture their creativity through lifelong learning, travel and teaching. They have organized creative space in their homes, garages, apartments and shared woodshops. Many sell their creations at the annual Friends Handcrafted Holiday Sale.

The calendar team looks forward to introducing you to the work of residents Kathy Herman, Dennis Mitchell, Richard Hileman, Margaret Willoughby, Bob Lee, Mary Lou Snyder, Bernice King, Jerry Jorgensen, Dick Buchanan and Loyce Dumke, and employees Peggy and Suzanne Makinster.

Thank you to the 2018 collectors featured in the current calendar: Margaret Shay, Jim and Janet Doud, Judy Gillespie, Jean Thompson, Mary Franken, Carolyn and Gene Haller, Tom Huss, Pam Hileman and Evelyn Herrmann; the featured images of Harlan Ehlert and Bob Hardman with their collections remind us of how their lives were fulfilled before their passings this year.
Maker Lorna Ericson creates heavenly accessories by Pat Beck

The handmade angel pin on Lorna Ericson’s sweater has become her personal signature. “A wire angel pin can be used in all seasons and it goes with every outfit,” Lorna said. Over the years, her angel pin has served as a conversation starter, a business advertisement and a sign of encouragement.

Lorna creates wire angel pins on a custom jig that enables her to form the wire base in less than three minutes. That is no surprise when you consider that she has lots of practice. And I mean LOTS of practice. Her count of completed wire angel pins as of mid-November was 10,195. Each angel requires four sizes of wire (20, 24, 26 and 28 gauge), beads, glue and a pin clasp; she buys most of her supplies in bulk.

It all started in 1997 when Lorna received a handcrafted wire angel pin from a friend. She asked for permission to use the design and the jig pattern to produce the pins for craft sales.

Living in a motorhome for seven months of the year for 15 years enabled Lorna to introduce her angel pins to customers of 100 shops in 23 states.

“During winter months we lived in homes in Texas and Arizona so I was a vendor at the craft shows that are popular throughout the season,” she said. Her inventory expanded to birthstone angels, night light angels and friendship angels to meet the demand at up to 30 craft shows in a winter season.

Lorna shares her love for crafts when she leads monthly craft classes at Windhaven and Stanard Family Assisted Living; she has volunteered in those communities for 6 years and 3 years, respectively. She spends hours creating the kits for each participant: cutting felt, counting beads, measuring trim and planning how the craft can be successfully displayed once completed.

In addition to volunteering her time, Lorna dips into her inventory of supplies for classes. She admits to being great at spotting a bargain and confesses that she sometimes buys without a plan! “I can put together a craft class for any season on fairly short notice,” she says.

Create an ornament in the company of friends

Join Lorna’s ornament-making class:
Tuesday, December 11, 9:45 a.m. – noon
Windridge dining room

Sign-up sheets are in each independent living community on south campus. ($2 per ornament, payable that day.)
Wow! What a year we have had at the Western Home Communities. It has been a year of triumphant growth for our organization. I also believe it has been a year of growth for many of you. I have heard so many stories of the wonderful days you have had throughout this year. Memories that have been great reminders of why I get up and how much I enjoy spending time with all of you.

I recently came across this quote and it has resonated with me as I reflect on the year we have shared:

*Trust me that some of the best days of your life haven't even happened yet. There are going to be nights that will stay burned beneath your eyelids, memories that dance underneath your skin. Life is going to exceed your expectations, it is going to astonish you with its timing. Remember - you have not felt it all. The world still has so much left for you.*

–Bianca Sparacino

I like to think this quote rings true for everyone reading this article. Whether you are a resident here who has lived your days to the fullest, or an employee who is just starting your work here, I know that the promise of a New Year can bring hope for the potential of happiness and success ahead.

Good things will follow our attitude of openness to new opportunities. Opening our minds and hearts enables us to share optimism about what the future holds.

I also want you to remember the fond memories of the past. As the quote mentions, the fondest memories never really leave us. Keep those memories close to your heart for comfort.

Know that you have so much life to live in 2019. Set new goals and enjoy making a plan to achieve them. Know that you can reach for any goal you set your mind to, and you can grow even more than you did this year.

**WELLNESS RECIPE OF THE MONTH**

**Sheet Pan Eggs with Spinach & Ham**

**Ingredients:**
- 18 large eggs
- 1/4 cup reduced-fat milk
- 1 1/2 teaspoons smoked paprika
- 1 teaspoon each salt and pepper
- 1 teaspoon onion powder
- 1 (10 ounce) package frozen chopped spinach, thawed and squeezed dry
- 1 cup shredded sharp Cheddar cheese
- 1/2 cup diced ham

**Directions**

1. Preheat oven to 300°F. Generously coat a large rimmed baking sheet with cooking spray.

2. Whisk eggs, milk, smoked paprika, salt, pepper and onion powder together in a large bowl. Pour onto the prepared baking sheet and sprinkle with spinach, Cheddar and ham. Bake until just set, 20 to 25 minutes, rotating the pan from back to front halfway through baking to ensure even cooking. Cut into 12 squares and serve.

**To make ahead:** Wrap squares individually in plastic wrap or place them in a sealed container between layers of parchment paper; refrigerate for up to three days or freeze for up to three months. To reheat, remove plastic, wrap in a paper towel and microwave on high for 30 to 60 seconds.
Apps for the season by Cherie Dargan

Most of us are looking ahead to family gatherings, baking, road trips and gift exchanges, and wondering how we will get it all done. Check out what these smartphone and tablet apps can help you do:

1. Get organized.
Create and share a calendar to manage family events. My family prefers Google Calendar, since it works for both Apple and Android devices. Download and open the app to create a new calendar for the holidays. Look at your list of calendars on the left-hand side; click on the X to create a new one, which you can name. Then, go into settings and share with family and friends.

2. Share wish lists.
If you want Grandma to get the right size of pj’s, share a wish list that includes sizes (and favorite colors) for each child or family member. Your phone’s note app lets you create a list and email it. You can also use Google Keep, a web-based note app that you can view on your PC and in the app. It’s versatile: Add text, photos or links and then share the note. Finally, you can also use Amazon’s Wish List: Build your list and share it with family who have also installed the Amazon app. When someone buys a gift, that item disappears from the list so no one else can purchase it.

3. Plan road trips.
Determine the best route and let family or friends know when to expect you with Apple Maps or Google Maps. Each app provides options for avoiding heavy traffic and will predict your time of arrival. These apps can also help you find gas stations and restaurants along the way.

4. Spin some holiday music.
Use a smartphone app like Spotify to put together a playlist of everyone’s holiday classics and share it with others. The app Christmas Radio lets you choose from a variety of channels or styles from classic to country to jazzy Christmas tunes. This app might come in handy on road trips; use a Bluetooth connection to listen through your vehicle’s speakers.

5. Celebrate all things Christmas.
Countdown the days until Christmas, decorate your phone with festive wallpapers, listen to favorite seasonal music and read classic stories of the season, all from the Christmas All-in-One app.

6. Have photo fun.
The Dr. Seuss Camera - Grinch Edition lets you take selfies—or pictures of other people—with your device, after selecting a photo frame. Then you can edit the photo and share it, or save it to your device’s photo library.

7. Track Santa.
The Santa Tracker app comes with a built-in countdown and shows Santa and two reindeer racing across the snow. It includes a map and animated videos about how Santa’s getting ready for the big day. Personalize this by adding a grandchild’s name, age and state.

8. Finally, relax and unwind.
Some people love to color on their iPad or iPhone. The app Xmas Coloring for Adults includes seven free designs and others can be purchased.

There are numerous apps for holiday recipes, games, calendars and puzzles, and for all religious holidays. You could spend this entire season downloading and trying out holiday apps. Instead, pick a couple of these and have yourself a merry little holiday.

Cherie Dargan is a retired college professor, technology geek, family historian and villa resident.
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<tr>
<td>Henrietta Dykstra</td>
<td>SFAL</td>
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Welcome new employees

**Assisted Living**
Jennifer Adams, LPN, WHAL
Macy Anderegg, CNA, TS
Cedericka Craft, Cook, SFAL
Kielyn Tutton, Resident Assistant, TS
Bradey Wells, Resident Assistant, WHAL
McKayla Wolf, Resident Assistant, WHAL

**atHome with Western Home**
Maren Borer, Home Health Aide
Peyton Clay, Home Health Aide
Brenda Jones, Caregiver

**Cottages/Deery Suites/Martin Center**
Kindal Annis, Hospitality Coordinator, DS
Madison Bell, CNA, DS
Marquesha Brown, Food Service, MHC
Madelyn Clendenen, CNA, DS
Kayla Gebel, CNA, DS
Nequita Horton, Hospitality Coordinator, DS
Cindy Klenzman, RN, DS

Alexis Kuehl, CNA, DS
Ashley Looby, Direct Care Professional, MHC
Breanna Speck, CNA, MHC
Lisa Thomas, Hospitality Coordinator, DS
Aaliyah Tournier, Food Service, MHC

**Creekside, Grundy Center**
Daline Abbas, RN
Denise Helton, CNA
Barbara Jacobs, RN
Erika Kannegieter, Hospitality Coordinator
Saunya Knorr, Direct Care Professional
Alexia Mead, Hospitality Coordinator
Deidra Moss, Hospitality Coordinator

**Independent Living**
Richard Horton, Cook, WC
Audrey Knudsen, Wait Staff, WM
Kerigan Smeins, Wait Staff, WC

**Jorgensen Plaza**
Benjamin Bowman, Event Server/Set-Up
Holly Corbett, Wait Staff
Colby Coonradt, Wait Staff
Ethan Habinc, Event Server/Set-Up
Katherine Konrardy, Event Server/Set-Up
Emma Mooers, Event Server/Set-Up
Jennifer Thompson, Bartender
Alexis Volker, Bartender
Alexander Wilmer, Event Server/Set-Up
Megan Wood, Server
Janet Worden, Dishwasher
Alexis Zaugg, Event Server/Set-Up

**Multi-site support**
Robert Hoffman, Transportation Assistant

**Therapy**
Katharine Chilcote, Speech Language Pathologist
Margo Dierdorff, Occupational Therapist

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**Thanks for the memories, Pops**

Pops, a black Labrador retriever, came to Thalman Square in March 2015 at age nine by way of Florida, where he’d been mistreated and rescued. He transferred to the Cedar Bend Humane Society, where Thalman Square employees noticed his mellow and loving personality. Certified therapeutic recreation specialist Becky Rohwedder said it was a match made in heaven from the beginning.

Residents would pet Pops, talk to him, feed him snacks, take him for walks and curl up on the couch with him for a snooze. His gentle, loving companionship calmed any nerves or anxiety, and created a true home. Pops always dressed for the holidays and gamely posed for pictures.

His unassuming nature made him an unlikely celebrity, but Pops earned national attention when Subaru Drive magazine profiled him for a feature on the benefits of adopting a senior dog.

Pops developed throat cancer this summer and died peacefully November 12. “We just want to remind everyone how special he was to all of us,” says Kelsey Webb, RN, BSN. “We already miss him dearly.”

---

*Pops came to a Friends program in August where the topic was animal rescue.*

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Milestone anniversaries

Congratulations to these employees who are celebrating 5-year anniversaries in December.

Cheri Crawford
5 years
December 11
Winding Creek Meadows, Jesup

Don Kass
5 years
December 11
Winding Creek Meadows, Jesup

Julie Boies
5 years
December 18
Thalman Square

Meet our Employee of the Month, Adam Williams

Adam works security for Western Home Communities, where he’s been an employee since October 2016.

Here are a few things co-workers have said about him:

• Adam was instrumental in developing patrol procedures that fit the needs of Jorgensen Plaza/Deery Suites.
• Adam goes out of his way to assist residents in need.
• He makes sure the residents are safe at night by making sure all the doors are locked in every building.
• On third shift he responds to pager calls in a timely manner and doesn’t leave the resident until their needs are met and they are secure.
• Adam has all the characteristics of Western Home Communities values and is always putting people first with a servant spirit.

Congratulations, Adam, on being named our employee of the month for November 2018.
Notes of appreciation

Thank you for the rose – and for the many people who gave Mom kind care. The family of Arlene Samuelson

A huge thank you to the great staff, especially the transportation department, for taking such good care of all of us – especially our parents – through some rough times. Staff members’ concern, always putting resident needs first, and doing it so cheerfully – it is greatly appreciated. The family of Ed Brown

We would like to thank the Western Home staff for the red rose, cards, kind words and prayers given at a very difficult time. We can’t thank you enough for the years of care, given so generously. The family of Shirley Kirkle

Mom really loved her apartment years. And we were so appreciative of the care provided as she moved to care facilities. Thank you for the flowers. The family of Alicia Caley

In sympathy

Gladys Lechtenberg, MHC Nov. 19
Winnie Blake, WHAL Nov. 17
Gene Raffensperger, DS Nov. 13
Gary Davis, DS Nov. 11
Judy Poole, MHC Nov. 8
Dick VandeKieft, WHAL Nov. 7
Judy VandeKieft, DS Nov. 4
Helen Rapp, DS Nov. 4
Joan Hughson, MHC Nov. 4
Judy Degenstein, MHC Nov. 3
Rita Averill, MHC Nov. 2
Shirley Kirkle, DS Nov. 1
Senora Cohenour, DS Oct. 31
Diane Sorenson, CTG Oct. 29
Lyle Erlanson, SFAL Oct. 29
Wanda Nielsen, TS Oct. 29
Ann Rose, DS Oct. 24
Leona Johnson, DS Oct. 23

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John Falk Martha Stanford

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Building Abbreviations
Martin Health Center MHC
Stanard Family Assisted Living SFAL
Windhaven Assisted Living WHAL
Thalman Square Memory Support TS
Willowwood WW
Windgrace WG
Windermere WM
Windcove WC
Windridge WR
Windcrest Villas & Townhomes VTH
Nation Cottage and Thuesen Cottage CTG
Prairie Wind PW
The Deery Suites DS

The Journal is a monthly publication of the WHC office of communications and public relations. To subscribe, ask questions, offer content suggestions or unsubscribe, please contact Linda Hudwalker Bowman, editor, at (319) 859-9337 or linda.bowman@westernhome.org.

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JORGENSEN PLAZA
GIFT CARDS
Always in style