Thanking veterans for their service

Villa resident recounts time in Vietnam

Bob Lee is not the wait-around type. He didn’t wait around to serve his country, he didn’t wait around to marry Deb and he didn’t put off a fulfilling retirement at Western Home Communities. Our story today is about the young Bob who served in Vietnam. We’re honoring his story – and by extension, the stories of all veterans who deserve our gratitude for our freedoms.

In 1966, Bob’s draft number was coming up and an assignment was imminent. He and his buddy – who was also awaiting the draft – decided to enlist in the US Army so they could serve together through their basic training. Bob’s decision felt like a big leap. The fact that he was the third generation to enlist added pride to the mix of emotions when it was time to leave for basic training in Fort Ord, California. Additional training followed at Fort Leonard Wood in Missouri. Fort Bragg, North Carolina, was his third stop where Bob joined a transportation company and became a specialist on helicopters.

When Fort Bragg orders included wrapping the helicopter tooling in waterproof paper, Bob knew that meant a deployment to Vietnam. His responsibilities there would become maintenance of the 1st Cavalry and medevac units.

His reliability, trustworthiness and keen skills were noticed by leadership and he was recruited to manage ground-to-air radio communication for the flight line (fleets of aircraft and airport) and all pilot records.

Continued on page two
“I was trained to fight if I had to,” Bob said. He’s thankful that his daily job did not present that risk. The flight line he managed included up to 26 aircraft. One night, enemy soldiers planted bombs in 13 helicopters. It was a reminder of the constant danger – and the skills of the enemy. Bob’s job also included recovering crashed helicopters. “We recovered all parts so they couldn’t be used by the enemy, and if recovery was not possible, we blew it up,” he said.

When he returned to Iowa from Vietnam, Bob’s cousin said, “You should meet my friend, Deb.” Daily dates for a week launched a 50-year love story for Bob and Deb.

Bob knew that he was going to be stationed in Florida for another year and he did not want that experience to include a long-distance relationship. When he came home for his next leave in December, he brought a diamond. The proposal went smoothly. When Deb’s parents asked about a timeline, Bob said, “This Friday.” The bride’s parents toasted the couple, trusting this new man with their daughter’s happiness. A dress was borrowed, friends were called and a marriage began.

A year later, Bob and Deb returned to Cedar Falls for the happily-ever-after part of their marriage. They raised two daughters and fulfilled career goals before joining the Western Home villa community.

One thing that Bob had to wait for was his service medals. In 2017, a contact with Representative Rod Blum resulted in a special presentation of Bob’s service medals at Seerley Hall on the University of Northern Iowa campus.

The country was served by these Lee men:

- WWI: Bob’s grandfather, Ira Ned Lee, US Army
- Vietnam: Robert Lee, US Army

That was a special day and a reminder of the good things that followed Bob’s service to our country.

Bob accompanied his father on an honor flight in 2011 and was accompanied by his daughter, Wendy, on an honor flight in 2016.
Handcrafted Holiday Show & Sale features clever, useful and beautiful gifts

Invite your friends and neighbors to attend the annual Handcrafted Holiday Show and Sale:

Saturday, November 16
Diamond Event Center, 9 a.m. – 1 p.m.

Plan to have breakfast or lunch at Caraway Café. The Market will be open 10 a.m. – 1 p.m.

Sales support projects financed by Friends of Western Home Communities. You’ll find a great selection including:

- Steel powder-coated signs
- Greeting cards
- Paper boxes
- Gift tags
- Hand-embroidered towels
- Carved wood pieces
- Doll clothes
- Sweatshirts
- Angels
- Aprons
- Jewelry
- Reclaimed wood items
- Crochet
- And more!

Also at the event, you are invited to sponsor a pillowcase made by residents and community volunteers for residents in Martin Health Center, Deery Suites and The Cottages. A $10 “sponsorship” covers materials plus a donation to Friends.

WWI effect on the Cedar Valley

Learn more about this pivotal world event’s impact on our community at the next Friends program.

Tuesday, November 19, 10:30 a.m. at Windridge

The fighting in Europe during World War I began to have an impact in Waterloo in 1914. Factories contracted with European companies to produce weapons and armaments, farmers saw the demand for their crops increase, and young men and women volunteered for service in foreign nations’ military and humanitarian organizations. Farm kids, African-Americans from Mississippi and Greek immigrants moved to Waterloo to fill the new and vacated jobs.

Grout Museum historian Robert Neymeyer will be the guest speaker. He has conducted more than 1,800 oral history interviews with Iowa veterans and farm families.

Fall dance at Diamond Event Center

Invite friends and family to enjoy live music from Midnight Blue, a country band from southern Iowa featuring Joe and Lori King. They play mostly 80s and 90s country songs with some bluegrass, original tunes and southern rock mixed in for a memorable night of music!

Saturday, November 16
6 – 8 p.m.   $8/person admission

Use your Western Home Dollars –purchase tickets in advance at IL desks starting Nov. 4 or at the door. Cash bar available.
Western Home Foundation and Western Home Communities appreciate being honored through estate gifts, memorials and other donations. We list donor names each month as one way of thanking donors for their generosity. This list reflects gifts received through Oct. 17. If you would like to make a gift or investigate estate planning and other gift opportunities, please contact Mary Taylor, director of development, at 859-9338.

**In memory of:**
- Rhio Cleigh
- Erik Eriksen
- Bill Davis
  - Dean & Glenda Alshouse
  - Bev Fish
  - Eldon Hayes
  - Bill & Donna Mincks
  - Don & Sara Moe
- Ray Frederick
  - Penny Brown
  - Lorna Ericson
  - Louise Frederick
  - Eldon Hayes
  - Louise Odle
  - Marilyn Roseberry
- Alma Heath
  - Phil Heath
- Bernie Huss
  - Lyle & Marlene Brim
  - Vern & Marcia Hansen
- Svend Koch
  - Merv Andersen
  - Bertie Jepsen
  - Caletta Koefoed
  - Don & Letha Petersen
  - Lois Stork
- Betty Marion
  - Marlene Behn
  - John Larsen
  - Marleta Matheson
  - Jim & Martha McCutcheon
  - Duke & Suzanne Strever
- Richard Nystuen
  - Dean & Glenda Alshouse
  - Sue DeBower

**Employee Appreciation Fund**
- Michael & Ann Crawford
- Louise Frevert
- Steve & Kathy McCrea

**Fresh Wind Ministries**
- Shirley Ackerman
- Jim & Eileen Anderson
- Steve & Vicky Arends
- Joan Baumgartner
- Margaret Bettis
- Ken & Deloris Bixby
- Lorna Blohn
- Howard Braden
- Lyle & Malene Brim
- Clive & Mavis Cook
- Cleo Cross
- Lois DeBerg
- Larry & Carol Dufel
- Uynthia Duncan
- Mark & Molly Eggleston
- Bev Fish
- Jim Fogdall
- Keny & Joyce Folsom
- Stephen & Dawn Ford
- Stan & Ginnie Garrison
- Anne Geadelmann
- Jim Geiger
- Gloria Gerstenkern
- Bruce & Suzanne Gettman
- Dave & Cindy Glasener
- Jesse Gonzales
- Phyllis Green
- Margaret Grimm
- Bob & Donna Grosse
- Dorothy Guldner
- Lloyd & Norma Hager
- Butch & Sherry Hammer
- Curt & Alice Hansen
- Donna & Cliff Hansen
- Jon Hansen
- Daniel Hanson
- Jeanette Hanson
- Gary Harris
- Wayne & DeMaris Hochhalter
- Marvin & Mary Hudwalker
- Betty Hunck
- Bertie Jepsen
- Bill & Staci Jorgensen
- Harris Jorgensen
- Roy & Rita Justis
- Theresa Kindig
- Howard & Darlene Klatt
- Paul & Janine Knapp
- Harold & Sharon Kreb
- Lee & Barb Larsen
- Mike & Janet Mandt
- Lillian Marks
- Iva Meany
- Carol Meusel
- Karen Mukai
- Bev Murphy
- Roger & Vicki Neessen
- Dode Nieman
- Enrique & Martha Ochoa
- Sally Ochoa
- Jean Oleson
- Bob & Rhoda Olson
- Don & Letha Petersen
- Gale “Cork” Petersen
- Joan Rozendaal
- Betty Schoeberl
- Ron & Barb Seufferlein
- Janet & Terry Simcox
- Jeremy & Michelle Sorensen
- Richard & Martha Stanford
- Bob & Barb Thalman
- Tom & Kathy Thompson
- Don & Sue Timmerman
Creativity abounds in clever contest

A friendly contest celebrated ecology by repurposing empty containers that once held disinfecting wipes in the Grosse Fitness Center. Rosemary Beach perceived that they could have new life (and there would be no need to clean them before repurposing).

Her villa neighbors on Sage and Rosemary were up to the challenge, especially when Rosemary upped the ante by making it a competition to be judged by fellow residents at a September potluck gathering.

The neighbors did not disappoint! There were bird feeders, bird houses, door stops, yarn caddies, planters and even a coin bank; for that, Loyce Dumke went to her basket-making supply kit to encase a plastic dispenser in basket reed and rope.

People’s choice awards went to Margaret Shay, who reimagined the plastic containers as sturdy door stops celebrating the ISU Cyclones, UI Hawkeyes and UNI Panthers. She also created fuzzy black and white pets that never need to be walked or watered.

The explosion of creativity encouraged residents to continue their pursuit of new ways to reuse the recyclables. Watch for the next iteration of this challenge during the holiday season.
Chaplain’s Corner: The Best Songbook
by Chaplains Garry & Christie Moore

We live in a day when music is a vital part of our worship services. Many of our current songs focus on praising and thanking God for all the ways he has blessed us. Even our early fathers realized how important that was:

When the Pilgrim fathers arrived at Plymouth, Massachusetts, the influence of the Bible and their Christian faith over their lives and literature came with them. A mere 20 years later, “The Bay Psalm Book” was printed in 1640 in Cambridge, Massachusetts. It was the first book printed in the colonies as well as the first book entirely written in the colonies.

The early residents of the Massachusetts Bay Colony brought with them several books of Psalms in metrical translations into English, but they were dissatisfied with the translations from Hebrew and hired ‘thirty pious and learned Ministers’ to undertake a new translation. It represented a sacred value held by the Puritans – a faithful translation of God’s Word, to be sung in worship by the entire congregation.

“The Bay Psalm Book” went through several editions and remained in use for well over a century. This psalter and “The New England Primer” were, next to the Bible, the most commonly owned books in seventeenth-century New England. (footnote 1)

I believe we find the Biblical basis for their focus in two of Paul’s epistles. In Ephesians 5:18-19, he writes, “And do not be drunk with wine, in which is dissipation; but be filled with the Spirit, speaking to one another in psalms and hymns and spiritual songs, singing and making melody in your heart to the Lord.”

Our music, then, should be a means of believers ministering to each other and singing should be a means of worshiping the Lord.

Paul also wrote to the Colossians in 3:16, “Let the word of Christ dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.”

Such joyful singing is not only to please ourselves or others, it should also be praise to God.

As we look at what Paul was teaching us, we realize that our singing is to be Spirit-led and scripturally focused. Applying these guidelines will help us to discern the music that honors God.

1 Excerpts from “In God We Still Trust” by Dr. Richard G. Lee

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<thead>
<tr>
<th>SFAL 9 a.m.</th>
<th>Diamond Event Center 10:30 a.m.</th>
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<td>Nov. 3 Garry Moore</td>
<td>Nov. 3 Mark Eggleston</td>
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<td>Dec. 1 Garry Moore</td>
<td>Dec. 1 Enrique &quot;Q&quot; Ochoa</td>
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History lesson on Jesus

The fall series of lifelong learning opportunities from UNI concludes this month with a final course:

**The Historical Jesus: History and Archaeology**

Be introduced to the historical, archaeological and literary evidence about Jesus and the early Christians. Explore the methods scholars use to understand Jesus’ world, teachings and followers. The class is open to anyone and assumes no prior knowledge of Christianity.

**Instructor:** Kenneth Atkinson, Professor of History  
**Dates:** Tuesdays – November 5, 12, 19 and 26  
**Time:** 10 – 11:30 a.m.  
**Location:** Diamond Event Center

Need transportation? Consider taking the shuttle: the final pick-up at Jorgensen Plaza is 11:30 a.m. Or, after class, continue the conversation over lunch at Gilmore’s Pub and Caraway Café.

Find a registration form at [www.uni.edu/llu](http://www.uni.edu/llu).

Sending services honor lives and legacies of those we serve

Often the best ideas come from employees who are closest to a situation. In 2011, nurses at Martin Health Center wanted to do a better job of acknowledging the deaths of residents who’d been in their care. They asked Carolyn Martin, director of volunteer services, to help them create an end-of-life ceremony, and the sending service was born.

It includes a short responsive reading led by an employee. “Thank you for allowing us to care for you. Thank you for sharing your life with us. Thank you for the memories you made.” Each statement is followed by the response, “Go now in peace.” This is followed by a prayer, the presentation of a prayer shawl, expressions of thanks and, quite often, hugs between the family and caregivers. The staff and family may also escort the funeral staff as they leave through the front door.

“This service helps our staff bring closure to their time of caregiving. It honors the deceased and adds dignity to the transition of losing a loved one,” said Carolyn.

The prayer shawls used in the services become a cherished keepsake for the family. Volunteers knit or crochet them, and with about 100 sending services each year, the need is constant. The shawl patterns are available from chaplains, the main desk of Jorgensen Plaza and from Carolyn. For more information, contact her at (319) 222-2048 or carolyn.martin@westernhome.org.

Windridge neighbors Marilyn Roseberry, left, and Louise Frevert have been generous with their hours of knitting prayer shawls.
Woodworker donates talents to encourage book sharing

Before they moved to a villa, Rex and Barb Pershing raised five children on Iowa Street across from Seerley Park. Neighbor Nancy Price made that area famous when she used it as the setting for her best-selling 1987 novel, “Sleeping with the Enemy,” which went on to become a hit movie starring Julia Roberts in 1991.

So when Nancy recently donated a bench for the park, organizers of the Cedar Falls Authors Festival recruited Rex to build a book exchange box to be placed next to the bench.

He readily agreed. After all, woodworking is his favorite hobby and he fondly recalls all the youngsters who played in that park as his children grew up. The former professor of industrial technology at UNI went to work building a box to be functional, long-lasting and weather resistant.

The result is a beautiful piece already full of donated books ready for the public to borrow. It was dedicated Oct. 11. Rex was recognized for his work and Nancy read a few lines from her latest, not-yet-released novel, “The Woman who Slept with the Enemy.” The duo was applauded for leaving a literary legacy in their former neighborhood.
Shirley Dean had no idea what would become of the hours she spent scanning childhood and family photos in the Windcove east library. She also researched family and public records so she could estimate dates for photos that she was submitting to Fortepan Iowa, a statewide organization with a digital archive of photos depicting Iowa life.

It was the image of Shirley on her 12th birthday that captured the imagination of the Fortepan Iowa team, inspiring them to transform the image into public art in Cedar Falls. “Shirley looks so pleased with this cake,” said Fortepan Iowa representative Bettina Fabos. She said the image evokes warm memories of celebrations.

Take a drive by Copyworks on 23rd Street and you will see a 12-year-old Shirley, two stories tall. The mural is “glued” to the brick with wheatpaste—a concoction of wheat flour and water that is durable enough to withstand Iowa weather. Shirley’s image is one of five posted in the College Hill commerce zone.

Being seen on College Hill is not new territory for Shirley. She is a 1957 graduate of Iowa State Teachers College professional teaching certificate program and recalls that the Copyworks building housed Berg’s Drug Store in the 1950s. It was known as a place where you could get some amazing homemade potato chips.
Words of Wellness:
Thankful for the journey

by Director of Wellness
Amanda Lynch

Here are helpful tips to keep the upcoming holiday season focused on gratitude and joy:

1. Keep a gratitude journal throughout the holiday season. This is a great way for you to not only remember what to say at the dining table during Thanksgiving meals, but also provides you with positive outlooks on all of the days during this season. Gratitude journals can be as simple as:
   • What three things am I grateful for today?
   • What will make today great?
Answering these simple questions can spark many thoughts of gratitude and expand your sense of well-being throughout the year.

2. Make time to exercise. Whether you take a walk outside, swim in the pool, or do sit-to-stand exercises from your recliner, make it a point to move for at least 10 minutes per day. This will offset the extra calories we consume this time of the year and help you clear your mind. Add grateful thoughts to your effort and gain the benefits of having a grateful heart.

3. Reach out to someone this season. Some may feel heightened loneliness in the midst of celebrations, decorations and special music. Have you lost touch with a relative or friend? Reach out to them and share time together. Your positive interaction may be just what that person needs to avoid feelings of loneliness.

4. Stay hydrated. An abundance of sweets and large meals (perhaps even multiple big meals a day) can become a new norm during this time of the year. I hope you will keep your hydration in check. Reach for a glass of water before you eat meals, during meals, and in between meals to ensure proper hydration throughout the day.

5. Make amazing memories with your loved ones. Building and maintaining relationships is the most important activity you can do. Enjoy the time, be present in each moment and “love on all of your tribe.”

As I have been told by many of you: The days may be long, but the years are short. It is a good reminder! Join me in being present in the moment and enjoying the journey each day.

Let’s hear it for residents who participated in the annual Healthiest State Walk on Oct. 2. They soon forgot the cool misty conditions while walking, conversing and laughing with each other.

The Big Kids Bike Klub (BKBK) weekly rides will resume next spring, after a fall road trip (by vehicle) to Lanesboro, Minn., two hours north. That’s where a dozen bicyclists enjoyed riding the scenic Root River State Trail.
WHC working with U of I to become “Dementia-Friendly Community”

What does it mean to be dementia friendly? How are dementia-friendly approaches and practices used in daily living throughout Western Home Communities?

Those questions will be considered as the organization works to become a Dementia-Friendly Community through a partnership with University of Iowa. The designation means that people with dementia, and their families, feel supported and included in the places they work, live and play.

The federally-funded Iowa Geriatric Workforce Enhancement Program (GWEP) focuses on dementia-friendly efforts. Work will begin within Western Home Communities and then expand to encompass the surrounding Cedar Falls community.

Marianne Smith, PhD., RN, is an associate professor of nursing and principal investigator for the program. She’s working closely with Karla Faust, director of resident relations for Deery Suites and The Cottages.

The plan is to involve leaders, care providers, volunteers, residents with dementia, family caregivers, friends and others in conversations about dementia and what it means to be dementia friendly; identifying and prioritizing gaps in daily living, care and services that can guide action steps; and implementing a plan for becoming more dementia friendly – a continuous quality improvement effort.

Watch for announcements about specific ways you can get involved. Meanwhile, if you have questions, please call Karla at (319) 222-2023.
Happy November Birthday!

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<tr>
<th>Name</th>
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<td>Jean Oelson</td>
<td>WR</td>
<td>November 27</td>
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<tr>
<td>Dick Buchanan</td>
<td>VTH</td>
<td>November 28</td>
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<td>Mary Bauer</td>
<td>WHAL</td>
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<td>Calleta Koefoed</td>
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<td>Karen Mukai</td>
<td>VTH</td>
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<td>Maribelle Betterton</td>
<td>VTH</td>
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<td>Pat Williams</td>
<td>VTH</td>
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Thanksgiving buffet to be served at event center

Turkeys from Genuine Faux Farms, ham, stuffing, salad, sides and plenty of desserts will be among the items on a Thanksgiving buffet at Diamond Event Center on Thursday, Nov. 28 from 11 a.m. – 2 p.m. Large groups can be accommodated.

Villa resident and guests may dine for $20 (children 10 and under at $10). Independent living residents may use their Western Home Dollars for their daily meal charge of $9.86.

Please sign up with a resident coordinator by Nov. 24.
Virtual assistants: Useful home helpers, not just cool tech toys

by villa resident Cherie Dargan

We bought an Echo Dot during a holiday sale last year. Mike played with it in his office, asking “Alexa” about the weather and stock market, and requesting she play some of his favorite hits from the 70s. It seemed like a cool tech toy, but I didn’t feel a need to use it.

Then Mike had surgery and was hospitalized for almost a month. The house seemed quiet and empty, so I moved the Dot into our bedroom.

I developed a morning routine, asking Alexa to tell me the weather, play music and stream Iowa Public Radio. Before bed, I asked for tomorrow’s forecast, a morning wake-up alarm and ambient music like ocean sounds. When I said, “Alexa, goodnight,” she would say, “Nighty-night. Get some good rest. Hope you had a good day.” I found it comforting.

Alexa is one example of a virtual assistant, like Siri on the iPhone. Alexa is built into devices like Amazon Echo and Echo Dot, often called smart speakers. Alexa learns to recognize your voice once you complete a series of prompts.

I’ve since bought another Dot for my own office and replaced Mike’s in his office. I’m learning Alexa can be used for so many things, from answering simple math to setting timers and spelling words, to playing podcasts, news and music.

According to digitaltrends.com, you can also create a shopping or to-do list and add events to your calendar. In addition, many developers have created skills for Alexa such as games, quizzes and fitness routines.

How about checking sports scores, learning the calories in a donut or ordering a coffee? You can reorder something previously ordered through Amazon, add a list of errands to your day, play your Audible books, or ask about this day in history. You can ask the device to produce white noise, roll the dice, schedule a ride with Lyft or Uber, send a text, make a phone call or suggest a dinner topic.

Does Alexa “listen” to you all day? Yes and no. Use the word “Alexa” to wake up the device: The multicolor rings show she is listening to your request. If you see a yellow ring, ask Alexa to tell you about your notifications, such as the delivery of a package from Amazon.

There’s been controversy about Amazon workers or contractors listening to Alexa in order to improve the software. Amazon addresses privacy issues and provides you with an easy guide to using your Echo Dot on its website.

The Echo Dot typically goes on sale for $25 (half price) in the fall. It makes a great gift for yourself or people you love. Best of all, using it is as simple as asking, “Alexa, what’s the temperature?”

Learn more online
coolmomtech.com/2016/01/cool-things-you-can-do-with-the-amazon-echo/
https://www.digitaltrends.com/home/what-is-an-echo-dot/
Cancer survivor’s decades of service earn statewide recognition

Villa resident Christine Carpenter won a battle with breast cancer 26 years ago. That experience exposed her to the need for local advocacy on issues surrounding a breast cancer diagnosis. Christine dedicated herself to that cause and, in doing so, has made living with breast cancer easier for women and men in the Cedar Valley, Iowa, and the United States.

On September 24, Christine was awarded the Iowa Cancer Champion award at the Iowa Cancer Consortium Fall Summit in Ankeny. Her nomination was based on her dedication to local, regional and national events and advocacy.

Christine leads the Advocacy Council for the Beyond Pink TEAM and serves as a consumer reviewer for research grants. She helped launch Beyond Pink TEAM’s Young Cancer Survivors support group, Iowa Breast Cancer Education and the Iowa Breast Cancer Advocacy Network.

Congratulations, Christine, on this well-deserved award, and thank you for generously serving others.

A century of service from five employees

Congratulations to these five employees! They celebrate milestone anniversaries this month that total 100 years of work at Western Home Communities. Thank you, all!

Headed south this winter? Don’t miss The Journal!

Dates I/we will be away__________________________________________________________

Name_____________________________________________________________________

WHC address_________________________________________________________________

Winter street address__________________________________________________________

City_________________________________________State_______ Zip__________________

Return this coupon to Pat Beck at Jorgensen Plaza through campus mail. Or feel free to call Pat at (319) 222-2055 or email pat.beck@westernhome.org with the requested information, so you can stay up-to-date on life at WHC while you’re away.
In sympathy

Willie Irvine, DS Oct. 15
Maxine King, CTG Oct. 10
Bobbie Darling, TS Oct. 9
Leona Murphy, MHC Oct. 8
Verna Post, WHAL Oct. 8
Sadie Mae Bell, MHC Sept. 30
Ray Frederick, WR Sept. 28
Wilbur “Bill” Davis, VTH Sept. 21

Notes of appreciation

Thank you for the beautiful red rose you gave us in memory of Svend. Roses have always been a favorite of mine. Elin Koch and the Koch family

Thank you for the beautiful rose in honor of Bernie Huss. Thank you, also, for the lovely notes sent to our family from those who knew and loved her! Our family has simply been humbled at the outpouring of love and support we’ve received. We thank you for your kindness. Thank you, also, for your prayers for us in this time of grieving and rejoicing. We have peace and hope from God, for Bernie is home in heaven worshiping Jesus and she’s free from all pain. We are comforted that we will see her again one day when Jesus calls us home. We thank God for his promises to us. Tom and the Huss family

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Building Abbreviations
Martin Health Center MHC
Stanard Family Assisted Living SFAL
Windhaven Assisted Living WHAL
Thalman Square Memory Support TS
Willowood WW
Windgrace WG
Windermere WM
Windcove WC
Windridge WR
Windcrest Villas & Townhomes VTH
Nation Cottage and Thuesen Cottage CTG
Prairie Wind PW
The Deery Suites DS

The Journal is a monthly publication of the WHC office of communications and public relations. To subscribe, ask questions, offer content suggestions or unsubscribe, please contact Linda Hudwalker Bowman, editor, at (319) 859-9337 or linda.bowman@westernhome.org.

WHC Memorial Service
Sunday, November 10 3:30 p.m. at Diamond Event Center

Employees, residents and families will gather to remember, honor and celebrate the 68 residents who died from January through May, 2019. A spring service will be held to honor those who died June through December.

Light refreshments will be served following the service. RSVP to memorial@westernhome.org or by calling 277-2141.
Host your private party at Table 1912

Looking for the perfect place to host your holiday gathering?

Table 1912 is perfect for any group of 15-60 people – family, friends, social club, professional organization or business.

Table 1912 is available for private events Sunday through Saturday, 11 a.m. – 4 p.m., and 4 – 9 p.m. Sunday – Tuesday.

Book now for best availability!
Call Meena at (319) 859-9334.