

*Western Home
Communities is a
charitable Christian
service organization
that assertively creates
fulfilling lifestyles
for those we serve,
their families
and our employees.*

Inside this issue:

Simon Estes to visit WHC	2
Chamber music concerts	3
Foundation luncheon	5
International visitor	7
Vietnam vet on Honor Flight	7
Residents you should know	8-9
Older Americans Walk	10
Fun at The Falls	11
Birthdays	12
Scenes of summer	13
Employee anniversaries	14

New website debuts this month

By July 29, the experience of logging on to westernhomecommunities.org will look and feel different.

A new website is soon to be unveiled, featuring "responsive design," which means it automatically adapts to whatever device is being used - desktop, tablet or mobile phone - and formats for each user to have an optimal viewing experience.

Statistics show tablets and mobile phones are being used more often than desktop computers to search the internet. The scales tilted in mobile's favor less than two years ago, and website technology quickly caught up to the new reality.

"We're excited for a colorful, fresh look and easier navigation, so people can find what they're looking for faster," explains Chief Communications Officer Linda Bowman. "Having a responsive design also makes updates much easier to manage, so we can change information easily and frequently."

Mobile optimization is increasingly important as people search for skilled care from hospital rooms, or even while traveling after a visit with aging parents.

Be sure to check the site late this month for a new look, new content and new features!





Simon Estes invited for July Friends program



Simon Estes, an internationally renowned opera singer, humanitarian, educator and philanthropist, will be the Western Home Communities Friends program guest **Wednesday, July 13, 10:30 a.m., at Windcove**. He is a native of Centerville, Iowa, and is currently a professor and artist-in-residence at Wartburg College. Learn about his amazing career on the world's most prestigious stages and his philanthropic projects that improve the lives of children around the world.

If you would like to learn more about Simon Estes before the July 13 program, the Simon Estes Foundation website, SimonEstesFoundation.org, has his life story and photos of performances worldwide.

Take a wine country vacation with Western Home Communities San Francisco and Napa/Sonoma Sept. 30 – October 5

- Door-to-door air fare, motor coach
- 5 nights in hotels
- 8 meals
- Wine tasting
- Castle tour
- Wine train
- Double Occupancy \$2,450
Single Occupancy \$3,290
- Direct flight from Minneapolis to San Francisco
- Two nights at the Park 55 by Hilton, San Francisco
- Fisherman's Wharf
- Viansa Sonoma Winery
- Plaza at Sonoma for additional wine tasting and shopping
- Three nights at Hilton Garden Inn, Napa
- Rutherford Ranch Winery
- Castillo Di Amorosa Winery and castle tour
- Napa Valley Wine Train



Your tour hosts: Carolyn Martin, Mary Taylor, Beth and Jerry Harris
Contact Carolyn for more details and to reserve your spot. (319) 222-2048 or carolyn.martin@westernhome.org.



Chamber music festival comes to Western Home Communities this month

Enjoy these Exorior Duo performances!

Thursday, July 14, 10 a.m. at Windhaven

Wednesday, July 20, 10 a.m.

at Stanard Family Assisted Living chapel

The Exorior Duo will perform at Western Home Communities as part of season two of the Cedar Valley Chamber Music Festival. Michelle Charamy, flute, and Nathan Cook, cello, are the dynamic Exorior Duo. They are members of the full-time faculty of the School of Music at Memorial University in St. John's, Newfoundland, Canada.

The verb "exorior," Latin for "to spring up, to appear," captures the essence of the duo's work: through their collaborations they seek to create new musical meaning in older repertoire and to be a catalyst for the springing forth of new works.



Michelle Charamy



Nathan Cook

Other Cedar Valley Chamber Music Festival performances in Cedar Falls

Saturday, July 16, 2-3 p.m.

Children's Concert

The Hearst Center for the Arts
304 W. Seerley Blvd.

Saturday, July 16, 7-9 p.m.

CVCMF Concert #1: Symphonic Metamorphosis

First Presbyterian Church
902 Main St.

Monday, July 18, 7-8:30 p.m.

Recital: Stefan Kartman and Jeannie Yu

Hearst Center for the Arts
304 W. Seerley Blvd.

Sunday, July 24, 3-5 p.m.

Final Concert: Small Sacrifices

Gallagher Bluedorn Performing Arts Center
University of Northern Iowa campus

Ticket information and more details are available on the website: CedarValleyMusic.org

Windy Hill Singers summer concert series

Thursday, July 14	10:30 a.m.	Willowwood
	Noon	Stanard Family Assisted Living
Thursday, July 28	Noon	Windhaven
Thursday, August 4	Noon	Villa and Town homes at Windridge
Thursday, August 18	10:30 a.m.	Windermere
	Noon	Windgrace
Thursday, August 25	10:30 a.m.	Windcove
Thursday, September 1	12:30 p.m.	Windridge

Every resident is invited to attend one of the choir concerts this summer! If you can't make the performance scheduled for your community, please let your resident coordinator know which concert you will attend so plans can be made for refreshments and seating.



Western Home Foundation and Western Home Communities appreciate donor support of our mission. We share donor names each month as one expression of our thanks. This list reflects gifts received through June 19.



If you would like to make a gift or investigate estate planning and other gift opportunities, **please contact Mary Taylor, director of development, at 859-9338.**

**In memory of:
Jane Bragdon**

Linda & Denny Bowman
Bob & Judy Brown
Ed & Penny Brown
Susan Card
Laurel & Lorna Ericson
Judy Finkelstein
Jerry & Beth Harris
Bernie McCoy
Marilyn Roseberry
Terry & Janet Simcox

Golda Bowers

Jerry & Beth Harris

Bob Bremner

Stan & Linda Ochsner

Harold Fruchtenicht

Vern & Mary Cordes
Darlene Nicklaus
Gene & LaVerne Puetz

June Fuqua

Jerry & Beth Harris
Craig & Holly Schwerdtfeger
Percy & Linda Slattenow

Henrietta Gress

Jerry & Beth Harris

Gretchen Jacobson

Linda & Denny Bowman
Judy Finkelstein
Jerry & Beth Harris

Eula Johnson

Jerry & Beth Harris

Gloria Kellerman

Jerry & Beth Harris

Michele Makinster

David & Ann Andreasen
Evelyn Andresen
Bob Babcock
Cheryl Bearbower
Fred & Phyllis Bowers
Linda & Denny Bowman
Richard & Doris Burger
Jess & Joyce Caughron
Judy Crew & Bre Crew
Kevin Bennett & Teresa Gronowski
Jerry & Cindi Eastman
Karla Foust

Penny Frackiewicz
Terry & Lory Hahn
Kris & Sue Hansen
Mary Lou Hanson
Jerry & Beth Harris
Ron & Jan Heth
Bruce & Carla Johnson
Lela Kabele
Fran Kuehl
Robert & Wendy Lamos
Sharon Lukes
Ryan & Amanda Lynch
Richard & Wilma Makinster
Steve & Kelly Meier
Darlene Page
Larry & Donna Pagel
Faye Rohwedder
Joe & Tristan Smeins
Glen & Judy Staff
Mary Taylor
Helen Jean Thompson
Lois Voyna
Wayne & Jeanette Ware
WHC Transportation Dept.
Carol White
Nell Wilson

Patricia Naber

Jerry & Beth Harris
Joe & Tristan Smeins

Gordon Nieman

Sue DeBower
Judy Finkelstein
Jerry & Beth Harris

Bobette Snoderly

John & Marlene Deery

Dolores Tamisiea

Dean & Glenda Alshouse
Daryl & Jan Andersen
Bob & Rosemary Beach
Carl & Evelyn Boice
Vern & Marcia Hansen
Jerry & Beth Harris
Uyntha Duncan & Norbert Roy
Dave & Cindy Glasener
Nancie Handorf
Joe & Nancy Moothart
Mary Ellen Murphy
Eleanor Parker

Jim & Ruth Peterson
Ned & Ruth Ratekin
Mary Taylor
Lois Wishmeyer

Herman Vander Linden

Jerry & Beth Harris
Joe & Tristan Smeins

Chapel Fund

Tim & Kris Boettger
Deane & Connie Bradfield
Bob & Judy Brown
Donna Brown
Jo Chandler
Sue DeBower
Janice Dusenberry
Robert & Norma Emmert
Dave & Cindy Glasener
Bob & Donna Grosse
Dorothy Guldner
Orville Harberts
Gene & Marty Harrington
Ruby Hockey
Jim & Phyllis Jorgensen
Theresa Kindig
Shirley Klemmensen
Bev Murphy
Dode Nieman
Leo & Joan Ogden
Alethea Peters Estate
Angela Rampton
Donnita Reed
Christina Rich
John Schultz
Phyllis Swanson
Darlene Surface
Berdella Wehrmacher
Glenn & Margaret Wiebeke

**In Honor of Francis & Margaret
Pardoe's 60th Anniversary**

Lois Diemer

Other gifts

Larry & Shirley Cain
Lois Diemer
Dave & Cindy Glasener
Bob Robinson
Dale & Beulah Swartzendruber
Ken TeWalt
Paul Zimmerman



Annual luncheon recognizes donors



The Windridge dining room was dressed up for the occasion.

ON THE MENU

Crab timbale with minted quinoa

Tomato, arugula and blood orange salad with raspberry vinaigrette

Prosciutto-wrapped chicken breast stuffed with spinach and feta cheese

Roasted fingerling potatoes and asparagus with Caribbean glaze

Blueberry panna cotta

On June 7, the foundation expressed its appreciation to donors who have made a planned gift to Western Home Communities or contributed at least \$1,000 during the previous year.



Bill Witt, chair of the board of directors, joins CEO Kris Hansen (right) on the patio for summer mocktails.



Sharing a pre-luncheon conversation are Jim Snodgrass of Benton's Sand & Gravel with Chaplain Tim Boettger (right).



Jo Potter of Windridge (right) enjoys a visit with Patty Martin of Windermere.

Sharon Lukes, senior director of assisted living, shares a laugh with Richard Stanford.





Chaplain's Corner: Time with Jesus and courage

by Rev. Tim Boettger

A full and meaningful life includes being a part of

something bigger than oneself. If that something serves a grand and noble purpose, it becomes even more meaningful. While in college I assessed all the things that could capture someone's time or energy. What captured me the most? The eternal kingdom of God. I was captured by all that the Bible taught about eternity, the purpose of our life here on earth, the good news of Jesus and our call to be a part of what God is doing in the world. I was shocked when I started to sense a call into ministry. When I evaluated all the options before me, it only made sense to give my life to that call.

Eventually my life mission statement would become, "To glorify God and advance His kingdom in all that I say and all that I do." I certainly have not lived this out perfectly, but I'm happy I made this my mission because it has been a meaningful journey.

Why am I telling you this? Because I believe God has made it possible for all of us to experience the joy of being used by Him in the advancing of His eternal kingdom here on earth. This is not just an opportunity for those of us in "full-time" ministry. It is a joy we were each created to experience in any walk or stage of life.

Listen to what the writer of the book of Acts tells us about some of the first individuals God used to advance His kingdom in the world in a whole new way, after Jesus' time on earth:

When they [a crowd that heard them speak] saw the courage of Peter and John, and realized that they were unschooled ordinary men, they were astonished and they took note that these men had been with Jesus. (Acts 4:13)

Notice the four characteristics that Luke highlights about these two individuals who were greatly used by God.

- 1.) They had spent **time with Jesus.**
- 2.) They showed **courage with what they had become convinced of and taught by Him.**
- 3.) They were **unschooled.**
- 4.) They were **ordinary.**

It seems that **getting to know Jesus, spending time with Him, learning from Him** were the main things necessary for those who became useful to God, and lived full, meaningful lives. We can still do the same today! We know Jesus is alive and He has given us all the teaching we need to learn from Him in His Word. He has given us His Holy Spirit to teach and guide us. It's not about getting all the right schooling (though there is nothing wrong with that) or about being anything other than "ordinary." They spent time with Jesus, and stepped out in courage to share His love. God blessed their efforts, and their lives, as a result.

We shouldn't be surprised. "Jesus came that we might have life and have it to the full," (John 10:10). Don't you think Jesus wants the same for us as He did for them?

Sunday Worship Leaders

July 3	Don Sauser (<i>Communion</i>)
July 10	Don Sauser
July 17	Tim Boettger
July 24	Don Sauser
July 31	Tim Boettger
August 7	Don Sauser (<i>Communion</i>)

Check your building calendar for Bible study times.



Save the date for international guest



Francis Njuakom of Cameroon, Africa, founded an organization in 1998 to take care of older adults in his neighborhood. With the goal of helping them live fulfilled lives, he started the work on a shoestring budget; it has grown to become the leading organization for elder work in this country of 22 million people.



He was recently appointed as a board member of the International Federation on Aging. Francis makes his first trip to the United States in August. He will be the closing keynote speaker at the international Pioneer Network conference in New Orleans and travel to Cedar Falls to spend the day with us August 9.

More details will be featured in the August Journal. Mark your calendars for that morning, and prepare to welcome Francis and learn from his inspiring story. You can also read more about the work at cdvta.org.



Mark your calendars to save these dates

Saturday, September 17 7 - 10 a.m.

42nd Annual Friends Breakfast
Windridge

Ticket information coming in August Journal.

Saturday, October 22 9 a.m. - 1 p.m.

Annual Handcrafted Holiday Sale
Windridge

Signup sheet coming in August Journal.
Make plans now to participate!

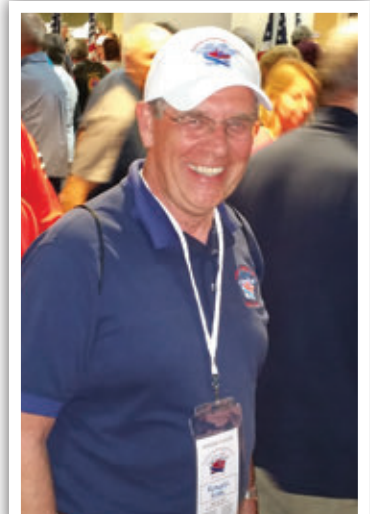
Vietnam veteran takes Honor Flight

Villa resident Ron Heth made his first trip to Washington, D.C. on May 24 as part of the 15th local Honor Flight, the first to include veterans of the Vietnam conflict.

Ron was part of a group that included four WWII veterans, 30 from the Korean War and 62 who served in Vietnam. They toured various war memorials in the nation's capitol, including the wall inscribed with the names of each service member who died in Vietnam.

Ron and other veterans choked up as they wound through a large, cheering crowd upon their late-night return to the airport. The Vietnam veterans recalled that they were not warmly welcomed home when their service ended four decades prior. For Ron, the experience helped provide closure to his time in the military.

Thank you for your service, Ron, and congratulations on being selected for the Honor Flight.





Platt garden bounty adds to quality of life for Windridge neighbors

Strawberries may be available in grocery stores year-around, but, Windridge residents know it is worth waiting until each June for the vine-ripened strawberries cultivated and harvested by Jim Platt. His strawberry patch is one part of a flourishing garden that includes red, purple, black and yellow raspberries; pear, apple, cherry and apricot trees; tidy rows of carrots, kohlrabi, potatoes, radishes, beans, onions, ground cherries, zucchini and squash. It is a scene of abundance against a backdrop of five-mile views of Orange Township to the south and west.



Jim shows the berry set on a raspberry bush. At its peak, the garden and orchard yield was preserved in more than 100 quarts of canned fruits and vegetables.

Jim and Phyllis Platt retired and re-sized their possessions before moving from the farm to Western Home Communities in 2009, but Jim decided to retain the farm garden he has tended over his lifetime. He now enjoys sharing its bounty with new neighbors at Windridge. It's a 24-mile round trip from Windridge to his farm and well worth the cost of gallon of gas for the satisfaction, "therapy" and exercise of

maintaining a huge garden. A visitor will see three-foot beans, Jim's 2016 experiment; that's not the vine, folks, it is the seed pod! Jim couldn't put a cap on his curiosity when the seeds were offered to him by a friend and fellow gardener from Cedar Falls.

It's a year-round enterprise, Jim said. Earl May, Burgess and Gurney's catalogs create stacks of hope in the Platts' home beginning in December.

The Platts' history in Orange Township precedes Hawkeye Community College, South Hills Golf Course, the waterpark and casino. "It was all farmland and a farmer could support a family

Jim inspects the progress of two rows of onions. His garden is on the edge of the 160-acre farm purchased by his father in 1938.



on 160 acres. We did," Jim said. Jim's career arch has included innovation and successful business transitions that took advantage of agricultural trends. A second career beckoned when Jim re-configured a highboy detassling machine into a highboy sprayer that could clear the crops for later season spraying of morning glory. Pretty soon he had one of the first commercial enterprises in the township with 68 farmer clients.



Quart after quart of perfectly-ripened strawberries reward Jim Platt – and his friends at Windridge!

His next 25-year career was spraying lawns. That was followed by trucking for Wayne Engineering and delivering cars and trucks for Community Motors.

Four generations of Platts have called

Western Home Communities home; Jim's grandmother and mother lived at Stanard Family Assisted Living. Jim and Phyllis' daughter Laurie lived at Windridge before she passed away of brain cancer. "The kindness of the staff and fellow residents is a good memory of a very tough time," Jim said.

"I'm thankful that I can still enjoy the garden," Jim said. He gets to see his infant twin great-grandchildren who live on the family farm. Thanks to Jim, they have the advantage of access to a farm garden producing fresh fruits and vegetables five months of the year. That's one sweet legacy!



You'll find Betty managing all things backstage at the July performances of "Singing in the Rain" at Waterloo Center for the Arts.

retired from teaching chemistry, physics and advance biology at Dike. There is a theme: One very capable person at the front who makes a complex task (or learning experience) move smoothly.

Betty has volunteered in the Cedar Valley arts throughout her retirement. She was recruited to volunteer at the Waterloo Center for the Arts as a docent for the children's museum. Of course, Betty became very good at leading learning for kindergarten through 6th grade students. School trip organizers found out when Betty was volunteering so they could schedule their trip for that time.

Betty is well-known for her backstage leadership at the Waterloo Community Theater performances. When Betty is in charge, props, costumes and actors are ready when the curtain goes up. And when there is a glitch, she has the focus and fortitude needed to make quick adjustments that assure performance success. You might think a former teacher would relish a stage role, "I think it is more fun to make the magic happen back stage than to have a acting part," she said. If you see "Singing in the Rain," July 8-17, appreciate that Betty will be managing a large cast and – you guessed it – real rain on stage.

The World's Window shop in downtown Cedar Falls has also benefitted from Betty's volunteering.

Betty Goettsch prefers backstage magic to theater footlights

Betty Goettsch has used her career and retirement to enrich the quality of life for thousands of students. Betty has brought the full range of teaching skills to each volunteer activity – and there are many over the 30 years that have passed since she

She's been a World's Window volunteer since 1986 and currently serves as a clerk each Friday afternoon. In true teacher form, Betty's assesses shoppers' knowledge of the fair trade concept and teaches to any gaps in that knowledge.

Oh, there is more: Betty quilts with the United Methodist women on Tuesday mornings. She and her friends make more than 50 quilts each year for youth in the foster care program. They also make sure that each child baptized in their church has a quilt to commemorate the event.

At 93 and fully engaged, Betty is quick to express gratitude for all volunteering has brought to her life. "I just love the people I work with," she said, "I'm a well-loved, but spoiled rotten daughter of the Father. He has been good to me all my life." She adds, "Volunteering is the dessert of my life. It is pure pleasure and joy."

The community has noticed Betty's contributions and she's earned many awards. She hopes that any honor she felt for recognition is surpassed by the potential of her awards to inspire others to use their minds and talents to improve the lives of people around them.

Betty's apartment in Windermere includes a wall of awards:

8 over 80 recognition, Iowa State University Alumni Service award, Volunteer Hall of Fame award, two Mayors Volunteer Awards, Hartman Reserve recognition, and more. She especially enjoys explaining the Dike varsity letter that includes captains' pins for all the extracurricular activities she coached during her teaching career. "You know all those extra-curricular groups that have non-paid coaching staff?" she asked. "I coached all of them!"





Words of Wellness: The power of your mind

by Wellness Coordinator
Amanda Lynch

Every day your mind works overtime to process the facts, faces and figures of the world around you. That capacity to learn brings joy and success throughout your life; good physical health and social health play a role in maintaining a healthy mind. Recent research has suggested that the brain's memory capacity is exponentially larger than previously believed. That's great news!

Daily attention to overall health will help your mind operate at its full potential. Below you will find a few tips to help keep your memory sharp and keep your mind as powerful as possible as you age.

Be firm on the basics: A healthy lifestyle helps you stay sharp. That means exercising regularly, managing stress, getting enough sleep and eating a diet with real whole foods will keep your mind in tip-top shape.

Keep an eye on the scale: Excess weight can be linked to memory issues, but the effects are not permanent. While we don't want anyone obsessing over the scale, making sure to maintain a healthy weight throughout life is an important piece to the puzzle.

Enjoy the ones you love: An active social life is good for your mind! Woohoo! Staying connected to family and friends will leave you less likely to have memory loss as you age. Strengthen your social network by having dinner with a friend once a month, calling a loved one more often, volunteering, or taking a lifelong learning class. The bottom line: Do something you love with the ones you love.

WELLNESS RECIPE OF THE MONTH Poppy Seed Fruit Salad

Ingredients

- 3 tablespoons orange-mango fat-free yogurt
- 3 tablespoons poppy seed salad dressing
- 2 cups halved strawberries
- 2 cups cubed pineapple
- 1 cup honeydew melon balls
- 1 cup cantaloupe balls
- 12 Boston lettuce leaves

Directions

1. Combine yogurt and salad dressing in a small bowl; stir well with a whisk.
2. Combine strawberries, pineapple and melon balls in a large bowl, tossing gently.
3. Line each of six plates with two lettuce leaves; spoon one cup fruit mixture onto each plate.
4. Drizzle each salad with one tablespoon dressing. Serve immediately.

Walking for fun and fitness

A picture-perfect blue sky greeted residents from several buildings who participated in the annual Older Americans Month walk, organized by Northeast Iowa Area Agency on Aging and sponsored by Western Home Communities. They set off from the Cedar Falls Community Center and walked a mile through the vibrant downtown.





Summer swim at The Falls

All residents and employees are invited to join the party **Saturday, July 30, from 9 -11 a.m.** at The Falls. Bring your children, grandchildren, friends and neighbors! Free admission and lifeguards on duty. Also mark your calendar for the final swim of the summer on **August 13**. Look what a great time was had June 18...

Ladies lounging in lightweight linen! Phyllis Swanson (left) and Winnie Blake loved every minute of their poolside relaxation.



No fear of heights for nurse Tammy Steege's son!



Karla Foust's son Cameron (front) and her nephew Soren Petersen loved the water slides.



It was a father-son outing for transportation asst. Chris Ravn and his three-year-old, Easton.



Helen Lund of Windcove (center right) cools off on the lazy river.

More fun photos are on our Facebook page! facebook.com/WesternHomeCommunities



Happy July Birthday!

Dave Glasener	VTH	July 1	Betty Goettsch	WM	July 18
Rodney Tomson	WC	July 1	Bernie Huss	WM	July 18
Lloyd Loonan	SFAL	July 2	Barb Beil	VTH	July 19
Richard Tetterton	VTH	July 2	Mim McKinley	WC	July 19
Sherrie Dreyer	VTH	July 2	Marian Christiason	WHAL	July 19
Dodie Hook	WHAL	July 2	Larry Cain	WM	July 19
Lorraine Crotty	VTH	July 3	Gladys Lechtenberg	MHC	July 20
Ann Kemp	WHAL	July 5	Jean Hansmeier	VTH	July 20
Edith Kimpston	MHC	July 7	Roy Justis	VTH	July 20
Susan Keller	SFAL	July 7	Bev Haugen	WC	July 20
Merle Meimann	WHAL	July 7	Bill Thrall	VTH	July 21
Karen Fisher	WHAL	July 7	Homer Leymaster	WHAL	July 21
Maylene Frink	WR	July 7	Al Obermeier	WHAL	July 21
Cy Haugen	WW	July 7	Waldean Grauerholz	MHC	July 22
Betty Knudsen	TS	July 8	Janet Simcox	VTH	July 22
Ruth Peterson	VTH	July 8	Howard Schaa	WG	July 22
Donna Joens	WR	July 8	Calvin Meyer	MHC	July 23
Judy Gillespie	WM	July 9	Tim Grady	VTH	July 23
Burnetta Irvine	MHC	July 10	Terri Tobin	WC	July 23
Collin Randall	SFAL	July 10	Joyce Cutshall	WC	July 23
Betty Newport	WHAL	July 10	Jerry Jorgensen	WC	July 23
Terry Simcox	VTH	July 11	Phyllis Swanson	WG	July 23
Alan Tapper	WM	July 11	Julie Bailey	WHAL	July 23
Corny Schmitt	WR	July 11	Margene Makinster	VTH	July 24
Sara Moe	MHC	July 12	Donna Rae Laurie	WG	July 24
Donna Dralle	WHAL	July 12	Margaret Klein	MHC	July 25
Rita Welter	WR	July 13	Donna Geary	SFAL	July 25
Lorna Ericson	WR	July 13	Evie Boardsen	WR	July 25
Pat Smith	MHC	July 14	Elaine Althof	MHC	July 26
Art Foelske	SFAL	July 14	Harry Lind	WG	July 26
Jewel Kohler	MHC	July 15	Loretta Dykes	WR	July 27
Marty Harrington	WM	July 15	Marge Brom	MHC	July 28
Margaret Shay	VTH	July 16	Bob Kellner	SFAL	July 28
Sharon Kreb	VTH	July 16	Rhoda Olson	VTH	July 28
Mary Ellen Murphy	VTH	July 16	Kay Connelly	VTH	July 28
Shirley Davis	MHC	July 17	Martha Domek	WHAL	July 28
Bonnie Krull	MHC	July 17	Arlene Schilling	SFAL	July 29
Bob LaFavre	VTH	July 17	Sally Davis	VTH	July 29
Jim McCutcheon	VTH	July 17	Wayne Badger	WR	July 29
Curt Wilson	WC	July 17	Dick Vandekieft	VTH	July 30
Mary Brown	WHAL	July 18	Dorothy Brown	WG	July 30
Sue DeBower	WC	July 18	Ruby Hockey	SFAL	July 31
Betty Heine	WC	July 18	Don Woody	VTH	July 31
Esther Westendorf	WHAL	July 18	Mervin Sassmann	WHAL	July 31
Mary Brown	WHAL	July 18	Ivy Colvin	WW	July 31



Scenes of Summer



Men gather weekly at Windcove for some friendly pool. From left: Clive Cook, David Williams, Rodney Tomson, Don Krull and Jim Tice.



From left, Maria Murphy, Kim Salmon and Katie Corson do some clowning around on Red Nose Day. All the efforts in support of that day raise support and awareness of children's charities.



Enjoying the new game room at Thalman Square are Tony Grundmeyer (left) and Ken Gaffney. The game tables are getting lots of use; one resident's daughter told "Mayor" Diana Lane, "Seeing Dad standing up playing pool again is so marvelous!"



Melvin Harms of MHC shares stories of his travels with students from St. Patrick School, who helped residents plant flowers in the courtyard.



June is perfect popsicle weather! MHC resident Michael Douglas and Karla Foust's son Colton bonded over frozen treats and talked about their favorite team, the Buckeyes.

Welcome new employees

Emily Almandinger, Resident Assistant – Thalman Square
Jhasmin Anderson, Resident Assistant – SFAL
Collins Boadi, CNA – MHC
Vivian Cooper, CNA – Cottages
Paul Crew, Maintenance – South Campus
Lisa Feldman, CNA – MHC
Kaitlyn Gebel, Resident Assistant – Thalman Square
Morgan Gibbs, Resident Assistant – Thalman Square
Synetra Gray, CNA – MHC
Alexa Hoeltermann, Coordinator – Windcove
Tristan Hoffman, Resident Assistant – SFAL
Ilsa Knivslund, CNA – MHC
Abena Mackie, Resident Assistant – WHAL
Courtney Moss, Resident Assistant – Thalman Square
Danielle Moss, Resident Assistant – SFAL
Patricia Reuter, Cook – Winding Creek Meadows, Jesup
Finesse Scott, Resident Assistant PT – Thalman Square

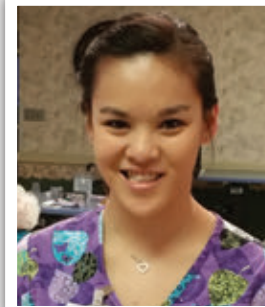
atHome with Western Home

Hannah Schatz, Caregiver
Vonneta Waters, Home Health Aide

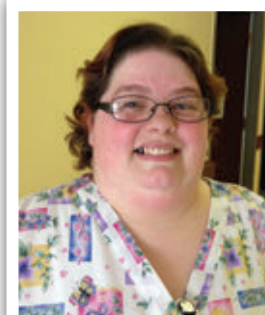
Dining Services

Aliyah Campbell, Wait Staff – Windcove
Dakota Daugherty, Wait Staff – Windcove
Kayla Dyer, Food Service Worker – SFAL
Laney Gray, Wait Staff – Windermere
Chase Klose, Food Service Worker
– Downtown Campus
Kathy Miller, Wait Staff – Windcove
Maegan Neibert, Wait Staff – Willowwood
Ashley Norem, Wait Staff – Windcove
Emily Novak, Wait Staff – Windridge
Dylan Peterson, Wait Staff – Windridge
Madeline Prunty, Food Service Worker
– Downtown campus
Voneisha Sawyers, Food Service Worker
– Downtown Campus
Shane Schubarth, Cook – SFAL
Holly Seemann, Food Service Worker
– Downtown campus
Parker Strauss, Wait Staff – Windridge
Kailey VanHeiden, Wait Staff – Windcove
Tizita Williams, Wait Staff – Windcove
Emily Wikner, Wait Staff – Willowwood
Cameo Young, Wait Staff – Windermere and Windridge

Congratulations on 5-year anniversaries



Leah Broadie
5 years
Certified Nurse Aide
July 1



Carrie Guhl
5 years
Housekeeping
July 15

In sympathy

Myrle Bjerke, SFAL	June 19
Don Jameson, WG	June 17
Larry Vaughan, MHC	June 17
Patricia Naber, WW	June 8
Gretchen Jacobson, WHAL	June 7
Herman Vander Linden, MHC	June 4
Eula Johnson, MHC	June 3
Jane Bragdon, WR	June 2
Gloria Kellerman, MHC	June 1
Michele Makinster, WW	May 31
Henrietta Gress, MHC	May 28
June Fuqua, CTG	May 26
Dolores Tamisiea, CTG	May 26



Thank you notes

Thank you for the rose in a vase for my mom's service. *The family of Audrey Reynolds and Melanie Hart and Tom Reynolds*

Thank you for the beautiful rose. *The Alethea Peters family*

Thank you for your kindness and sympathy during this difficult time. *The family of Miriam Rodby*

Thank you for your kind expression of sympathy. *The family of Lavonne Zimmerman*

Our family would like to thank you for the many kindnesses and expressions of sympathy during this difficult time. The red rose was very beautiful. *The family of Gordon Nieman*

Thank you so much for your prayers and kind words. The flower was beautiful. *The family of Golda Bowers*

Thank you for the beautiful rose you sent to honor our friend Doug Oberman. Doug was a special person who touched so many lives. Thank you for caring. *Liz and Steve Thorpe*

Our mom spend her final days in your care. The staff was so kind and accommodating to Mom and her family. Thank you for your care and consideration during this difficult time. *The family of Delores Krogh*

Thank you very much for remembering June with the beautiful rose. We were truly blessed and thankful that our mother was able to be part of Western Home Communities. The physical accommodations from apartment to Nation Cottage were beautiful and home-like! The staff, at all stages, was professional and loving. Thank you. *The family of June Fuqua*

Thank you for your thoughts and prayers and donation of flowers. *The family of Eula Johnson*

Thank you, all, for making Lois' stay with you as comfortable as possible – she really appreciated the care that was given her – and I certainly did, too! I'll be forever grateful. *Roy Ortlip and family*

BOARD OF DIRECTORS

Bill Witt, *Chair*

Willard Jenkins, *Vice Chair*

Larry Fox, *Treasurer*

Kathy Flynn, *Secretary*

Marlene Behn

Scott Bittner

Sarah Brown

Joyce Coil

Steve Firman

Greg Schmitz

Floyd Winter

Foundation Development Council

Robert Beach

Jan Andersen

Judith Benson

Ron Bro

Joan Diamond

Laurel Ericson

John Falk

Martha Hansen

Kathleen Hesse

Bev Michael, *ex-officio*

Sid Morris

Harriet Picht

Miller Roskamp

Friends of Western Home Communities

Bev Michael, *Chair*

Don Rasmussen, *Vice Chair*

Helen Bosley, *Secretary*

Building Abbreviations

Martin Health Center

Stanard Family Assisted Living

Windhaven Assisted Living

Thalman Square Memory Support

Willowwood

Windgrace

Windermere

Windcove

Windridge

Windcrest Villas & Townhomes

The Cottages

MHC

SFAL

WHAL

TS

WW

WG

WM

WC

WR

VTH

CTG

The Journal is a monthly publication of the WHC office of communications and public relations. To subscribe, ask questions, offer content suggestions or unsubscribe, please contact Linda Hudwalker Bowman, editor, at (319) 859-9337 or linda.bowman@westernhome.org.



Like us on Facebook!

We're online at

www.Facebook.com/WesternHomeCommunities.

You'll find up-to-date photos, details on current happenings within our communities, and more. Join the conversation and give us a thumbs up!





WesternHome
communities

420 E. 11th Street
Cedar Falls, Iowa 50613

Nonprofit Org
US Postage Paid
Cedar Falls, IA
Permit No. 217

Join us for Sunday brunch!

July 10 and 24

10:00 a.m. to 1:30 p.m.

Windridge 5311 Hyacinth

To make reservations, call
859-9349

www.WesternHomeCommunities.org



Meet Employee of the Month, **Tyler Gerdes**

Tyler joined Western Home Communities in July 2014. He currently works in Windgrace independent living as lead wait staff.

Tyler's nominator said:

- Tyler is always courteous and friendly.
- He has a great smile, a cheerful attitude and we don't hear him complain.
- He makes special accommodations when necessary to make sure everyone is comfortable.
- We appreciate his professional attitude.

Western Home Communities congratulates Tyler on being named the employee of the month for June 2016.

