Western Home Communities is a charitable Christian service organization that assertively creates fulfilling lifestyles for those we serve, their families and our employees.

WHC receives trio of workplace honors

Three awards presented in September recognize the work done by 800 employees who work daily to fulfill the mission.

For the first time, Western Home Communities was named one of Iowa’s Top Workplaces in the mid-size company category. Results were published in the Des Moines Register on September 18. Rankings were based on employee engagement scores through workplace surveys.

Courier Communications recognized WHC on Labor Day as one of its repeat Employers of Choice, based on nominations from employees and others in the community.

And on September 21, LeadingAge Iowa presented its annual Excellence in the Workplace Award for the WHC Prepare to Care class, led by Director of Clinical Training and Development Sue Weber.

“These awards reflect the heart of our workplace culture, which is everyone’s job to create, and it’s something we continually strive to improve,” said CEO Kris Hansen. “Hats off to each one of our dedicated employees who comes to work ready to assertively create fulfilling lifestyles. All of this recognition is a direct result of what they do, day in and day out.”
The votes are in

Courier readers named their favorites in recent online and mail-in ballots. Western Home Communities is honored to receive 1st Place Best of the Best in retirement community, assisted living and nursing home categories. Additionally, atHome with Western Home received Best of the Best honors in the home health category. Thank you for the votes of confidence!

WHC-TV calendar wins gold

The National Mature Media Awards recognizes the “best and brightest” marketing materials and programs designed for older adults. Only about 25 of the 500+ entries received gold; among them, the WHC-TV: Season Two calendar. Season One also received an MMA gold award last year.

Congratulations to all who worked on and participated in this project, especially the 63 residents and employees who good-naturedly donned costumes and laughed their way through photo shoots!

Kansas City Holiday Tour

November 29-December 2

- 3 nights lodging Westin Kansas City at Crown Center
- 3 breakfasts and two buffet dinners
- Admission to the dinner theater, tours and museums
- Transportation

This trip is well-paced to enjoy the beauty and bustle of Kansas City during the holiday season. Your hosts, Carolyn Martin and Mary Taylor, are glad to have you join them on this memorable trip to Carolyn’s hometown, Kansas City. Cost: $835 per person double occupancy or $1,169 single occupancy.

For more information contact Mary Taylor, (319) 859-9338, or Carolyn Martin, (319) 222-2048.
$12,000+ raised at 42nd Annual Breakfast

Sunshine and clear blue skies greeted breakfast-goers at Windridge on September 17, where volunteers served more than 400 meals and raised funds for this year’s project, the purchase of new dining room tables for Stanard Family Assisted Living.

The breakfast is a family affair for Rowena Hardinger of the villas, at right.

Donna Falk of Windridge enjoyed catching up with guests as she refilled their beverages.

Bob Grosse of the villas found his volunteer calling in the serving line.

Volunteers Rich Congdon, Alice Hansen, Carol Ann Draper, Rita Congdon, Dave Draper, Margene Grady and Tim Grady.

Former SNL cast member Gary Kroeger cracks a joke as he waits to be served by Rita and Roy Justis (from left) with Donnabelle Miller.

Special thanks to presenting sponsor Dahl-VanHove-Schoof for their support.
Western Home Foundation and Western Home Communities appreciate being honored through estate gifts, memorials and other donations. We list donor names each month as one way of thanking donors for their generosity. This list reflects gifts received through September 16.

If you would like to make a gift or investigate estate planning and other gift opportunities, please contact Mary Taylor, director of development, at 859-9338.

In memory of:
Myrle Bjerke
Randy & Linda Bjerke

Elnora Brewster
Joe & Tristan Smeins

Mary Brown
Don & Judy Cole
Mary Helen Curtis
David & Carol Draper
Louise Frevert
Gene & Marty Harrington
Bev Ridder

Laurel Ericson
Berdena Beach
Bob & Rhoda Olson
Holly & Craig Schwerdtfeger

Paul Huffman
Sharon Lukes

Bonnie Krull
Veronica Cobb
Cleo Cross
Sue DeBower
Lee & Marlene Engen
Vern & Marcia Hansen
Berwyn Johnson
Gene & Laverne Puetz
David & Audrey Williams

Gene Medhaug
Joyce Coil

Cornelius Schmitt
Vern & Mary Cordes

David Waterman
Dean & Glenda Alshouse
Margaret Bachtell
Leroy & Becky Bierwirth
Lorna Blohn

Mary Ann Bousfield
Clive & Mavis Cook
Vern & Mary Cordes
Doris Crandall
Louis & Joyce Cutshall
Sue DeBower
Louise Frevert
Joel & Linda Haack
Nancy Handorf
Vern & Marcia Hansen
Gene & Aurelia Harringa
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Ed & Jean Hoer
Shelton & Mary Hornback
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Gla Meyer
David & Carol Oliver
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Gene & Laverne Puetz
Bryce & Jeanne Robinson
Bill & Mary Lou Snyder
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Jean Swiggum
Terri Tobin
Lura Treloar
Peter Wertich
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Nell Wilson
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Chapel Gifts
Ervin Bahr
Margaret Bettis
Lorna Blohn

Tim & Kris Boettger
Bob & Judy Brown
Larry & Shirley Cain
Jo Chandler
Louis & Joyce Cutshall
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Robert & Norma Emmert
Richard & Maxine Galloway
David & Cindy Glasener
Bob & Donna Grosse
Dorothy Guldner
Helen Hannan
Alice Hansen
Vern & Marcia Hansen
Gene & Marty Harrington
Ruby Hockey
Jim & Phyllis Jorgensen
Lela Kabele
Theresa Kindig
Shirley Klemmensen
Carl & EthelAnn Koch
Bev Murphy
Dode Nieman
Leo & Joan Ogden
Angela Rampton
Donnita Reed
Christina Rich
Jack & Pat Schultz
Terry & Janet Simcox
Phyllis Swanson
Berdella Wehrmacher
David & Audrey Williams

In honor of Bob Olson
Lorna Ericson

Other Gifts
Dave & Cindy Glasener
Merlin & Erna Huebner Estate

Please join us in observing National Estate Planning Week by learning more on the topic with professional experts.

Friday, Oct. 21, 1:30 p.m.
Windcove Dining Room
Featuring a special dessert bar.
Please RSVP to mary.taylor@westernhome.org or 859-9338.
Thank you to these generous sponsors for helping us raise close to $50,000 for the Western Home Foundation's Assurance Fund!

Platinum VIP Partner - $5,000
AHTS Architects  
Cardinal Construction  
Lockard Companies  
Martin Bros. Distributing  
Ryun Givens Inc.

Gold VIP Partner - $2,000
Impact Interiors  
Lee Agency  
PDCM Insurance

VIP Partner - $1,000
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Kris Hansen  
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NuCara Pharmacy  
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Iowa Wall Systems  
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STAR Floors  
Stickfort Electric Co.  
Tech of Ages  
Western Home Board of Directors

Tournament Partner - $750
Benton’s Ready Mix Concrete  
Direct Appliance  
Larry K. Fox & Assoc.  
Richardson Funeral Home

Other Sponsors
Blackhawk Sprinklers  
Scott & Joyce Hornstein  
Scheels

Golf Outing at Beaver Hills Country Club, August 29
Chaplain’s Corner:
Western Home ministry expands
By Garry and Christie Moore

We have definitely seen God’s direction in bringing us to Western Home Communities. We are Garry and Christie Moore. We are the newest members of the spiritual care team here at Western Home Communities. God has, in a very special way, prepared us for this new ministry and we are excited about it!

Delight yourself also in the Lord, and He shall give you the desires of your heart. (Psalm 37:4)

I, Garry, was raised in a small town in Illinois. Chaplain Don Sauser was my youth leader – what a small world it is! Shortly after graduation, I had an accident at work and lost three of my fingers. Chaplain Don came to the hospital and shared Proverbs 3:5, 6 with me.

Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him and He shall direct your paths. (Proverbs 3:5, 6)

God used those verses to help me surrender to His leading in my life. The following fall I began my studies at Faith Baptist Bible College in Ankeny, eventually earning my Master of Arts in Biblical Studies.

I have been involved in pastoral ministry for 37 years. I am currently serving as an assistant at Calvary Baptist Church in Waterloo. God has given me a heart that likes to be with people and I believe my new responsibilities fit that very well.

I just turned 62 in September. My favorite holiday is “Grandparents Day!” I am glad God has allowed me to experience Psalm 127:5:

Happy is the man who has his quiver full of them; they shall not be ashamed, but shall speak with their enemies in the gate. (Psalm 127:5)

I, Christie, was born right here in Iowa, and I was raised in Dike. After graduation, I attended UNI for a time before I transferred to Faith Baptist Bible College. I guess God had a guy there I needed to meet! I graduated from FBBC with a Bachelor’s degree in Bible.

Garry and I have ministered together in churches in Illinois, Indiana, Minnesota and Iowa. My part in ministry has included leading Bible studies, working in the nursery, secretarial work and music. When asked, “What do you do?” I always answer, “I’m a domestic engineer.”

God has blessed us with 8 children and 15 grandchildren! Almost all of our children are within 30 miles of us; so, needless to say, our home can be “Grand Central Station” and we love it!

I enjoy spending time with our family, baking and playing the piano. I’m looking forward to our hymn sings together. I’ll be happy to play your favorites!

We are very thankful to be able to team up to serve here at WHC. It has been a real blessing to be side-by-side as we carry out our responsibilities.

A verse that has been very significant to us is:

For I know the thoughts that I think toward you, says the Lord, thoughts of peace and not of evil, to give you a future and a hope. (Jeremiah 29:11)

We would ask for your continued prayers for Chaplain Don and his wife Dawn as they continue to travel to and from Iowa City for Dawn’s ongoing cancer treatment.

October Chapel Schedule

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Yoga Movement for Seniors (Steffany Kroeger)
Learn yoga basics and get a little stronger and more flexible. Release some of life's stress with deep breathing and guided relaxation. Gentle appropriate movement from all abilities. Standing or chair approach supported. This class is for the young at heart!
Mondays, October 3, 10, 17, 24, 31, and November 7
10 – 11 a.m.
Windcove WHC – Wellness Room
Limited to 12 people

Four Spielberg Masterpieces (Scott Cawelti)
This course examines Steven Spielberg as a director- his filmography, his ongoing and major contributions to world cinema, his stylistic and thematic hallmarks, and why he entertains well on so many levels. One film per week will be viewed and discussed in this order: “Jaws“ (1975), “Schindler’s List” (1993), “Saving Private Ryan” (1998) and “Lincoln“ (2012).
Tuesdays, October 4, 11, 18, and 25
9:30 – 11:30 a.m.
NewAldaya

100 Years of the National Park Service (Dr. Chris Kowalski)
The class will highlight the conception and development of the National Park Service; the mission of the National Park Service and how that mission aligns with the leisure and recreation field. Benefits to one’s quality of life from visiting and recreating at National Parks, Monuments, Forests, and other Federally-operated spaces will also be discussed.
Thursdays, November 3, 10, 17 and December 1
2 – 3:30 p.m.
Windcove WHC

Our Music, Our Time: An American Music Expose (Celeste Bembry)
Everyone likes the music of his/her youth. The class will explore our uniquely American music culture through an active listening relationship with several music influences including jazz, swing, big band, early rock’n roll, blues, latin, gospel and folk. Don’t miss out on sharing your favorite tunes and building community as we do so. Let the good times roll!
Mondays, November 7, 14, 21, 28
6:30 – 8 p.m.
Gallagher Bluedorn Performing Arts Center, Room 30

Windhaven Assisted Living and Thalman Square
Celebrating our 10th anniversary throughout October
With special thanks to residents, families and staff: Giving great people great care.
Friends of WHC to host annual Handcrafted Holiday Sale

Saturday, October 22 Windridge 9 a.m. - 1 p.m.

A light lunch will be available for purchase.

Invite friends and family to join you! Bring your holiday shopping lists. All vendors have some connection to WHC, either as residents, employees or family members.

Proceeds from the sale support the work of Friends - to enhance the lives of residents of Western Home Communities.

Lorna Ericson of Windridge is shown with some of the angels and knit head wraps she creates and will have on her sale table October 22.

Sisters and long-time WHC employees Suzanne (left) and Peggy Makinster put their personal stamp on hand-crafted cards for all occasions. Plan to stock up at the crafts sale October 22.

Unique silver jewelry is Paul Klotz’s specialty. The Windgrace resident repurposes items such as souvenir spoons and sterling flatware into wearable creations.
Craft sale exhibitor has a niche in paper craft

“Where are we going besides Hobby Lobby?” Margaret Willoughby of Willowwood gets that question from family members who join her on outings. They know Hobby Lobby is on her list of favorite places … on the planet!

Margaret’s hobby of folding durable decorative paper into adorable little boxes is a creative outlet and source of relaxation.

“This little size is perfect for York mints,” she points out. The four-by-four-by-two-inch boxes created from a 12-inch sheet of paper are ideal for holding a gift card, silk scarf, popcorn or bite-sized candy. The smallest boxes and gift bags will hold jewelry or serve as decoration on a holiday tree, wreath or larger package.

“Some people knit and feed their interest with yarn purchases. I do boxes so I buy paper,” Margaret says. The durable paper on which calendars are printed also makes beautiful little boxes; fellow residents save their calendars and expand Margaret’s paper inventory.

“I’ve made more boxes than I could count over the years,” Margaret said. “There have been party favors for graduations, parting gifts for weddings and hundreds of table decorations.”

Margaret’s completed inventory is now growing to satisfy her customers at the annual Friends Craft Show and Sale, October 22. She’s added embellished gift tags to her display; a perfect complement to the pretty paper boxes. She generously donates sale proceeds to the Friends of Western Home Communities.

Margaret has been making boxes for 30 years. Her hobby really took off when she repurposed an “outgoing” Willowwood dining room table as her work surface. “All you need is paper, a flat surface, a ruler, a pencil and a good scissors.” Once the paper is precisely measured and cut, assembling each box takes minutes.

“I never get tired of making boxes,” Margaret says. “They’re beautiful and useful. They can be re-used or easily recycled. It’s a really good hobby for me.”

Margaret’s apartment studio overlooks the Willowwood courtyard. Her boxes and gift tags will be for sale at the October 22 Friends Craft Show and Sale.
Words of Wellness: Flexibility with purpose
by Wellness Coordinator Amanda Lynch

Recently, before a chair yoga class began, I noticed participants engaging in conversation while slouched in their seats. I am sure they were not thinking about how their posture affected them. Once class started and I had everyone sit up with proper posture, it was amazing the positive change in expression, position, and strength I observed in them.

If you want to improve flexibility, the number one rule is to breathe. It helps us release tension and relax both mentally and physiologically. When you exhale, you experience the feeling of letting go of to-do lists, worries and frustrations. That powerful exhale also activates nervous centers in the body and causes us to relax.

Your breath is also your guide to knowing how far to push a stretch, especially when wanting to increase flexibility. You may have noticed during a stretch that at a certain point, you tend to hold your breath and the stretch won’t go any further. By exhaling and breathing deeply through the entire stretch, you will find yourself able to push further.

A great exercise to try is the cat/cow stretch. Sit up tall in a chair with your hands on your knees. Inhale deeply, bring your shoulders forward, tuck in your belly button, and hold. This is called the “cat” stretch. As you exhale bring the shoulders back, push your chest out and exhale. This is called the “cow” stretch. Repeat five to six times for a good stretch that renews your energy for the rest of the day.

WELLNESS RECIPE OF THE MONTH
Parmesan Roasted Cauliflower

Ingredients
• 1 head cauliflower, cut into florets
• 1 medium onion or shallot, sliced
• 4 sprigs thyme
• 4 garlic cloves, unpeeled
• 3 tablespoons olive oil
• Kosher salt and freshly ground black pepper
• ½ cup grated Parmesan

Directions
Preheat oven to 425°. Toss cauliflower with onion, thyme, garlic, oil, salt and pepper. Roast on a large rimmed baking sheet, tossing occasionally, until almost tender, 35–40 minutes. Sprinkle with Parmesan, toss to combine, and roast until cauliflower is tender, 10–12 minutes longer. Makes four servings.

Join the annual Healthiest State Walk

Previously a 1K (.62 mile), this year Iowans are encouraged to “step it up” and walk for thirty minutes. Join other residents and employees as we accept the challenge!

Wednesday, October 5
9 a.m. South Campus (meet at Windridge front canopy)
2 p.m. Downtown Campus (meet at Willowwood front lobby)

Step It Up IOWA

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2 p.m. Downtown Campus (meet at Willowwood front lobby)
Tunis Speedway history revealed

At the Friends program in August, long-time gearhead and history buff Jim Volgarino shared how his curiosity led him to discover the history of Tunis Speedway, often hidden in the hearts and attics of racing fans.

In 1948, Judd Tunis was convinced by Ira "Speed" Chumley to build a 1/4 mile dirt track inside a horse track he’d built previously. A local motorcycle club helped build grandstands for the stock car races that would continue until 1983, drawing crowds of up to 5,000.

Jim Volgarino’s excellent presentation included memorable stories and poster-sized photos plus many albums containing Tunis fliers and photos of cars, drivers and events.

For more on the speedway, join Jim’s Tunis Facebook group, or visit his website, tunisspeedway.com.

For Friends, Mike Seavey, Villas

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Tech of Ages

Tech of Ages is the information technology (IT) department within Western Home Communities. The team serves residents and employees weekdays, 8 a.m. – 4 p.m. Tom Tierney is the Technology Training Coordinator and serves as the resident contact for computer support.

Other Tech of Ages staff members include:
Steve Lewis – Information Technology Supervisor
Jay Ellsworth - Technology Support Specialist
Zack Hilmer – Network and Systems Coordinator

The Tech of Ages team can:
- Set up and install computers and printers
- Troubleshoot problems
- Configure wireless networks
- Clean computers (viruses, malware, etc.)
- Assist with printers, computers, tablets, smartphones, TV

Have you heard about Cloud Life support?
Have you ever deleted something important on your computer by mistake? Have you downloaded something that had a negative effect on your computer’s performance? Cloud Life support may be for you.

Cloud Life Support is a monthly subscription designed to keep your computer problems at a minimum. The subscription includes anti-virus protection and automatic backup of up to 5 gigabytes (GB) of your data. One of the most valuable features of the subscription is the Computer Template; if you encounter a problem, simply restart your computer and it will be restored to the previous session (errant downloads dumped).

If the restart does not resolve the problem, you have access to our Tech of Ages team at Western Home Communities to get it fixed.

Tech of Ages would like to include useful technology information and tips in future issues of the Journal. Your suggestions for topics of interest can be sent to Tom.Tierney@westernhome.org. To request an appointment submit an IT request or call 319-427-2090.
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<td>Mary Cordes</td>
<td>WC</td>
<td>October 21</td>
</tr>
<tr>
<td>Martha Christensen</td>
<td>WR</td>
<td>October 21</td>
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<tr>
<td>Lee Lindgren</td>
<td>VTH</td>
<td>October 22</td>
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<tr>
<td>Audrey Young</td>
<td>WG</td>
<td>October 22</td>
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<tr>
<td>Wayne Meyerhoff</td>
<td>MHC</td>
<td>October 23</td>
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<tr>
<td>Martha Stanford</td>
<td>VTH</td>
<td>October 23</td>
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<tr>
<td>Norma Walther</td>
<td>WC</td>
<td>October 23</td>
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<tr>
<td>Norman Meyers</td>
<td>MHC</td>
<td>October 24</td>
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<tr>
<td>Marsha Flater</td>
<td>VTH</td>
<td>October 24</td>
</tr>
<tr>
<td>Daryl Cameron</td>
<td>SFAL</td>
<td>October 25</td>
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<tr>
<td>Dode Nieman</td>
<td>WG</td>
<td>October 25</td>
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<tr>
<td>Russell Mattox</td>
<td>WR</td>
<td>October 25</td>
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<tr>
<td>Art Van Erem</td>
<td>SFAL</td>
<td>October 26</td>
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<tr>
<td>Bob Way</td>
<td>VTH</td>
<td>October 26</td>
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<tr>
<td>Lois Diemer</td>
<td>VTH</td>
<td>October 26</td>
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<tr>
<td>Don Erusha</td>
<td>WR</td>
<td>October 27</td>
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<tr>
<td>Karen Eastland</td>
<td>VTH</td>
<td>October 28</td>
</tr>
<tr>
<td>Pearl Goos</td>
<td>WC</td>
<td>October 29</td>
</tr>
<tr>
<td>Susan Runkle</td>
<td>WC</td>
<td>October 29</td>
</tr>
<tr>
<td>Loretta Amo</td>
<td>WHAL</td>
<td>October 29</td>
</tr>
<tr>
<td>Wanda Chase</td>
<td>WW</td>
<td>October 29</td>
</tr>
<tr>
<td>Elaine Logue</td>
<td>VTH</td>
<td>October 30</td>
</tr>
<tr>
<td>Karl Koch</td>
<td>WM</td>
<td>October 30</td>
</tr>
<tr>
<td>Clair Rowe</td>
<td>WR</td>
<td>October 31</td>
</tr>
</tbody>
</table>
Live music gets people out on the dance floor.

Service with a smile from Linda Anderson, Windridge resident coordinator.

Jim Tice dressed for the occasion and enjoyed the evening.

Willie Irvine of Windhaven (left) reconnects with employee Ashley Cunningham Samek and her son, Owen.

The busy serving line manned by employees Natalie Jones and Megan Steepleton (left), getting plates from Amanda Lynch.

The barbecue dinner included all the fixins.
Welcome new employees

Shanquita Ames, CNA – MHC
Kourtnee Campbell, Direct Care Professional
Kayla Carson, CNA – MHC
Ruby Contreras, Direct Care Professional
Siena Fah, Receptionist – WHAL
Jade Halvorson, Resident Assistant – WHAL
Alison Harrison, Resident Assistant – WHAL
Martisha Martin, Resident Assistant – SFAL
Allison Michaels, CNA
Christie Moore, Chaplain
Garry Moore, Chaplain
Nichole Muhlenburg, Resident Assistant – SFAL
April Newton, Direct Care Professional
Allie Ogden, CNA – Cottages

Miriam Omame, Laundry Aide
— Downtown Campus
Kylee Price, CNA – Cottages
Megan Runksmeier, CNA – Cottages
Katelyn Smith, Direct Care Professional
Alec Walker, Activities Assistant – MHC
Adam Williams, Universal Worker – South Campus
Rebeca Wilson, Universal Worker
Danielle Wright, Hospitality Coordinator
— Cottages

atHome with Western Home
Elizabeth Appel, Home Health Aide
Megan Scheer, Home Health Aide
Ruth Vermace, Home Health Aide
Cortney Wilson, Home Health Aide

Dining Services
Joan Behrle, Cook, South Campus
Elizabeth Bennett, Food Service Worker
— Downtown Campus
Megan Carpenter, Wait Staff – Windridge
Morgan Clements, Wait Staff – Windridge
Jenna Duke, Wait Staff – Windridge
Cole Engel, Wait Staff – Windridge
Alexa Gantt, Food Service Worker – MHC
Blake Hagenstein, Lead Cook – SFAL
Giovanni Harmon, Food Service Worker – SFAL
Michele Hayes, Cook – SFAL
Brandon Metzger, Wait Staff – Willowood
Maria Rubio Moreno, Cook
Madison Mueller, Wait Staff – Willowwood
Andy Novak, Wait Staff – Windermere
Hannah Staudt, Wait Staff – Windridge
Marie Stigliani, Wait Staff – Willowood
Kameron Watts, Cook – South Campus
Orlando Williams, Cook – South Campus

Milestone anniversaries

Carol White
20 years
Music Coordinator,
Martin Center
October 3

Amy Frost
20 years
Director of Nursing,
Martin Center
October 16

Briana Hilmer
5 years
Senior Director, atHome with Western Home
October 7

Wendy Ager
5 years
Senior Director,
Skilled Nursing
October 21

Angie Wilken
5 years
Resident Assistant,
Thalman Square
October 7

Julie Baker
25 years
Hospitality Coordinator,
Nation Cottage
October 30

Chelsea Gray
10 years
Resident Assistant,
Thalman Square
October 13

Western Home Communities would not be the same without loyal employees. Join us in congratulating the seven women above for their 90 combined years of dedication to residents and co-workers.
Notes of appreciation

Thank you for taking care of our mom. She really loved all of you. You all have a gift for taking care of other people’s moms and dads. Thank you so much. Family of Loraine Vorland

Thank you, all, for the love, care and concern that you showed to Mom during her stay. You always showed kindness and patience with Mom. If we didn’t tell you while we were there, we want you to know we were so thankful they chose Western Home. Mary and Bob Brown family

Thank you, all, at Western Home Communities for your love and support for my brother while he was receiving care at your facility. Since he needed special help, he chose Martin Center, after having received such good care there last year. Thank you for all your prayers and support for our family during this difficult time. The red rose in the bud vase added much beauty to the receiving table at his memorial service. Thank you, all. The family of Randy Mercer

We wish to thank the staff for the good care you gave to Mom while she was there. The family also wishes to thank the staff for the care you gave the family during Mom’s last couple of days. It was so kind of you. Family of Darlene Mueller

Thank you for the rose, but even more, for the loving care and patience given to our mother for the last four years. Family of Florence Robinson

Thank you so much for the red rose sent on your behalf for my mother’s funeral. It was greatly appreciated. It was just one more way that you showed you cared. I enjoyed my last visit to your facility because I could tell you were so very patient with each client. The lady who fed my mother breakfast was amazing because she also had three other people she was helping. My mother and I went upstairs to listen to a lady volunteer who sang and played songs that my mother knew and Mother sang parts of the song along with her. That was great – it really made my mother happy. In short, thank you to everyone, both behind the scenes and people who personally took care of Florence Robinson. Carol Mattox

Friends of Western Home Communities
Bev Michael, Chair
Don Rasmussen, Vice Chair
Helen Bosley, Secretary

Building Abbreviations
Martin Health Center MHC
Stanard Family Assisted Living SFAL
Windhaven Assisted Living WHAL
Thalman Square Memory Support TS
Willowwood WW
Windgrace WG
Windermere WM
Windcove WC
Windridge WR
Windcrest Villas & Townhomes VTH
The Cottages CTG

The Journal is a monthly publication of the WHC office of communications and public relations. To subscribe, ask questions, offer content suggestions or unsubscribe, please contact Linda Hudwalker Bowman, editor, at (319) 859-9337 or linda.bowman@westernhome.org.

In sympathy
Art Foelske, SFAL Sept. 16
Leland Lauterbach, MHC Sept. 16
Dick Hanson, VTH Sept. 14
John Todalen, MHC Sept. 8
Rosa Aschbrenner, MHC Sept. 8
Ron Abrahamson, WHAL Sept. 7
Laura Reichert, MHC Sept. 1
Elnora Brewster, WW Aug. 31
Florence Robinson, MHC Aug. 27
Al Obermeier, WHAL Aug. 21
Bonnie Krull, MHC Aug. 20
Missy joined Western Home Communities in July 2013 and works as a CNA at Martin Center.

Those nominating her say:

- Missy is amazing.
- She is pleasant, patient and thoughtful.
- She puts the needs and wants of our residents in front of her own.
- She frequently takes on extra work to help others.
- She isn’t one to complain and fulfills her job duties with a smile on her face.
- She is one of the hardest working employees we’ve had the pleasure to work with.
- She should be recognized for her outstanding work ethic.

Western Home Communities congratulates Missy on being named Employee of the Month for September 2016!