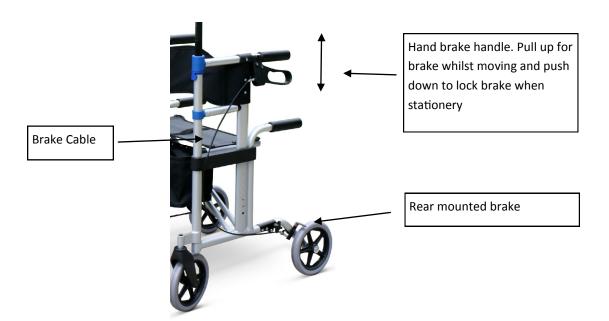
LiftRollator™

Using the Hand Brakes

To apply the hand brakes when walking pull the hand brake handle up towards the hand grips. Releasing pressure on the hand brake handle will disengage the brake.

To lock the brake whilst stationary push down on the handbrake handle until it clicks into place. To unlock the brake whilst stationary pull up on the hand brake handle.



Limited Lifetime Warranty.

This warranty covers any defects in materials or workmanship for the life of the product to the original purchaser. Managing Health Ltd and WeCare Inc. USA will replace or repair any product found to be defective. This warranty does not cover shipping or labour costs. If you find defects you should contact the original dealer you purchased the product from. This warranty does not cover misuse of the product or normal wear and tear

These instructions are for LiftRollator

USA Patent # US8166987 B2, European Patent # 1809229.

Made in China.

The LiftRollator is manufactured by WeCare Products Inc. USA and imported into the UK by Managing Health Ltd - www. managing-health.co.uk







Instructions for Use



Safety Summary

To ensure the safe operation of the LiftRollator (LR) follow these instructions.

General Use Instructions

Do not install or use this equipment without first reading this instruction leaflet. If you cannot follow the warnings, cautions or instructions for usage please consult you dealer/retailer, healthcare professional or technical person before attempting to install and use this equipment; otherwise you might incur injury or damage.

The LiftRollator is not intended to be self-propelled whilst seated.

A physiotherapist or occupational therapist should assist in the height adjustment of the LiftRollator for maximum support, correct brake action and in the general use of the equipment.

Care should be taken to ensure that all frame and push up bars are securely fastened and that the wheels and moving parts are in sound working order before use.

Care should be taken to ensure that the brake cable is securely fastened to the frame with cable ties to prevent it catching on any object.

Stability warnings

The maximum capacity limit for the LiftRollator is 136Kg or 21 stone 6 Lb., including the bag load.

The bag at the front has a weight limit of 5kg (11 Lb.)

To ensure maximum stability and balance, all wheels must be in contact with the floor at all times during use. When using the LiftRollator in a stationary position and before using the seat, the brakes must be locked.

Temperature and Conditions

If the LiftRollator is exposed to extremes of temperature (above 100°C or below 0°C), high humidity or become wet prior to use, ensure handgrips and leverage bars are wiped dry and do not twist on the frame. Otherwise injury or damage might occur

Care and Maintenance

Ensure that ALL attached hardware is secure at all times and tighten if necessary.

Make sure Snap Buttons release and re-engage properly

Replace any broken, damaged or worn items immediately.

The LiftRollator may be washed with a mild disinfectant solution and then dried. The retractable leverage bars can be lubricated with a spray, synthetic water repellent lubricant if they become stiff to use.

Clean the wheels with warm water and mild cleaner. Lubricate the wheels with 3 in 1 oil periodically or if wheels begin to squeak.

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LiftRollator™

Assembling the LiftRollator

Check that all the components are present and undamaged:

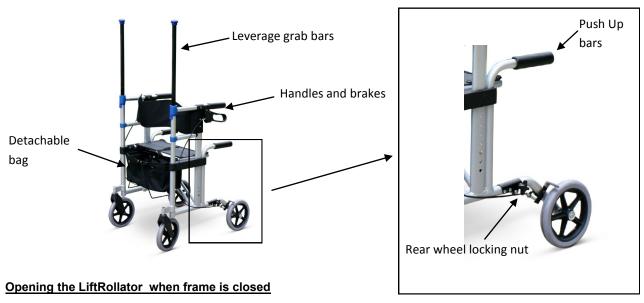
- 1. Frame
- 2. Rear mounted push up bars x 2
- 3. Locking nut, post and washer for assembly of rear wheel x 2

The frame is packed with the rear wheels folded inwards to save space. Open the wheels out and retain in position by inserting the post into the holes from the inside to outside, place the washer over the protruding post and fix with the locking nut.

The Lift Rollator has two independently adjustable heights, for the frame and for the push up bars. Open the frame, as explained below and adjust the frame height to its maximum height. Insert the push up bars, facing rearwards and lock them into position at the appropriate height using the brass buttons.

After unfolding or assembling the LiftRollator, ensure the seat supporting tube is securely locked into the side slot. Ensure that LiftRollator is level to the ground before use. All screws must be tightened.

Do not hang anything on either side of the frame. This will destabilise the frame and may result in damage or injury.



Undo the mechanism keeping the frame intact for travel.

Push the sides of the frame open. Lower the seat by pushing down on both sides of the seat firmly until the seat supports fully engage in the frame side slots.

Before using test the LiftRollator by grasping the side frames and using some force, attempt to fold them inwards. The LiftRollator will remain locked in the open position if the seat is properly engaged.

Closing the LiftRollator frame

Grasp the seat strap, found in the centre of the seat and pull up on the strap. The LiftRollator will close inwards. Fasten the LiftRollator for travel using the fastener supplied.

Adjusting the frame height using the leg extensions

The frame has seven height positions. To change the height of the LiftRollator depress the brass button that protrudes through the height extension on each side and slide the extension to the desired height. It will move one height setting at a time. Optimal height is achieved when the handgrip is at the user's wrist height with their arm down by the side. This ensures that the arms are at about a 20-30 degree bend when using the LiftRollator.

When the correct height is achieved ensure that all both height extensions are set at the same height and that brass button fully protrudes through each frame.

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Using the leverage bars to stand

- 1. Lock wheels using the handbrakes (see page 4) in the downward position before using leverage bars.
- 2. Pull up leverage bars until snap buttons lock in place.
- 3. Place walker approximately 6 inches in front of chair. The patient's knees should be in line with the rear uprights of the LiftRollator.
- 4. Have patient place hands in the middle of the leverage bars, at shoulder height or as far up leverage bars as comfortable with their nose over their toes.
- 5. Carer should place two fingers over patients hands with three fingers on leverage bars or hold bars above patients hands. Put one foot in front of the other. Figure 1.
- 6. Have patient put nose over toes standing themselves up the upright two handed leverage bars at the front to assist them to initiate the standing movement. The patient does not need to pull on the leverage bars as much as push downwards. The carer can help to initiate the momentum to stand by the patient by tugging lightly on the leverage bars at the start of the standing movement. Carer holds on the entire time the patient is trying to stand themselves up.
- 7. Once patient is standing up have patient put their hands on walker hand grips.
- Caregiver should push blue release buttons on leverage bars and push leverage bars back completely down into the legs, and then the patient can unlock the brakes pulling up on the handbrake (see page 4) and start to walk forward. Figure 2.



Figure 1



Figure 2

Using the lower Push Up bars

- 1. Always lock the wheels with the brakes (see page 4) before using the lower push up bars
- 2. Adjust the height of the bars using the brass snap buttons and moving the bars up or down to the most comfortable height.
- Leaning forward push up on both bars and the transfer hands to upper hand grips. Figure 3



Figure 3

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