

HOW YOU CAN MAKE YOUR VOICE HEARD

The following are some instructions on what you can do to ensure your voice is heard. It is critical that we work together to protect all patients' rights to access integrative medicine. By coordinating our efforts, our collective voice will be louder and more powerful. Thank you in advance!

1. **Post a Comment to the CPSO's CAM Policy Discussion Forum:** The College of Physicians and Surgeons of Ontario (CPSO) has set up a website for consultation on the new Complementary / Alternative Medicine (CAM Policy)

- Specifically, there is an Online Discussion Forum where both physicians and members of the public can post their comments on the new CAM policy. Please take the time to write your feedback to the CPSO, whether it be your thoughts on the draft policy, the points expressed in the letters provided to you, or your own personal stories about how integrative medicine has made a difference in your life. The CPSO is supposed to take these comments into consideration and will be keeping this forum open until March 15, 2021. You can post anonymously, and there is no maximum number of posts per person.
- Direct Link to the Discussion Forum: http://policyconsult.cpso.on.ca/?page_id=13091
- Link to the CAM Policy Website site up by the CPSO: http://policyconsult.cpso.on.ca/?page_id=13083

2. **Send & Email a Letter to the Minister of Health, Christine Elliott**

- A Template Letter to the Minister of Health has been provided. All you have to do is date, sign, and include your name and address in the template.
- Alternatively, we encourage you to write your own personal letter to the Minister.
- Address information for Christine Elliott is set out below:

Hon. Christine Elliott, MPP
Minister of Health
10th Floor, Hepburn Block
80 Grosvenor Street,
Toronto, Ontario, M7A 2C4
Christine.elliott@pc.ola.org

- In your letter, please note that you are C.C'ing your MPP, the CPSO, and the Canadian Civil Liberties Association. By noting who you are also sending the letter to, the reader will be more likely to give it the attention it deserves.

3. **Send a Letter to the College of Physicians and Surgeons of Ontario (CPSO)**

- You can mail a copy of your letter to **Dr. Nancy Whitmore, Registrar of the CPSO**

Dr. Nancy Whitmore
Registrar & CEO
College of Physicians and Surgeons of Ontario
80 College Street

Toronto, ON M5G 2E2

4. Send & Email a copy of Your Minister of Health Letter to your Member of Provincial Parliament (MPP)

- All MPP Contact Information is listed here: <https://www.ola.org/en/members/current/contact-information>
- If you do not know your MPP's name or your riding/electoral district, you can enter your Postal Code on the Elections Ontario website to find your electoral district and MPP <https://www.elections.on.ca/en/voting-in-ontario/electoral-districts.html>

5. Send a copy of your Minister of Health Letter to the Canadian Civil Liberties Association

- The Canadian Civil Liberties Association is a non-profit organization that stands up to power to keep government and those in authority accountable to the people they represent. It actively stands up to power by fighting against rights violations, and stands for freedom, equity and a better future for all people in Canada.
- Addressed to:

Mr. Michael Bryant
Executive Director and General Counsel
Canadian Civil Liberties Association
900 – 90 Eglinton Ave. E.,
Toronto ON M4P 2Y3

6. And very importantly – Please spread the word!!!

Whether it be through phone calls, emails, social media, we encourage you to inform others about the CPSO's proposed CAM policy changes!

Feel free to circulate this package of information to anyone who might care about protecting their autonomy to choose between different methods of treatment. Strength in numbers cannot be underestimated when petitioning government for change.