

OCSA

Ontario Community Support Association

2018-2019

Annual Report

Table of Contents

PAGE 2

Message from the CEO

PAGE 3

Message from the President

PAGE 4 - 6

Initiatives, Advocacy & Government Relations

PAGE 7

Councils & Committees

PAGE 8

LeaderShift

PAGE 9

PSW Training Day & OCSA Conference

PAGE 10

Capacity Builders

PAGE 11 - 12

Member List

PAGE 13

Board & Staff List

PAGE 14

Finances

BACK COVER

About OCSA





Message from the CEO

Our 2019 Annual Report spans the fiscal year starting from April 1, 2018 ending on March 31, 2019 and reviews the excellent work the OCSA team provided to our members. The fiscal year and time since has been a period of constant change; externally with all of the system developments and also internally, including a major office move!

2019 also marks the end of our current strategic plan and to kick off this new decade a new one will be released in 2020!

During April 2018 to March of last year we were incredibly busy helping members navigate the new government landscape. We created the *Better at Home* report as well as provincial toolkits and outreach materials for members to reach out to new MPPs and forge their own connections. We were also busy meeting with government leaders and advisors including the new Minister of Health and Deputy Premier, Christine Elliott and Dr. Rueben Devlin, Chair of the Premier's Council on Improving Healthcare and Ending Hallway Medicine.

In addition, in collaboration with other stakeholders, we were successful in getting the Self-Directed Personal Support Services Ontario Agency closed down. Finally, in the spirit of interagency collaboration and strengthening connections within the health system we gathered over 100 leaders from OHA, HCO and OCSA to reimagine the patient journey in the new health system with Minister Elliott opening the session. Since then, with the creation of Ontario Health, we have been working hard to keep our members informed and provide them with the tools needed to thrive in this new environment.

Change is hard, but change brings renewal and a chance to grow. As members pivot and adapt, OCSA continues to provide resources, counsel and advocacy to help members keep their place at the table. We are stronger together and the team at OCSA is confident in continuing to deliver for the not-for-profit home and community sector in the years to come.

Thank you,

Deborah Simon **CEO**





Initiatives, Advocacy & Government Relations

Election 2018

Better at Home: 3 Ways to Improve Home and Community Care in Ontario

As part of our advocacy work during the 2018 provincial election, OCSA prepared a report, which included a series of recommendations and a toolkit for members to reach out to local candidates. The report outlined three recommendations that would maximize the home and community care sector's contribution to the overall health of Ontarians. The recommendations were:

- Increase and improve services to meet growing client need.
- ▶ Stabilize and strengthen the home and community care workforce.
- ▶ Strengthen not-for-profit community agencies.

Building relationships with the new government

Early in the government's mandate, OCSA was able to meet with Minister Elliott, Deputy Minister Angus and Dr. Rueben Devlin to discuss the government's priorities and the role the home and community care sector can play in ending hallway medicine.

We had the chance to discuss the current health care challenges, including how home and community care can help alleviate ALC rates, the ongoing health human resource challenges and PSW shortage as well as the need to standardize certain practices across the province. We also developed a position paper, *Leveraging Ontario's Home and Community Sector to End Hallway Health Care*, as an introduction to the sector for the new government.

CARP Poll

OCSA partnered with CARP on a poll of Ontario CARP members about their priorities for the home and community care sector.



68%

86% rated the availability of home care as very important to them.

68% were not confident that they would receive adequate , publicly funded, home care and community support services to keep living at home in the future.





Initiatives, Advocacy & Government

Pre-Budget Consultation & Budget 2019

Our 2019 Pre-Budget Submission was titled *Home And Community Care: A Key Partner in Ending Hallway Health Care and Restoring Ontario's Finances.* Our four recommendations

- Overhaul funding agreements for home and community care to reduce red tape and enable improvements to quality of care.
- ► Increase funding to home and community care service providers by 5% annually for the next eight years to deliver more frontline client care, improve compensation and help discharge people out of hospitals faster.
- ▶ Ensure the implementation of a health human resource strategy to attract and retain PSWs, nurses and other care providers in the home and community care sector.
- ▶ Invest in digital technology for the home and community care sector to enhance connectivity, drive efficiencies in reporting, reduce duplication of assessments and improve client care.

Our advocacy led to the government's decision to invest \$267 million in the expansion of home and community care services. These investments will enable more seniors and people with physical disabilities to live at home and in their communities longer, play a crucial role in ending hallway health care and contribute to a successful health system transformation.

3 Year MSAA Renewal

The Alliance, OCSA, AMHO and CMHA-Ontario collaborated on a legal review of the MSAA Provincial Template. Based on the legal review and consultation, the group provided a number of recommendations that led to seven substantial changes to the MSAA Provincial Template, the Community Financial Policy and the creation of a number of educational opportunities for members.

Relations Continued

Leveraging Strategic Partnerships

Health System Capacity and Innovation Symposium

In May 2018, nearly 80 health system leaders from across multiple sectors gathered to develop a shared understanding of ALC pressures and to identify innovative care capacity solutions.

Members from AdvantAge Ontario, Home Care Ontario, the Ontario Community Support Association, the Ontario Hospital Association and the Ontario Long Term Care Association exchanged ideas on how providers can come together to provide solutions across the care continuum to ensure Ontarians receive the right care, at the right time and in the right place.

Reimagining the Seamless Patient Journey

On March 27, 2019 over 100 leaders from the memberships of the OHA, the OCSA and Home Care Ontario came together to reimagine the patient journey in the new health system. The day was opened by Minister Elliott and featured panelists from across the sectors. The first panel explored lessons from health system transformation in British Columbia, the Netherlands and Ontario's Bundle Care programs. The second panel featured a discussion about the role technology plays in ensuring a seamless patient journey and the afternoon was spent discussing the possible future state of Ontario Health Teams and cross-sector

Community Health Ontario

Community Health Ontario (CHO) is the voice of the LHIN-funded community sector and was strengthened as the strategic partnership grew to include Children's Mental Health Ontario and Advantage Ontario. With this addition, CHO now represents the majority of the non-profit home care, community support, mental health, addictions and community-governed primary health care organizations in Ontario.

In March 2019, CHO began preparing a webinar series on Collaborative Board Governance for OHTs to be launched that summer.



Councils & Committees

Internal OCSA Committees

- OCSA Policy Committee
- Attendant Services Advisory Committee
- Meals on Wheels Advisory Committee
- Business Systems MIS Advisory Committee
- CSS-CHA Data Knowledge Exchange Committee
- ► Community Support Services Ontario Health Reporting Standards (CSS-OHRS)
- ▶ OCSA Client Intervention Assistance (CIA) Committee

Leveraging Strategic Partnerships

- Ontario Health Providers Alliance
- ► Community Health Ontario
- ▶ OHA-OCSA-Home Care Ontario Tripartite Leadership Table

Presentations & Submissions to Standing Committees & Regulatory Changes

- October 2018 Bill 47, Making Ontario Open for Business Act, 2018
- ▶ October 2018 Health and Safety Consultation: Health Care
- ▶ January 2019 Budget Presentation to the Standing Committee on Finance and Economic Affairs

Provincial Committees

- MSAA Advisory Group and Working Groups
- ► Home Care Contracting Working Group
- ▶ Workplace Violence Prevention in Health Care Leadership Table
- ▶ PSW Registry Advisory Committee





Shaping the Future of Health Care Leadership

In January 2018, OCSA received 3-year funding to start helping leaders in community and primary health care build their capacity and get collaboration-ready with an innovative, cross-sector leadership development project. In 2019, we built engagement, impact and momentum. A few highlights include:

- ▶ Developed a unique, cross-sector capacity building approach that delivers relevant, actionable learning, builds relationships and breaks down barriers to support collaboration for system transformation.
- ▶ Delivered 14 cohorts of the LEADS Learning Series, preparing 381 current and emerging leaders in our ecosystem to lead, collaborate and innovate like never before by building their confidence in 17 key leadership competencies.
- ► Addressed barriers to in-person learning by developing and delivering two LEADS LITE online pilot programs to 46 leaders.
- ▶ Developed and delivered three foundational webinars for health system leaders and made them available for on-demand viewing on the LeaderShift web site, reaching 484 participants live and 813 through on-demand replays.
- ▶ Equipped leaders in our ecosystem with actionable insights on *Giving Feedback*, *Adaptive Leadership*, and *How to Have Difficult Conversations* by delivering 12 webinars, reaching a total of 236 people live and 156 people through on-demand replays.

We're already having an impact. Early reports show graduates are more confident leaders, are better prepared for collaboration and are taking on bigger, more complex challenges in their organizations.

The LeaderShift project wraps up on March 31, 2020.

"I'm asking different questions now -- I'm getting different knowledge that's going to help."





Capacity Builders

Thank you to the many home and community support organizations that engaged Capacity Builders' training services last year. We're grateful to have worked with so many dedicated PSW supervisors and managers, and to have helped PSWs so they could help their clients live at home independently and safely.

In 2018 and 2019, Capacity Builders trained over 5,000 PSWs in 30 towns and cities across Ontario. Over the past year, we've helped this critical workforce to:

▶ Improve the quality of life of clients with chronic conditions.

▶ Better support clients with mental illness or addiction.

► Communicate positively and professionally with clients and caregivers.

► Feel more confident when supporting clients with dementia.

▶ Learn strategies to de-escalate tense situations.

Some of our workshop locations include:

Aurora	Hamilton	Mount Forest	Stratford
Barrie	Kenora	Newbury	Tillsonburg
Belleville	Kettle & Stony Point	Ottawa	Toronto
Brampton	Lindsay	Peterborough	West Lorne
Cutler	London	Rama	Whitby
Grimsby	Markham	Scarborough	Williamsburg
Guelph	Mississauga	St. Catharines	

"It was simply phenomenal. Well informed presenter with tangible resources and solutions."

- PSW workshop participant

"All feedback from our team has been excellent! Capacity Builders really is our "go-to" for training that always results in an excellent learning experience for our PSWs!"

Annabelle Bryden - Woodgreen Community Services



Member List

your nts

Associate & Corporate Members

AlayaCare Bedford Medical Alert CARF Canada CommForms Healthcare Accounting Invorg

Nesda People Minded Business

Full Members 2018-2019

Access Independent Living Services

Acclaim Health

Adult Recreation Therapy Centre

Aide Aux Seniors de Sudbury Est/Sudbury East Seniors Support Inc.

Alzheimer Society Huron County

Alzheimer Society Lanark Leeds-Grenville

Alzheimer Society of Chatham-Kent

Alzheimer Society of Durham Region

Alzheimer Society of Elgin-St. Thomas

Alzheimer Society of Grey-Bruce

Alzheimer Society of Hastings Prince Edward

Alzheimer Society of Kingston

Alzheimer Society of London & Middlesex

Alzheimer Society of Perth County

Amherstburg Community Services

Aphasia Institute

Arnprior-Braeside-McNab Seniors At Home Program

Attendant Care Outreach Program c/o Providence

BALANCE For Blind Adults

Barry's Bay & Area Senior Citizens Home Support Services

Bellwoods Centres for Community Living Inc.

Beth Donovan Hospice

Bethell Hospice

Better Living Health and Community Services

Brain Injury Services Muskoka Simcoe

Brain Injury Services of Northern Ontario

Brampton Meals on Wheels Inc.

Calabogie & Area Home Support Program Inc.

Caledon Community Services

Caledon Meals on Wheels

Canadian Red Cross

CANES Community Care

Carefirst Seniors and Community Services Association

Carefor Health & Community Services

Centre de santé communautaire de Kapuskasing et

région

Centres for Seniors Windsor (Life After Fifty)

CHATS - Community Home Assistance To Seniors

Cheshire Homes (Hastings - Prince Edward) Inc.

Circle of Care

City of Thunder Bay Community Services Dept.

City of Timmins Community Home Support Services

City of Waterloo Home Support Services

Community Alzheimer Program, Sunnyside Home,

Regional Municipality of Waterloo

Community and Primary Health Care

Community Care Concepts

Community Care Durham

Community Care for Central Hastings

Community Care for South Hastings Inc.

Community Care Health & Care Network

Community Care Northumberland Inc.

Community Care Peterborough

Community Home Support - Lanark County

Community Services for Independence North West

Community Support Centre of Essex County

Community Support Connections - Meals on Wheels

& More

Community Support Services - Kenora

Community Support Services of Niagara

Copernicus Lodge

Craigwiel Adult Day Programs

Dale Brain Injury Services

Dementia Society of Ottawa and Renfrew County

Dixie Bloor Neighbourhood Centre

Dr. Harold S. Trefry Memorial Centre

Dryden Regional Health Centre

Dufferin County Community Support Services (DCCSS)

Dundas Community Services

Dundas County Hospice

East Wellington Community Services Inc.

East York Meals on Wheels Inc.

Eastern Ottawa Resource Centre

Eganville and District Senior Citizen's Needs

Association

ESS Support Services

Family Service Toronto

Fort Erie Meals on Wheels, Inc.

Four Counties Health Services - Community Support

Services for Seniors

Glanbrook Home Support Programme Inc.

Glebe Centre Seniors Outreach Services

Glengarry Inter Agency Group Inc. (Senior's Day

Program)

Glen-Stor-Dun Lodge

Goldie's Place at Shalom Village, Day Program for Adults

Groupe Action Pour L'enfant, la Famille Et la Communaute de Prescott Et Russell

Guelph Independent Living

Haldimand-Norfolk Community Senior Support

Services Inc.

Haliburton Highlands Health Services

Halton Region Services for Seniors-Supportive Hsg. &

Adult Day Program

Hellenic Home for the Aged Inc.

Helping Hands Orillia

Hesperus Fellowship Community of Ontario

Hillsdale Estates - Adult Day Program

Home and Community Support Services Of Grey-

Bruce

Hospice Dufferin

Hospice Toronto

Hutton House

ICAN-Independence Centre and Network

Independent Living Services of Simcoe County & Area

Indus Community Services

Ingersoll Services for Seniors

John Noble Home - Day and Stay Programs

Kemptville and District Home Support Inc.

Khedmaat and Support for Seniors

Knollcrest Lodge - Community Outreach Services

Lambton Elderly Outreach Inc.

Land O' Lakes Community Services

Lennox & Addington Seniors Outreach Services Inc.

Les Centres D'Accueil Heritage





Links2Care

LOFT Community Services

Lumacare

Macassa Lodge - Adult Day Program

March of Dimes Canada

Marianhill Inc.

McCormick Dementia Services

Meals on Wheels Huntsville

Meals on Wheels London

Meals on Wheels Niagara Falls Inc.

Meals on Wheels Ottawa/La popote roulante Ottawa

Meals on Wheels Port Colborne Inc.

Meals on Wheels Sudbury

Meals on Wheels Thorold - St. Catharines

MICBA Forum Italia Community Services

Mills Community Support Corporation

Milton Meals on Wheels

Mitchell & Area Community Outreach c/o Ritz

Lutheran Villa

Mohawks of the Bay of Quinte/Tyendinaga First

Nation

Momiji Health Care Society

Muskoka Seniors Home Assistance

Native Canadian Centre of Toronto - Aboriginal Circle

of Life Services

North Renfrew Long Term Care Services

North Shore Health Network

North York Seniors Centre

Northern Frontenac Community Services (Rural Frontenac Community Services)

Nucleus Independent Living

Oakville Meals on Wheels

Olde Forge Community Resource Centre

ONE CARE Home & Community Support Services -

Central Huron Office

Oshawa Senior Citizen Centres

Ottawa West Community Support

PACE Independent Living

Parkdale Golden Age Foundation

Participation House Support Services - London and

Participation House, Markham

Participation Lodge Grey Bruce

Patricia Region Senior Services Inc. Patricia Gardens

Supportive Housing & Community Support Services

Peel Cheshire Homes Brampton

Peel Senior Link

Personal Attendant Care Inc.

Personal Choice Independent Living/Choix personnel

vie autonome

Physically Handicapped Adults' Rehabilitation

Association (PHARA)

Punjabi Community Health Services (PCHS)

Radiant Care Pleasant Manor

Radiant Care Tabor Manor - Supportive Housing

Reconnect Community Health Services

Region of Peel Health Services, Seniors Services Development

Regional Niagara - Seniors Community Program

Renfrew and Area Seniors' Home Support Inc.

Richview Community Care Services Corporation

Rural Ottawa South Support Services

S.E.N.A.C.A. Seniors Day Program - Halton Inc.

Saint Elizabeth Health Care

Salvation Army Mountberry Adult Day Services

Scarborough Centre for Healthy Communities

Second Mile Club Of Toronto

Senior Persons Living Connected

Seniors Life Enhancement Centres

Seniors Outreach Services - Maxville Manor

Services Communautaires de Prescott et Russell

South Essex Community Council

South Riverdale Community Health Centre

South-East Ottawa Community Health Centre

Southern Frontenac Community Services Corporation

SPRINT (Senior Peoples' Resources in North Toronto)

Spruce Lodge Home for the Aged

St. Demetrius Supportive Care Services

St. Mary's & Area Home Support Services

St. Matthew's Bracondale House

St. Stephen's Community House

Storefront Humber Inc.

The Friends

The Good Companions

The Neighbourhood Group

The Prince Edward County Community Care for **Seniors Associations**

The Next Step To Active Living Program

The Salvation Army London Village

The Thrive Group

Tillsonburg & District Multi-Service Centre

Timiskaming Home Support/Soutien a Domicile Haileybury

TransCare Community Support Services

Ukrainian Seniors' Centre of Sudbury Inc

United Mennonite Home, Supportive Housing

Valleyview Home for the Aged Senior Day Program

VHA Health & Home Support

VHA Home HealthCare

Villa Colombo Home for the Aged, Casa Del Zotto

Vista Centre Brain Injury Services (VCBIS)

VON Canada

Warden Woods Community Centre

Welcome Inn Community Centre

Wendat Community Programs

West Elgin Community Health Centre

West Neighbourhood House

West Toronto Services For Seniors

Wesway Incorporated

Williamsburg Non-Profit Housing Corporation (J.W.

McIntosh Seniors' Support Centre)

Windigo First Nations Council

WoodGreen Community Services

Woolwich Transit Inc. c/o Kiwanis Transit

Yee Hong Centre for Geriatric Care

Yorkminster Park Meals on Wheels

Board & Staff List

Board of Directors

Carol Annett

(VHA Home HealthCare)

Tanya Elliott

Vice-President (Canadian Red Cross)

Geoff Quirt

Vice-President (Board Member, Community Care Peterborough)

Brian Dunne

Secretary (Participation House Support Services – London and Area)

Aaron Berk

Director (KPMG)

Sharon Goodwin

Director (VON Canada)

Wolf Klassen

Director (Michael Garron House)

Jason Lye

Director (Ontario March of Dimes)

Carol McFarlane

Director (SE Health)

Bill O'Neill

Director (Kensington Gardens and Kensington Hospice)

Steve Sherrer

Director (Thrive Group/Able Living Services)

Staff List

Deborah Simon

CEO

Janice Bedore

Executive Assistant

Patrick Boily

Manager, Policy & Stakeholder Engagement

Nalini Ann Cudzilo

Office Administrator

Sue Davidson

Director of Training, OCSA, and Director, Capacity Builders

Mustafa Elkalza

Director, Finance & Corporate Services

Kimberly Gignac

Manager, Membership Services

Shauna James

Training Coordinator, Capacity Builders

Nicola Kirwan

Project Coordinator, CHO LeaderShift Project

Portia Machiwenyika

Training Manager, Capacity Builders

Kim Prince

Senior Manager, Client Relations, Capacity Builders

Kathleen Thompson

Project Manager, Leadershift

This fiscal year we added Michele Vantrepote to the team at OCSA and she started as our Communications Manager in June 2018.





Finances

Source of Funds for Association Activities

Grants and donations	\$	1,371,987	45.6%
Membership fees	\$	658,063	21.9%
Other revenue	\$	105,433	3.5%
Training, resources and conferences	\$	871,714	29.0%
Total	Ś	3,007,197	100.0%

Source of Funds for Association Activities

\$3,007,197

Use of Funds for Association Activities

\$3,174,900

Use of Funds for Association Activities

	Member services and training
--	------------------------------

Public awareness and public	polic	y
-----------------------------	-------	---

Finance.	, administrat	tion of pro	iect fund	ls and Bo	ard Expense	25
I III all cc	, aanning a	don or pre	Jece Iulia	is alla be	did Expelise	\boldsymbol{x}

Total

\$ 2,553,367	80.4%	
\$ 480,259	15.1%	

141,274

3,174,900

100.0%

4.5%



OCSA | Ontario Community Support Association



Ontario Community Support Association (OCSA) champions a strong, sustainable home and community support sector for all Ontarians, representing nearly 240 not-for-profit organizations that serve over one million people.

A respected leader for over 25 years, OCSA advocates on behalf of our members and their clients to government and other stakeholders. OCSA also creates partnerships, facilitates knowledge sharing and offers training, resources and benefits that enable our members to continue to provide vital services to seniors and people with disabilities.

OCSA

Contact us using the the following:

Web www.ocsa.on.ca Email info@ocsa.on.ca Phone 416.256.3010

Toll Free 1.800.267.6272 (OCSA)

Fax 416.256.3021

@OCSAtweets

@OntarioCommunitySupportAssociation

in Ontario Community Support Association (OCSA)

Client photos were provided by OCSA Member Acclaim Health.





Capacity Builders

Contact us for your training needs!

Web www.capacitybuilders.ca Email info@capacitybuilders.ca Phone 416.256.3010 ext. 229 Toll Free 1.800.267.6272 ext. 229



