

YOU'RE  
THINKING  
ABOUT  
QUITTING  
TOBACCO  
WE

JANUARY

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6	7	8	9	10
			16	17
			23	24
			30	31



RESOLVE  
TO HELP

When you call 1-800-QUIT-NOW, your New Year's resolution to quit tobacco will be on the right track. You may have tried before, but this time make it stick. A Quit Coach® will help design a quitting plan, which may include free nicotine replacements, specially for you. Enroll today.

1-800-QUIT-NOW  
(1-800-784-8669)

