A journey to discover the culture of Tibet in Rome: this is what the Samantabhadra Institute, the Center for Studies in Tibetan Buddhism, has organized the first "Tibet Festival: a long journey on the roof of the world", which will be held from 9 to 15 December at the spaces of WEGIL, in Rome, in Largo Ascianghi 5.

Access to the Festival will be free, thanks to the contribution of Otto per Mille of the Italian Buddhist Union, and the Festival has the patronage of the Presidency of the Lazio Region and the Municipality of Rome Municipio Uno. The protagonists of the festival will be the Tibetan monks of the Gaden Jangtse Monastery (Tsawa - India family).

Do you want to change the situation of traveling in Italy?

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It will be an **event rich in events**, starting at 6:00 pm on Monday 9 December: during this long journey on the roof of the world you will be able to visit photographic exhibitions, stand beside the Tibetan monks, participate in meetings on the history of Tibet. Furthermore, various seminars on Buddhism, meditation and yoga can be followed, and workshops for children and adults, film screenings, vegetarian food tastings organized by Slow Food Rome will be organized.

The program foresees the creation, in the presence of the public, of the **Mandala of Tara Verde**, dedicated to universal peace. The Tibetan Mandala is traced with very precise geometric shapes and then covered, in every small part with very fine sand of different colors and is essentially, on an aesthetic level, an oriented square structure provided with four doors, containing circles and lotus flowers, populated with divine images and symbols; the manifestation, in the form of a diagram, of perfect qualities such as: compassion, wisdom and spiritual energy.

Cham, characters and archetypes

The Festival will be an opportunity to remember the thirtieth anniversary of the awarding of the Nobel Peace Prize to the XIV Dalai Lama, which took place on December 10, 1989. On this date, the Tibetan film premiere will be screened at the Tibet Festival "The Dalai Lama -
Scientist”, Piero Verni will present a book on the Dalai Lama and the Lama of the Samantabhadra Institute, Geshe Dorjii Wangchuk, will tell about the Dalai Lama as a Tibetan monk and Buddhism.

"The need and the desire to tell Tibet in Italy, through a dedicated Festival, has arisen from the strong message of peace, hope and peaceful resistance that this country transmits to us and to the rest of the world", explain the Samantabhadra Institute «And to make known the millennial history and traditions of this country, as well as other important aspects such as art and meditation. In the hope that the universal values of dialogue, solidarity, non-violence and peace will become the basis for the construction of new common paths between all human beings ".

At this link you will find the complete program.

For more information, you can click here.