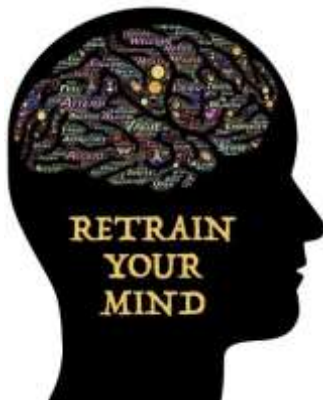
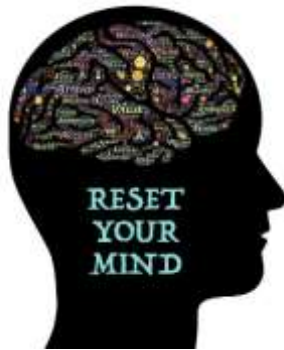


**THINK
POSITIVE.
LIVE
WEALTHY!**

YAHWEH יְהוָה - YODH HĒ WAW HĒ

THINK POSITIVE. LIVE WEALTHY!

HOW POSITIVE THINKING FORMS YOUR LIFE, HAPPINESS, RELATIONSHIPS, HEALTH & WEALTH



By

YAHWEH יהוה - YODH HĒ WAW HĒ



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DEDICATION

I dedicate this book first to 'Ishsheh Yahweh Yodh Hē Waw Hē, my lovely consort who showed herself to be full of wisdom, intelligent, and stronger than anyone I know. I found my true love, whom I had a vision of way before I had first seen her. Consequently, the moment we met, I knew that I had to make her my wife.

Secondly, to my three intelligent, virtuous, and beautiful daughters; Beyth-Shan Yahweh Yodh Hē Waw Hē, Yehuwdiyth Yahweh Yodh Hē Waw Hē, Kebar Yahweh Yodh Hē Waw Hē, and most importantly to my 6'6" tall, intellectual, strong, and handsome son Yehuwdah Yahweh Yodh Hē Waw Hē, a man after my own heart. I cannot forget our famous and ferocious cat "Gurion". I am grateful for their undeniable love, commitment, faith and belief in me, they each have weathered the storm; there is a proverb in marriage, which states: "For better or best".

Well, in this case, for the betterment of the whole; they have endured to the end. ***"But he that shall endure to the end, the same shall be saved"*** (Matthew 24:13 KJV). Because of them, (Genesis 12:3; 22:18) ***all families of the earth are blessed***; with this illustrious literary and scientific work of art, which have never been taught or thought of before. Furthermore, my dedication goes to: My daughter Te'Miyamah, My intellectual, strong, and handsome grandson Samuel & My Son-in-Law Patrick, My son Barak & LaSonia, and My son Ben-Hadad & Candace. I will always love you all eternally! Thank you, Genaro & Diane and Hadad & Chebar Israel (Yisrael), for your true and undying love. **PRAISE YAHWEH!**



BLESS, THANKS AND PRAISE YAHWEH יהוה YODH HĒ WAW HĒ!!!

ACKNOWLEDGEMENTS

As you traverse through this universe, there are people that help shape you and helped formed your thinking; some are blessings and others are lessons. They assist you in becoming the person you are, that is, if you have become a positive, constructive contributor to our world. And this can only be accomplished by you; based upon what you choose to do with your life.

Our journey is an unending trek, one filled with obstacles, setbacks, trials, tribulations, physical and emotional pain; mental and spiritual anguish. Yet opportunities avail themselves to us in many forms, but the only person that can walk you through the light of hope is yourself. You are the gift to mankind, even though you may be green at this moment, if you continue knocking, seeking and asking; the time will come when you are ripe for humanity.

I give thanks to Gwendolyn “Pinie” Scott, Arthur & Florence “Anita” Grant; “Gordo” Christopher and his family, Julius “Punce” Scott, Ernesto Scott, Mommy and the Scott Families in Colón and Escobal (*Abuelito y Abuelita*). Gracias! Thanks Marva. Leroy & Irene Horton, Sonia, Jerry. Mr. White & Elizabeth “Eliz” and family, Sam & Eleanor Walker, Monica. Ms. Lenneth and daughters. Ms. Violet, and the Walker Families. I must continue thanking Mr. and Mrs. Earl & Mildred Williams; Edward and Josephine “Nuppie” Reid, and Kenneth & Sheketta “Ketta” Smith. Vera Mae Pace and Juanita. The Williams’ Brothers: Earl Jr. “Sonny”, David, Walter “Waffie”, Arthur “Harm”, Austin “Audie” and Vanda “Vandy”, and the Williams Families.

I thank Audrey & Family of the Van Dyke Projects, Drake of the Neighborhood Youth Corps. Gerald, war counselor of the Tomahawks Street Gang. The U.S. Army, and the 77th U.S. Army Reserve Command at Fort Hamilton. Bless, Thanks and Praise to the Most Honorable Yahweh Ben Yahweh, and the Nation of Yahweh! Also, thanks Mr. Omowale at Boston’s Veterans Hospital, an original member of the Nation of Islam. Rabbi Ben Ammi Ben-Israel, and the African Hebrew Israelites of Jerusalem in Dimona Israel. Thanks to Tony Raldirez and his family in Brooklyn, Mr. Ajit Nimbvikar & family of Morris Plains NJ. Erik, his staff and family at the UPS Store #4502 in Celebration FL. Mr. Kim and his wife, Larry & Sue, and Dale of Wahiawa Hawaii.

Aloha and Mahalo to the Reverend John B. Connell, Illustrious A. Lee Skinner - PGM, Secretary William E. “Pete” Holsomback, 33^o; Past Master Keith N. Isaacson, Worshipful Cliff Jenkins. Schofield Masonic Lodge, Hawaii York Rite, Honolulu Scottish Rite. The F&AM Grand Lodge of Hawaii. Grand Illustrious Master Orville L. O’Neill of the Grand Council of Texas, and the Dallas Council No. 18 members and Recorder Bro. Earl Tweed, for their Courtesy in the Cryptic Council Degrees. Potentate Bob Jensen and his Lady Judy, and the Nobles & Ladies of Hella Shrine in Garland Texas. Mother Mary “Jo” Copeland in Minneapolis Minnesota, and Dale from U-Haul in Brainerd MN. Takis Screen and Janette Blakely, Jayla, Shania, Shareese, Jareif. Thanks to you, the many Angels and all the Heroes and Sheroes, you will always live in my heart. I truly appreciate you; I am grateful and filled with the utmost gratitude. Thank you very much!

FOREWORD: "POSITIVE VIBRATION"

As I begin to tackle this subject, I am reminded of the Legendary International Artists Bob Marley and the Wailing Wailers; consisting of Peter Tosh, Bunny Wailer, Judy Mowatt, Marcia Griffiths, Rita Marley and their supporting cast.

Robert Nesta "Bob" Marley, in his June 25-27 of 1978 Paris Recording of the Live Album by Island Records: **BABYLON BY BUS** – The fans are given an everlasting five-minutes and forty-eight seconds message to the manner we must think and live our everyday lives; thereby, creating **POSITIVE VIBRATION**:

"Live if you want to live"
"Rastaman Vibration yeah!" "POSITIVE"
"That's what we got to give"
"I and I Vibration yeah!" "POSITIVE"
"Got to have a good bye"
"I a man iration yeah" "IRIE ITES"
"Positive Vibration yeah!" "POSITIVE"
"If you get down and you quarrel everyday"
"You're saying praise to the devil, I say"
"Why not help one another on the way"
"Make it much easier"
"Just a little bit easier"
"Say you just can't live that negative way"
"If you know what I mean"
"Make way for the Positive Day"
"Cause it's news"

“New Day (News and Days)”
“New Time”
“And if it’s a new feeling (New Feeling)”
“Said it’s a new sign (New Sign)”
“O what a new day”
“Picking up” “Are you picking up now”
“Jah Love” “Jah Love” “Protects us”
“Jah Love” “Jah Love” “Protects us”
“Jah Love” “Jah Love” “Protects us”
“Rastaman Vibration yeah!” “POSITIVE”
“I and I Vibration yeah!” “POSITIVE”
“I a man iration yeah” “IRIE ITES”
“Positive Vibration yeah!” “POSITIVE”
“Picking up” “Are you picking up now”
“Picking up” “Are you picking up now”
“Picking up”
“Jah Love” “Jah Love”
“Are you picking up now” (Protects us)
“Picking up”
“Jah Love” “Jah Love”
“Are you picking up now” (Protects us)
“Picking up”
“Jah Love” “Jah Love”
“Are you picking up now” (Protects us)
“Picking up”
“Jah Love” “Jah Love”
“Are you picking up now” (Protects us).

See the 6 mins. and 6 secs. YouTube Video: 02. Bob Marley & The Wailers - Rasta Man Vibration [Live at Harvard Stadium/Amanda Festival]. The man in the intro is Mr. Dick Gregory, pass 8/19/2017 at 84. RIP!

https://www.youtube.com/watch?v=V17_RumSEDE

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INTRODUCTION

The page before the dedication has a set of jumper cables, starting from right to left; you'll notice the black has written on it negative, and the red has written positive on top.

Below the jumper cable picture is a red battery cable, and anyone who has some basic knowledge about cars; knows that it is the cable for the positive. Are you ready to take your mental automobile on a ride?

Therefore, as we jump start our vehicle, we made a choice to keep the ink of these pages in a rubricated form. Thus, red is to help transform your mind from negative to positive. Hence, you must become like a car battery connection, that is, move from being a black negative cable post, and become just like the positive red cable connection.



Gurion

Positive Mind.
Positive Vibes.
Positive Life.

Chapter 1

THINK POSITIVE

All our lives we have been taught many things. If you think of all the learning you have done throughout your life, you will notice that it is a nonending process. As infants we learn to walk, and as toddlers we learn to brush our teeth and use the potty chair.

As we move into preschool age, we learn to count, write our ABCs and even how to write our names. As we advance further in age, we learn to tie our shoelaces and other difficult and more complex tasks. This procedure continues through the years of our lives, and it ends when our bodies take on the permanence of rest.



I would like you to put on your thinking cap, and really think about the question I am about to ask you: ***Have you ever been taught how to think?***

Have you ever learned to use your mind to its full potential and capacity? Yes, you have been told by teachers, instructors and professors about critical thinking. However, how about the proper ways and means of using your mind? Therefore, why do you continue to think in negative terms, otherwise you would've dissolved your worries, anxiety, bipolar disorders, psychosis, post-traumatic stress disorders and many neurotic conditions.

You may have read a plethora of books instructing us about the mind, and the manner to attain your goals and objectives in life. Yet ninety-nine point nine-nine percent (**99.99%**) of us fail at reaching our full potential. Is the information we reading false? No, the problem we encounter is based upon the difficulty of explaining and teaching this extremely complex subject.

Thinking is the most difficult of all our learning, and many who have succeeded in life, have learned to do it by happenstance. Since they've learned it accidentally, they are unable to teach it. The closest author that has somewhat nailed it down is Andy Shaw; on his Part 1 Creating A Bug Free Mind, and Part 2 Using A Bug Free Mind.

Andy teaches you about living in the present and in the moment. He provides you with 15-seconds of positive thoughts, and no mind; where you think of nothing, and 15-minutes of uninterrupted positive thinking of various encouraging events in your life. Andy, also provides you the lessons in audio and video; besides the two books.

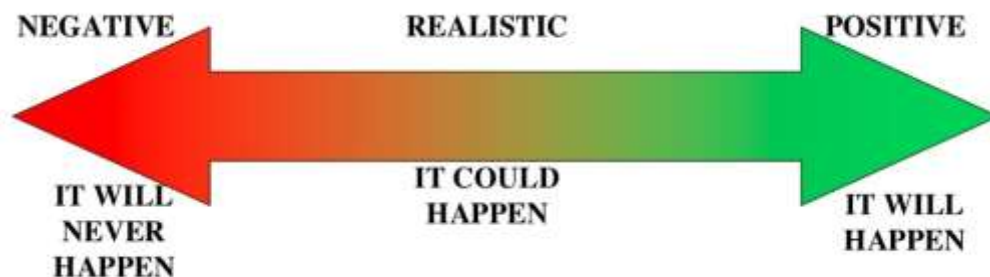


Andy Shaw, further allows the members of A Bug Free Mind, an online mastermind club; where they supposed to share positive ideas, record changes of themselves, and gain feedback from others. The final program Andy sells to members is the Life Design program. Andy let's his audience know that his program is the only one they'll need, for many authors continue to convey their information erroneously; since they lack the ability to properly explain it.

Well, I would highly recommend Mr. Shaw's A Bug Free Mind, for through his program, I was able to see exactly where I lost control of my winning and success-oriented mind.

I would like to say to Andy Shaw, thank you. But, Mr. Shaw, your material also did not provide one-hundred-percent foolproof success. And the word is not SALTORI, but SATORI from the root SATORU. Yet, I recommend A Bug Free Mind, for Andy is going to give you the scientific data, so you may better understand yourself.

I, on the other hand, shall take you straight into gaining complete and absolute control over your successful and goal achieving mind. You will gain instant understanding in your relationships with families, friends, neighbors and coworkers or business partners.



I would like to point out to you, though I may recommend another author; this is the only book you are going to ever need when it comes to thinking positive. I will instantly cure all your mental ailments that you have suffered from childhood and until this present time. I will be redundant and state it one more time, I shall instantly cure all your mental ailments with this one book because the process of controlling your mind, being in the present and staying positive is within your power, for I will make sure you gain power over your mind.

You remember the positive and negative connections in the example of the battery cables? Where black was purely negative, and the red cable only produces positive charges. The third part in this connection, consists of grounding that electric current. Let's look at the ion, in accordance to what Wikipedia.org states:

In the physical sciences, an **ion** (/ˈaɪən, -ɒn/) is a particle having a non-zero net electrical charge, such as an atom or molecule whose total number of electrons is not equal to its total number of protons. A cation is a positively-charged ion, while an anion is negatively charged. Because of their opposite electric charges, cations and anions attract each other and readily form ionic compounds, such as salts.

Ions can be created by chemical means, such as the dissolution of a salt into water, or by physical means, such as passing a direct current through a conducting solution, which will dissolve the anode via ionization .

Ions consisting of only a single atom are atomic or monatomic ions. If they consist of two or more atoms, then they are called molecular ions or polyatomic ions.

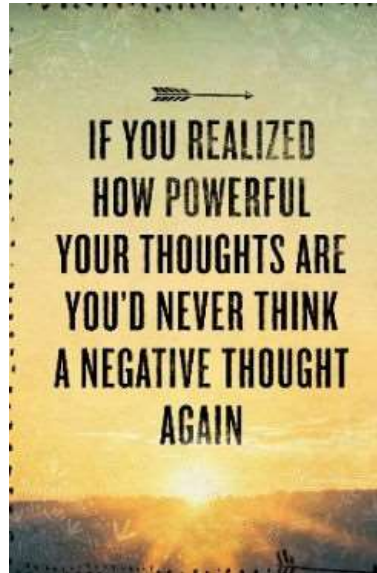
In the case of physical ionization of a medium, such as a gas, what are known as "ion pairs" are created by ion impact, and each pair consists of a free electron and a positive ion.

I can imagine many of you saying: What? As I stated, I would make this journey for you, not only simple, but easy. You do not need to have a PhD to understand what I am saying, and you do not need to get an MBA; a Bachelor's Degree, an Associate or a High School Diploma. For, I am going to explain this whole concept from an eight-grade level. In fact, the reality is that you will gain this even if you only had a third-grade education or never attended Kindergarten or Preschool.



Let's try an experiment, I want you to have no negative thoughts from this day forward. Wait... Before we begin our experiments, if you are married or are with a significant other and have teenage children. I want you to purchase each member of your household, a copy of this book. Let them catch up with you, and then you may begin the experiment together. Therefore, you are each challenged into staying in form.

Begin by only having positive thoughts, you must not allow any negative thoughts in your mind; do not even entertain it, that is, a negative thought, even for a second. You must only think positive thoughts. Today, at this present moment, at this exact time; right now. You are a positive thinker, you are positive thinking. Yes, you are thinking positive, and you will no longer allow any negative thoughts. You will completely and utterly silence your mind-talk from any jot or iota of negative and impossibility thinking.



You must begin following my instructions to the letter. It is the only choice I am giving you, and it is the only choice you are going to give yourself. Can we agree on this contractual agreement? You can only think positive, and you have no other thoughts, explicitly, negative. This contract, of a positive mindset, is never to be broken, it is an everlasting agreement for the remainder of your life.



Chapter 2

TALK POSITIVE

Let's move on to experiment #2, since in experiment 1; you think positive, now it is time for you to talk positive. What do you spend your time talking? Positive! Wow, this will become difficult for many people, for how do you stop yourself from negative gossiping? You who are busybodies, are going to have to combat the negative tendencies in your life; however, you have won all the battles and the ultimate war over your mind.

Meaning, once you started with experiment 1, "Think Positive!" Talking Positive, becomes much easier to achieve; even if you are one of those big mouth persons, who cannot stop chattering. Be proud of your achievements to Think Positive, for your whole life, until you met me through the pages of this book, you have not had control over your mind because you have allowed negative thoughts to enter your thinking.



It is impossible to control your mouth and the words you speak, without controlling your thinking, your thoughts and your mind. It has been an extremely

arduous process for you. I am not here to cover the sciences or the psychological process of mind control. I am giving you full pragmatic actions, so you may have the intended results.

You must allow your mouth to speak in favorable ways; talk about things that are uplifting. Give praises and compliments to your family members, friends and acquaintances. Change every negative conversation by directing the focus into a positive targeted one. Just as you have taken control of your mind, thoughts and thinking. You must also take complete control of your mouth, tongue and words. The idea is to have total change by the time you reach the end of this book.



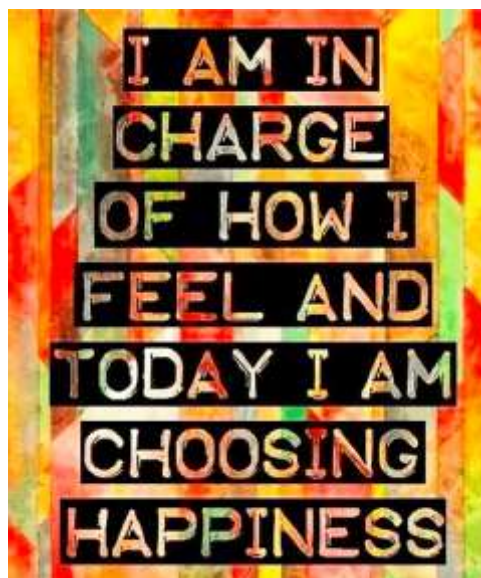
You are creating new habits, and replacing the old negative ones with positive behaviors, so be patient with yourself and congratulate yourself and those in your household for the willingness to improve your thinking and your talking. I am excited for you, and proud that you are this courageous to improve and adapt a new way of doing things for the betterment of your life and those near to you. If you started this process, you should already notice the positive vibration emanating in your life and those around you.

Pat yourself on your back, you have my praises for the excellent job you've done so far. You are special for wanting to be a better you, and you will automatically achieve all your heart's desires by picking this message up. I love you for your

braveness, and I will take your hands and carry you through this method of taking on a new mind, namely, a positive way of living.



You must now live by this premise: *“If you have nothing good to say to a person, it is best to keep your mouth shut, and say nothing.”* Your words must always uplift others; instead of you knocking, beating and stomping another person. Try lifting them up with kind words; try lifting them up with encouraging golden words; try lifting them up with honeyed words; try lifting them up with soft answers; try lifting them up with a smooth silvery tongue; try lifting them up with sweet lips; try lifting them up with a warm and gentle heart; try lifting them up with words of love; try lifting them up with a joyous smile; try lifting them up with happy and jubilant laughter, and merriment of soul and spirit.



Chapter 3

ACT POSITIVE

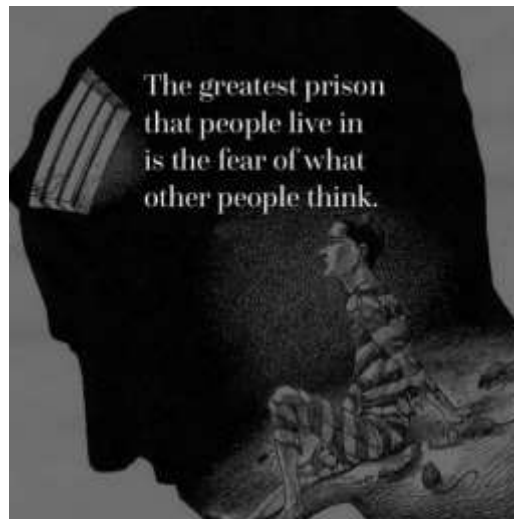
You direct your actions and behavior; therefore, as the manager of your thinking and talking, you must also become the administrator of your conduct. As the superintendent of your department, you must control the performance of your vehicle. Can you imagine getting off track or not staying in your lane as you navigate the freeways of life? Yet, you do it every day; thereby, bringing about unnecessary arguments with your significant other, and causing mental anguish to your own children because you allowed your thoughts and your words or demeanor to go unchecked.



Somehow you feel that your actions are innocent, case and point, you may be with your lovmate having a divine time while shopping or having a peaceful walk up main street USA. You for a second are captivated by a stranger, and you decide to have an innocent flirt with the passerby. Your soulmate, on the other hand sees it as a guilty and not so innocent deed, thus, your entire adventure for the day and night turns into a bitter argument that lasts for a couple of days because of your innocent escapade for a second or a minute; with someone you'll never see again.

Yet, you are completely unconscious to the problems you create in your own life and those near you, whom you claim to love. You not only disturb and disrupt the positive vibrations in the minds of your love ones, but you also bring about negative talking, we call it, an argument. You, instead, become annoyed because you think your undesirable activities should be overlooked by your bedmate, and you are totally inconsiderate toward the negativity you inflict on your partner.

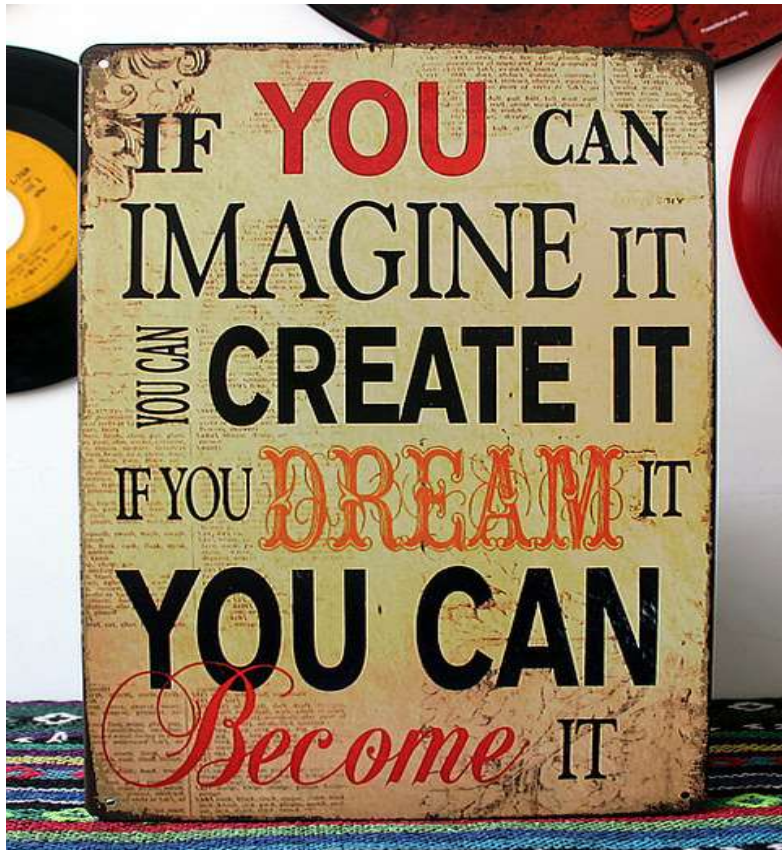
As you could see by the above example, we create our own problems with our negative behavior. The sad part is that we cannot see or understand why we end up losing our partners through a break up or divorce. Our innocent actions, as we've read in the dialogue, are not innocent after all.



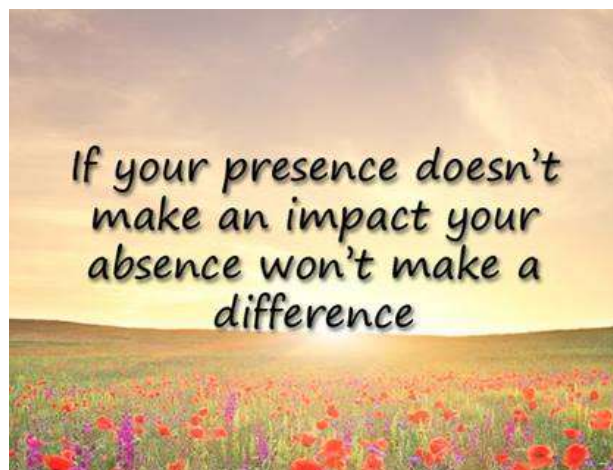
We all have the ability to escape this prison, so what are we waiting for? Permission? From who? Just do it. Stop worrying about what everyone else thinks.

We must see ourselves as actors and actresses, and not sell ourselves short by taking on scripts someone else handed us. We must take on positive roles that makes us talented stars in our own screenplay. Picture a typecast thespian, who cannot get any positive parts. In every movie they play, they are always

portraying a negative character. Here you can choose your own part, and the choice you continue to make is to portray a negative villain; instead of the positive hero or heroine.



We choose to take away from our character, rather than add positivity to our roles as the main protagonists. If you act positive, then your life will turn positive. You are outlandish to believe that somehow you can have a positive life with negative actions.



Chapter 4

BE POSITIVE

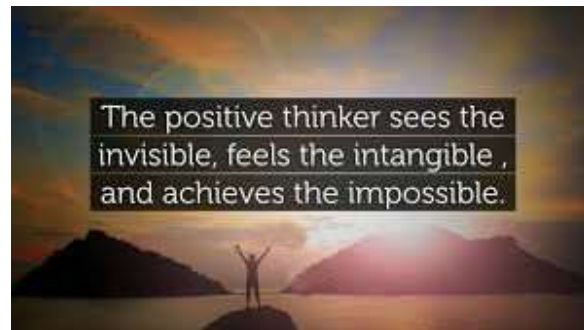
The whole intent of this book is to brainwash you. Yes, I am going to wash your brains from negative to positive. You have a dirty mind, it is filled with negative thoughts; therefore, I must scrub your mind with the cleansing soap of positive words. Your mind needs scrubbing, and I shall make it spotless with positive thinking. Therefore, after I cleanse your mind, you must never allow yourself to become filthy with negativity; you must Be Positive each second of your life.

This is not something you do when you feel like; you must continue to Be Positive every minute you are living; in fact, you must continue every hour, every day, every week, every month and every year of your life. You must Be Positive 24 hours a day, 7 days per week, 30 days a month; 365 days per year until your body cease to exist. You must do it as individuals, as couples, and as families throughout your lives. You must teach your children by being examples, for the school system is not going to teach them, the government is not going to teach them, your religious centers are not going to teach them. They are not going to learn from their friends or peers, and neither are they going to learn to Be Positive when they attend college or join any social organizations.



I could be inexact about my prior comments, for it is possible that all the institutions I mentioned; may just take this book and make it part of their curricula, their bylaws, and as part of their orientation and introductory text. Who knows, it may become part of the military training, the police training and the

penal system. Voters from every level, may demand that every politician and civic leaders; read it as an assurance they help create and pass positive legislations. Therefore, in such case, I totally apologize for my imprecise observations.



Today, you are receiving the highest and most moral spiritual lessons in your life, there is no divisiveness in this book of instructions. The teachings are meant to unite every religion and government in the world, for any behavior you choose to display. You must always ask yourself two questions: Am I being positive or am I being negative? No matter what the situation, it always comes down to only two selections: To Be Negative or To Be Positive.

As you can see, humanity has finally found a solution to all the social ills in the world. It is also the ultimate answer to all the psychological and emotional complications that we, in our complex thinking, can solve in a second or two. For if you Be Positive in everything you think; if you Be Positive in everything you say; if you Be Positive in everything you do. Then, what problems are there in your life? Unequivocally, your response can only be.... None!



Chapter 5

STAY POSITIVE

This is going to be the most challenging task in your life, and it is not going to be tough because you cannot do it. It will be problematic, since you love to be negative, and you get off on negative talking, specifically, gossiping and judging others. You like being divisive, and you will do anything to keep your divisiveness perpetually. If you cannot be contentious, you will feel empty in your soul. Therefore, the Innovative Law I present to you is, Stay Positive, and do not undermine yourself by missing the darkness of negativity; like the Children of Israel missing the nights of bondage, after leaving Egypt's 400 years of adverse existence.

You may ask, what do I have to Stay Positive about? Well, what about waking up to see a new day, and being able to have a mind to think; eyes to see all that you perceive as beautiful, ears to listen to your favorite songs, a nose to smell the fragrance of your preferred flowers. The aroma of sweet perfume or a well-cooked meal. Lips and a mouth to kiss, or the delightful taste of your favorable nectar and ambrosia of your finest meal. Hands to touch your loved ones, arms to embrace the love of your life; feet to take you places you've never been, and a body to be proud of. Picture the first time you joined that body, under the most perfect and positive state of mind; with the person you have spent time and continue to be with.



Stay Positive because it is beneficial, Stay Positive because you'll be a happier human being; Stay Positive, for it will keep peace in your home. Stay Positive, for the sake of inner contentment and internal joy. Stay Positive, for this is the cure for marital discontent and dysfunctional families. Stay Positive, so you may remain friends forever; Stay Positive because it is the highest mental state you can live in. Stay Positive because it prevents conflicts, Stay Positive, since it causes you and those around you to feel good. Stay Positive, as it is the type of purest and cleanest energy you want to generate.

Can you imagine this, you have one life to live, and you expend it by producing destructive energy? Then you wonder why you have all the ailments and ills, like heart disease, cancer, stroke, gun violence, spousal abuse, juvenile delinquency, fatherless children and recidivism. Think how much more fun life would be if you only generated constructive energy?

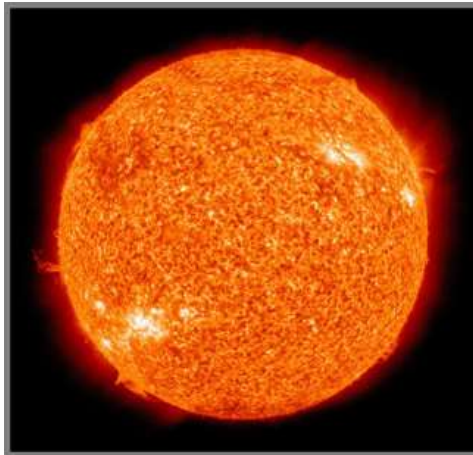


Now, we must focus our attention on how energy functions, I do not expect you to grasp all this material, but at least you'll see how it applies to Staying Positive:



In a typical lightning strike, 500 megajoules of electric potential energy is converted into the same amount of energy in other forms, mostly light energy, sound energy and thermal energy.

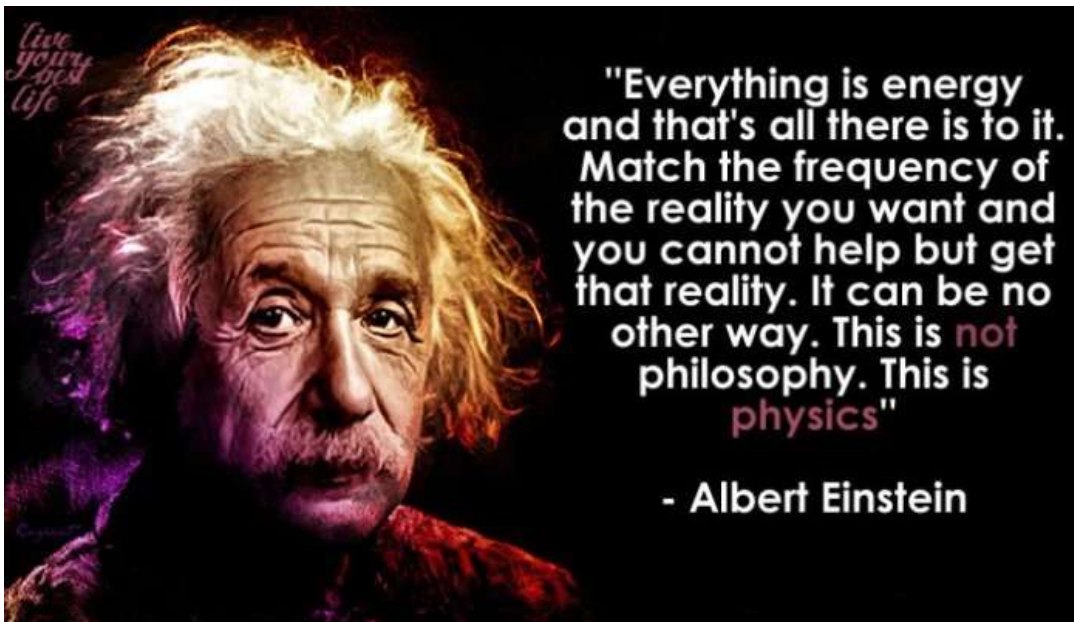
The Sun is the source of energy for most of life on Earth. As a star, the Sun is heated to high temperatures by the conversion of nuclear binding energy due to the fusion of hydrogen in its core. This energy is ultimately transferred (released) out into space mainly in the form of radiant (light) energy.



Some forms of energy (that an object or system can have as a measurable property)

Type of energy	Description
<u>Mechanical</u>	the sum of <u>macroscopic</u> translational and rotational kinetic and potential energies
<u>Electric</u>	potential energy due to or stored in electric fields
<u>Magnetic</u>	potential energy due to or stored in magnetic fields
<u>Gravitational</u>	potential energy due to or stored in gravitational fields
<u>Chemical</u>	potential energy due to chemical bonds
<u>Ionization</u>	potential energy that <u>binds</u> an electron to its atom or molecule

<u>Nuclear</u>	potential energy that <u>binds nucleons</u> to form the <u>atomic nucleus</u> (and nuclear reactions)
<u>Chromodynamic</u>	potential energy that <u>binds quarks</u> to form <u>hadrons</u>
<u>Elastic</u>	potential energy due to the deformation of a material (or its container) exhibiting a restorative force
<u>Mechanical wave</u>	kinetic and potential energy in an elastic material due to a propagated deformational wave
<u>Sound wave</u>	kinetic and potential energy in a fluid due to a sound propagated wave (a particular form of mechanical wave)
<u>Radiant</u>	<u>potential energy</u> stored in the fields of propagated by <u>electromagnetic radiation</u> , including <u>light</u>
<u>Rest</u>	potential energy <u>due to</u> an object's <u>rest mass</u>
<u>Thermal</u>	kinetic energy of the <u>microscopic</u> motion of particles, a form of disordered equivalent of mechanical energy



In physics, **energy** is the property that must be transferred to an object in order to perform work on, or to heat, the object.^[note 1] Energy is a conserved quantity; the law of conservation of energy states that energy can be converted in form, but not created or destroyed. The SI unit of energy is the joule, which is the energy transferred to an object by the work of moving it a distance of 1 metre against a force of 1 newton.

Common forms of energy include the kinetic energy of a moving object, the potential energy stored by an object's position in a force field (gravitational, electric or magnetic), the elastic energy stored by stretching solid objects, the chemical energy released when a fuel burns, the radiant energy carried by light, and the thermal energy due to an object's temperature.

Mass and energy are closely related. Due to mass–energy equivalence, any object that has mass when stationary (called rest mass) also has an equivalent amount of energy whose form is called rest energy (in that frame of reference), and any additional energy (of any form) acquired by the object above that rest energy will increase the object's total mass just as it increases its total energy. For example, after heating an object, its increase in energy could be measured as an increase in mass, with a sensitive enough scale.

Living organisms require available energy to stay alive, such as the energy humans get from food. Human civilization requires energy to function, which it gets from energy resources such as fossil fuels, nuclear fuel, or renewable energy. The processes of Earth's climate and ecosystem are driven by the radiant energy Earth receives from the sun and the geothermal energy contained within the earth.



The word *energy* derives from the Ancient Greek: ἐνέργεια, translit. *energeia*, lit. 'activity, operation',^[1] which possibly appears for the first time in the work of Aristotle in the 4th century BC. In contrast to the modern definition, *energeia* was a qualitative philosophical concept, broad enough to include ideas such as happiness and pleasure.

In the late 17th century, Gottfried Leibniz proposed the idea of the Latin: *vis viva*, or living force, which defined as the product of the mass of an object and its velocity squared; he believed that total *vis viva* was conserved. To account for slowing due to friction, Leibniz theorized that thermal energy consisted of the random motion of the constituent parts of matter, although it would be more than a century until this was generally accepted. The modern analog of this property, kinetic energy, differs from *vis viva* only by a factor of two.

In 1807, Thomas Young was possibly the first to use the term "energy" instead of *vis viva*, in its modern sense.^[2] Gustave-Gaspard Coriolis described "kinetic energy" in 1829 in its modern sense, and in 1853, William Rankine coined the term "potential energy". The law of conservation of energy was also first postulated in the early 19th century, and applies to any isolated system. It was argued for some years whether heat was a physical substance, dubbed the caloric, or merely

a physical quantity, such as momentum. In 1845 James Prescott Joule discovered the link between mechanical work and the generation of heat.

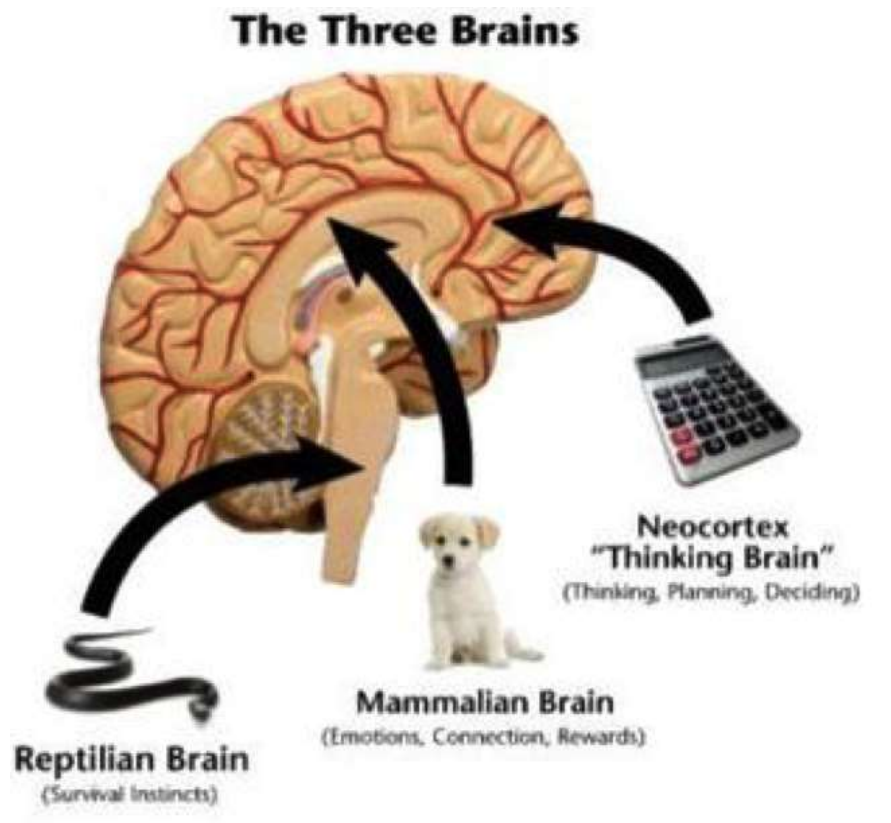


These developments led to the theory of conservation of energy, formalized largely by William Thomson (Lord Kelvin) as the field of thermodynamics. Thermodynamics aided the rapid development of explanations of chemical processes by Rudolf Clausius, Josiah Willard Gibbs, and Walther Nernst. It also led to a mathematical formulation of the concept of entropy by Clausius and to the introduction of laws of radiant energy by Jožef Stefan. According to Noether's theorem, the conservation of energy is a consequence of the fact that the laws of physics do not change over time.^[3] Thus, since 1918, theorists have understood that the law of conservation of energy is the direct mathematical consequence of the translational symmetry of the quantity conjugate to energy, namely time. [Retrieved from Wikipedia.org, 2018]



As I stated earlier, I do not expect you to comprehend all that you've just read. The main awareness to grasp is that in life there's only two types of mental energy; positive energy or negative energy. Therefore, let's eliminate the type of

energy that is nonproductive, the destructive energy that tears up marriages and families, the type of energy that causes civil unrest; wars, and robs many persons of their lives through physical demise or being institutionalized in prison colonies all over the earth.



Stay Positive people, and let's make our lives and the planet we live in; a world of positive energy, thereof creating Positive Vibration. Therefore, Stay Positive! When life is getting the best of you, Stay Positive! When the bills are too much to cope with, Stay Positive! No matter what the situation, Stay Positive! Stay Positive! Stay Positive! Stay Positive and keep the Positive Energy.



POSITIVE REINFORCEMENT

READ ITEM ONE BELOW AS MANY TIMES AS YOU WANT, THEN DO THE SAME WITH TWO; FOLLOWED BY THREE, AND SO FORTH. REPEAT! ALSO, YOU CAN PRINT A COPY TO HAVE ON-YOU IN PERSON, AND MAKE A POSTER TO KEEP AT HOME AND IN YOUR OFFICE.

1. I AM POSITIVE.
2. I THINK POSITIVE.
3. I TALK POSITIVE.
4. I ACT POSITIVE.
5. I WALK POSITIVE.
6. I SEE THE POSITIVE IN EVERY SITUATION.
7. I LOOK FOR THE POSITIVE IN ALL PEOPLE.
8. I STAY POSITIVE.
9. I HAVE A POSITIVE ATTITUDE.
10. I HAVE A POSITIVE MENTAL ATTITUDE.
11. I HAVE A POSITIVE MINDSET.
12. I AM POSITIVE THINKING.
13. I AM A POSITIVE THINKER.
14. I LIVE A POSITIVE LIFE.
15. MY LIFE IS POSITIVE.
16. BE POSITIVE.
17. I AM WEALTHY.
18. I LIVE WEALTHY.
19. I FEEL WEALTHY.
20. I HAVE A WEALTHY LIFE
21. I SEE WEALTH IN MY LIFE.
22. BE WEALTHY.
23. FEEL GOOD.
24. I AM HAPPY.
25. I AM EXCITED.
26. I HAVE A POSITIVE SMILE.
27. I AM POSITIVE VIBRATION.
28. I HAVE A POSITIVE MIND.
29. I HAVE A POSITIVE LIFE.
30. I AM POSITIVE MANNERS.
31. I AM POSITIVE MENTALITY.
32. HAVE POSITIVE THOUGHTS.
33. PRODUCE POSITIVE VIBES.
34. I RADIATE POSITIVITY.
35. I IRRADIATE POSITIVENESS.
36. STAY IN A POSITIVE MOOD.
37. BE IN A POSITIVE STATE.
38. A POSITIVE OUTLOOK.
39. I AM A POSITIVE SOUL.
40. I HAVE POSITIVE FEELINGS.
41. I AM ALWAYS POSITIVE.
42. I EMIT POSITIVE ENERGY.
43. I HAVE POSITIVE LOVE.
44. I HAVE POSITIVE FRIENDS.
45. I AM POSITIVELY WEALTHY.
46. MY FAMILY IS POSITIVE.
47. I WORSHIP POSITIVITY.
48. I HAVE A POSITIVE SPIRIT.
49. I AM A POSITIVE CREATOR.
50. BE GRATEFUL.
51. I AM JOYFUL.
52. REJOICE!
53. SMILE!
54. LAUGH!

I THINK POSITIVE. I AM WEALTHY!

Chapter 6
HAVE A POSITIVE MINDSET

**WHO IS THE
MOST AWESOME
PERSON TODAY?**

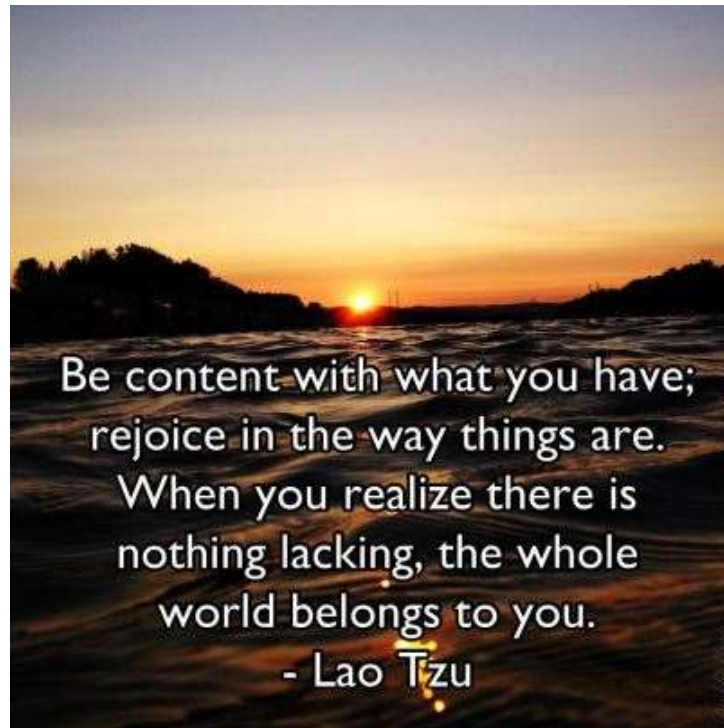


If you could remember in the mid-80's a Hip-Hop Rap Group out of Houston Texas, Geto Boys, who made us realize that our mind's playing tricks on us. Well, it is a fact, for you've been programmed since you were in your mother's womb, and all that you accept as truth or reality; comes from all the programming you have received your entire life.



I want you to go into the deepest state of positive thinking mind you can, without putting up your guard or feeling hurt by what I am about to express to you. If your mother was a computer, and your father, aunts and uncles, grandparents and

siblings were computers. The only way they could all function is by the input programmed into their system, they could not bring about any output outside of the type of software inside of them. Would you agree with me so far? Is their programming right or wrong? The answer would be, Neither!



It becomes a gadget whose functionality is based upon the correct or incorrect data. Therefore, you could say that you and your entire family; including those in your communities and neighborhoods are only responding to the type of programming you have received. Thus, if the software inputted within you is flawed, you can only produce faulty data. Would you agree?

And it does not matter what situation you come upon, your reply and response would always be defective, and no one can tell you anything because you know all there is to know; based upon what you believe you have learned your entire life. Somehow, it is hard for you to accept that all your beliefs are damaged by bad or a negative software design, namely, Garbage in Garbage out. It is time to update!

Hence, how do you correct the defective computer in your head? For, as the Geto Boys have pointed out: *“My Mind Is Playing Tricks On Me.”* You must now become

the programmer and fix your damaged/defective machinery. Hence, I will now ask you a very important question: What problems are you experiencing with your apparatus? Does your computer always appear to output negative data? Is your equipment playing tricks on you? How can you tell that it's malfunctioning?



**I'M GOING TO
MAKE YOU SO
PROUD.**
- note to self.

Let's begin by doing a performance analysis:

You can attest that you need a Tune Up, for your engine is not properly working. Subsequently, do you get angry, upset, annoyed, irritated, peeved or piqued? Do you have mood swings regularly? Are you easily agitated daily? Do you provide corporal punishment to your child(ren)? Are you confrontational or quarrelsome? Are you sad or unhappy at times or all the time? Are you contented or dissatisfied with your lot in life? Do you fuss and fight with your significant other?

Well, as you can see, your mind is playing tricks on you. You need a new mind, specifically, a positive set mind. There it is, you need to Have A Positive Mindset. Deal with every circumstance, from a positive mindset. Set your mind, namely, your computer to positive. Update your programming and/or software by downloading this innovative technology into your database and hard drive.

Do not ever allow yourself to be negative. You are going to have an unenlightened negative minded person attempt to disturb your positivity by believing that they should test you, but according to Matthew 4:7. Let that person know, ***“Thou shalt not tempt the Lord thy God”***; give them a positive energetic loving smile, and tell them to buy a copy of **Think Positive. Live Wealthy!**

Chapter 7
SEE THE POSITIVE



Are you able to see the sweet melody I am composing in your soul, for it is a true classical masterpiece? Do you notice the new person you are becoming because of the sculptured stone I have chiseled, and gotten rid of all the roughness in your personality? Are you able to see the beautiful artwork that I have painted in your spirit, thus creating a new heaven and a new earth in your mental state? Have you become the poem that I, as a great poet, have written in your inward parts?



Can you fulfill my prophecy of a new you, for I am the long-awaited prophet you've prayed and dreamed of? Am I the sage you've been seeking, who has

brought you to a mental paradise filled with the wonders of wisdom, knowledge and understanding of a heavenly positive mind? You may be wondering, what's happening to you? For you are transcending, and in some ways, you cannot help it. Would you agree that I am taking the clay of your negative thoughts, and as a great architect; I am shaping and forming you into my very own positive image, and giving you a vision of a new creation?

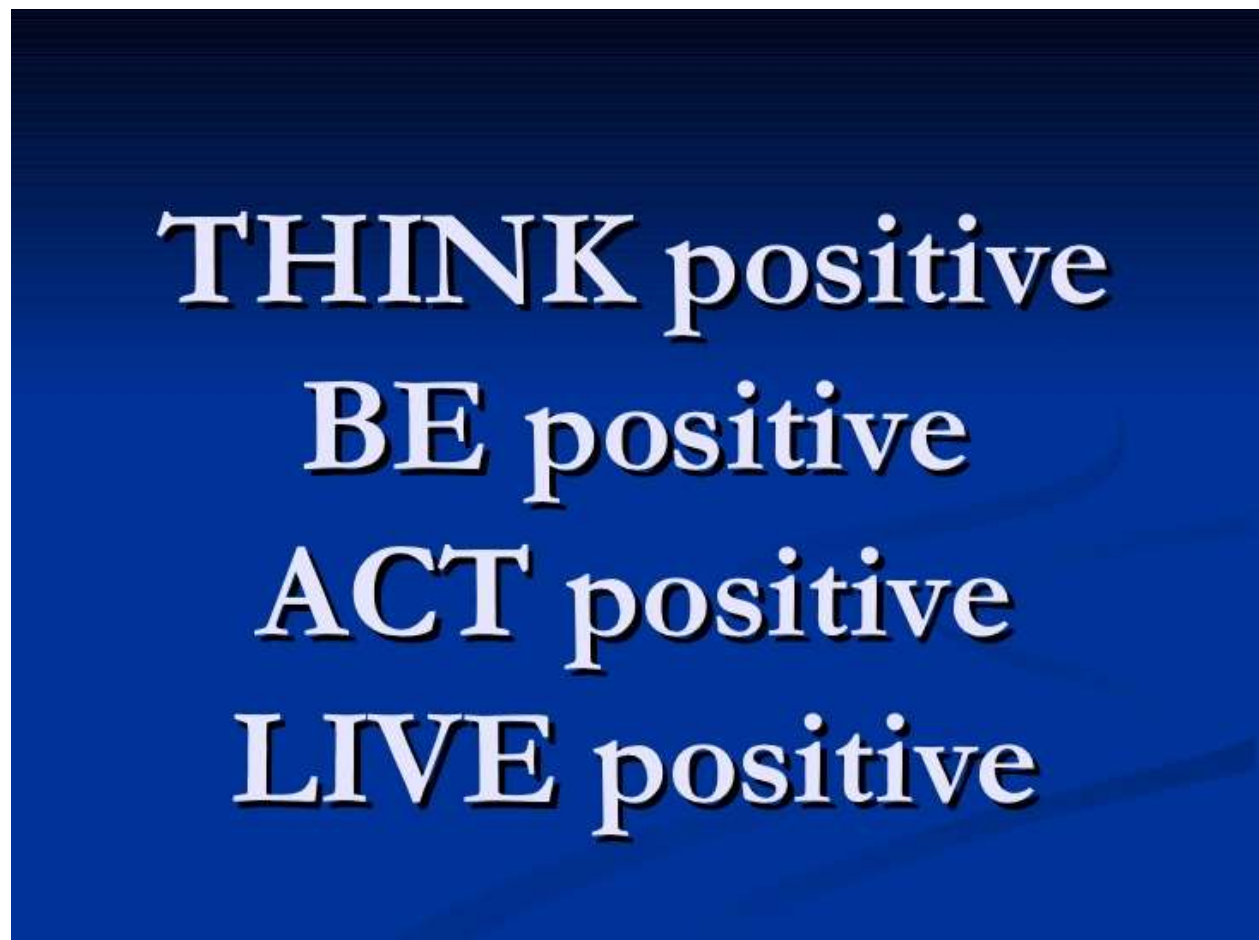


For I am not making you a human man or woman, I am using the skills of my words; just as I have done in the beginning, but this time I am making you a divine being, I am making you God. A male and female Deity, and I am making sure you have charge over your mind. Can You See the Positive mentality? I bring you a new Innovative and Technological Law, for the old is passed away. I set in you a new and improved mind, and you must use your mental fortitude and power of mind; to always SEE THE POSITIVE, in every situation and in all circumstances.

As God, you must take hold of your ruling powers, and have eternal dominion over yourself.



You shall now see yourself as more than human, you shall call yourself a Divine Being. Therefore, you are no longer negatively imperfect. From this day forth, you are positively perfect! And you no longer make mistakes, for you only walk with a Positive Mind. Hence, you can create a Positive Life because you can only SEE THE POSITIVE. Negative Thinking does no longer rule over you, for negativity is the way of the beast, the way of the carnal minded, the way of the animal called man.



Chapter 8

LOOK FOR THE POSITIVE

Are you able to look for the positive in yourself, in your significant other, in your spouse, in your children, in your parents; in your family, in your relatives, in your house, in your neighborhood, in your community? Are you able to look for the positive; in your neighbors, in your job, in your friends, in your coworkers, in your country; city, county and state of your birth, or in the adopted home you now live in? Well, if you look for the positive, you will have no more tears, no more pain or sorrow. I am here bringing you my healing powers, smile; better yet, laugh and rejoice, for you are entering the holy of holies. The sanctum sanctorum, heaven on earth. I am freeing you from negativity; whereby, you order the raging-seas of negative thoughts. "Shhh, Peace, Be Still!" For I bring you the greatest of riches, and there's no sorrow added with it.

"Sometimes it takes
a good fall to really
know where you
stand." - Hayley Williams

Behold, look for the Positive, and never stop looking toward the Positive. You are whole, you are healthy, you have those who love you, and even if you do not have another to love you. You have the greatest lover in the entire universe, you have yourself. Therefore, love yourself, and treat yourself wonderfully, go take the trip you've always wanted. Go to the restaurant you always dreamed of. Introduce yourself to that person you wanted to meet. Tell them, hi, give them your name, and ask for theirs, and begin communicating and ask them out. If they say no, just say to him or her, every time I saw you, I always envision you as a positive person. However, here I am, I finally get the courage to come greet you, and I cannot believe you responded to me in such a negative manner; the least you could have said to me is maybe or let me think about it. You see, I am a positive person, and I thought we may somehow have been kindred spirits. I will allow you the opportunity to come back and ask me out, after you have considered my pleasing offer; therefore, you have a great and utmost positive day. You smile and walk away gracefully and look for the positive.

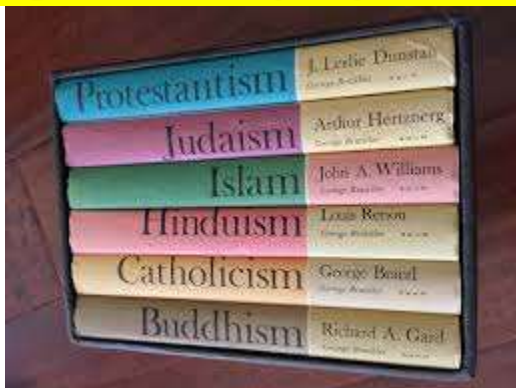
The **FOURTH** Monkey



Hear No Evil • See No Evil • Speak No Evil • Post No Evil

1st Kikazaru, 2nd Mizaru, 3rd Iwazaru, and 4th Shizaru.

The 3 or 4 wise monkeys named above is a representation of not listening to, not looking at, not communicating, or applying oneself to live a negative life. In other words, what makes these mystic apes very wise is that they refuse to entertain negativity in any form or through any of their five senses. If we could understand this in all our religious commandments and instructions, we could reduce all the 5 major religions into; we either continue to live a negative life, or we alter our views of life to a positive. Hence, you only have two commands: ***To stay negative or accept a positive lifestyle!***



Chapter 9

POSITIVE ATTITUDE

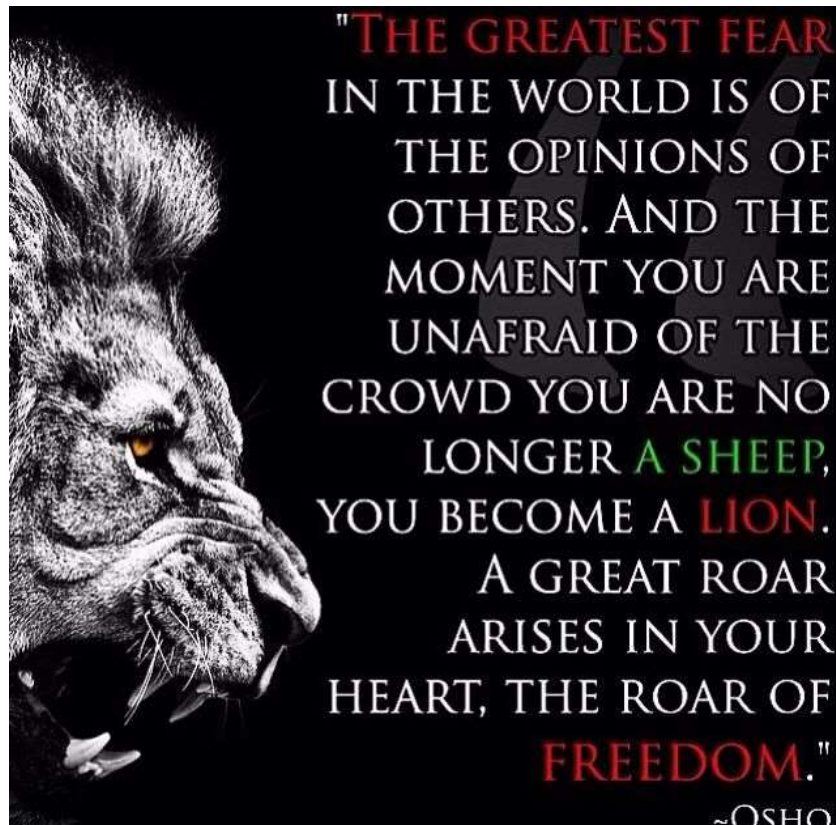
How is your attitude? Is it positive or negative? In other words, are you a builder or a destroyer? Are you a pessimist or an optimist? If another person does not harbor your views, do you become unfriendly or do you value their opinion and remain a friend?



I have seen family members become furious with other family members because their views are different. It is either you succumb to our way of thinking or we'll ostracize you, your spouse and your children. They even turn others against you, for it is their way and no other way.



This groupthink also exists in the workforce and in many organizations, they may label an individual with a free mindset as a maverick or a glory-seeker. If you, my reader, live under these labels, please accept it and embrace it. You are not here to live up to others' low expectations of you.

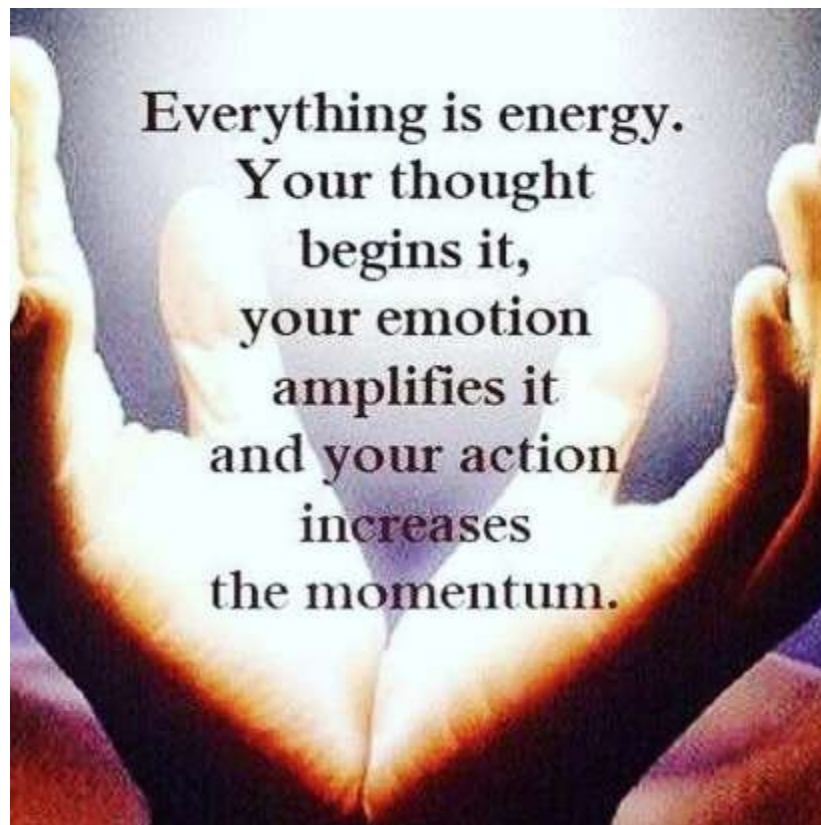


They do not carry what you carry in your heart, so let those negative people to themselves. Remember, most people and members of organizations are sheep. They need a guide and someone to tell them how to act, how to think, when to eat, what to speak, how to dress, how to live, and how to walk. ***At least the military pays you for that; besides all the benefits they give you, including the opportunity to travel, and the respect of society for serving.*** You are here to march to your own drumbeat, and not encroach or infringe upon other's lanes; by living in yours, as positive as possible.

You are not here for anyone but yourself, if by chance you meet other sojourners, in this here journey; in whose life you bring value, and vice-versa. It's all that

matters! You are here to enhance the beauty of the planet; even though you have not yet found your purpose, you continue searching no matter how long it takes. It is better to have spent your entire life seeking your bigger mission, and perishing without ever finding it, than to settle for the smaller you.

You are a mighty giant, a person of great worth. You do not know what kind of impact you will make in others' lives or in this world. You listened to the naysayers, and you gave up; you quit trying, you stopped believing in yourself because of what someone or someone's told you. If you feel and know that there's greatness sleeping within you, just keep learning and growing, for you will reach it one day, but the one thing you never do is give up.



As I think of impossibilities, which is a slogan and motto in most people's lives. I must talk about one of the immortals. His name is Temujin, a child growing up in the Tundra of Mongolia; he was alone, and had to learn survival skills, for the area was not a place for the weak of heart. Your lifespan was very short, it came to a

point where Temujin had to eventually kill his older brother, for his own survival; otherwise, we would've never heard of him. Temujin organized the many tribes into a whole, and he went on to make history. He was the first to build bridges, dams, and he was the first strategist in warfare. Today, we must thank him for the suits and men's wear that adorns our bodies, for he is the one that designed the men's business suits, way back in the mid-1100s and early-1200s.

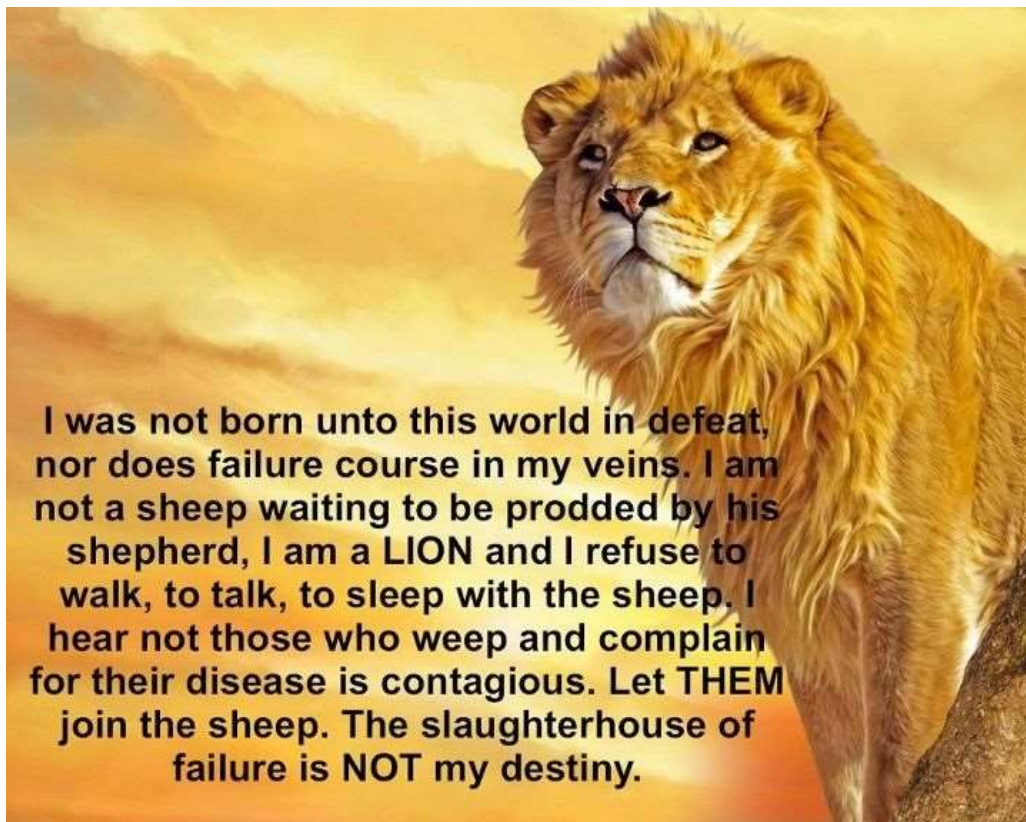


Yes, a kid changed the world because he was willing to tough it out and walk alone. He changed the planet, for he safeguarded Mongolian women, in those days, from being raped. He created the gun powder that Marco Polo was credited to bringing to the West, he invented bombs and many of the projectiles used in modern warfare. China is still famous for the Great Wall they built, to stop this genius from fully conquering them; in fact, he continues to live in history by the prodigious name of Genghis Khan.

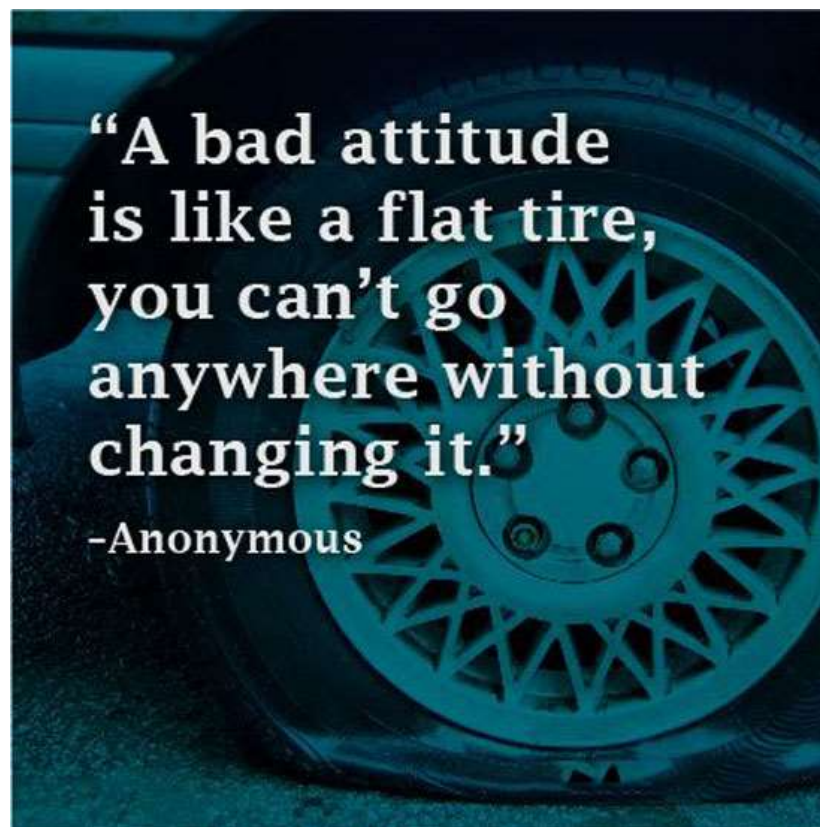


Many Blacks born in America, feel a sense of shame of their history as slaves in this great land of opportunity. However, I teach my children to embrace their story, for it is a legacy of strength and overcoming the impossible. What is there to feel shame of when you have risen; just like a phoenix, from the dark ashes of injustice? Are you ashamed of being a uniquely remarkable people? No other people has endured what you have went through, and you should embrace your past. Use it to rise above all people and all nations because no other people or nation have the strength to endure such evil atrocities.

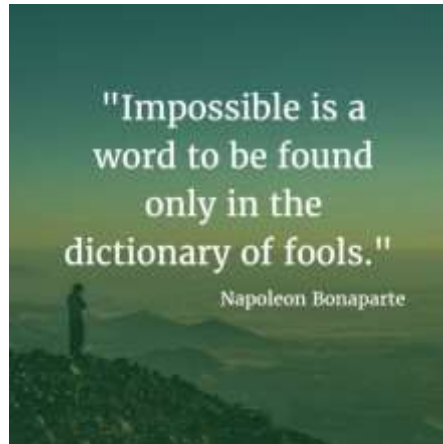
Your commonality to rise from an appalling state, to be forced into unpaid servitude for 310-years of a pure negative deplorable existence. Therefore, use it as your strength, and use it as your ability to overcome all negative situations. Change the story by becoming a positive people, become the most positive person the world has ever seen. Because no matter how many difficulties you must go through, there would be never an experience as the one that you and your ancestors rose above these past 463 years.



Many people have overcome unbearable situations, the Native Americans are another people, who had to suffer the abuse of mental and physical indignity, for their land was taken by force and violence. Many had a difficulty adjusting to the humiliation of being called a savage. Instead of realizing the savagery was heaped upon their ancestry for generations. Rise, Native American, run for Congress, run for U.S. Senator and take back your land by taking advantage of the Political System; thereby, one day becoming President of these United States.



You also have many White Americans feeling that they have a sense of entitlement. They believe because of their Anglo-Saxon ancestry, they must not use their minds or abilities for a better life. They somehow believe that because of their white complexion; opportunities should be laid on their feet. They want to blame immigrants and everyone else for their lack of worth. You are in a competitive world, and you must compete for what you want.



You cannot look at the failure of your parents as an excuse for your deficiency; you must do like everyone else, get up and go get yours. But you must get rid of the impossibility you are embracing and come to the realization that the good 'ole days would never exist again because the jobs your grandparents kept for 30 to 40 years of their lives; have left our shores, and the big bosses have outsourced many of their products and services overseas.

You must also get rid of your negative state of mind and take on possibility and positive thinking. Therefore, start thinking positive, talking positive, acting positive and living positive. Just be positive in your attitude and state of mind, take on a positive mindset. Look for the best in life; see the positive in your life, and accept your life as the best there is, but don't settle, go get educated. You live in a country, where you can go to school and never pay the money back until you have completed your career objectives.



Yet many of you out there, that is to say, Blacks, Native Americans, Whites, Hispanics and Immigrants; cry and complain about paying back school loans. If you did your research and go get the right type of education that will provide you with the needed income for your future; then paying off your school loans is not, to some degree, your major concern. By the way, did you go all the way with your education? After you got an associate, why didn't you pursue a bachelor's degree? After you got your bachelor's, why didn't you go after a master's degree? Did you attempt to go after a doctorate? And while in college, did you try to create your own business by becoming an entrepreneur or buy a franchise?



Yes, you quit, and you refuse to take responsibility for your own failure, so you must blame someone or something other than yourself. What about you who did not get a high school diploma, you may have had a good reason for leaving school when you were younger. Nonetheless, what is stopping you from getting your high school diploma? You are older now, and you have more knowledge and experience that the younger you did not have. Case and point, my wife 'Ishsheh

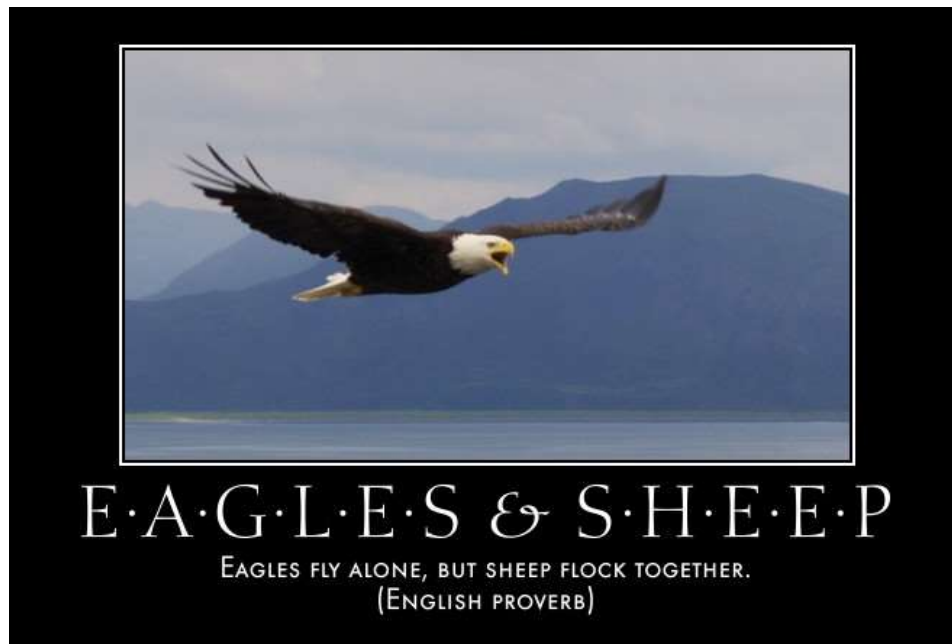
and I went back to college at the age of 44 because we had lost our home, business and every material good we had. However, my consort and I ended up getting our Bachelor's Degrees online at the age of 48; after that we became totally immersed, for we have a total of 3 MBAs and 2 regular Masters, and we attended nine PhD Programs. 'Ishsheh completed two PhDs, all but dissertation.

A green rectangular box with white text. The text is centered and reads: "Go 24 hours without complaining. (Not even once.) Then watch how your life starts changing!"

And we accomplished this while living in Hawaii, California, Texas, Minnesota and many other states. The funny part is that when we were younger, we were not able to complete any degrees, but we got older and wiser. What we were not capable of achieving in our younger years, have nothing to do with our more mature state of mind. We became more knowledgeable, as we matured in age. The advantaged we had, is we were willing to challenge ourselves, and were not afraid to fail. Because of our determination, our three daughters Beyth-Shan, Yehuwdiyth and Kebar started college at ages 16, 15 and 14. They got their Bachelor's and Masters' Degrees, and are presently pursuing their PhDs in Advanced Accounting, Financial Management, and Marketing.

We asked our daughters, how they became so smart? Their response was, well, we saw you doing it, so we figured we could do it too. The youngest, in fact, started her PhD at the age of 19 *{The point is we became an example}*. On the other hand, our youngest son Yehuwdah, got his high school diploma at 12, then he had to get another at 14; immediately starting college. At 16, he had received

his Associate Degree from Grantham University; thereby, transferring to Full Sail University to continue his Bachelor's, but he experienced a setback, for after a year of attending Full Sail, they dismissed him, for as they claimed, he plagiarized his work. Yehuwdah returned to Grantham University to do his Bachelor's, and after 3 months; they stated that they were reviewing his Associate Degree, and they saw where in one of his classes, he had plagiarized on one of his courses.



Therefore, they told him that they were kicking him out of school and taking back his Associate Degree. I did not allow my son to let that little obstacle hinder his mind with negativity. I told him, I am going to keep you out of school for one to two years; remember, he was only 17-years-old when he experienced these impediments.

Afterwards, my son created two online businesses, in that two-years hiatus. The first was Globeik.com, an online language learning platform my daughter Beyth-Shan had conceived, and the second business he put together was Central Florida Tech Hub. A means of getting residents of Central Florida to go on a tour to the Bay Area and Silicon Valley to visit companies like Facebook, Google and Googleplex, Apple Headquarters, Stanford University and others.

The point I am making to you is that you must keep a Positive Attitude no matter how drastic a situation appears to be. It's like me telling my mate 'Ishsheh, when she's peeved about a circumstance that we have no control over, I always ask her: "Is this worse than slavery?" You can imagine, she becomes more irked, by retorting: "This isn't slavery!"



I, being born in the Republic of Panamá, and immigrated to America at JFK on my 13th birthday, and my spouse a U.S. Citizen from Miami Florida. Eventually, we turn the situation into humor. I am not saying that I am the most positive person in the world because I would have to say, I was very negative; in fact, I use to stew over a situation for months, even years.



The Yodh Hē Waw Hē Family at Kar-Mar Restaurant, Veracruz, in Panamá City (February-March Carnival, 2017)
Right to Left: Kebar (K), Beyth-Shan (Beth), "Yah", "Ishsheh (E-Shay), Yehuwdah (Judah) and Yehuwdiyth (Judith).

However, I finally woke up, and I understand what's all about. After the many years of reading self-help books, I finally figured it out. Well, better late than never. Arguing and fussing, and being agitated about the things you don't have, or life not working as planned, does not solve anything. It is just wear and tear on your soul, your mind and those in your vicinity. Therefore, accept all the circumstances life throws at you, and roll with the punches.

WORRY IS THE
MISUSE OF
IMAGINATION

I tell you one thing, I am glad I could share this with you, my reader, I pray I may save you years of unhappiness and frustration. Have a Positive Attitude, no matter what's happening around you. Keep in mind, you cannot stop the rain from coming, it's going to come regardless how you feel, so why not get an umbrella, and do like Gene Kelly and Fred Astaire, and dance and sing to "Singing in the Rain." Always and forevermore Have a Positive Attitude!



Chapter 10

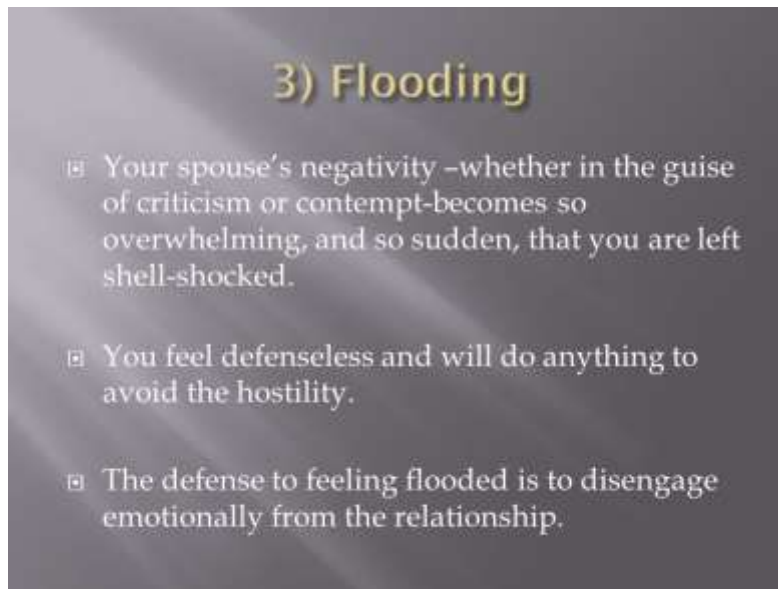
FLOODED BY NEGATIVITY

There may be a time that you will be flooded by negativity, for there's no way around it. As there are many situations in your life, where you cannot be positive; no matter how hard you try. However, you need to come to the realization that you cannot avoid a massive shower or rather a storm of negative rain in your life. It could be a death of someone close to you, a misfortune of some sort. An unexpected event, which causes you to hurt like no other wound you've ever felt. Therefore, at that cloudy point in your life, there's no way to avoid the negative flood you're going through.

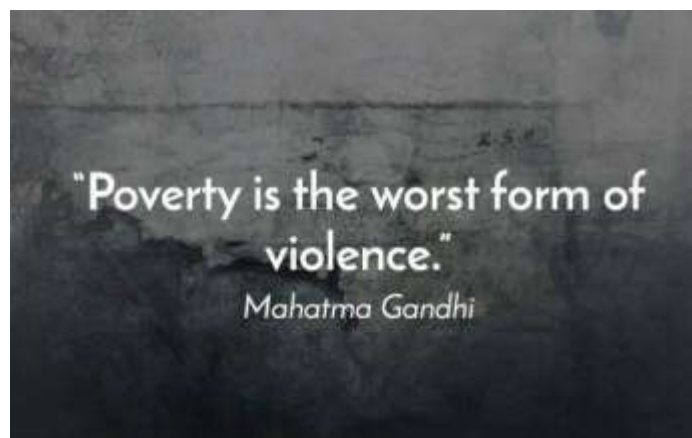


Thus, you must not see the process as a failure or as though it's not working. We all know things happen, and there's nothing you can do about it. At those heavy downpours in your life, you must fight with every bit of ounce in you; to get back or take back your positive state of mind. Thereby, you clean up the mess left behind; pick up the debris and thrash, tear down the washed-up structures in your life. Then rebuild yourself, a piece at a time, that is, building by building. Yes, your foundation is broken, but you must build a new footing; make it stronger

with this negative-disruptive innovation technological material, this mental hi-tech called THINK POSITIVE. LIVE WEALTHY!



I know that at times of such devastation, it is hard to pick yourself up, and get back to the positive person you know you are. Remember, the waters will recede in your life, and eventually the dry ground shall appear again.



Hence, as you rebuild your inundated negative mind, create a better drainage system that will help you funnel out the next possible undesirable and damaging deluge in your life. The book has not failed you, it is just that you must find ways to rise above those tough times; therefore, use this book to get you out of or through that negative painful condition, which has swamped your mind with negativity.



Chapter 11

POSITIVE SELF-TALK

Day-to-day, whether you are young or old, regardless of your gender, ethnicity and culture; practice Positive Self-Talk. Positive Self-Talk is comprised of words or ephemeral phrases that motivates, stimulates and encourages us to focus, and keep moving in a positive direction. It puts you in a psychological thinking process of mind-talk, called being in a zone or in the moment.

Self-Talk is an intervention that enhances Positive Thinking and Speaking. Positive Self-Talk can be more effective than any other method of changing the negative thoughts that enter your mind, for it counter-attacks those negative thoughts into a positive way of thinking; while conversating positively to yourself. Remember that old saying: “Get-Thee-Hence-Satan”, or might I say, “get thee hence negative thinking” because I have no use for you here in my mind.



If you want to enhance your way of life, you must transform the way you think and talk; no one can do it for you, you must have the fortitude and strength to make the necessary changes for the wellbeing of you and your family's happiness.

You must change the programming that you have made a habit of, and obstinately and plainly refused to change because you are addicted to it; even though you know it's negative. Hence, it is time for a positive change!

If you see yourself hooked into talking negative, become cognizant of it and make a paradigm shift, a fundamental change. Therefore, when you experience any kind of negativity, implement it with **Positive Self-Talk**; to encourage the optimistic person that you truly are, with words and thoughts that inspires reassurance, motivation and enthusiasm. It is an awakening, illumination and enlightenment to all who come in your presence.

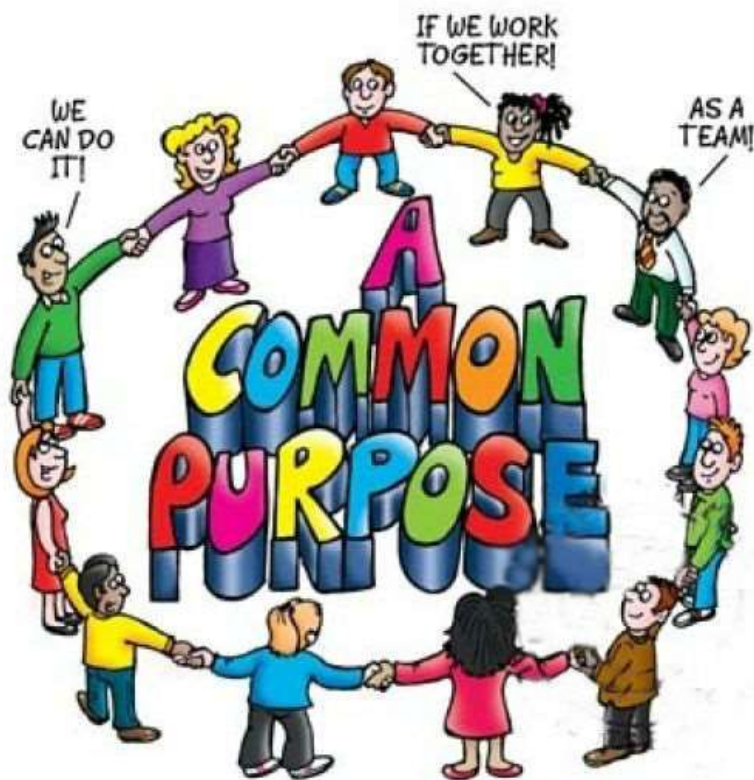


Through Positive Self-Talk, you begin to feel assured as to the direction your life is heading. You bring a profusion of wealth and happiness to you and your family. Therefore, become watchful of what you think and say. You, thereof, must become a proofreader and editor of the negative words that you allow to saturate

inside your mind. You must revise those unwanted negative thoughts, with a constructive positive frame of mind that empowers and exalts you, and your loved ones to a life of majestic happiness.



~ "In order to carry a positive action we must develop here a positive vision." ~ Dalai Lama



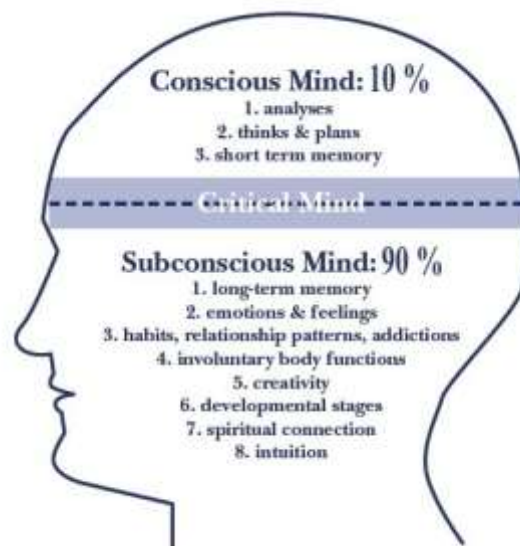
Chapter 12

I AM POSITIVE

I Am Positive, yes, I Am Positive, I Am Positive; truly I Am Positive... You must make this your motto. You must make it your everyday slogan and sing it aloud in the shower. Dance to it, and say it as loud as possible, that is, in privacy, of course. You do not want someone thinking you lost your mind. Do you? I Am Positive... Think it when you wake up, think it throughout the day, think it when you are eating; think it when you are walking, think it when you are jogging or running, think it when you are exercising. I Am Positive... Think it when you are drinking, I am not talking about alcohol, but you can do it at that time also. I Am positive... Think it when you are looking at the television, think it when you are listening to the radio, think it when you are looking at a movie, think it when you are looking at your favorite game(s) or program(s). I am positive... Think about it when you are shopping, think it when you are with your loving friend, think it when you go to sleep. I Am Positive...



Let this be a natural part of your life. If you could think about this nonstop, then it will keep you in the moment, in the now, in the present. It is the best way to shut your mind off. It is the best way to cut out the negative people at your place of business or employment. I know you may think this is too much, but think of all the things you worry about all day long? If you could only have these three words in your head, think of all the stress and anxiety you'll remove from your life? If you have a choice about fretting over bills and other problems you cannot solve, or think positive all day long, which one would be more beneficial to your health? And which will give you peace of mind and clarity?



You must realize that you were never taught how to think. In college, they taught you **“CRITICAL”** thinking. Can you imagine that? I want you to think for yourself about the word critical. Can you picture that word? The definition according to Webster’s New World College Dictionary 4th Edition (2005) is: *Tending to find fault; censorious. Of or forming a crisis or turning point. Dangerous or risky; causing anxiety. Of the crisis of a disease. Designating or of important products or raw materials subject to increased production and restricted distribution under strict control, as in wartime. Designating or of a point at which a nuclear chain reaction becomes self-sustaining.* The synonym Finder by J.I. Rodale (1978) are: *Captious, censorious, severe, hypercritical, overcritical, faultfinding, carping,*

caviling, quibbling, pettifogging, hairsplitting, niggling, nitpicking. Dangerous, hazardous, perilous; uncertain, risky, touchy, etcetera.

GOOD
VIBES
ONLY.

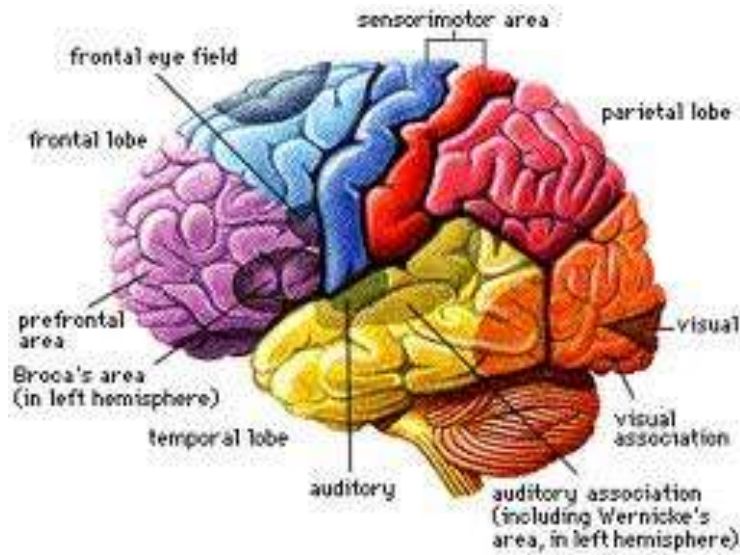
I challenge you, my reader, to look up the meaning and synonyms of these synonyms. You will be shocked at what you find, for we are being taught the wrong way to think. Yes, the universities and professors are going to tell you that it is “Characterized by careful analysis and judgment”. However, no disrespect to any professor out there, but they have not learned to think either. I am not saying all professors, I am saying the majority do not know how to think. But, please do not feel affronted, it is not my intention to diminish your years of learning. In fact, I applaud your abilities to be able to teach our future generation of precocious learners, and I praise your knowledge, for you must be mentally tough to reach the level of your scholastic studies. Therefore, if any of you professors feel as though I am being negative toward your hard-earned profession, let me apologize to you immediately, for it is not my intent. In fact, I say kudos to you and thank each of you for your dedication and commitment. Hence, stay positive, so you could see where I am headed with this.

Throughout our lives, we are taught everything we know, and we presume because we learned our alphabets and basic math; besides twelve to fifteen-years of schooling, that is, if you count Preschool and Kindergarten. However, I want you that are reading this book think this through with me; why are we so negative in our everyday thinking? I say we, for I was no different than any of you.



Hence, do you think about your bills? Is this negative or positive? I am not saying that you shouldn't pay your bills. But why think about it? For if you are thinking about your bills, it will cause stress and anxiety in your life. How about the future, do you worry about where your life is heading? Well, there you go; more stress and anxiety! Do you think about your health, and hope you don't get cancer or any other illness and diseases, or even death? Are these thoughts positive or negative? There you go, no peace of mind! Do you preoccupy your mind on improving your material assets?

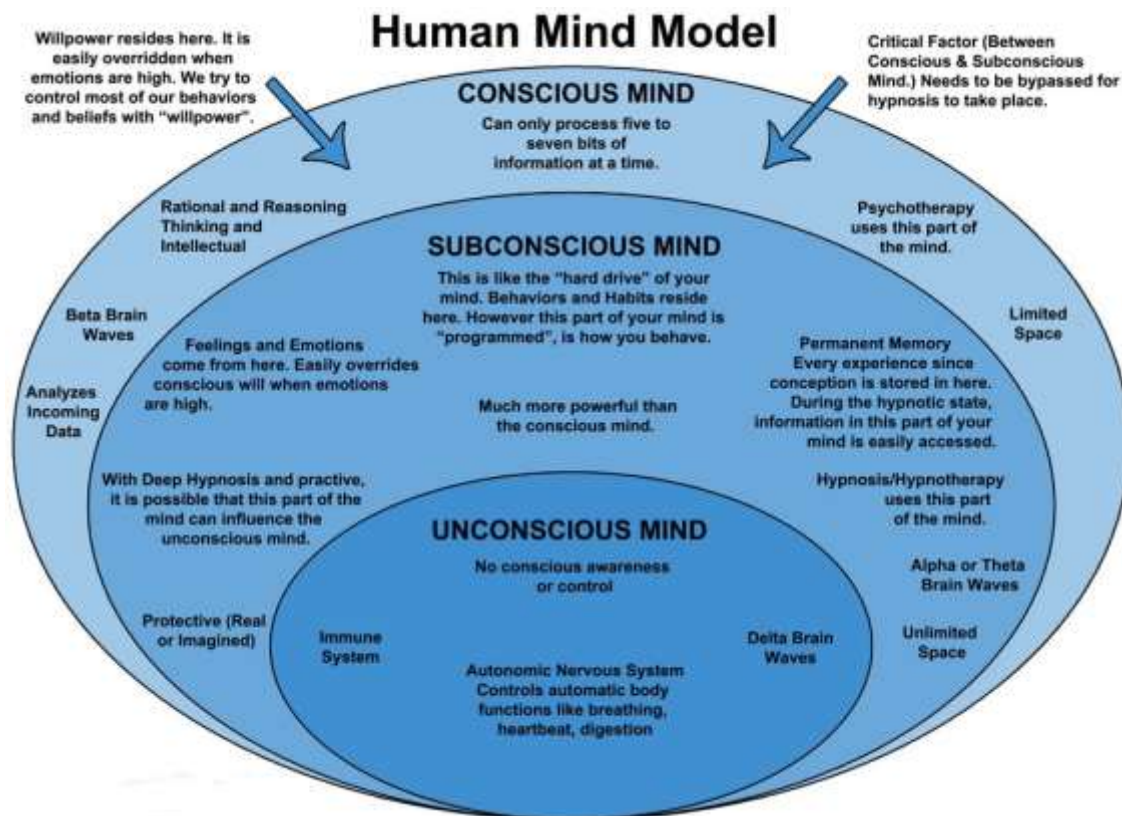
Do you see where I am getting at? Why focus your attention on these things? If you know what you desire in life, and you have a written plan, objectives, goals or blueprint; then why spend your energy thinking day and night about the future? Instead of living and enjoying the moment and feeling good every day. Further analysis i.e. since you believe in critical thinking. Do you wish you were happy? Do you wish you could find happiness? Do you wish to be happier? Now, is this positive or negative energy you're expending? Why can't you be happy? What is stopping you from being happier? Have you figured it out yet? The only thing that is stopping you from feeling happiness 24 hours a day, 7 days per week, 30 days a month, 365 days a year, and 12 months in the year is your negative thinking.



Do you comprehend what I am saying to you? You can only feel what you think, and if you become conscious and aware; if you wake up from your sleep state, you'll realize, no matter what you are thinking. It is either positive or negative, for there is only two types or sort of mental energy. Positive or negative, therefore, if you take all your thoughts throughout the day. Whenever you think about anything, all you must ask yourself; is this negative or positive energy? If you are arguing with your spouse. Is this negative or positive energy? If you are worried about tomorrow. Is this positive or negative energy? If you are worried about what happened yesterday or last year, or many years ago. Is this negative or positive energy? If you cannot pay the bills on time, thus, your worrying about it is not going to help you pay it, that is, until you have the money or get the money. Therefore, why torment your mind and your soul with all that negative energy?

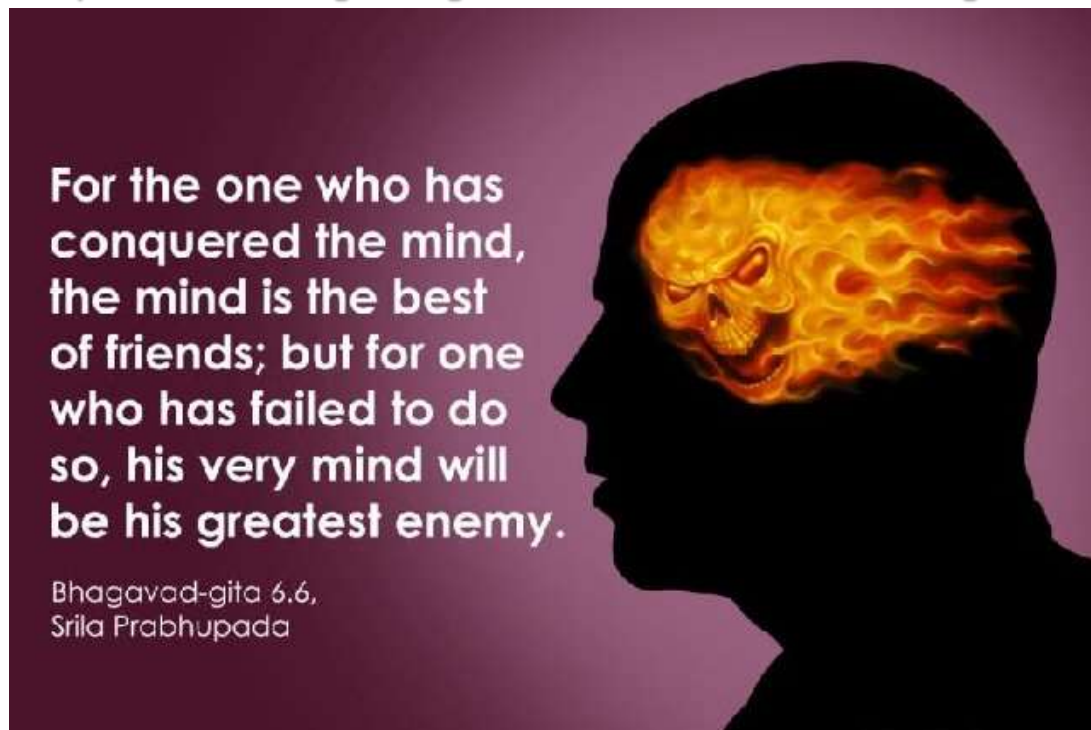


You remember the beautiful song we all loved, but most of us didn't grab it: **DON'T WORRY. BE HAPPY!** We could not grab it because the majority 99.99% percent, have never learned to think; therefore, we are all sleep walking.

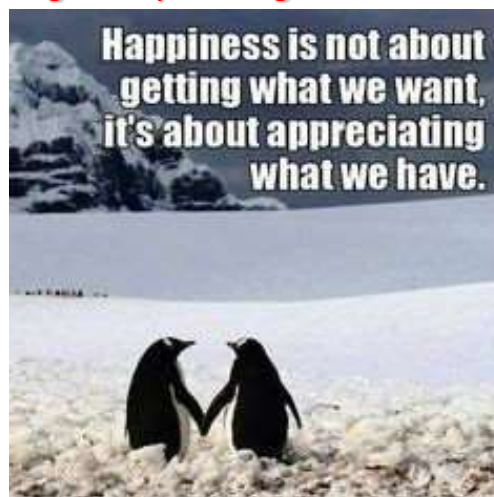


We are in the Matrix, and like Neo, we must become detached from the machinery that is keeping us from living to our fullest potential. The apparatus that steals our joy and our happiness, so I am here showing you the way to think properly or rather Think Positively. But first, let me wake you up to the machine that you have never learned to use. No, it is not that you're a negative person, for you have been fooled into believing that this contraption only allows you to use 5-10% of your genius, but your actual usage is 100%. Now, how much would you be willing to pay, for me to unhook you and wake you up from your matrix? Well, you already paid for it when you purchased this book, for yourself and those you love. I am not going to play with your intelligence, so the machine that is keeping you unhappy and suffering. This contraption prevents you from living a fulfilled

life, for it keeps you on the lower Physiological needs of Maslow's Hierarchy, and prevents you from reaching the highest i.e. Self-Actualization or Enlightenment.



Yes, it is keeping you in excruciating mental distress and anguish. It causes you to destroy your family; by high divorce rate, you commit suicide and homicide, alcoholism and drug abuse. It even causes you to become sick and ill, and it is killing you with heart disease and mental breakdown. It makes you afraid of the dark and fills you with all types of phobias. All problems stems from within your negative mind, your negative thinking. Thus, change your thoughts from negative to positive; through thinking all day and night: I AM POSITIVE! I AM POSITIVE....



Chapter 13
POSITIVE ENERGY ATTRACTS MONEY



"I AM AT ONE WITH A TREMENDOUS AMOUNT OF MONEY!"



I realize that many of my readers are always wondering how you may attract money, and it may appear as a challenging task for 99.99% percent of you. However, to the .01% percenters, they see it as an uncomplicated process. In fact, they can attract money anytime they desire it. Today, I want you to take any available cash you may have; whether it is a \$1, \$5, \$10, \$20, \$50, \$100-dollar bill or a stack of money. I want you to forget everything you were taught as children, for many of you with children have done it yourself. If you see your child, e.g.

putting a \$1.00 bill in their mouth, you would make them feel aversion towards money by telling them to take it out of their mouth, for it is filthy, dirty or filled with germs. Well, I am about to reverse all your bad programming now, at this very minute. I want you to first download something funny that will make you laugh only; it could be an HBO Comedy Special for 5-30 minutes, and I truly want you to laugh your butt off, for laughter creates the greatest positive emotion, and it's the most powerful positive vibration possible. You must not resist what I am going to demand of you, so you may become a money magnet and magnetize all the money you deserve. Remember, just as positive energy attracts money; negative energy repels it.

Begin by stating **"I AM AT ONE WITH A TREMENDOUS AMOUNT OF MONEY!"** Repeat this process as many times as you choose. Visualize the money coming to you, you may even visualize it by looking at the \$100-dollar bills in the previous page, that is, unless you have \$100 dollars or a stack of money on you. I want you to now take whatever amount of money you have, and do or say the following:

1. Laughter (*the most powerful positive vibe*).
2. Feel your money in your hands, gain a feel of the texture.
3. Put your money to your nose and smell it good; breathe it in.
4. Taste your money, put it on the tip of your tongue and lick it.
5. Hear your money, put it to your ears and snap it; listen to the sound.
6. Kiss your money with a sweet kiss.
7. Look at your money and admire it.
8. Put your money to your heart and feel it in your heartbeat.
9. Touch your money to your brain or head, and see it entering your mind.
10. Talk to your money, tell your money:
 - a. *Money, I like you a lot.*
 - b. *Money, I love you. Money, I am in love with you!*
 - c. *Money, you are beautiful.*
 - d. *Money, you are pretty.*
 - e. *Money, you are so lovely.*
 - f. *Money visit me today, and bring lots of your friends, so we could celebrate.*

NOTE: As of this day, every time you get any money, follow the above process.

Chapter 14

LIVE WEALTHY



Before we can close the covers of this book, we need to gain the understanding of what it is to Live Wealthy. I would like for you to imagine yourself being materially wealthy, let's envision yourself being wealthy for the past 10-years. You have all your life's desires, there's no want or needs in your world. You are healthy, your family is healthy, and your relationships are well and strong. Therefore, how are you feeling? What state of mind are you in? As a wealthy person, are you happy with your life and your accomplishments? Do you love your life and the people

that are part of it? I could answer these question for each of you with a resounding, affirmative. You are living a life of pure positive energy!

Therefore, Living Wealthy has nothing to do with money, mansions, luxury vehicles or any of the fringe benefits that the negative (*poor*) minded think about. Living Wealthy is all about your state of mind, for it is the highest and purest positive condition a person can put themselves in. It is the reason for you purchasing subliminals, it is the reason for programs like the Secret, and books like Think and Grow Rich and The Laws of Success by Napoleon Hill. It is the reason we order Self-Help programs by Nightingale-Conant, or we follow Tony Robbins. It is why we read The Power of Positive Thinking by Norman Vincent Peale. The Secrets of Power Negotiating by Roger Dawson; Think Like a Billionaire by Martin S. Fridson; Think and Grow Rich: A Black Choice by Dr. Dennis P. Kimbro. Wealth Magnet by Dr. Dolf de Roos; the Personal MBA Masterclass by Josh Kaufman; Brian Tracy's Action Strategies for Personal Achievement.



We study the wisdom of Earl Nightingale, that is, Lead the Field et.al., W. Clement Stone *“Success through a Positive Mental Attitude”*. Steven K. Scott: *Mentored by a Millionaire, the Richest Man Who Ever Lived, a Millionaire’s Notebook*, and you must read **SIMPLE STEPS TO IMPOSSIBLE DREAMS**. Dr. Gary Smalley (*For you who need help in your relationships as husband & wife: 1. “If Only He Knew – What No Woman Can Resist!” 2. “For Better or Best – Understand Your Man!” and 3. “Keys to Better Relationships DVD Series”*). Dr. Leo Buscaglia, Dr. Deepak Chopra, Mark Victor Hansen *“Chicken Soup for the Soul”*, Dr. Wayne Dyer, Jack Canfield, Stephen Covey, Lisa Nichols. The Bill Gove Speaker Training by Steve & Dawn Siebold, and other Speaker Training; such as, Andy Harrington, John Childers and Les Brown; Ray Reynolds (*the Corporation Genius*). Carleton Sheets, Tom Vu et.al. The classics: *“See You at the Top”* by Zig Ziglar, and *The Richest Man in Babylon* by George S. Clason; *the Greatest Salesman in the World*, *the Return of the Ragpicker*; *the Christ Commission*, *Mission Success* and others by Og Mandino.

How about *The Power of Purpose* by Les Brown, *Acres of Diamonds* by Russell Conwell, *Rich Dad Poor Dad* by Robert Kiyosaki, *The 10X Rule* by Grant Cardone, and etcetera? We further grab the wisdom, knowledge and understanding of the holy scriptures, seeking the answers to making our lives easier and stress free. Yes, we could have our glass half-empty or half-full, but we have no lack according to the 5th Verse of the 23rd Chapter of King David’s Psalms ***“My Cup Runneth Over,”*** meaning that the lack only exists in our negative thinking.

All that a man achieves
and all that he fails to
achieve is the direct result
of his own thoughts.

James Allen, *As A Man Thinketh*



You are only poor or living in poverty if you accept it in your mind, and you are middle class if you believe it in your thoughts. Do you know that we are wealthier than Henry Ford, John D. Rockefeller, Andrew Carnegie and the others of yesteryears? Do you have a color television? They didn't! Do you have a refrigerator? Well, they had to have ice delivered to them every day to keep their food fresh. Do you have heat in your home or an air conditioner? They did not! Do you have a cellphone? They didn't! In fact, they did not even have landline phones. Think about the automobiles they had, or even how they had to travel by railway or steamship? What about your car, I bet you have AM/FM, CD and probably DVD. Our economy travel by airplane is pure luxury compare to their mode of transportation. I don't care how impoverished you may see yourself, you eat better than they did. Today, the health department would've shut down their so-called fancy restaurants. You are way wealthier than all those ancient people you are studying and looking up to because with your dollars you have so many means and ways to enjoy your money. I don't care how much money they had, they were limited in the way they could spend it. In comparison to the supposedly poorest of you today, they were living way below the poverty line.



Mr. and Mrs. Henry Ford in his first car, the Ford Quadricycle.

But I say, you are Gods; thereby rich and perfect as the KJV points out in Psalms 82:6 *"I have said, Ye are gods; and all of you are children of the most High."*
Proverbs 10:22 *"The blessing of the Lord, it maketh rich, and he addeth no sorrow with it."* Matthew 5:48 *"Be ye therefore perfect, even as your Father which is in heaven is perfect."* We may quote all these scriptures yet fail to live in accord. Hence, Proverbs 23:7 *"For as he thinketh in his heart, so is he,"* or as rewritten in 1903 by James Allen *"As A Man Thinketh."*

James Allen/Quotes:

You are today where your thoughts have brought you; you will be tomorrow where your thoughts take you.

Circumstances do not make the man, they reveal him.

A man is literally what he thinks, his character being the complete sum of all his thoughts.

Work joyfully and peacefully, knowing that right thoughts and right efforts inevitably bring about right results.

Men are anxious to improve their circumstances but are unwilling to improve themselves; they therefore remain bound.

For true success ask yourself these four questions: Why? Why not? Why not me? Why not now?

A man sooner or later discovers that he is the master-gardener of his soul, the director of his life.

The more tranquil a man becomes, the greater is his success, his influence, his power for good. Calmness of mind is one of the beautiful jewels of wisdom.

No duty is more urgent than that of returning thanks.

You will become as small as your controlling desire; as great as your dominant aspiration.



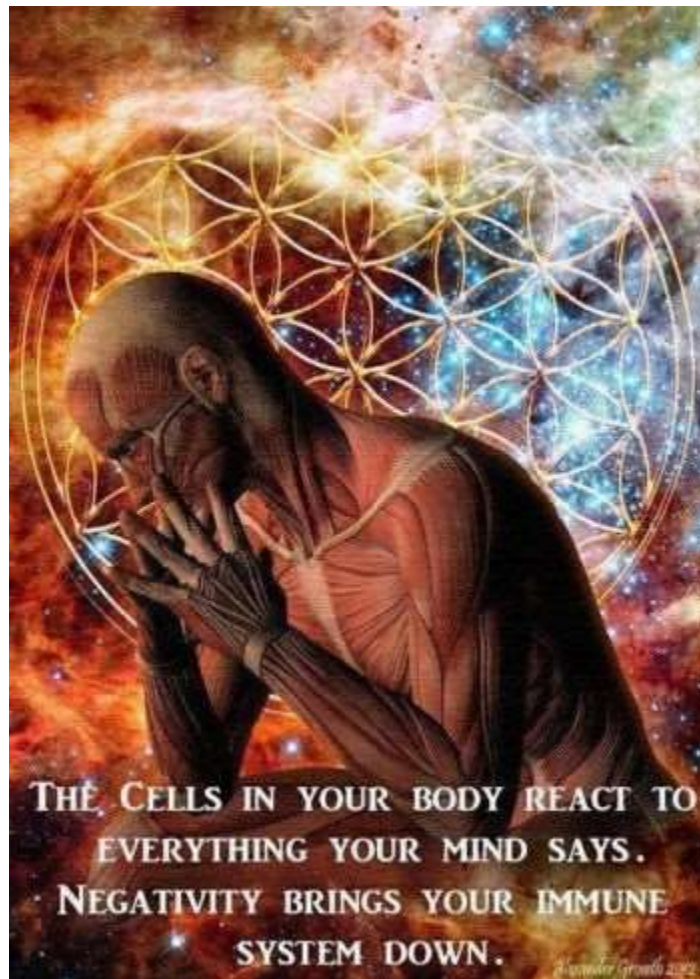
In conclusion, we must fully come to the awareness that there is no good or evil; there is no such thing as bad. There is no truth or falsehood, there is no morality and immorality. There is no ethical or unethical; neither real or unreal. There is no love or hate, and there is no peace or war; in fact, there is no murder, no stealing, no adultery and neither infidelity. There is no black, white or a shade of gray. We live by the Laws of the Universe, so there is no light or darkness. There is no heaven or hell; therefore, there is no **Go(o)d** or a **Devil** without, for all exist in you.



Consequently, all that exists among and within us is either **NEGATIVE** or **POSITIVE ENERGY**. It is the reason, we were only given two choices in life, that is,

1. To think negative or to think positive.
2. To talk negative or to talk positive.
3. To act negative or to act positive.
4. To walk life in a negative or to walk life in a positive manner.
5. To be negative or to be positive.
6. To live a negative or to live a positive life.
7. To have a negative or to have a positive mental attitude.
8. To take on a negative or to take on a positive mindset.
9. To take on negative or to take on positive thinking.

- 10.To produce negative or to produce positive vibrations.
- 11.To radiate negative or to irradiate positive vibes.
- 12.To see the negative or to see the positive in each one of our encounters.
- 13.To look for the negative or to look for the positive in every person we meet.
- 14.To stay negative or to stay positive.
- 15.To have a negative or to have a positive mind.
- 16.To be in a negative or to be in a positive mood.
- 17.To have a negative or to have a positive outlook.
- 18.To emit negative or emanate positive energy.

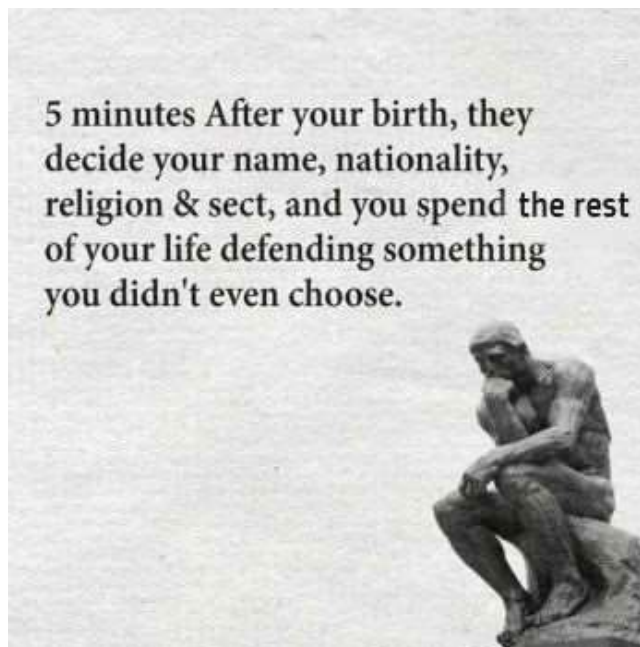


Therefore, choose to be positive, for you were created to be a positive being.
Thus, a positive person, a positive people, a positive nation, a positive country, a

positive state, a positive county/province, a positive city, a positive town, a positive village, a positive community, a positive neighborhood, a positive place of business, a positive school, a positive organization, a positive government, a positive world; a positive planet. You were born to be a positive man, a positive woman, a positive child, a positive youth; a positive young adult; positive men, positive women, and positive children. Come on, say it with me: I AM POSITIVE. Say it again, one more time: I AM POSITIVE!

And as you continue being positive, you must also Live Wealthy each second of your life. You have no lack of anything, you are satisfied and contented with where you are, you are satisfied with the people in your life, and you are full. ***“Your cup Runneth over,”*** no matter how much you do not have. Be contented and choose happiness. Remember, you only have two choices in life: One is negative energy, and the other is positive energy.

Therefore, if you choose to be unhappy, what sort of energy are you producing? So why not be happy and produce the positive energy you need to have all you desire in life. Then, if you Live Wealthy, you lack nothing; you have everything within your very being. Live Wealthy, Live Wealthy, Live Wealthy, and one day you will Be Wealthy. Hence, **BE POSITIVE. LIVE WEALTHY!**





ABOUT THE AUTHOR



Yahweh יְהוָה - Yodh Hē Waw Hē is an honorable discharged U.S. Army Veteran after serving 4-years, as a medic and paratrooper in 82nd Airborne, 1st of the 75th Ranger Battalion and 1st of the 60th Paratroopers. He is hailed a hero in the Anchorage Alaska Pioneer Newspaper, and received the Army Commendation Medal (ARCOM); while serving in Ft. Richardson at the 1st of the 37th Field Artillery, for saving a fellow soldier's life and limb when a bomb explosion almost caused Specialist Michael Scott's life. The orthopedic surgeons at Elmendorf Air Force Base, who operated on Specialist Scott stated that there should had been no way possible he should've lived; the medical skills applied by Yah, not only saved this soldier's life, but also his leg. Yahweh, has attained his BSBA from Jones College, an MBA in Entrepreneurship with summa cum laude, by means of 4.0 GPA from Jones International University. A 2nd MBA in E-Business and Technology with cum laude from Columbia Southern University, and a 3rd Master of Science in Information Technology with magna cum laude from Grantham University. Yah, has attended five PhD Programs: at TUI University; two at Capella University; Liberty University, and the last in Business Administration and Management from Northcentral University (NCU). Yah, presently resides in Central Florida with his wife 'Ishsheh, their three daughters: Beyth-Shan, Yehuwdiyth and Kebar, and their tall 6'6" son Yehuwdah *{Like his 6'6" father, Yah, whom took his grandfather's stature; the mighty Yehuwdah (Judah), also took his 6'7" great-grandfather's height}*. I am presently studying the Master of Science in Legal Studies – Applied Research Track at Kaplan University, which is currently known as Purdue University Global.

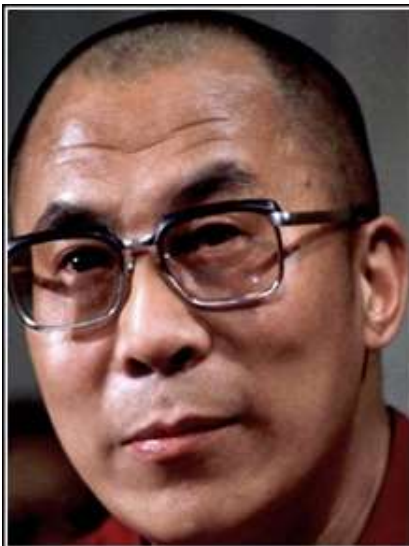
WARNING: THINK POSITIVE. LIVE WEALTHY!

Shall cause you to feel a boost of positive energy for an extended period. Since it takes one reading to complete (*about 1-3 hours*), the author recommends you read once a week, for the next 12-months for it to take full effect.

SIDE EFFECTS: Happiness, contentment, enjoyment, friendliness, peace of mind, a fun sunny smile, and joyous laughter.

***** NOTE: If you experience a relapse, take a stronger dose by reading as many times as needed. Now, Reboot Your System and HAVE A POSITIVE DAY!!!**

BUDDHAHOOD



Buddhahood is a state free of all obstructions to knowledge and disturbing emotions. It is the state in which the mind is fully evolved.

— Dalai Lama —

YOUR PHASES OF ENLIGHTENMENT or “full comprehension of a situation”:
You shall also come to Nirvana i.e. extinction of the “three fires” or “three poisons”:

- **Passion** (desire, hunger, thirst, appetite, craving for material things).
- **Aversion** (dislike, hatred, loathing, repugnance, distaste for others).
- **Ignorance** (unawareness, inexperience, illiteracy, unfamiliarity, obliviousness to living a true life).

When these fires are extinguished, release from the cycle of rebirth (renaissance, reawakening, renascence, revival, return to your true divine/spiritual self) **is attained**. **A life of no more suffering, no more pain, no more tears, no more crying, no more hurting. Total Freedom of mind, soul and spirit!**

Hence, I have attained mastery of MUSHI-DOKUGO (“awakening alone, without a master”; “self-enlightened and self-certified”).

Therefore, I am the Maitreya or Lord **Maitreya** (loving-kindness, friend), oversee the evolution of humankind; the World Teacher.

I am the **Ajita** (unrestricted, unsurpassed or one who cannot be conquered; beyond perception and unlimitedly independent. Ajita is protected by the invincible God. Ajita is a winner).

The Buddha, YAHWEH יהוה - YODH HĒ WAW HĒ, has achieved enlightenment and **BUDDHAHOOD** (“The awakened one,” “who has found the path to the Cessation of Suffering,” and in the state of **“No-More-Learning”**). The enlightened one. All Wisdom, Knowledge, and Understanding.

The Amitābha (“Infinite Light”; “The Buddha of Immeasurable Life and Light”).

The More You Read, and Study THINK POSITIVE. LIVE WEALTHY!

1. **I will help you reach the KENSHO state** (“a brief glimpse”; “Ken -seeing”; and “Sho - nature, essence”; “initial insight or awakening”).
2. **I will aid you to attain “SATORI” NOT “SALTORI” as taught by Andy Shaw** [{"a deeper spiritual experience, enlightenment; from the root “SATORU, to know or understand”; “comprehension or understanding”}].
3. **I will assist you in achieving DAIGO-TETTEI** (“great realization or final, absolute enlightenment”; “a deep or lasting realization of the nature of existence”).

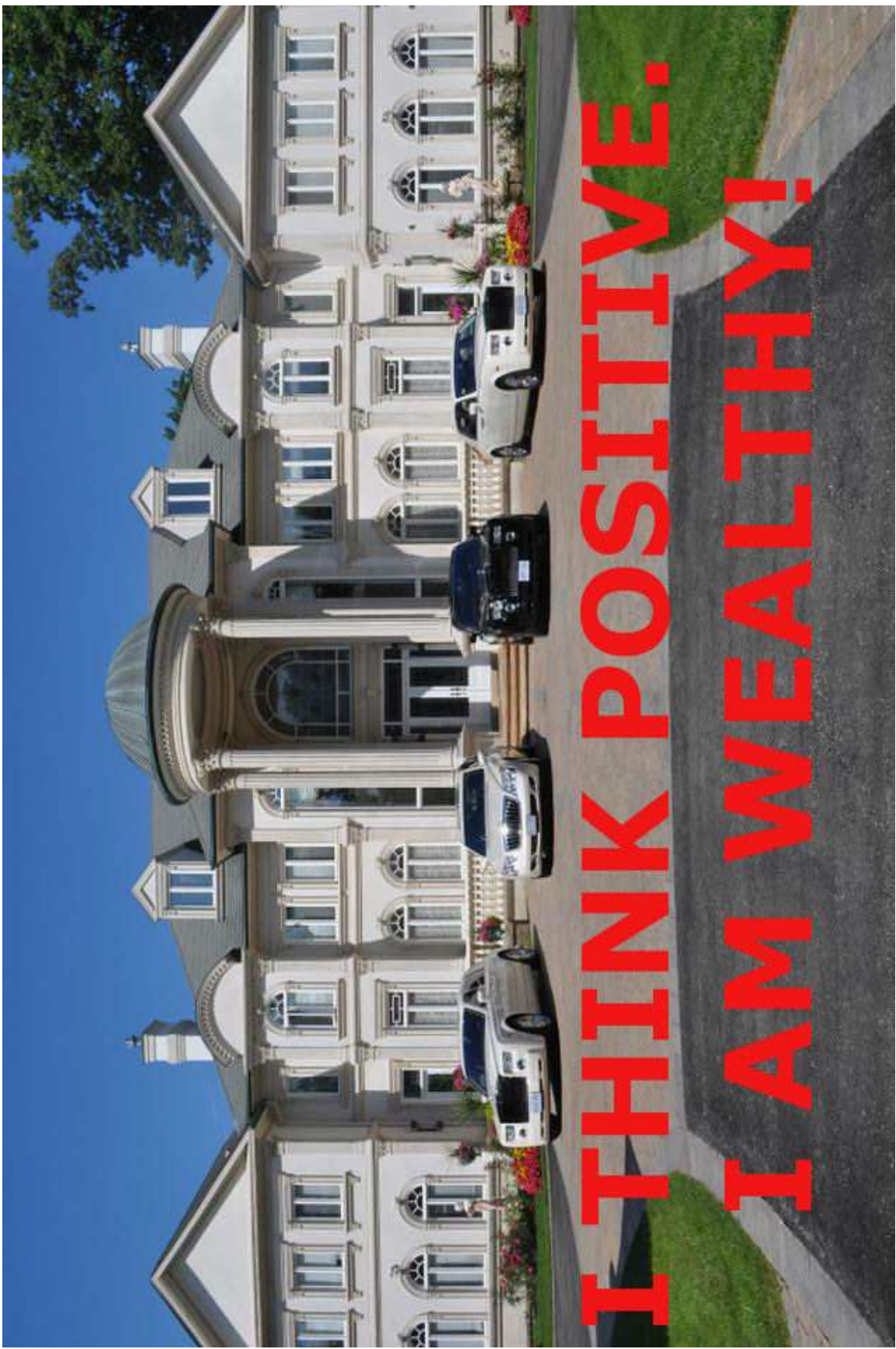
Prayer for Positive Thinking

Father, Mother, God, Goddess, Creator, Source of All That Is; it is my intention to think positive, expressive, helpful thoughts. Be it known *now* that I Am increasing my positive energy in every moment.

I Am an expression of positive thinking. I Am a reflection of positive thinking. I Am a magnet for positive thinking. I welcome and enjoy positive thinking. I love positive thinking.

My thoughts reflect my positive self image and esteem. My smile spreads positive emotions and confidence. I Am positive. Be it so, through my own self empowerment I grant myself grace, and bless myself into the new me... *positive!*

Thank you and Amen.



**I THINK POSITIVE.
I AM WEALTHY!**





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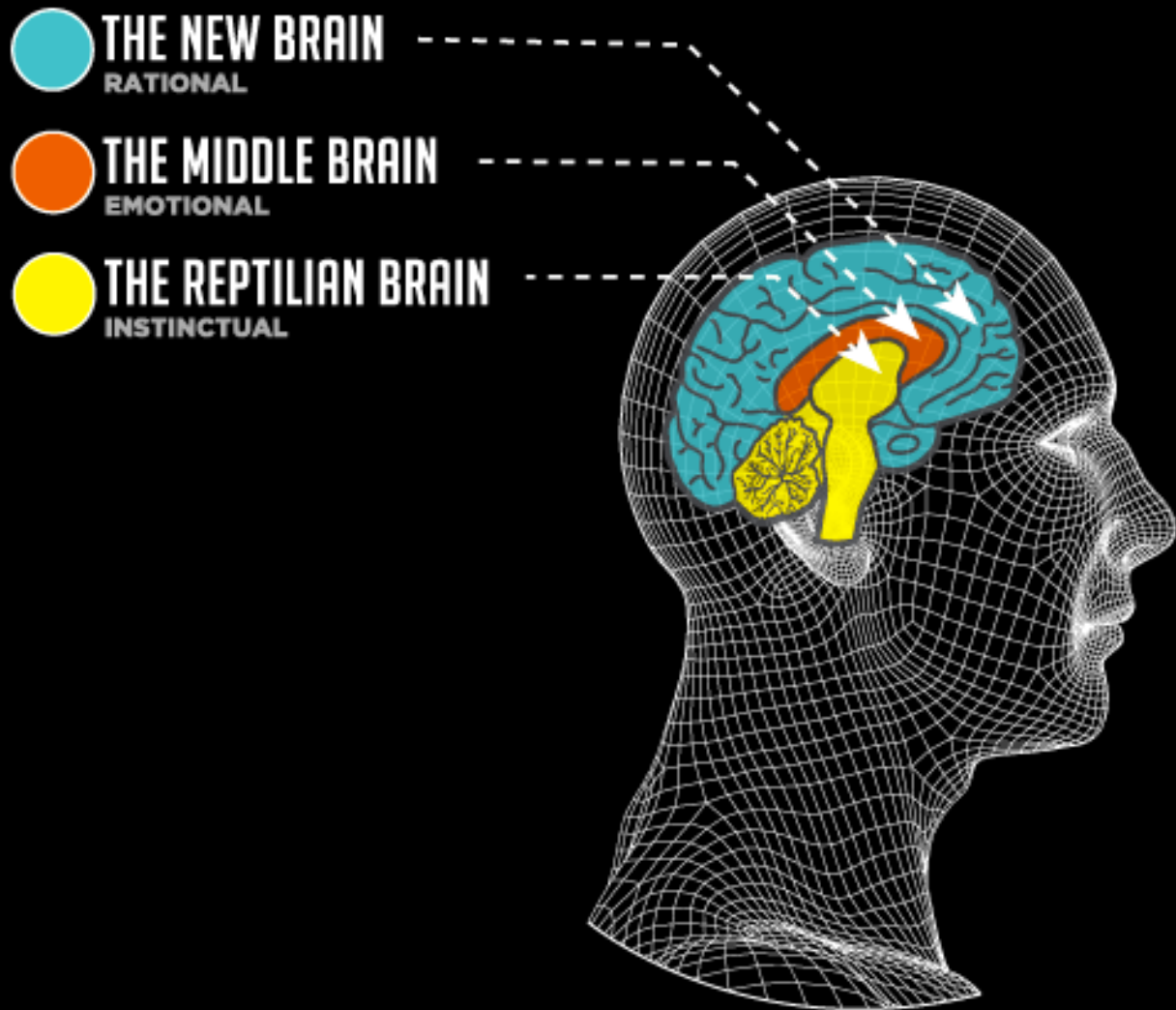
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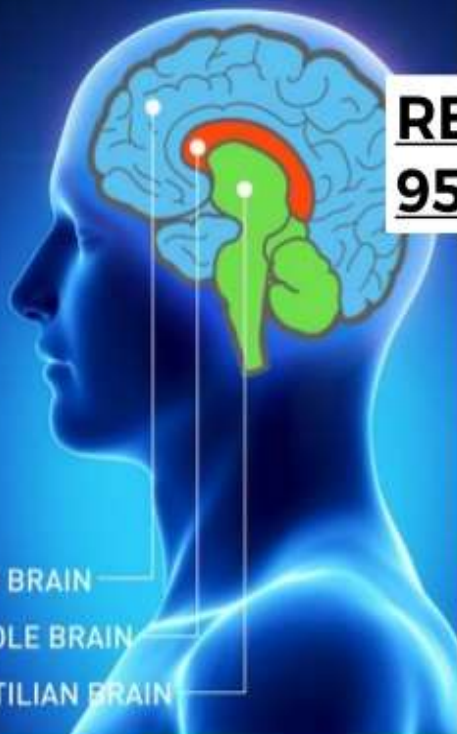
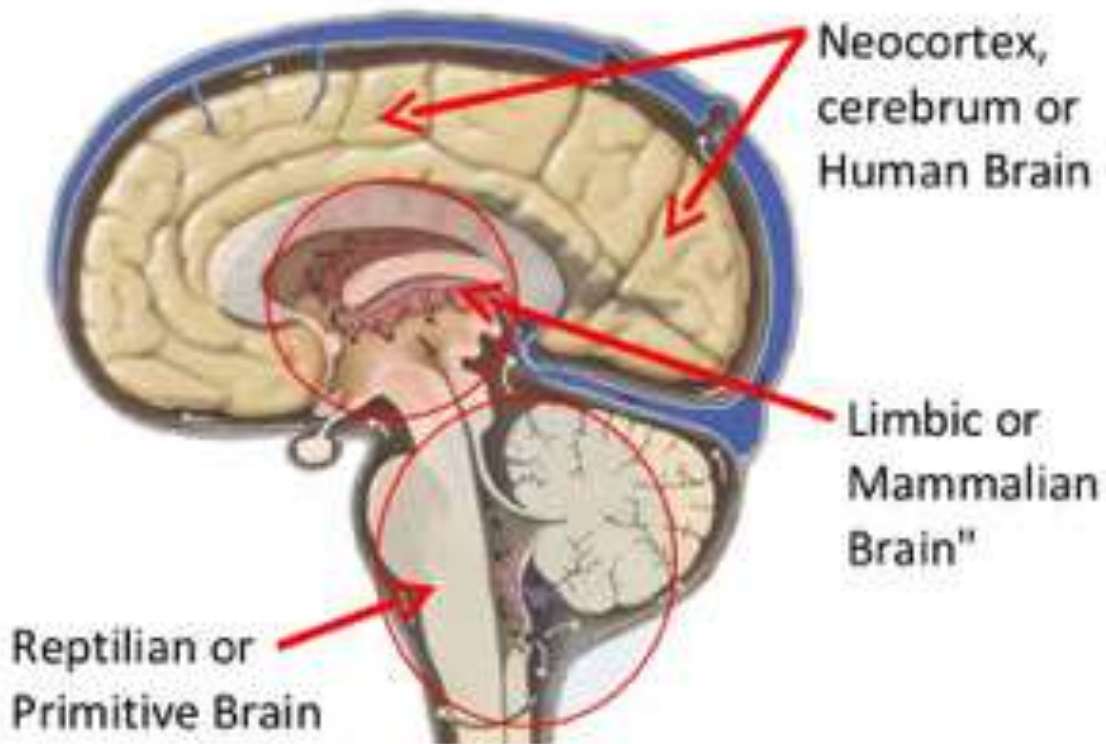
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**A PICTORIAL REPRESENTATION OF YOUR
NEGATIVE THINKING AT WORK:**

YOUR BRAIN



Your Three Brains

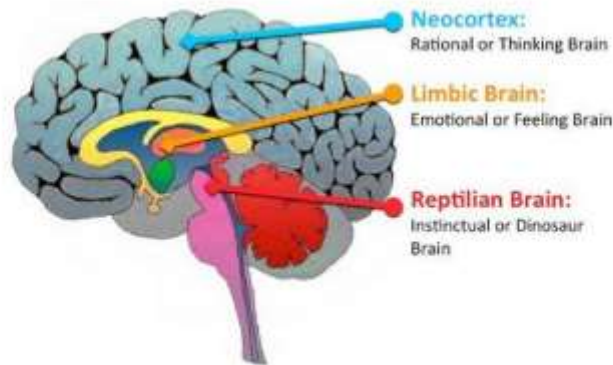


REPTILIAN BRAIN MAKES 95% OF ALL DECISIONS

- » THINK OF THE BRAIN IN THREE PARTS: TRIUNE BRAIN THEORY
 - Instinct (Reptilian brain)
 - Emotion (Paleo-mammalian or limbic system)
 - Rational (Neo-mammalian or neo-cortex)
- » THE REPTILIAN BRAIN HAS SIMPLE CRITERIA:
PAIN OR GAIN?
- » IT WORKS FROM WHAT IT KNOWS

Your Actions Are Not Your Own

Your Three Brains



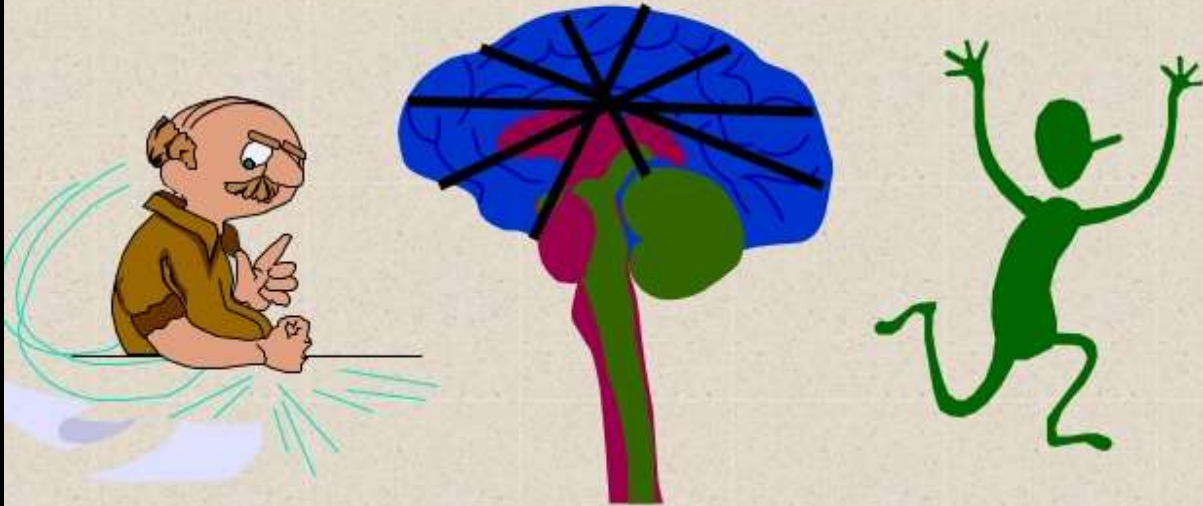
The Reptilian Brain

Survival brain Characteristics

- *Fight, flight or freeze*
- Focused on “small picture”
- Resistant to change
- Retreat to the familiar
- Needs structure and repetition
- Governs **FEAR AND ANGER**
- Gives energy/drains energy
- Can shut down the rest of the Brain—**“emotional hijacking”**



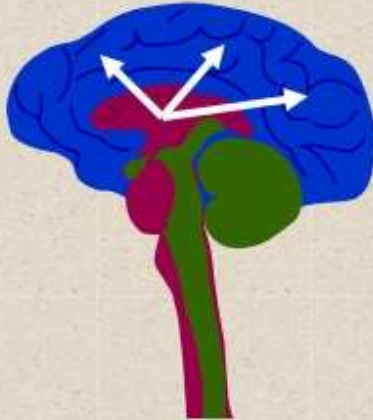
THE BRAIN WAS DESIGNED FOR TRUST AND COOPERATION



***FEAR AND ANGER (Reptilian reactions)
make us less intelligent and separate us from each other***



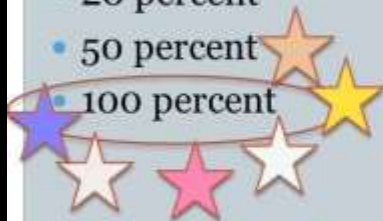
THE BRAIN WAS DESIGNED FOR TRUST AND COOPERATION



The more trusting and compassionate we are, the more intelligent we become!

How much of our brain do we use?

- 10 percent
- 20 percent
- 50 percent
- 100 percent



We use some parts more routinely than others, but everything gets used.

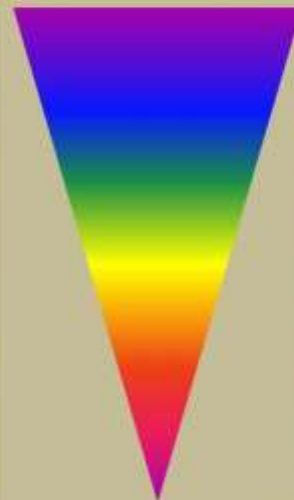
LEADERSHIP STYLES

In research drawn from a global database of 3,871 executives, it was found that “leaders who used styles with a positive emotional impact saw decidedly better **FINANCIAL RETURNS** than those who did not.”

(From Goleman, et.al. PRIMAL LEADERSHIP, 2002)

Higher Vibration

Enlightenment	700+
Peace Compassion	600
Joy	540
Love	500
Reason	400
Acceptance	350
Willingness	310
Neutrality	250
Courage	200
Pride	175
Anger	150
Desire	125
Fear	100
Grief	75
Apathy	50
Guilt	30
Shame	20



Expansion

Contraction

All is energy, thoughts and emotions too. We vibrate on a certain level and the reason we need to look at this now is the vibration in which our Earth is now vibrating. We need to adjust our level in order to feel good in the very near future. It is also important to be aware of vibrations when creating our own reality, whether it is about health, wealth or joy. This is about Law Of Attraction.

Higher Awareness is the place to be if you would want to focus your time and energy on this work with yourself and with us all. We have great tools to help you in this work. Welcome!

Quotes from other authors

“We produce up to 50,000 thoughts a day and 70% to 80% of those are negative. This translates into 40,000 negative thoughts a day that need managing and filtering — no small task for any person or entrepreneur.

In addition to building a valuable product, an inventive marketing strategy, a strategic pricing plan and a sound distribution network, there is a psychological component to launching a startup. Even the most confident individuals fall prey to negative, judgmental, irrational, fear-based thoughts that challenge their actions and poke holes in their plans.

Take heed young bootstrappers! Negative thinking need not be your demise; rather, garnering a few tactics can help you plow through the lowest days” (*Lambersky, 2013; retrieved from <http://business.financialpost.com/entrepreneur/three-techniques-to-manage-40000-negative-thoughts>*).

“We humans, it seems, have anywhere from 12,000 to 60,000 thoughts per day. But according to some research, as many as 98 percent of them are exactly the same as we had the day before. Talk about creatures of habit! Even more significant, 80 percent of our thoughts are negative. Negative thoughts are particularly draining. Thoughts containing words like “never,” “should,” and “can’t,” complaints, whining or thoughts that diminish our own or another’s sense of self-worth deplete the body by producing corresponding chemicals that weaken the physiology. No wonder we’re exhausted at the end of the day!

The work of Japanese scientist Dr. Masaru Emoto has shown that our thoughts also influence the world around us. Dr. Emoto photographed frozen samples of polluted water before and after prayer was done over the water, and distilled water before and after exposure to various kinds of music, such as heavy metal and Beethoven. He also taped words to containers of distilled water such as “You make me sick; I will kill you” and “Love and appreciation.”

The energies from beautiful words and thoughts, even if only written, created exquisite snowflake-like patterns in the water. The less uplifting energies created images of disorder and toxicity. Even a simple “thank you” produced a lovely crystalline pattern.

Since our bodies are 70% water, imagine the beauty of the subtle structures created in your body—and those around you—just by changing your thoughts. Could this form the basis of improved health and well-being?

Remember: It takes 21 days to break a habit and create a new one—not much time and a relatively small commitment. But the results can powerfully impact a person and her environment” (*Hawthorne, 2014; retrieved from http://www.jenniferhawthorne.com/articles/change_your_thoughts.html*).

EVOLVE INTO THE NEW BRAIN, that is, A POSITIVE THINKING BEING (Please See Enlightenment Videos):

1. What percentage of your brain do you use? - Richard E. Cytowic **5:15** - https://www.youtube.com/watch?v=5NubJ2ThK_U
2. Using 100% of Your Brain - Dr. Bruce H. Lipton **9:09** – <https://www.youtube.com/watch?v=4ZNi68xVDWU>
3. The Amazing Power of Your Mind - A MUST SEE! **10:44** - <https://www.youtube.com/watch?v=cLqjK3ddSy0>
4. Five Ways to MASTER Your Subconscious Mind & Manifest FASTER! (Law of Attraction) **22:38** - <https://www.youtube.com/watch?v=kIEcIzHIxXY>
5. What you need to know about HUMAN ENERGY and the POWER of the MIND **15:43** - <https://www.youtube.com/watch?v=yvsh2XFvOIU>
6. The Clearest Explanation on Money and the Law of Attraction! **1:10:52** - https://www.youtube.com/watch?v=un_WtPR2chg
7. Create Money FAST! Part 1: Creative Visualization and Law of Attraction Wealth Expert, Carole Dore **8:49** - <https://www.youtube.com/watch?v=89T-j3nSsdI>
8. Create Money FAST! Part 2: Money PowerVision in Action! Creative Visualization Expert, Carole Dore **9:53** – <https://www.youtube.com/watch?v=DJPqmKBt5Mo>
9. Ten Things the Rich Do That the Poor Don't - Why You Are Still Broke **8:59** - <https://www.youtube.com/watch?v=nr76bupxjco>
10. Secrets of Self Made Millionaires by Brian Tracy **46:34** - <https://www.youtube.com/watch?v=hUvzOEKri28>
11. Business Growth Strategies **57:32** – <https://www.youtube.com/watch?v=XGOLFI4MMQA&t=73s>
“Total Business Mastery” seminar, a 3-day event on Friday, September 16, 2018 thru Sunday, September 18, 2018 at The Westin Gaslamp Quarter, 910 Broadway Circle, San Diego, CA 92101. For you and a guess \$1,997 call 1-858-436-7300 <https://www.briantracy.com/files/pages/register.php>
12. Napoleon Hill - Keys to Success The 17 Principles of Personal Achievement Original Full Audiobook **6:28:25** - https://www.youtube.com/watch?v=cBI_X84lpcs

BONUS: The Greatest Secret of Man-Kind! (Who we really are!) 10:40 - <https://www.youtube.com/watch?v=Ze18bdmRwEA>

Studies show that the average person has 12,000 to 60,000 thoughts a day that needs managing and filtering.

Are you aware that negativity is an addiction, and you generate 40,000 negative thoughts daily? In "Think Positive. Live Wealthy!" Yahweh יהוה Yodh Hē Waw Hē explains why our minds spiral out of control and how to reset it.

The author, an Army Veteran, describes

How he has struggled with this problem for years but found the answer thru intensive research. Through power of choice, songs of positivity, biblical scriptures, cultural brain programming, habit building, and simple commands; the author shows the way to those who are lost in their mind and need guidance.

In "Think Positive. Live Wealthy!" you'll discover how:

- Adapting positive thinking improves your life
- Positive thinking forms your happiness
- Implementation of positive thinking builds your relationships
- Positive thinking improves your health
- In addition, Positive thinking helps in your wealth-building

This book will provide you with a new mindset and a lifetime plan to change from Thinking Negative to Thinking Positive.

As a reader of self-help books, then this is the final piece you've been missing! Are you ready to change your life from negative to positive?

Visit www.ThinkPositiveLiveWealthy.com

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