Are your parents aging? Are you worried about their living conditions? Chances are they’re going to want to stay in their own home for as long as physically possible. Usually this is because of the common misconception that senior living communities are only for long-term care, so they are not even considering this option until they are in need. Unfortunately, this means they are missing out on all the benefits independent living communities have to offer like an active social life, freedom from the hassles of home maintenance and wellness opportunities.

Aging in place may not be a realistic option. What if one, or both parents, can no longer navigate the stairs, drive to the store or handle the upkeep of their home? Knowing this can be a reality at some point, why not suggest they sell their house and move to a community while they are healthy and active? If you get a chance to talk with residents living at an independent living community, many of them will tell you they wish they had made the move sooner. They want to have more time to do the things they love and pursue new interests and they usually realize they really were not very active while they were still living in their home.

At the Independence Hill campus, there are two different options for living independently: Independence Hill which offers full service apartments and Independence Village which is a resort-style neighborhood of single story homes. And if extra care is needed at some point there is the option to move to Independence Hill Assisted Living right on the same campus. They don’t even have to leave the community they’ve become accustomed to.

What can you do to help your parents move on from the house that holds so many wonderful memories? Have open conversations when the opportunity arises. When they are having plumbing problems or costly home repairs. When they talk about not doing something because they don’t want to drive that far or at night. Keep in mind how difficult the transition will be for them on many levels, but the knowledge that you approve and think it is a good option will help them make their decision. Sometimes simple conversation starters are the key: How does it make you feel to live at home alone? Would you like to spend more time with people your own age? Would you feel less stressed if you didn’t have to worry about the house?

Remember… the key is to start these open discussions earlier than later and to come to a mutual agreement and move toward the goal together. It will take a series of talks, so don’t think or be disappointed when you don’t wrap it up in an afternoon.

The Lifestyle Specialists at Independence Hill Retirement Community would be glad to give you and your parents a tour of any one or all of our communities and introduce you to current residents who will tell it like it is! Call (210) 209-8956 today to book an appointment; staff is available seven days a week and look forward to meeting you and your loved ones.

Independence Hill Retirement Resort Community is located at 20450 Huebner Rd., San Antonio, TX 78258. For more information, call (210) 209-8956 or visit www.independencehill.com.

Join us at our
Open House
Breakfast and Tour of Homes!

We are no ordinary retirement community… we have the most FUN!

Meet our Friendly Residents and see why they Love the Independence Hill Life.

Look forward to seeing you on
WEDNESDAY, SEPTEMBER 25, 2019
9:00AM

20450 Huebner Road, San Antonio, Texas  78258
Kindly RSVP by September 20th
(210) 209-8956
www.independencehill.com

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