



CMS HEALTH CARE INC.

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Caring for People you love.  
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Your Hometown Home Health since 1988



## She Tells Him Not To Pet Her Dog, Then She Has A Seizure

Emerald Pellet

Hailey Ashmore has several conditions.

The 16-year-old from Dallas, TX relies on the help of her service dog, Flynn.

Hailey was once a dancer on the varsity drill team, student council member, violinist and at the top of her class. However, with her conditions progressing, Hailey can only take classes online.

She is dependent on her parents, nurse, medications, and Flynn. The condition she grapples with the most is epilepsy, which causes seizures. Seizures are very serious.

"To get a service dog you must be disabled to the point where you can no longer function at a normal quality of life without the assistance of service dogs," said Hailey.

"It takes around two years of intense training and thousands of dollars to actually be able to call your dog a service dog. A service dog can go anywhere its handler goes, with the exception of a sterile environment such as an operating room or burn unit, a religious building — such as a church, or some federal buildings," she said.

The job of a service dog is very important to its human.

Flynn isn't just a friend — he is Hailey's service dog. Flynn can sense when Hailey is going to have a seizure before it happens. This gives Hailey time to respond, get help, and find a safe place.

One day, Hailey was visiting her dad at work. When she

arrived with Flynn, a staff member could not resist how adorable he is. They began to pet him, ignoring the giant "STOP" sign he wears. "I immediately told him to stop.

"The only time somebody should ever approach Flynn and I is if I am unconscious and/or having a seizure. Besides that, nobody should try to pet or get near him. I wish people could understand that's what the giant stop sign patch means. If somebody distracts him I can get seriously hurt. If you see a service dog in public please educate your children, your friends, your family, anybody else that they are doing a really important job."

While Flynn was distracted from the petting, Hailey had a seizure. "I am used to him giving me 10 minute warnings, so when he alerted that's what I thought I had," explained Hailey. "Out of nowhere I remember the world going black. I woke up with Flynn on top of my legs and my father cradling my head.

"My service dog is my life-line. I don't say that to be cute. He helps keep me alive just



like life support. If he gets distracted I can die. Do not pet service dogs. Do not call to service dogs. Do not taunt service dogs. Do not talk to service dogs. Do not do anything to service dogs. Thank you," she wrote on Instagram.

Many of us are so eager to connect with animals, we often forget that they are protecting their human. Let's learn something from another's mistake and be more mindful of other people's animals!



I had just finished visiting a friend in the hospital and stopped by a burger drive-through for lunch to eat on the way back to work. I ordered the #1 combo (burger, fry, coke) for \$4.29. She said "that'll be \$4.83, please drive forward."

"\$4.83?? For a \$4.29 meal?? That's 54 cents tax!? That can't be right," my mind raced. Tax is 8 cents on the dollar in Huntsville, Alabama and for 4 dollars that would be 32 cents plus 1/3 (29) of 8 cents would be 35 cents max.

I'd heard of window workers overcharging drive through customers and skimming the money for themselves. Someone did just that to me at a different fast-food restaurant in the past.

I didn't have my calculator watch (I lost it a while back) so I got a pen and paper and did the long division since there were 2 cars ahead of me. Let's see ... 483/429 ... over 12 percent tax!? When I got to the window

I handed her a 5 and said "what's the sales tax in Huntsville?" She didn't know. I said "\$4.83 for a \$4.29 meal is 12 percent

tax. That can't be right. Can I talk to the manager?" She gave me my change and called the manager.

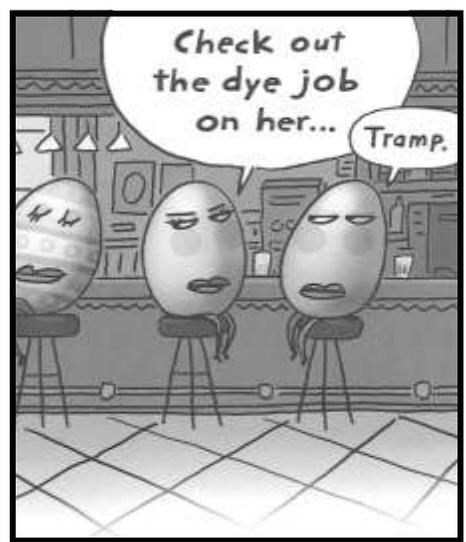
So the manager comes over.

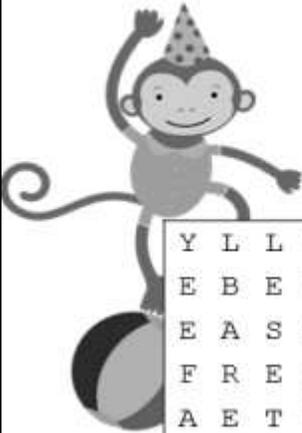
I ask what the sales tax is in Huntsville, and she says 8 percent. I say that I just paid \$4.83 for a \$4.29 meal and that's over 12 percent sales tax.

She got a funny look on her face and said that maybe the computer had rung it up wrong or had charged me for the biggie size (biggie upgrade was 35 cents – which would be 4.64 plus tax which would put it over \$5). She admitted it was supposed to be 4.63, and opened the drawer to give me my extra change.

"HA!" I thought to myself. "Six years engineering school has so heightened my mental mathematical adeptness that I can do percentages in my head and my superior intellect has foiled a feeble attempt by a drive-through worker to overcharge me!"

So what did this mathematical wizard do next? I took the twenty cents she handed me, proud of my staggering genius, and smugly drove off without my food.



## APRIL FOOL'S Day

APRIL 1st

Y	L	L	I	S	B	P	E	L	Z	O	O	B	M	A	B
E	B	E	W	I	L	D	E	R	C	A	P	E	R	W	Q
E	A	S	H	E	N	A	N	I	G	A	N	S	B	U	P
F	R	E	S	I	R	P	R	U	S	G	U	O	D	R	E
A	E	T	U	P	S	L	B	S	E	K	O	J	E	E	E
R	D	T	O	N	D	U	P	E	H	U	F	P	T	K	L
C	U	S	I	M	S	C	L	M	F	D	O	R	Y	A	A
E	L	E	O	I	F	D	P	E	N	S	I	Y	U	Y	Y
A	E	J	N	I	D	O	I	U	T	C	T	G	E	K	L
E	D	E	R	U	P	H	O	E	K	I	H	K	C	I	X
F	S	S	F	R	C	F	R	L	V	T	R	A	R	V	A
S	T	E	A	S	B	O	D	E	E	A	W	P	M	X	O
E	B	N	I	M	U	A	L	R	L	R	A	D	F	Z	H
Y	K	M	U	S	E	Y	P	A	O	B	Y	O	R	J	R
R	R	D	T	C	O	U	M	I	T	E	S	U	M	E	B
E	Y	E	K	N	O	M	K	N	I	W	D	O	O	H	I

APRIL  
BAMBOOZLE  
BEFUDDLE  
BEMUSE  
BEWILDER  
CAPER  
DELUDE  
DUMBFOUND  
DUPE  
FARCE

FIRST  
HOAX  
HOODWINK  
JEST  
JOKES  
LAUGHTER  
LEVITY  
MALARKEY  
MISCHIEF  
MONKEY

BUSINESS  
PRANK  
PREPOSTEROUS  
SHENANIGANS  
SILLY  
SURPRISE  
TOMFOOLERY  
TRICK  
WACKY

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### Easter Egg Numbers

In each row the two eggs represents the same number in each equation. Work out the value of each egg.

If + = 10 and - = 4

then how much is each egg worth? \_\_\_\_\_ \_\_\_\_\_

If + = 12 and + + = 15

then how much is each egg worth? \_\_\_\_\_ \_\_\_\_\_

If + = 13 and + = 10

then how much is each egg worth? \_\_\_\_\_ \_\_\_\_\_

If + = 14 and - - = 5

then how much is each egg worth? \_\_\_\_\_ \_\_\_\_\_

If + = 12 and + + = 16

then how much is each egg worth? \_\_\_\_\_ \_\_\_\_\_

For solution see page 30.

### Heart Of Texas Network



At Early consolidated Business Company



### This Months Employee All Stars



Bonnie  
19 Years



Karen  
RN,BSN  
4 Years



Amy  
RN  
2 Years



## Wedding Guests Can't Stop Laughing When 'Flower Grandpa' Walks Down The Aisle

Rebecca Endicott

Every wedding day is special in its own way.

After all, there aren't many occasions more joyful than celebrating two people committing to spending their lives together!

Still, we have a special place in our hearts for weddings that take things up a notch for a truly unique celebration of love, like we saw with the sweet bride who asked her grandma to be one of her bridesmaids.

In fact, there's a growing trend for making grandparents an extra special part of the wedding party!

We've seen grandparents walk down the aisle in all sorts of roles, from flower-girls to ring-bearers, and we think it's a pretty sweet way of making sure your grandparents are part of the big day.

Still, I don't think we've seen *anything* that tops one bride and her "flower grandpa!"

Yes, you read that right — instead of a flower girl, Jen Briskin convinced her grandpa, Stanley, to be the man of the hour.

When Jen Briskin got ready to start planning her wedding with fiancé Austin, she knew it was going to be a unique event!

She also knew from the get-go that she wanted her awesome grandpa to be a major part of the event.

We've seen more grandparents than ever involved in wedding ceremonies this year, but Briskin put a unique twist on the growing tradition.

Instead of having a flower girl in her wedding, she presented her grandfather, Stanley, a custom-

made handkerchief, with her unusual request embroidered into the fabric.

The hankie reads, "Papa, Will you be my Flower Grandpa? Love, Jen."

Stanley was very much on board with his darling granddaughter's eccentric request.

Briskin and her 'Papa' spend every Sunday walking in the park together, chatting about everything from the stock market to Stanley's past as a DJ.

If you ask us, it sounds like Stanley is quite the character is his own right, so we aren't surprised he was on board with such an

imaginative take on the flower girl trend!

As soon as Briskin asked him, her 85-year-old grandfather began taking his flower grandpa duties very seriously.

He wanted to make sure he pulled off his role in the wedding without a hitch, so he consulted extensively with this granddaughter's maid of honor, who also happened to be her sister, Allison!



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Color Me!

IMAGE ID: 314562367  
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## Wedding Guests Can't Stop Laughing When 'Flower Grandpa' Walks Down The Aisle (Cont)

Together, they rehearsed the routine using fallen leaves as a stand-in for the flower petals in the actual ceremony.

On the big day, all that practice sure paid off!

Stanley, who was still a little unclear on scattering the petals, walked down the aisle second to last, right before the bride.

He came out to instant

gales of laughter from the crowd, which he impishly capitalized on by throwing handfuls of petals at the guests (while cracking jokes) on his way down the aisle.

Stanley's big entrance was a major secret — none of the guests knew that he'd be stepping out instead of a traditional flower girl.

Even Austin didn't to-

tally believe that his bride was serious!

According to Briskin, her Papa totally stole the show (in the best way possible) and became the man of the hour at the reception after his performance brought down the house!

And for Briskin, the most special part of the whole ceremony is that she got to have the rare privi-

lege of making her grandpa a part of the ceremony.

She notes, "I am so lucky to have a grandfather who was able to walk down the aisle at my wedding."

Not only that, she adds, but, "I am even luckier that he loves me so much that he would go along with my crazy ideas!"

We have to agree, she is pretty darn lucky to have such an awesome flower grandpa!



## Alzheimer's Support Group



Redstone Park  
Retirement & Assisted Living

2410 Songbird Circle, Brownwood - 325-643-9056

# Famous Rabbits

## Trivia Game



- 1 **BUGS BUNNY** Co-stars as the mischievous little brother of Ruby in books by Rosemary Wells
- 2 **RABBIT** Outruns the tortoise at first, but loses the race through laziness
- 3 **THUMPER** Alice chases this bunny down the rabbit hole
- 4 **ENERGIZER BUNNY** Six-foot imaginary rabbit who co-stars with Jimmy Stewart in a 1950 film of the same name
- 5 **ROGER RABBIT** Fronts a popular chocolate milk syrup
- 6 **BR'ER RABBIT** Delivers eggs by the basket in a spring holiday
- 7 **TRIX** Stars in his own DC Comics series on the planet Earth-C
- 8 **PETER RABBIT** Represents General Mills cereal company
- 9 **NESQUIK BUNNY** Tangles with Elmer Fudd and Yosemite Sam in cartoons
- 10 **HARVEY** Co-stars with Bob Hoskins in a live action/animation crossover
- 11 **WHITE RABBIT** Co-stars in the Disney movie Bambi
- 12 **EASTER BUNNY** Pink, wears sunglasses and keeps on going, and going, and going...
- 13 **THE HARE** Outwits a fox in popular African-American and Native American folk tales
- 14 **CAPTAIN CARROT** Wears a bright blue jacket in classic English children's story books
- 15 **MAX** Lives in the 100 Acre Wood with Winnie the Pooh, Piglet, Tigger and others





# CMS HEALTH CARE INC.

We believe that each patient Should be treated with compassion and with the highest level of skilled services available

*Nursing Care*

*Speech Therapy*

*Physical Therapy*

*Home Health Aide*

*Occupational Therapy*

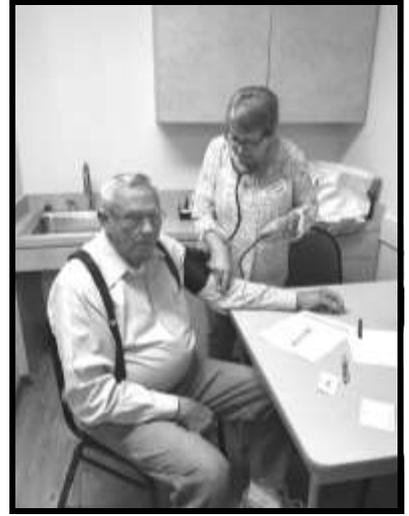
*Medical Social Services*



## ***The Survey Says 5 Out Of 5 Stars***



How often the home health team checked patients for pain	100.0%
How often patients' wounds improved or healed after an operation	97.2%
How often the home health team began their patients' care in a timely manner	98.8%
How do patients rate the overall care	94%



### Spot 10 Differences By Jason Sampson

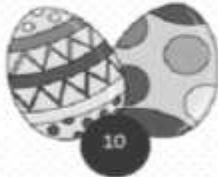


EVERY YEAR IT'S THE SAME, SOME ONE STEALS MY EGG COLLECTION!

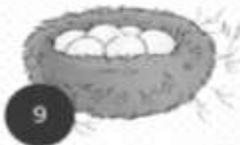
Sampson

# EASTER

Fill in the crossword and find the hidden words.



Happy Easter!



1. daffodil, 2. bonnets, 3. bunny, 4. hop, 5. church, 6. lamb, 7. tulips, 8. basket, 9. nest, 10. Easter eggs, 11. grass, 12. greeting, 13. chick, 14. ladybug, 15. paint, 16 chocolate egg, 17. decoration, 18. hot cross buns, 19. spring

## Companion Pets Help With Behavior, Adjustment And Loss

Cheryl Slavinsky

Cats are transforming the residents, particularly those with dementia, at Quincy Village.

But these cats don't require litter pans, although they do purr contentedly when their soft fur is petted or brushed and meow pleasantly with attention.

Robotic Companion Cats have been adopted by a dozen or so residents.

It has been a little more than a year since Hasbro introduced its first product designed specifically for elder care—JOY FOR ALL Companion Pets—first as cats and recently, dogs.

While research is inconclusive on the use of robotic pets as therapy, the Companion Cats have gotten rave reviews in stories stretching from The New York Times to the BBC. But the best reviews are provided by those using them and the staff and families who can see the difference.

Pauline Kinley is a resident with severe dementia and memory impairment. The dementia has severely affected her ability to communicate.

"She was one of the first to use a Companion Cat.

Staff says Kinley has become a "new person" who

has re-engaged holding regular, coherent conversations with staff and visiting family members.

"Her family said they've had some of the best interactions with her that they've had in several years," said Coy. "We've found it works very well for her. It also gives her a good opportunity to provide care for something else. She's a mother and spent most of her life mothering.

The Quincy Village Auxiliary helped fund the Companion Cat project with a few cats last October. The feline collection has grown to nine, plus four dogs.

The Companion Cats look, feel and sound like real cats and cost \$99.99 each. They have built-in sensors that respond to motion and touch, often meowing when staff walks into a resident's room.

Realistic, soft fur looks and feels like a real cat, and they make cat-like movements—nuzzling, moving their paws, rolling over when petted and purring. What Hasbro calls VibraPurr technology sounds and feels like real purring, which has a calming effect when residents hold the cats in their laps.

It's easy to see who's

benefiting, because the difference is so remarkable. For one resident, the cat works well at night. Another resident was very fretful. She is more content now to sit and care for her cat.

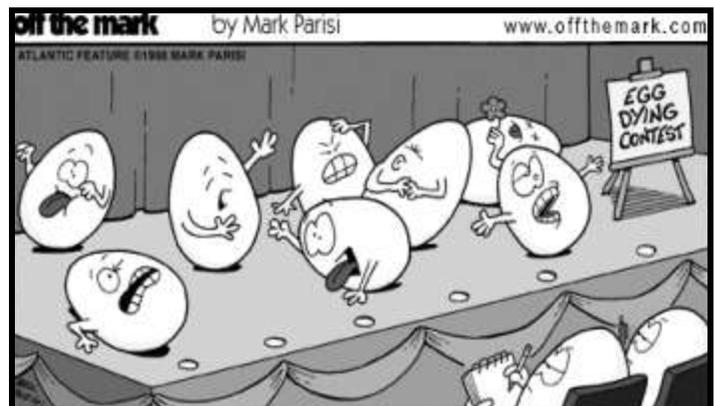
"We've had several other residents falling, and the cats seem to be a contentment type of thing, a comfort. They're not searching for anything," said Bobbi Bibbs. "A lot of behaviors with people who have dementia are because they're uncomfortable in some way. One of their basic needs is not being met. With these companion pets, they're not getting up and searching for what they need."

Coy is quick to point out that the program has multiple uses beyond those with dementia and has been used to help with grief, adjustment and loss, even just as residents adjust to their new en-

vironment after a move or the loss of a pet.

Betty Seilhamer was recently widowed. The morning her husband passed away, the nursing staff brought one of the cats to her room. The cat's presence helped to bring peace to her through the grieving process, and now she invites others to her room to visit with the cat. In this way, the Companion Cat continues to help her cope with loneliness and is used as a social interaction.

Before the cats are used, staff discusses the Companion Cat program with the residents and their families, so it's agreeable prior to use. "Families know these aren't just stuffed animals," said Coy. "We all see the progress and benefits in so many ways."



## Parkinson's Support Group

March 13th - 12:00-1:00 PM

The speaker this month will be Dr Boren

**OAK RIDGE MANOR**

2501 Morris Sheppard Dr., Brownwood, TX 76801

**325-643-2746**





# The Easter Egg Hunt



Last Sunday, Bunnyville Farms held its annual Easter Egg Hunt for the local children. Along with the usual brightly dyed eggs, chocolate Easter eggs and jelly beans there were also four special plastic eggs (each a different colour) to be found. Each of these plastic eggs contained a voucher for a gift certificate for a popular toy store. From the clues below can you determine the following?

- the name and age of each child who found one of the plastic eggs,
- the colour of each plastic egg,
- the value of the gift certificate it contained,

**Clues:**

Tommy the youngest child and the boy who found the yellow egg are brothers

The girl who found the orange egg is 1 year older than the boy who found the egg with the \$50 certificate.

Katie who found the pink egg is younger than the girl who found the egg with the \$45 certificate.

Amy is 2 years older than the girl who found the egg with the certificate with the least value.

	Age				Egg Colour				Prize			
	Five	Six	Seven	Eight	Blue	Pink	Yellow	Orange	\$50	\$45	\$40	\$35
Tommy												
Jimmy												
Katie												
Amy												
\$50												
\$45												
\$40												
\$35												
Blue												
Pink												
Yellow												
Orange												

Name	Age	Colour	Prize



Change is in the air, as the Family HealthCare Clinic is reborn as an independent fee for service health and medical practice in Coleman. Relationships have developed between Family Nurse Practitioners Peggy Hensley of Santa Anna and Elizabeth Young of Coleman with Dr. James Keith Roland who recently retired to our South Coleman countryside. Residents of Coleman, Santa Anna and surrounding counties will have the opportunity to choose from these multi-focused providers who have 60+ years of experience between them. As independent providers, they will give **YOU** the opportunity to choose where you want to go for specialty treatments, specialists, and hospitalization and will help to facilitate **YOUR** wishes. We have a

large referral network to be able to meet every specialty requirement. A big part of health care is taking the time to offer individualized health promotion, disease prevention, and health education services to patients across the life span. Part of our total experience includes children with the Texas Health Steps program and the Medicare Wellness Visit – both have free yearly visits.

- Primary Care - Urgent Care with Minor emergency, minor wound management
- Acute and chronic illness (Diabetes, Hypertension, Arthritis, etc)
- Minor procedures - removal of skin lesions, therapeutic joint injections

- Well Child Exams including Texas Health Steps
- Dr. Roland has extensive experience in treatment of ADHD - Attention Deficit Hyperactivity Disorder
- Well Woman Examinations
- Annual Physicals - Employment and DOT with Medically certified providers
- Sports and Camp Physicals done at the clinic
- Full Laboratory Testing on site and send off
- Adult and Pediatric Immunizations
- Preventive Health Care - Medicare Wellness Visit
- Pre-operative Clearance
- Coordination of care with your Home Health

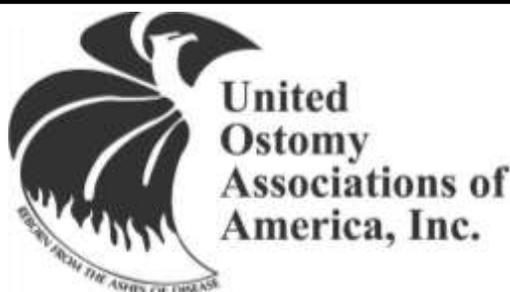
Service, Specialists, and others.

For patient convenience, office hours are Monday through Thursday 8:30 am - 5:00 pm (lunch 12-1), Fridays 8:30-11:30, and one Saturday morning per month. Regular office Appointments are preferred but not necessary, call 325-625-9000. We are an affiliate of Lab Corp and Quest and can also accept other lab orders and those from out of town specialists.



**Family HealthCare Clinic PLLC,**  
123 Santa Anna Ave.,  
Coleman, TX 76834

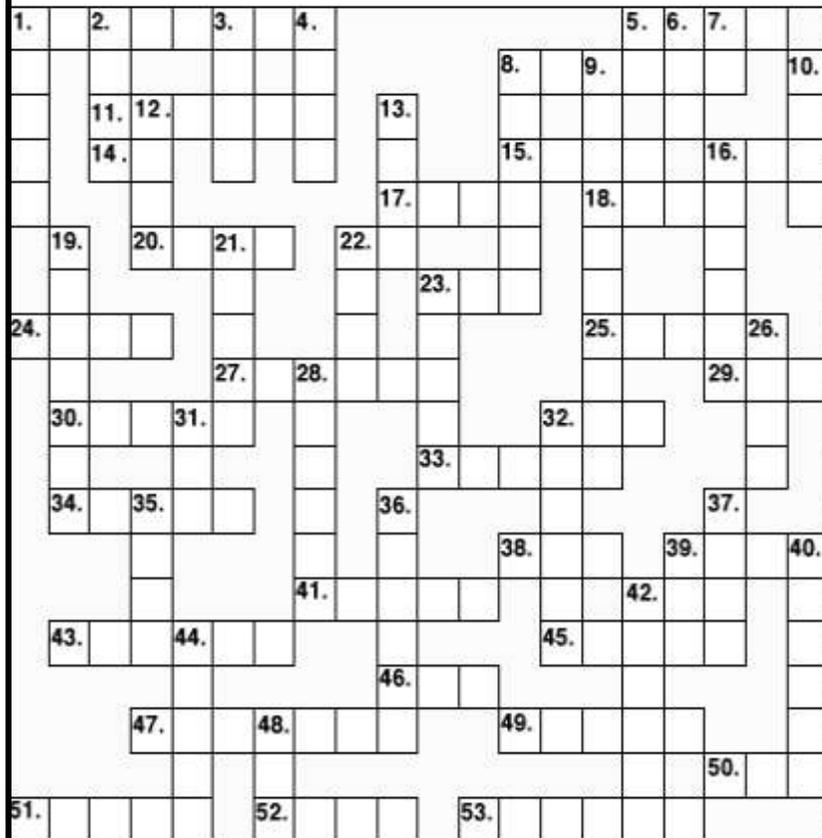
**Tel: 325-625-9000**  
**Fax: 325-625-9010**



**For more information Contact**  
**Joan Countess 325-643-5820**

**Heart Of Texas**  
**Ostomy**  
**Support Group**  
**At Brownwood Regional**  
**Medical Center**

# JUMBO CROSSWORD



**Down:**

- 1. Part of a flower
- 2. What you scratch
- 3. \_\_\_ n' roll
- 4. Opposite of future
- 5. Hot \_\_\_ cold
- 6. Fox's home
- 7. Take \_\_\_ or leave \_\_\_
- 8. Easter \_\_\_
- 9. Easter treats
- 10. Jesus was buried in this
- 12. Speed competition
- 13. Spring month
- 16. Hare
- 19. Appears after the rain
- 21. You play these
- 22. Look for
- 23. Spring month
- 26. Easter flower
- 28. A season
- 31. Shake head
- 32. Easter colour
- 35. Tidy
- 36. Goodies
- 37. Beginning of leaves
- 39. Boy's name
- 40. Reach destination
- 42. Easter hat
- 44. \_\_\_ and field
- 48. Baby goat

**Across:**

- |   |                                      |                            |
|---|--------------------------------------|----------------------------|
| 1. One bit of water falling from the clouds | 22. Opposite of she                  | 41. Spring colour          |
| 5. Garfield's dog friend                    | 23. Spring month                     | 42. Resting place          |
| 8. Confidential                             | 24. Discover                         | 43. Baby cat               |
| 11. Early spring flower                     | 25. Spring month                     | 45. Forests                |
| 14. Laughing sound                          | 27. Spring holiday                   | 46. Bath ___               |
| 15. 12:00 p.m.                              | 29. ___ top                          | 47. Easter or picnic ___   |
| 16. Outer edge                              | 30. Jelly ___                        | 49. Hides eggs             |
| 17. Be in want                              | 32. Opposite of no                   | 50. Colouring agent        |
| 18. Coca ___                                | 33. Easter bunny does this with eggs | 51. Baby chicken           |
| 20. Easter bunny hides these                | 34. Breezy                           | 52. Water bird             |
|   | 38. Ginger ___                       | 53. Passes out momentarily |
|   | 39. Musical instrument               |                            |





**Home Health Aides**

Shirley Brown, HHA  
 Vicky Dean, HHA  
 Mary Delgado, HHA  
 Margie McMillian, HHA  
 Mary Thornhill, HHA  
 Rachael Zuniga, HHA

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Justin Atkinson, OT  
 Russell Beasley, LPT  
 Jenny Carnes, LPT  
 Tracey Carr, OT  
 DeAnne Green, OT  
 O. E. Gammill, LPT  
 Jennifer Garcia, ST  
 Amy Hardy, LPT  
 Jamie Hurst, OT  
 Yumiko Kai, OT  
 Scott King, MPT  
 LeAn Warren, LPT  
 Dorinda Braun, PTA  
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 Amy Key, COTA  
 Rachael King, COTA  
 Sam Ruiz, COTA

**Medical Social Worker**

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**Office Staff**

Bonnie Barr  
 Carolyn Barkley  
 Denean Rice  
 Melissa Sanderson  
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 Cathy Wiedebusch  
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**Business Development**

Tina Judkins  
 Emily Ehlers, Intern

**Quality Assurance / Compliance**

**Director**

Raedel Rind, RN, MSN

**Newsletter**

Linda Inabnet

**CMS HEALTH CARE, INC Coleman Branch Manager**

1102 Early Blvd  
 Early, TX 76802

Luana Saverance, RN

**BROWNWOOD PHONE**

(325) 643-4900 (800) 643-9152

**COLEMAN PHONE**

(325) 625-2186 • (800) 870-3773

**WEBSITE**

**CMSHomehealth.com**

**Nurses**

Haley Bell, RN  
 Karen Bessent, RN  
 Skye Burleson, RN  
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 Jennifer Moody, RN  
 Dena Pinkston, RN  
 Tiffinie Greenrock, RN  
 Shelbi Taylor, RN

Andrea Chambers, LVN  
 Regina Davidson, LVN  
 Shandelyn Dickey, LVN  
 Jennifer Elliott, LVN  
 Rhonda Guerrero, LVN  
 Jessica Isham, LVN  
 Debbie Pinson, LVN  
 K'Lynn Storm, LVN

**Owners** David & Becky Furry

**Administrator** Lisa Callihan

**CFO** Jennifer Furry, LVN

**Director of Nurses**  
 Kasey Bonnema, RN

1988 - 2016  
 CELEBRATING  
**29**  
 YEARS  
 OF EXCELLENCE  
 ★★★★★

**CMS HEALTH CARE INC.**  
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**Caring for People you love.**  
*at Home!*  
**Your Hometown Home Health since 1988**