# Aleflections

# Kathy Nyquist, Beechwood Homes Administrator Retires

Pollowing 30 plus years of service Beechwood Homes Administrator, Kathy Nyquist, announced her decision to retire at the end of this past January.

Kathy began her service in 1984 as a physical therapist and quickly advanced to the position of Director of Rehabilitation Services. In 1995, Kathy became the first Clinical Specialist in Geriatric Physical Therapy in Western New York. She was instrumental in the development and success of the Wesley Rehabilitation Center which opened in 1996. In January 2001, Kathy was promoted to the position of Assistant Administrator and shortly afterward became the Administrator of Record.



Kathy (2nd from the rt) with proud family

Kathy quickly demonstrated herself as a leader in culture change and the movement toward personcentered care. In 2012, Kathy was the recipient of the James W. Sanderson Memorial Award for Leadership – LeadingAge New York's highest recognition for leadership.



Kathy's Beechwood Continuing Care "family"

A retirement party was held at MusicalFare Theatre's Cabaret where Kathy's Beechwood friends, peers and her entire family got together to wish her a heartfelt and entertaining farewell.

It is with grateful hearts that Beechwood Homes congratulates Kathy for over 30 years of leadership and service. She is wished good health and much happiness in her retirement.

The dedication and devotion demonstrated by Kathy to her Beechwood family is an inspiration and will be fondly remembered for years to come... Thank You!



Sharon Carlo, former Beechwood administrator and party MC, and "friends" provide good natured entertainment.

# Beechwood Welcomes Rich McCune as Administrator

Please join us in welcoming Rich McCune, who has been appointed administrator of Beechwood Homes in February upon the retirement of Kathy Nyquist. Rich will oversee all facility operations and budgets for Beechwood. He comes to us with more than 25 years of experience in health-care management here in Western New York and his home state of Michigan. Prior to his current position, Rich spent 16 years with Elderwood Senior Care as administrator at several of their facilities, with the majority of his tenure at Oakwood in Amherst.

"With his extensive and wide-ranging experience in long term health care, Rich will provide the strong leadership necessary to ensure a bright future for the Beechwood Homes and the residents we serve," said CEO Daniel O'Neill. "I am confident he



left to right: Leslie Miesner, CNA, Jack Killian, board chair, Lois Sugar, resident and Rich McCune, administrator

will be a valuable resource as we continue to enhance and refine our person-centered care Welcome Home initiative. With the ever-changing long term care environment and the diverse needs of our aging WNY community, Rich is perfectly suited to identify growth opportunities and implement new specialty care programs going forward. But what is truly his gift is his dedication to the resident experience and how he can assist staff through his support and vast knowledge in providing the highest quality of care for our residents."

Rich resides in Orchard Park with his wife, Barbara, and their three daughters. He is a graduate of Cornell University.

"Welcome aboard" Rich!



# Asbury Pointe hosting FREE open houses.

ant to enjoy retirement without the hassles of home maintenance (including no more worries about snow removal or ice dams)? Dreaming of living independently in a luxurious yet neighborly community with activities that interest you? Then Asbury Pointe Retirement Community is just what you're looking for!

Asbury Pointe offers a hometown neighborhood atmosphere with a host of amenities – including underground parking and five-star dining facilities. Stop by during one of our open houses and enjoy a stress free tour of our beautiful, newly updated apartments, see our landscaped grounds, speak to current residents and get answers to any questions you have.



Join us on the following Saturdays from 1-4 p.m.

May 16 + June 13 & 20 + July 18 + August 15 & 22

For more information, call (716) 810-7500

### BCC Annual Years of Service Recognition

Publicly recognizing our dedicated staff who have been an extended part of our Beechwood, Blocher and Asbury Pointe family is always a pleasure. Each year staff are honored for their multiple years of service for providing quality and compassionate care to our residents. Together we celebrate at a luncheon in their honor where they are awarded with a special gift. Our sincere thanks to these dedicated staff members who have given our residents so much for so many years!







40 AND 30 YEARS

25 YEARS

20 YEARS

CEO Daniel O'Neill with Faith, Kathy and Barb

#### 40 Years of Service

Barbara Gorenflo

#### 30 Years of Service

Faith Busselle Kathy Nyquist

#### 25 Years of Service

Kathleen Eschborn Linda Morgan Sharon Nerogic

#### 20 Years of Service

Michael Annunziato Jennifer Buczynski Holly May Cheryl Morgan Robin Napier Sandra Parker

#### 15 YEARS OF SERVICE

Felicetta Ball

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Michael Bliss

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#### 10 Years of Service

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#### 5 YEARS OF SERVICE

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15 Years

5 YEARS

Congratulations to Everyone!!!

10 YEARS

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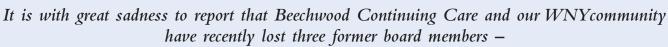
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#### Joan K. Holzman, Robert E. Sommers and Frederick S. Wood

All three were generous board members and donors who gave of their time and talents to ensure that the residents of our Beechwood Continuum received the highest quality of care in an environment that was life affirming and homelike. Their dedicated service spanned over 39 years and we are forever grateful. They will be greatly missed.

## "The World is Hugged by the Faithful Arms of Volunteers."

t Beechwood, we appreciate our more than 160 volunteers who, on a regular basis, donate their time to us by assisting residents with their mail; helping out in the gift shop and bistro; reading books to our residents; pet therapy; transporting residents; providing entertainment; conducting religious, educational and creative programs; helping in the garden and in many other ways.

That's why we are pleased, every year, to honor and acknowledge those who go above and beyond to give of their time, energy, knowledge and love by hosting a special luncheon in their honor. This year's luncheon was held on April 22 and included keynote speaker Sharon Carlo, former administrator at Beechwood and long time friend, as well as a delicious lunch prepared by our talented chefs at Asbury Pointe.

Two of our long-time volunteers were honored as Volunteers of the Year at the luncheon:



**Al Haven**, who has volunteered at Beechwood Homes for 23 years. Al serves as a lector at our church services, entertains our residents on the harmonica and regularly visits with residents one on one.

**Bonnie Tresselt**, who has been a member of the Blocher Service Guild for 17 years, serving as co-president since 2000. Bonnie can always be counted on to help out with parties and concerts, and is such a cheerful and kind person that residents and staff all enjoy her company.



Bonnie and Al will be publicly recognized at the annual LeadingAge of WNY banquet in May at Samuel's Grand Manor.

A very special "Thank you!" to all of our wonderful volunteers - we couldn't do it without you!

#### Interested in volunteering?

We are always looking for new volunteers, ages 16 and older. For more information, contact Beechwood's Rose Kusmierczyk at 810-7101 or Blocher's Holly Lange at 810-7403

Look for the 3rd Annual Party at the "Beech!" Thursday, May 14, 2015

Beechwood Homes + 2235 Millersport Highway + Getzville, NY

Admission is just a \$25 gift card from a local retail store

See back page for more details

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Mr. and Mrs. James F. Steel



### Meet Our Residents Erma Kratzke –

hen she was in kindergarten, Erma Kratzke's teacher told her she "was better with scissors than any of her classmates." That sparked her interest in art. In her senior year at Kensington High School, she won first prize (\$200 for her, a trophy for the school) in a national poster contest! Today, at 91, Erma is still creating award-winning artwork from her room at Blocher Homes. In fact, one of her paintings has been chosen as one of 70 entries (out of 200+) to be included in an exhibit LeadingAge New York will display at its conferences across the state and, eventually, at its offices.

"I was thrilled to hear this," says Erma, who has been honored by LeadingAge New York in past competitions and has sold many of her pieces throughout the years. "I enjoy painting and am glad it gives pleasure to others." While she started out in realism art, Erma eventually switched to abstract and today creates

Mrs. Kratzke surrounded by some of her family at a recent showing of her work in a solo art show at 1045 Elmwood Gallery for the Arts.

mostly acrylic paintings and wall sculptures. Erma has been a resident at Blocher for 12 years though she's quick to point out she is not one of the oldest residents! Erma loves Blocher and says the staff is extremely helpful and supportive of her artwork. "They bring

me materials to use, they save coupons for me so I can buy supplies - they're all wonderful!" In addition to her

painting, Erma enjoys Blocher's bingo events and, until recently, participated in morning exercise classes. "I don't paint every day," says Erma, who prefers to put a drop cloth on her bed rather than use an easel. "I paint when I am inspired."



"Tree in Bloom" - acrylic on canvas





Mrs. Kratzke had two pieces of artwork submitted into the National Weather Center Biennale, an international juried art exhibition sponsored by the National Weather Center. Artworks were base on "weather related" pieces of artwork...or interpretations based on a weather related theme. The above submissions were entitled "Pooling of Rain Waters" (left), and "Sun Showers" (right).



Some of the artwork at Mrs. Kratzke's recent exhibit at 1045 Elmwood Gallery for the Arts.

# Beechwood Continuing Care -We Offer It All -

As seniors begin seeking information on retirement living, assisted living, skilled nursing communities, and rehabilitation centers – there is one very important question they should be asking, "Are you part of a continuum of care community?"

Our answer at Beechwood Continuing Care is a resounding, "Yes!"

Why is being part of a continuum so important? Because residents (and families) need to know that at any given time, their life care needs may change. They need to feel secure in knowing that no matter what their changing needs, their transition from one level of care to another is supportive and seamless.



#### Consider these scenarios

For example, all residents of **Asbury Pointe**, Beechwood Continuing Care's independent retirement community, have priority admission status . . . whenever the need arises . . . to **Blocher Homes** – our assisted living community, **Beechwood Homes** – our skilled nursing community or **Wesley Rehabilitation Center**. When residents were surveyed and asked why they chose Asbury, the top two answers were, "Because Asbury is part of the Beechwood continuum" and "Because Asbury is by far second to none in retirement living!"



At the **Blocher Homes**, many residents come directly from their home and again . . . the draw is the continuum of care and Blocher's reputation of personalized care and dedicated staff. In addition, as one would expect, there are many residents who transition over to Blocher Homes from **Asbury Pointe, Wesley, and Beechwood.** 

At Wesley Rehabilitation Center, our short-term sub-acute unit, the majority of our patients return back to their home. Unfortunately, some can no longer live independently. However, the good news is that with our continuum, their transition into the **Blocher** or **Beechwood Homes** is smooth and worry free for both the patient/resident and their families.

And if a resident is in the need of end-of-life care, Beechwood and Hospice Buffalo have partnered to provide a very specialized and unique unit, Hospice Wells House, that embraces both

the philosophy of hospice principles and our Welcome Home person-centered approach to care.

Residents and families need the peace of mind that **Beechwood Continuing Care** has to offer – a home no matter what the circumstances of their health care needs.



For more information on the benefits of continuing care communities and Beechwood Continuing Care, call (716) 810-7370 or go to our website at beechwoodcare.org.

www.beechwoodcare.org

# A Finger-lickin' Good Success Story

arland Sanders was born in Indiana in 1890. A sixth-grade dropout, he held many jobs before his became a household name, including working on a farm, selling tires and being an army mule-tender.

In the 1930s, while operating a service station, Sanders began cooking for the hungry travelers who stopped for gas. (As a boy, he did much of the family cooking after his father died and his mother was forced to work.) There was no formal restaurant; patrons sat at Sanders' dining table in his living quarters. He dubbed his new invention "the home meal replacement," selling complete fried chicken dinners to busy families. His fame grew to the point where then-Governor Ruby Laffoon made him a Kentucky Colonel.



Soon more people were coming strictly for his food. Over the next decade, he perfected his secret blend of 11 herbs and spices that made his fried chicken so popular. But in the mid-1950s, a new highway rerouted traffic away from his restaurant, leaving Sanders with nothing. He was 65 years old.

Confident his fried chicken was of the highest quality and would be in demand, the Colonel developed a chicken franchising business. Less than 10 years later, there were more than 600 Kentucky Fried Chicken franchises throughout the U.S. and Canada. In 1964, at the age of 74, Colonel Harland Sanders sold his interest in the company for \$2 million to a group of investors.

He continued to travel 250,000 miles a year to visit KFC restaurants around the world until he was fatally stricken with leukemia; he died in 1980 at the age of 90. Today, Colonel Sanders' likeness appears on millions of buckets and thousands of restaurants in 100 countries around the world.

#### SAVE THE DATE...SATURDAY, OCTOBER 17, 2015

Auction and Food Extravaganza...20th Anniversary "Crystal 'N Ice" Gala

In celebration of our 20th anniversary, this year's theme is "Crystal 'N Ice." Look forward to an event full of glitter and glam! It promises to be another fun filled event!

Mark your calendars for Saturday, October 17th!

Kevin O'Connell, WGRZ-TV, has once again agreed to be our Master of Ceremonies and Celebrity Auctioneer.









# Beechwood Advances Technology to Enhance Resident Care and Safety

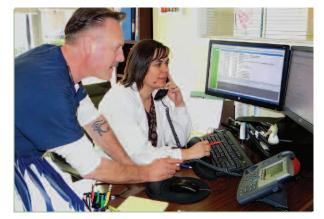
Beechwood has always been a pioneer in embracing advancements in long term care and technology to enhance our resident's quality of life. For example, Beechwood was one of the first long term care communities in WNY to move toward an electronic medical record (EMR) in 1996. According to Barb Gorenflo, former director of Health Information Management at Beechwood, and present administrator of the Blocher Homes, "Beechwood Homes has always been at the forefront in recognizing innovations that will enhance ways to better care for our residents."

Within the last several years, Beechwood has dedicated its efforts and resources to our person-centered-care initiative "Welcome Home" which eliminates the institutional model of care. One component of our recent efforts has been behind the scenes...increased use of technology to allow our caregivers to spend more time with our residents and increase safety through more efficient use of data.

Led by Kristin Anderson, V.P. of Finance and IT, an interdisciplary team of social workers, nurses and CNA's, and recreation staff was created to launch a comprehensive review of procedures and practices related to care planning process and utilization of our medical records software, Answers on Demand (AOD).

After several months, the team identified care planning processes that could be streamlined by eliminating manual record keeping and paperwork redundancies. Now, the entire Resident Care Plan is electronic and staff can access the same plan...in real time. This ensures up-to-date care information and frees up valuable time for staff to spend with our residents. In addition, the team is finalizing a software interface that will coordinate medication orders between Beechwood and Buffalo Pharmacies, its contracted pharmaceutical supplier.

Lastly, we are thrilled to announce that as part of our ongoing relationship with HEALTHeLINK, Beechwood Homes will be the first skilled nursing facility in WNY to have our residents' lab results (provided by Kaleida Labs),



It to rt: Russ Zizzo, LPN and Eric Cacciatore, LPN, review the newest data base updates.

interface directly into our their electronic medical record (EMR). This allows for results to arrive at least three hours earlier and triggers an immediate alert if a lab result is abnormal. We are looking forward to adding our imaging provider to this process as well. HEALTHELINK, the Western New York Clinical Information Exchange, is a community-based system for health care providers and consumers to securely and electronically share important medical and clinical information more efficiently. Through this health information exchange, physicians and health care providers such as Beechwood can better serve their consumers by sharing medical information electronically. Examples of information that can be shared with our residents' doctors include: lab results, radiology results, medication history, admission and discharge information, and a variety of other reports.

#### What is in the future?

"Opportunities are limited only by our imagination!" said Kristin. "Now that we are able to electronically access a complete "picture" of our residents' physical, mental, emotional and spiritual needs, we will be able to better utilize this information in providing more customized care to our residents as well as helping recognize trends that could trigger development of new educational programs and staff in-services to better serve our entire Beechwood community."

#### Our Mission:

Guided by Christian values, we are committed to nurturing each individual's quality of living and aging by honoring personal values in a supportive environment.

If you wish to have your name taken off our mailing list call the Development/Marketing Department at 716-810-7372 or e-mail: bschwamborn@beechwoodcare.org

### Look for the 3rd Annual Party at the "Beech!" - Thursday, May 14, 2015 -









Dig out the Hawaiian shirts and flip flops for our annual gift gathering party to benefit the Beechwood/Blocher Foundation 2015 Auction and Food Extravaganza:



PARTY AT THE "BEECH" 6:30 - 8:30 pm **Beechwood Homes** 2235 Millersport Highway Getzville, NY



Admission is just a \$25 gift card from a local retail store RSVP: (716) 810-7371 or E-mail: elew@beechwoodcare.org

#### E-Newsletter Now Available! Saves Beechwood Dollars and Trees!

With the increased cost of printing and postage, Beechwood is looking for more cost-effective ways to communicate with our family and friends. If you would like to receive your newsletter as well as other communications through e-mail, please e-mail cwasson@beechwoodcare.org, providing your full name and address as well as your preferred e-mail address. We will note this in our records.

Editor: Cheryl A. Wasson Contributing Writer: Nancy Cardillo Foundation information contributed by Eileen Lew and Brenda Schwamborn For corrections, comments, or topic suggestions regarding Reflections, please contact Cheryl A. Wasson at (716) 810-7370



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