

# MIDDLE SCHOOL HITTING CLASS



**Ages 11-13**

**Mondays 7:00 - 8:15pm**

**6 Week Series**

**Feb 17th - March 23, 2020**

**Cost \$325**

**Program objectives:**

- Hitting Tee Drills
- Mechanical Analysis
- Development of Situational Hitting
- Repetition, repetition, repetition

Classes held at Full Count Baseball  
& Softball Training Academy

1001 Lincoln Blvd., Middlesex, NJ 08846

***Weekly College Coaches as Special Guest Instructors from these Conferences!***



**FULL COUNT**

BASEBALL & SOFTBALL TRAINING ACADEMY

1001 Lincoln Blvd. | 732-384-5600  
Suite C • Middlesex

[www.Full-CountBaseball.com](http://www.Full-CountBaseball.com)

## ABOUT COACH DARREN FENSTER

- Current Minor League Manager with the Boston Red Sox
- Two-time All-American Shortstop at Rutgers University
- Selected by the Kansas City Royals in the 12th Round of the 2000 MLB Draft
- Spent six years playing professionally with the Royals before suffering a career ending knee injury
- Two-time Carolina League All-Star (2002 and 2004)
- Hit career-best .302 average between Wilmington and Wichita, including a solid .405 on-base percentage (2004)
- Earned an invitation to Major League Spring Training camp in 2005 where he suffered career-ending knee injury
- Helped lead Rutgers to two Big East Conference regular season and tournament championships (1998 and 2000)
- Posted a .433 batting average en route to Big East Player of the Year and NCBWA District II Player of the Year honors in 2000
- Served as the team captain and was one of 10 finalists for the prestigious Dick Howser Trophy
- During his 4 years at Rutgers, set several offensive categories including career hits (315), single-season hits (101), and career doubles (65).
- Spent six years on Rutgers coaching staff as Director of Baseball Operations, Assistant Coach, and Recruiting Coordinator, winning the Big East Conference again in 2007 as a member of the staff
- Led the St. Cloud River Bats to the Northwoods League championship, while serving as the team's infield and first base coach (2007). Worked as hitting instructor and third base coach for the Orleans Cardinals of the Cape Cod Baseball League, helping the squad to a league-best 25-17-2 regular-season record, earning the Eastern Division Crown (2008).
- Fenster was enshrined into the Rutgers Olympic Sports Hall of Fame (2008).
- A 1996 graduate of Middletown High School South, he gained induction in the school's Athletic Hall of Fame (2007).
- Fenster joined the Boston Red Sox organization in 2012, making his professional coaching debut as hitting instructor for Class A Greenville Drive in the 2012 season.
- The Red Sox promoted Fenster as the manager of their Gulf Coast League rookie team for the 2013 season, going 35-25 finishing first in the league's South division, advancing to the League Championship Series.
- Returned to Greenville as the Drive's 2014 manager where he saw 20 of his players advance to higher levels in the Red Sox minor league system.
- Mentored a league-high eight players named to the South Atlantic League All-Star Game in 2015.

## 2016 WINTER HITTING MINI CAMP REGISTRATION FORM

\$240 for Four Week Camp

Team Name: \_\_\_\_\_

Name of Participant: \_\_\_\_\_

D.O.B.: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_

State and Zip: \_\_\_\_\_

Phone #: \_\_\_\_\_

Emergency #: \_\_\_\_\_

E-Mail: \_\_\_\_\_

☐ **PAYMENT IN FULL IS ENCLOSED**

(Please make checks payable to Full Count Baseball)

☐ **PLEASE CHARGE MY:** ☐ Visa ☐ MasterCard ☐ Amex ☐ Discover

Name (as it appears on card): \_\_\_\_\_

Card No.: \_\_\_\_\_

Exp Date: V-Code: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

**Return completed registration form with payment in full to:**

**Full Count Baseball Academy**

**1001 Lincoln Blvd., Suite C, Middlesex, NJ 08846**

List any allergies or physical limitations your child may have:

\_\_\_\_\_  
\_\_\_\_\_

### WAIVER / RELEASE FORM

I, the participant/guardian of the registrant, a minor, or an adult registrant of legal age, agree that the registrant and I will abide by the rules of the activities, I hereby release discharge, and/or other wise indemnify Full Count Baseball, its officers, coaches, managers, personnel, its affiliated sponsors, their employees, including the owners of field and facilities utilized in the program, against any claim by on or on behalf of the registrant as a result of the registrants actions. I affirm that the registrants are in sound physical and healthy condition and that the participant is covered by accident insurance secured independently. As parent/guardian of the registrant, I hereby give permission for the participant of the program to be transported for emergency medical care. I hereby authorize consent for emergency medical care prescribed by a duly licensed doctor of medicine or doctor of dentistry. This care may be given under whatever conditions necessary to preserve life, limb, or well being of the dependent.

**I/We have read the above agreement and give my consent for myself/my son/my daughter to attend the above mentioned Hitting Camp and understand that I give up certain rights by voluntarily signing this agreement.**

\_\_\_\_\_  
Printed Name of Adult Participant or Parent/Guardian

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date